

Measure Your Success

Track your results

● **Week 1:** ___/___/___

Weight: _____

Measurements

Bust/Chest: _____

Waist: _____

Hips: _____

Thighs: _____

● **Week 2:** ___/___/___

Weight: _____

Measurements

Bust/Chest: _____

Waist: _____

Hips: _____

Thighs: _____

● **Week 3:** ___/___/___

Weight: _____

Measurements

Bust/Chest: _____

Waist: _____

Hips: _____

Thighs: _____

● **Week 4:** ___/___/___

Weight: _____

Measurements

Bust/Chest: _____

Waist: _____

Hips: _____

Thighs: _____

Linda L. Success Story



"Within two days, the scale was already showing movement! There were no hunger pangs; no feelings of deprivation; no calorie counting; no points to add up. Just a strong focus on healthy fats and real foods. During the first three months, I lost 31 lbs. After six months, I had lost another 22 lbs. And, now at age 63, I am 93 lbs lighter than when I started this journey! If



you are 'of a certain age,' like me, don't buy into the pervasive myth that women can't lose weight after menopause. I'm living proof!"[†]

[†]Fat Flush dieters lose on average 2-5 lbs per week with proper diet and exercise. Individual results may vary.

Nicole T. Success Story



"The Fat Flush Plan has been life-changing. I have completely transformed from who I used to be, to a younger, more vibrant, skinnier and happier me! I have been overweight for most of my adult life, and have tried so many different things to lose the weight but to no avail...Never in my wildest dreams did I ever think I would be this size again... I have lost 75 lbs and counting,



7 inches in my bust and in my hips, and 11 inches in my waist! I just know I am healthier (body, mind and soul)."[†]

UNIKEY®

Ephedra & Caffeine Free

Get Started Guide Fat Flush Kit®

Safe and effective
for lifetime weight
management*

30-Day Supply

*Designed for use with diet and exercise.

Inspire others with your success story!

'Share Your Success' at unikeyhealth.com

Fat Flush Kit[®] Formulas

Three supportive nutrient formulas designed for all Fat Flush programs



Stimulant Free

*Support optimal nutrient intake during rapid weight loss and ongoing weight control without feeling on edge.**

Weight Loss Formula*

Use with proper diet and exercise

Weight Loss Formula contains 400 mcg of chromium and 500 mg of L-Carnitine Tartrate to support weight loss efforts.* Plus a stimulant-free combination of safe, supportive nutrients and herbs that help to:

- Support balanced blood sugar*
- Support optimum energy levels*
- Support healthy fat metabolism while nourishing and detoxing the liver*

Recommended Dosage: Adults take one (1) capsule three times daily with meals or as directed by a health care professional.



Advanced Daily Multivitamin

Daily nutritional formula

Advanced Daily Multivitamin is a comprehensive formula formulated to support detox dieting. This one-of-a-kind multivitamin contains over 30 key vitamins and minerals plus specially targeted nutrients to help support weight loss, weight maintenance and optimum metabolic function for men and women of all ages and stages of life.*

Recommended Dosage: Adults take three (3) capsules two times daily with meals or as directed by a health care professional.

GLA-90 Gamma Linolenic Acid

Cold pressed black currant seed oil

GLA-90 features gamma linolenic acid from black currant seed oil to stimulate metabolically active brown fat for weight loss support. Brown fat has been hailed as the “new obesity treatment.” GLA may also help inflammation and keep skin internally moisturized during weight loss.*

Recommended Dosage: Adults take two (2) softgels twice daily with meals as a dietary supplement or as directed by a health care professional.

Redefine Detox to Supercharge Weight Loss

For over 25 years, Fat Flush has helped millions of people lose weight, harness the healing powers of foods, reignite metabolism, fight cellulite and restore the liver and gallbladder. This proven Fat Flush program offers groundbreaking research, food options and lifestyle choices to help you achieve lasting weight loss and wellness.

Fat Flush gives you the tools to get started on your journey to a confident, healthier new you!



Smoothie Shakedown

The two-week super-charged Fat Flush program designed as a healthy way to lose weight fast.

2 Smoothies + 1 Meal + Fat Flush Supplements

We're Here to Help!

Online Support Group | <http://community.fatflush.com>

Join fellow Fat Flush enthusiasts on our Facebook group for 24/7 weight loss support from people just like you!

- Get answers to all your Fat Flush questions
- Share tips, tricks and daily encouragement
- Build friendships and support one another

Free Recipes & Plan Details | www.fatflush.com

Explore extensive plan details, recipes, weight loss tools, Fat Flush FAQs and more on our website.



Fat Flush[®] NATION |

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.