

Fat Flush Body Protein

Pea and rice blend

With one of the highest Protein Efficiency Ratios on the market, our blend of pea and rice protein provides a complete protein source of essential amino acids. Pea is high in lysine, typically deficient in rice, while rice provides cysteine and methionine, which are lacking in pea protein. Our pea and rice protein is sourced from Europe and extensively tested for purity and heavy metals.

Fat Flush and Smoothie
Shakedown Approved!

Reasons you'll love it!

- ✓ 20 grams of protein per serving
- ✓ Vegan
- ✓ Natural vanilla flavor
- ✓ Free of gluten, dairy, soy, egg and artificial sweeteners
- ✓ Sweetened with stevia

» 4 hours
of energy! «

Only 6 simple ingredients:

- Pea and rice protein
- Natural French vanilla flavor
- Guar gum
- Inulin
- Stevia



DAIRY FREE



GMO FREE



SUGAR FREE



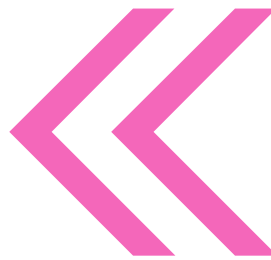
GLUTEN FREE



SOY FREE



2 lb Container / 30 Servings



"I have used this product for a decade or so and think it is one of the best on the market. No unnecessary junk, just high quality ingredients."[†]

-Kay

Success Stories / Body Protein

"It is the only protein powder that I have found that is gluten and dairy free. I have had trouble in the past with other popular brands. They would taste great and leave me full, which I was excited about but within an hour or so have me doubled over with belly pain. The Fat Flush Body Protein not only tastes great but it doesn't kill my stomach and it helps keep me full for a good 3 to 4 hours when I am busy and can't get a snack at work. I love it!"[†]

-Mary

"I love this Protein! I have used it for the last five years both for the Two week Shakedown and also as a supplement to my exercise program. It's a type of protein that my body can handle. Some proteins are hard to digest giving me gas and making me feel bloated. I have never felt this way while taking this protein. It gives me energy and I seldom crave sugar or carbs. I mix it with flax oil, frozen berries and flax or chia seeds. If you need to have it sweeter you can add a dash of stevia. My teenagers also use it and like it over other proteins because of the energy it gives them. I've tried other Pea/Rice proteins and this is by far my favorite."[†]

-Patricia

"Seems like a miracle, however, I'm just not hungry like I used to be...all the time. When I replace a meal with a Fat Flush Body Protein shake (with fruit and spinach), I'm not feeling like I have to eat, even though I may be hungry. This is a miracle! Who knew that adequate amounts of protein could curb hunger, false or otherwise? Pounds are leaving."[†]

-Molly

TIPS:

- Can be used before or after a workout.
- Swap flaxseed oil for macadamia nut oil or coconut oil.
- Freeze it for dessert!

Nutrition Facts

Serving Size: 1 Scoop (30 g)
Servings Per Container: 30

Amount Per Serving		% Daily Value*	
Calories	100	Calories from Fat	10
Total Fat < 1 g 1%			
Saturated Fat 0 g 0%			
Trans Fat 0 g			
Cholesterol 0 mg 0%			
Sodium 0 mg 0%			
Potassium 0 mg 0%			
Total Carbohydrate 6 g 2%			
Dietary Fiber < 1 g 1%			
Sugars 0 g			
Other Carb 6 g			
Protein 20 g		40%	
Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	•	Iron 0%	

*Percent Daily Values based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	85 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carb		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Pea protein concentrate, Rice protein concentrate, French vanilla extract, guar gum, inulin, and stevia.

Usage: Use one (1) scoop per smoothie (scoop included).