

A photograph of two young children sitting on a white mat outdoors, engaged in a sensory activity. They are surrounded by several shallow wooden trays filled with various natural items like leaves, twigs, and small stones. A magnifying glass is also visible on the mat. The scene is set on a paved area with some fallen leaves and a small blue beetle nearby. The background shows a stone wall and some greenery.

CREATED BY
EARLY
CHILDHOOD
TEACHERS &
MUMS

Free Sensory Tray Program

A free 10 week program to keep your little ones busy at home.

Simple trays designed to be revisited throughout the week with a theme relevant Children's story to link into Literacy!

[SHOP SENSORY TRAY](#)

10 Week Program for Sensory Play at Home!

WEEK	THEME	EQUIPMENT	BOOK	LEARNING
One	Ocean Exploration	<ul style="list-style-type: none"> Sensory tray Blue sand seashells sea creatures 	Commotion in the Ocean by Giles Andreae	Sensory exploration, vocabulary development
TWO	Garden Adventure	<ul style="list-style-type: none"> Soil - crushed cookies small plastic flowers toy insects spoons, scoops 	"The Tiny Seed" by Eric Carle	Life cycle vocabulary living and non living
				
THREE	Space Exploration	<ul style="list-style-type: none"> Black beans small toy planets and astronauts glow in the dark stars 	"There is no place like space" by Tish Rabe	planet names
FOUR	Jungle safari	<ul style="list-style-type: none"> Green rice, toy jungle animals garden leaves or twigs 	"Rumble in the Jungle" by Giles Andreae	Role play animal identification

SHOP OUR WOODEN SENSORY TRAY

WEEK	THEME	EQUIPMENT	BOOK	LEARNING
FIVE	Arctic Expedition	<ul style="list-style-type: none"> • White rice • toy polar animal • blue stones 	"Polar Bear, Polar Bear, What Do You Hear?" by Bill Martin Jr.	sound recognition animal habitats
SIX	Farmyard Fun	<ul style="list-style-type: none"> • Corn kernels • farm animals • green split peas • wheatbix hay 	"Click, Clack, Moo: - Cows That Type" by Doreen Cronin	animal classifications life and living farms
SEVEN	Desert Adventure	<ul style="list-style-type: none"> • Kinetic sand • The Little toy camels • small rocks • sensory Tray 	"Josephine the Short-Necked Giraffe" by Liza Charlesworth	Habitats desert animals landscapes
EIGHT	Fairytale Forest	<ul style="list-style-type: none"> • Moss • toy fairies • miniature houses • split peas 	The rainbow fairies by Shirley Barber	mythical creatures story telling



SHOP OUR WOODEN SENSORY TRAY

WEEK	THEME	EQUIPMENT	BOOK	LEARNING
NINE	Construction Zone	<ul style="list-style-type: none"> • Kinetic sand • vehicles • small rocks • stones • materials from outdoors 	"Goodnight, Goodnight construction site" by Sherri Duskey Rinker	vehicle names identify objects that move
TEN	Dinosaurs	<ul style="list-style-type: none"> • dinosaurs • materials from outdoors • egg cartons • vinegar and bicarb soda volcanoes • sand 	How do Dinosaurs say Goodnight? By Jane Yolen	Dinosaur names cause and effect

TIPS TO ENCOURAGE LONGER PLAY

So you have just set up a stunning invitation to play but your little mini beast has spent only a moment in play... OUCH! but don't panic, believe it or not sensory play is a skill and takes time to master! Here are some handy hints...

- Provide Choices: ask them to be apart of the set up!
- Repetition for Familiarisation: pack away and play again another day!
- Modelling and Role-Playing: show your little ones how to play!
- Set Up Inviting Spaces: give your sensory play a home, a play mat can help create a space.
- Don't freak out over mess - it's meant to get messy and freaking out can cause your little one to lose the fun and focus on your stress!



VISIT OUR INSTAGRAM



The perfect plastic free Sensory Tray

Our Sensory Tray gives you the flexibility of setting up an invitation to play, that does not need to be 'packed away'.

Often children see pack away time as a dismissal of their hard work. The tray incorporates the main, large play tray, four extra compartments and a lid that interlocks seamlessly, meaning it can be tidied, but not dismantled and ready for use on the next play occasion.



[SHOP THE MIKRO TRAY NOW](#)