

# INSTRUCTIONS FOR USE



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#### **How To Put Your Mask On**

STEPS	DONNING
1	Wash hands in soap and water
2	Hold the mask by the ear loops and orient it to the front of your face with the logo labels facing outwards
3	Place the mask on your face covering the nose, mouth and chin and drape the ear loops over each ear
4	Make sure the nose clip is on top, resting comfortably on your nose
5	Adjust the nose clip by pressing firmly to form a tight seal
6	Adjust the ear loops using the toggles for a comfortable fit on both sides
7	Check the position of the mask on your face in a mirror
8	The mask sits right below the top part of the nasal bone so you can comfortably wear the mask with glasses

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#### **How To Take Your Mask Off**

STEPS	DOFFING & STORAGE
1	Wash hands in soap and water
2	Loosen the ear loops on both sides by pulling back on the adjusters
3	Remove the mask away from your face by holding the ear loops
4	Place the mask down on a sterile surface
5	Fold the mask and place it inside the nylon storage bag to keep it clean
6	Store your mask in a cool, dry place and keep away from heat
7	Wash hands in soap and water

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#### **How To Wash Your Mask**

STEPS	WASHING & CARE GUIDELINES
1	Handwash your mask by soaking in a mild hand soap or anti-bacterial hand wash with warm water (up to 40°C)
2	Do not use bleach or detergents on your mask
3	Do not machine wash your mask
4	Do not steam or microwave your mask
5	Do not use an iron on your mask
6	Do not squeeze of wring out your mask after washing
7	Place inside a towel to remove excess water and hang your mask up after washing to let dry in the air
8	The Viroblock technology used in the mask will maintain its potency for up to 1 year or 30 washes, whichever comes first
9	The wash cycle depends on how frequently the mask is used. For heavy usage, it is recommended that the mask is washed once every 7 days

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