# Fresh Country

Quilt design by Cyndi Hershey





Featuring fabrics from
Fresh Country collection by Sandy Lynam Clough for P&B Textiles



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# Fabric collection by Sandy Lynam Clough for P&B Textiles Quilt design by Cyndi Hershey

Skill level: Confident Beginner • Finished Quilt Size: approximately 54 1/2" square

### Yardages:

Fabric A:	FREC 209 MU	1/2 yard
Fabric B:	FREC 210 MU	1 3/4 yards
Fabric C:	FREC 211 P	1/4 yard
Fabric D:	CWEA 200 W	2/3 yard
Fabric E:	CWE4 204 LG	1/2 yard
Fabric F:	SUES 299 M	2/3 yard
Fabric G:	SUE6 302 T	1/8 yard
Fabric H:	SUEM 300 BG	1/8 yard
Fabric I:	SUES 299 P	1/8 yard
Fabric J:	SUEB 300 F	5/8 yard
Backing:	FREC 211 G	3 1/2 yards
Batting		65" x 65"

## **Cutting Instructions:**

Please read all instructions carefully before beginning. Strips are cut across the width of fabric (perpendicular to the selvages) unless otherwise stated. All seams are sewn with a 1/4" seam unless otherwise stated.

#### From Fabric A:

1. Cut four 6 1/2" squares, centering a motif within each one.

#### From Fabric B:

 Cut four stripe repeats on the length of the fabric (parallel to the selvages). These should be approximately 8" - 8 1/2" wide.

#### From Fabric C:

1. Cut one 6 1/2" strip; subcut five 6 1/2" squares.

#### From Fabric D:

1. Cut ten 2" strips.

#### From Fabric E:

1. Cut six 2" strips.

#### From Fabric F:

- 1. Cut four 1 1/2" strips.
- 2. Cut four 3 1/2" strips; subcut thirty-six 3 1/2" squares.

#### From Fabric G:

1. Cut one 2" strip.

#### From Fabric H:

1. Cut one 2" strip.

#### From Fabric I:

1. Cut one 2" strip.

#### From Fabric J:

- 1. Cut one 2" strip.
- 2. Cut six 2 1/2" strips for binding.

### Piecing Instructions:

- Draw a diagonal line on the back side of each (F) 3 1/2" square. With right sides together, place one marked square on one corner of one (A) 6 1/2" square. Sew on the line.
   Trim seam to 1/4" and press toward the resulting triangle.
   Repeat for opposite corner. Repeat for remaining corners.
   Repeat to make four square-in-a-square units (Figure 1).
- 2. Repeat step 1 sewing a marked square on corners of each (C) 6 1/2" square (Figure 2). Make five units.





Figure 1 Make 4.

Figure 2 Make 5.

- Strip Set #1: Sew one (D) 2" strip to one (G) 2" strip.
   Press toward the (G) strip. Crosscut strip set into eighteen 2" segments.
- Strip Set #2: Sew one (D) 2" strip to one (H) 2" strip.
   Press toward the (H) strip. Crosscut strip set into eighteen 2" segments.
- 5. Sew one segment from each strip set together into a fourpatch unit; press. Repeat to make eighteen units.
- Strip Set #3: Sew one (D) 2" strip to one (I) 2" strip.
   Press toward the (I) strip. Crosscut strip set into eighteen 2" segments.
- Strip Set #4: Sew one (D) 2" strip to one (J) 2" strip.
   Press toward the (J) strip. Crosscut strip set into eighteen 2" segments.
- 8. Sew one segment from each strip set together into a four-patch unit (Figure 3); press. Repeat to make eighteen units of each colorway.





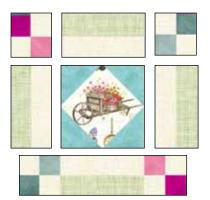
Figure 3 Make 18 of each.

 Strip Set #5: Sew one (D) 2" strip to one (E) 2" strip. Press toward the (E) strip (Figure 4). Repeat to make six strip sets. Crosscut each set into six 6 1/2" segments for a total of thirty-six segments.



Figure 4 Make 36.

 Referring to block diagram (Figure 5), sew one unit from step 9 to both sides on each block from steps 1 and 2.
 Press toward the side units.





Make 4.



Figure 5 Make 5.

- 11. Referring to block diagram, sew one pink four-patch unit to the end of one unit from step 9. Sew a teal four-patch unit to the opposite end. Press toward the center unit. Repeat to make eighteen sets.
- 12. Sew one set from step 11 to the top and bottom of each block. Press away from center of block.

# Quilt Assembly:

Refer to Quilt Diagram.

- Referring to quilt image, sew blocks into rows alternating blocks within each row. Press seams in alternate directions from row to row. Sew rows together; press.
- 2. Sew one (F) 1 1/2" strip to one (B) 8 1/2" strip centering strips to each other. Be sure that stripe is facing the correct direction. Repeat. Press toward the (F) strip.
- 3. Repeat step 2 but press seams toward the (B) strip.
- 4. Center border set to one side of quilt. Sew border to quilt beginning and ending a generous 1/4" from edge of quilt. Press in same direction as strip seams. Repeat for opposite side of quilt and then top/bottom of quilt.
- 5. Close corners with mitered seams. Border seams should nest together. Trim corner seam to 1/2" and press open.

## Finishing:

- 1. Prepare backing with a vertical seam to measure 65" x 65". Press seam open.
- 2. Layer backing, batting and quilt top. Baste and quilt as desired.
- 3. Trim layers even with quilt top.
- 4. Sew 2 1/2" J binding strips together with diagonal seams. Press seams open. Press binding in half lengthwise, wrong sides together, to create double-fold binding. Sew binding to quilt using your favorite method.
- 5. Make a label and sew to the back of quilt.



Quilt Diagram

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Fabric Collection by Sandy Lynam Clough™ for P&B Textiles





\*Fabrics used in quilt.

† Backing fabric.