

ProgestaKey

All-natural topical progesterone creme*

Progesterone, not estrogen, is often the first hormone to decline during the perimenopausal years. According to Harvard research, it's estimated that by age 35, the typical woman is already deficient in progesterone. Progesterone has benefits far beyond its role in menstrual cycles and pregnancy, and lack of this essential hormone can affect many of the body's systems.

Signs of progesterone deficiency

- ☑ Overall lack of energy*
- ☑ Hot flashes and night sweats*
- ☑ Diminished sex drive*
- ☑ PMS symptoms*
- ☑ Emotional mood swings*
- ☑ Weight gain—especially around the tummy*

» Formulated by Nutritionist
Ann Louise Gittleman, PhD, CNS «

Contains lavender essential oil —●

Void of petrochemicals —●


Benefits of natural progesterone:

- Helps burn body fat as fuel*
- Promotes a sense of wellbeing*
- Enhances sex drive*
- Stabilizes zinc-copper balance*
- Stimulates new bone formation*
- Helps provide breast and uterine protection*

ProgestaKey is an all-natural progesterone creme sourced from wild yam for menopausal and perimenopausal support.*



3 Ounce Bottle / 60-Day Supply



“ProgestaKey has helped balance out my hormones and allowed me to transition into menopause easier.”†

-Lee Anne

Natural Hormone Balance* / ProgestaKey

Usage

One full press of the pump will dispense the recommended 20 mg of natural progesterone. Apply to face, hands, chest, abdomen, inner arms or thighs. Rotate application area often to target all receptor sites.

Menstruating Women

Apply once or twice a day starting on the 12th day after the first day of menstrual flow through the 26th day.

Perimenopausal Women

Apply once or twice a day starting on the 7th day after the first day of menstrual flow through the 27th day.

Menopausal Women

Apply once or twice a day for a maximum of 25 consecutive days. Resume after a five-day break.

Ingredients

Purified Water, Aloe Vera Gel, Caprylic/capric Triglycerides, Natural Progesterone USP, Evening Primrose Oil, Vitamin E Acetate, MSM (Methyl Sulfonylmethane), Isostearic Acid, Yarrow Extract, Cranberry Extract, Glyceryl Stearate, Shea Butter, Lecithin, Glycerine USP, Lavender Essential Oil, Vanilla Extract, Allantoin, Sorbic Acid, and Grapeseed Extract.

Consult a health care professional before using this or any product during pregnancy or if you have a serious medical condition. Not tested on animals. Application is intended for external cosmetic use. Manufactured in the USA.

“I am 52 and perimenopausal. Have used this product for a few years. Wondering if it was actually doing the job, I stopped using it for 3 months, and will never ever do that again. This product keeps me stable throughout the month, regulates my moods and symptoms, helps me sleep, stops night sweats, and provides an overall sense of wellbeing just like it claims. Now, I keep a 3 month supply on hand at all times, just in case.”†

-Jill

“I started perimenopause and was finding myself so distraught from insomnia and frequent hot flashes at night. Within a week of using this product, they subsided. I had read the many great posts about this product and can say that I am a believer as well. Thank you for giving me the “natural” option!”†

-Laurie

A message from Ann Louise...

“While much attention has been given to the role of estrogen deficiency during menopause, the importance of progesterone is often overlooked. In fact, more than 75% of all women suffer from hormone havoc directly or indirectly related to progesterone deficiency. By making sure our progesterone levels are adequate, we can avoid many of the symptoms of menopause and aging.”

