

Ambrosia

Table Runner and Placemat Design by Cyndi Hershey



TableRunner size: approximately 18" x 54"



Cheers Placemat size: approximately 14" x 18"



Happy Hour Placemat size: approximately 16" x 18"

Featuring fabrics from
Ambrosia by Natalie Miles for P&B Textiles



P&B Textiles • pbtex.com • 800-351-9087 • 208 Clock Tower Square, Portsmouth, RI 02871

Ambrosia

Fabric collection by Natalie Miles for P&B Textiles
TableRunner and Placemat design by Cyndi Hershey

Skill level: Confident Beginner • Finished Table Runner Size: approximately 18" x 54"

Cheers Finished Placemat Size: approximately 14" x 18" • Happy Hour Finished Placemat Size: approximately 16" x 18"

Table Runner Yardages:

Fabric A: AMBR 4538 MU	1/2 yard
Fabric B: AMBR 4540 MU	1/4 yard
Fabric C: AMBR 4541 B	3/8 yard
Fabric D: AMBR 4541 Y	3/8 yard
Fabric E: AMBR 4542 R	3/8 yard
Fabric F: AMBR 4543 MU	1/8 yard
Fabric G: SUE7 303 O	5/8 yard
Fabric H: WHIM 4404 E	Fat Eighth
Backing: AMBR 4538 MU suggested	1 3/4 yards
Batting	26" x 62"
Additional Supplies: Template plastic or freezer paper	

Cutting Instructions:

Please read all instructions carefully before beginning. Strips are cut across the width of fabric (perpendicular to selvages) unless otherwise stated. All seams are sewn with a 1/4" seam unless otherwise stated. Label all pieces.

From Fabric A:

1. Cut three 2" strips. Sew strips together end to end with diagonal seams. Press seams open. From this pieced strip, cut two 2" x 54 1/2" strips. (Outer Border)
2. Cut one 5 1/2" strip; subcut one 5 1/2" square. Use remainder of strip to cut two 2" x 15 1/2" strips. (Block and Outer Border)

From Fabric B:

1. Cut one 5 1/2" strip; subcut two 5 1/2" squares. (Blocks)

From Fabric C:

1. Cut four 2 1/2" strips. (Binding)

From Fabric D:

1. Cut four 1 1/2" strips. Sew strips together end to end with diagonal seams. Press seams open. From this pieced strip, cut two 1 1/2" x 12 1/2" strips and two 1 1/2" x 50 1/2" strips. (Inner Border)
2. Cut one 2 1/4" strip; subcut two 2 1/4" x 4 1/2" rectangles. From remainder of strip, cut two 1 1/4" x 7 1/8" rectangles and two 1" x 5" rectangles. (Blocks)

From Fabric E:

1. Cut six 1 1/2" strips. From each strip, cut one 1 1/2" x 7 1/2" rectangle, one 1 1/2" x 9 1/2" rectangle, one 1 1/2" x 10 1/2" rectangle and one 1 1/2" x 12 1/2" rectangle. (Blocks)

From Fabric F:

1. Cut one 3" strip; subcut two 3" x 6" rectangles. (Blocks)

From Fabric G:

1. Cut four 1" strips; subcut six 1" x 9 1/2" rectangles and six 1" x 10 1/2" rectangles. (Blocks)
2. Cut four 1" strips. Sew strips together end to end with diagonal seams. Press seams open. From this pieced strip, cut two 1" x 14 1/2" strips and two 1" x 51 1/2" strips. (Middle Border)
3. Cut one 4 3/8" strip; subcut two 4 3/8" squares. Cut each square diagonally in half to yield four half-square triangles. Use remainder of strip and Template 1 to cut two and two reverse triangles. (Blocks)
4. Cut one 5" strip; subcut four 3 1/4" x 5" rectangles. From remainder of strip, cut four 1 3/4" x 6 1/2" rectangles, four 1 1/2" x 2 1/4" rectangles and four 2 1/4" squares. (Blocks)

From Fabric H:

1. Cut one 4 3/8" strip; subcut four 4 3/8" squares. Cut each square diagonally in half to yield eight half-square triangles. (Blocks)

Piecing Instructions:

Martini Glass Blocks:

1. Matching centers, sew one 1 1/4" x 7 1/8" D rectangle to one 3" x 6" F rectangle. Press toward F. Center Template 2 over unit to cut one shape (Figure 1).

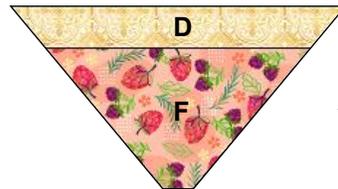


Figure 1

2. Using one and one reverse G triangle cut using Template 1, sew triangles to both sides of unit from Step 1. Press seams toward triangles (Figure 2).



Figure 2

3. Sew one 3 1/4" x 5" G rectangle to both sides of one 1" x 5" D rectangle. Press toward G. Sew to the bottom of Step 2 unit. Press open or down (Figure 3).

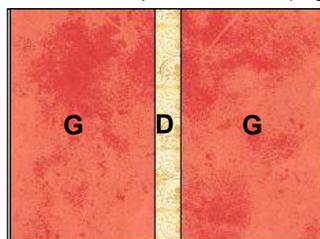


Figure 3

- Draw a diagonal line on the back side of two 2 1/4" G squares. With right sides together, place one marked square at one end of one 2 1/4" x 4 1/2" D rectangle. Sew on line and trim seam to 1/4". Press toward resulting triangle. Repeat for opposite end of D rectangle. Sew one 1 1/2" x 2 1/4" G rectangle to both sides of Flying Geese unit. Press toward rectangles. Sew completed unit to the bottom of Step 3 unit (Figure 4).

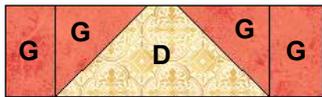


Figure 4

- Sew one 1 3/4" x 6 1/2" G rectangle to the top and bottom of Step 4 unit to complete one block. Repeat steps to make two blocks (Figure 5).

Framed Diamond Blocks:

- Sew one 4 3/8" G triangle to opposite sides of one 5 1/2" A square. Press toward the triangles. Sew 4 3/8" G triangles to remaining sides of A square. Press toward triangles.
- Sew one 1 1/2" x 7 1/2" E rectangle to both sides of Step 1 unit. Press toward E. Sew one 1 1/2" x 9 1/2" E rectangle to top and bottom of unit. Press toward E.
- Sew one 1" x 9 1/2" G rectangle to both sides of Step 2 unit. Press toward G. Sew one 1" x 10 1/2" G rectangle to top and bottom of unit. Press toward G.
- Sew one 1 1/2" x 10 1/2" E rectangle to both sides of Step 3 unit. Press toward E. Sew one 1 1/2" x 12 1/2" E rectangle to top and bottom of unit. Press toward E (Figure 6).
- Repeat steps except use 5 1/2" B square with 4 3/8" H triangles. Make two blocks (Figure 7).



Figure 5 Make 2.

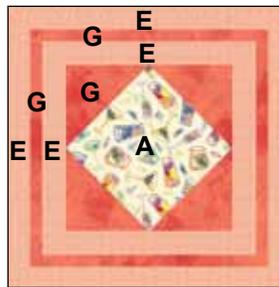


Figure 6 Make 1.

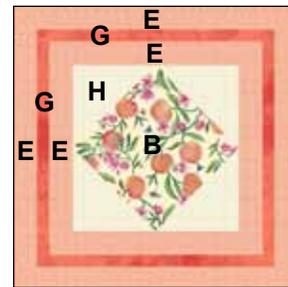


Figure 7 Make 2

Table Runner Assembly:

- Refer to runner diagram to sew blocks together. Press seams open or to one side.
- Sew one 1 1/2" x 12 1/2" D rectangle to both ends of runner. Press toward D. Sew one 1 1/2" x 50 1/2" D rectangle to the top and bottom of runner. Press toward D.
- Sew one 1" x 14 1/2" G rectangle to both ends of runner. Press toward G. Sew one 1" x 51 1/2" G rectangle to top and bottom of runner. Press toward D.
- Sew one 2" x 15 1/2" A rectangle to both ends of runner. Press toward A. Sew one 2" x 54 1/2" A rectangle to top and bottom of runner. Press toward A.

Finishing:

- Press backing and cut 26" x 62" rectangle.
- Layer table runner, batting, and backing. Baste layers together.
- Quilt as desired.
- Trim layers even with table runner top.
- Join four 2 1/2" C binding strips with diagonal seams. Press seams open. Attach binding using your favorite method.
- Make a label and sew to the back of the quilt.



Table Runner Diagram

Cheers Placemat Yardages:

Fabric A: AMBR 4538 MU	1/2 yard
Fabric B: AMBR 4541 B	5/8 yard
Fabric C: AMBR 4541 Y	1/4 yard
Fabric D: AMBR 4542 R	1/2 yard
Fabric E: AMBR 4543 MU	1/8 yard
Fabric F: SUE7 303 O	3/4 yard
Backing: AMBR 4538 MU suggested	1 1/2 yards
Batting	four 20" x 24"
Additional Supplies: Template plastic or freezer paper	

Cutting Instructions:

Please read all instructions carefully before beginning. Strips are cut across the width of fabric (perpendicular to selvages) unless otherwise stated. All seams are sewn with a 1/4" seam unless otherwise stated. Label all pieces.

From Fabric A:

1. Cut four 1 1/2" strips; subcut eight 1 1/2" x 18 1/2" rectangles. (Borders)
2. Cut one 5 1/2" strip; subcut four 5 1/2" squares. (Framed Diamond Blocks)

From Fabric B:

1. Cut seven 2 1/2" strips. (Binding)

From Fabric C:

1. Cut one 1 1/4" strip; subcut four 1 1/4" x 7 1/8" rectangles. (Martini Glass Blocks)
2. Cut one 2 1/4" strip; subcut four 2 1/4" x 4 1/2" rectangles and four 1" x 5" rectangles. (Martini Glass blocks)

From Fabric D:

1. Cut eight 1 1/2" strips. From each strip, cut one 1 1/2" x 7 1/2" rectangle, one 1 1/2" x 9 1/2" rectangle, one 1 1/2" x 10 1/2" rectangle and one 1 1/2" x 12 1/2" rectangle. (Framed Diamond Blocks)

From Fabric E:

1. Cut one 3" strip; subcut four 3" x 6" rectangles. (Martini Glass Blocks)

From Fabric F:

1. Cut four 1" strips. From each strip, cut two 1" x 9 1/2" rectangles and two 1" x 10 1/2" rectangles. (Framed Diamond Blocks)
2. Cut two 1 3/4" strips; subcut eight 1 3/4" x 6 1/2" rectangles. (Martini Glass Blocks)
3. Cut one 2 1/4" strip; subcut eight 2 1/4" squares and eight 1 1/2" x 2 1/4" rectangles. (Martini Glass Blocks)
4. Cut one 3 1/4" strip; subcut eight 3 1/4" x 5" rectangles. (Martini Glass Blocks)
5. Cut one 4" strip. Use Template 1 to cut four triangles and four reverse triangles. (Martini Glass Blocks)
6. Cut one 4 3/8" strip; subcut eight 4 3/8" squares. Cut each square diagonally in half to yield sixteen half-square triangles. (Framed Diamond Blocks)



Piecing Instructions:

Martini Glass Block:

1. Matching centers, sew one 1 1/4" x 7 1/8" C rectangle to one 3" x 6" E rectangle. Press toward E. Center Template 2 over unit to cut one shape (Figure 1).

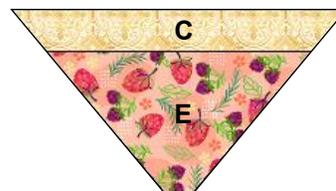


Figure 1

2. Using one and one reverse F triangle cut using Template 1, sew triangles to both sides of unit from Step 1. Press seams toward triangles (Figure 2).



Figure 2

3. Sew one 3 1/4" x 5" F rectangle to both sides of one 1" x 5" C rectangle. Press toward F. Sew to the bottom of Step 2 unit. Press open or down (Figure 3).

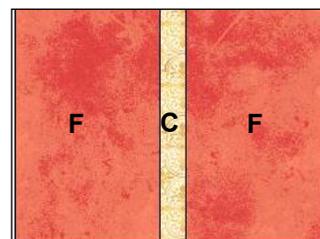


Figure 3

4. Draw a diagonal line on the back side of two 2 1/4" F squares. With right sides together, place one marked square at one end of one 2 1/4" x 4 1/2" C rectangle. Sew on line and trim seam to 1/4". Press toward resulting triangle. Repeat

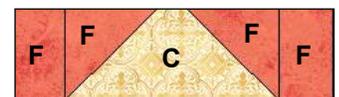


Figure 4

- for opposite end of C rectangle. Sew one 1 1/2" x 2 1/4" F

rectangle to both sides of Flying Geese unit. Press toward rectangles. Sew completed unit to the bottom of Step 3 unit (Figure 4).

- Sew one 1 3/4" x 6 1/2" F rectangle to the top and bottom of Step 4 unit to complete one block. Repeat steps to make four blocks (Figure 5).

Framed Diamond Blocks:

- Sew one 4 3/8" F triangle to opposite sides of one 5 1/2" A square. Press toward the triangles. Sew 4 3/8" F triangles to remaining sides of A square. Press toward triangles.
- Sew one 1 1/2" x 7 1/2" D rectangle to both sides of Step 1 unit. Press toward D. Sew one 1 1/2" x 9 1/2" D rectangle to top and bottom of unit. Press toward D.
- Sew one 1" x 9 1/2" F rectangle to both sides of Step 2 unit. Press toward F. Sew one 1" x 10 1/2" F rectangle to top and bottom of unit. Press toward F.
- Sew one 1 1/2" x 10 1/2" D rectangle to both sides of Step 3 unit. Press toward D. Sew one 1 1/2" x 12 1/2" D



Figure 5 Make 4.

rectangle to top and bottom of unit. Press toward D. Repeat steps to make four blocks (Figure 6).

Placemat Assembly:

- Sew one Martini Glass Block to the left of one Framed Diamond Block. Press seam open or to one side.
- Sew one 1 1/2" x 18 1/2" A rectangle to the top and bottom of Step 1 unit to complete placemat top. Repeat steps to complete four blocks.

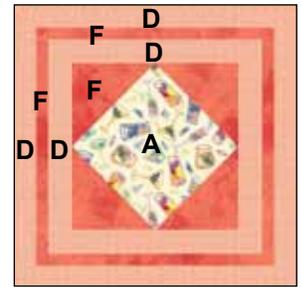


Figure 6 Make 4.

Finishing:

- Cut four 20" x 24" rectangles from backing fabric.
- Layer placemat, batting, and backing. Baste layers together.
- Quilt as desired.
- Trim layers even with placemat top.
- Join seven 2 1/2" B binding strips with diagonal seams. Press seams open. Attach binding using your favorite method.
- Make a label and sew to the back of the placemat.

Happy Hour Placemat Yardages:

- Fabric A: **AMBR 4538 MU** 1/3 yard
 - Fabric B: **AMBR 4539 J** 1/4 yard
 - Fabric C: **AMBR 4541 B** 5/8 yard
 - Fabric D: **AMBR 4541 Y** 1/2 yard
 - Fabric E: **AMBR 4543 MU** 1/8 yard
 - Fabric F: **SUE7 303 O** 1 1/4 yards
 - Backing: **AMBR 4538 MU suggested** 1 1/2 yards
 - Batting four 20" x 24"
- Additional Supplies: Template plastic or freezer paper

Cutting Instructions:

Please read all instructions carefully before beginning. Strips are cut across the width of fabric (perpendicular to selvages) unless otherwise stated. All seams are sewn with a 1/4" seam unless otherwise stated. Label all pieces.

From Fabric A:

- Cut four 1 3/4" strips; subcut eight 1 3/4" x 18 1/2" rectangles. (Borders)

From Fabric B:

- Cut two 3" strips; subcut eight 3" x 6" rectangles. (Blocks)

From Fabric C:

- Cut seven 2 1/2" strips. (Binding)

From Fabric D:

- Cut three 1 1/4" strips; subcut twelve 1 1/4" x 7 1/8" rectangles. (Blocks)
- Cut three 2 1/4" strips; subcut twelve 2 1/4" x 4 1/2" rectangles and twelve 1" x 5" rectangles. (Blocks)

From Fabric E:

- Cut one 3" strip; subcut four 3" x 6" rectangles. (Block)

From Fabric F:

- Cut four 1" strips; subcut eight 1" x 18 1/2" rectangles. (Borders)
- Cut four 1 3/4" strips; subcut twenty-four 1 3/4" x 6 1/2" rectangles. (Blocks)
- Cut three 2 1/4" strips; subcut twenty-four 2 1/4" squares and twenty-four 1 1/2" x 2 1/4" rectangles. (Blocks)
- Cut three 3 1/4" strips; subcut twenty-four 3 1/4" x 5" rectangles. (Blocks)
- Cut two 4" strips. Use Template 1 to cut twelve triangles and twelve reverse triangles. (Blocks)



Piecing Instructions:

Martini Glass Block:

1. Matching centers, sew one $1\frac{1}{4}'' \times 7\frac{1}{8}''$ D rectangle to one $3'' \times 6''$ E rectangle. Press toward E. Center Template 2 over unit to cut one shape (Figure 1).

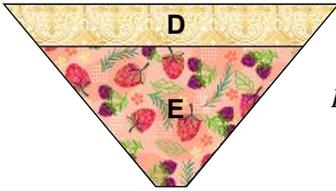


Figure 1

2. Using one and one reverse F triangle cut using Template 1, sew triangles to both sides of unit from Step 1. Press seams toward triangles (Figure 2).



Figure 2

3. Sew one $3\frac{1}{4}'' \times 5''$ F rectangle to both sides of one $1'' \times 5''$ D rectangle. Press toward F. Sew to the bottom of Step 2 unit. Press open or down (Figure 3).

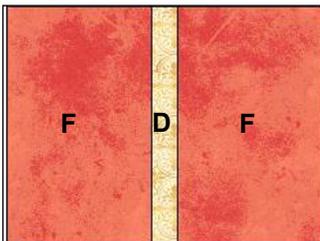


Figure 3

4. Draw a diagonal line on the back side of two $2\frac{1}{4}''$ F squares. With right sides together, place one marked square at one end of one $2\frac{1}{4}'' \times 4\frac{1}{2}''$ D rectangle. Sew on line and trim seam to $\frac{1}{4}''$. Press toward resulting triangle. Repeat for opposite end of D rectangle. Sew one $1\frac{1}{2}'' \times 2\frac{1}{4}''$ F rectangle to both sides of Flying Geese unit. Press toward rectangles. Sew completed unit to the bottom of Step 3 unit (Figure 4).



Figure 4

5. Sew one $1\frac{3}{4}'' \times 6\frac{1}{2}''$ F rectangle to the top and bottom of Step 4 unit to complete one block. Repeat steps to make four blocks (Figure 5).
6. Repeat steps to make eight blocks using $3'' \times 6''$ B rectangles (Figure 6).



Figure 5 Make 4.

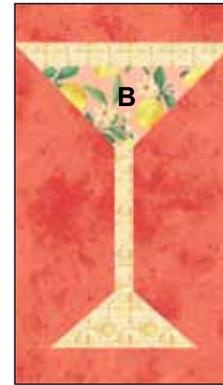


Figure 6 Make 8.

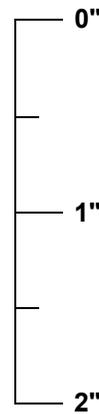
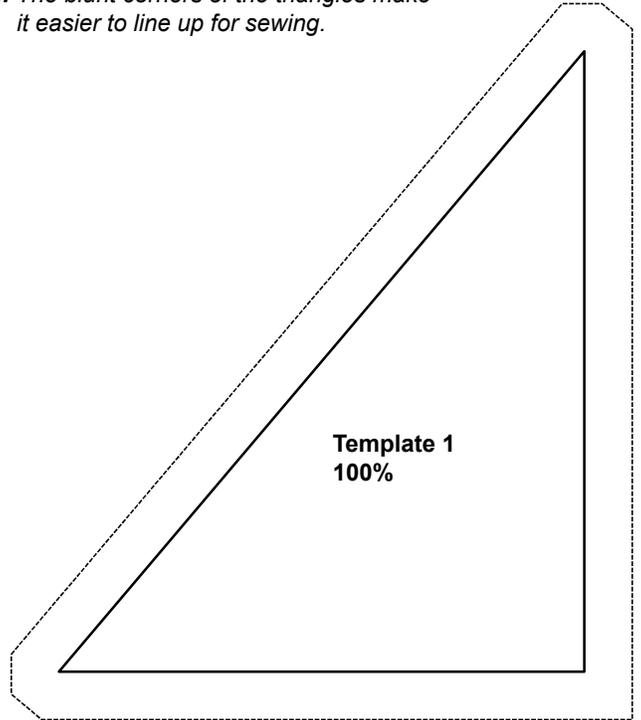
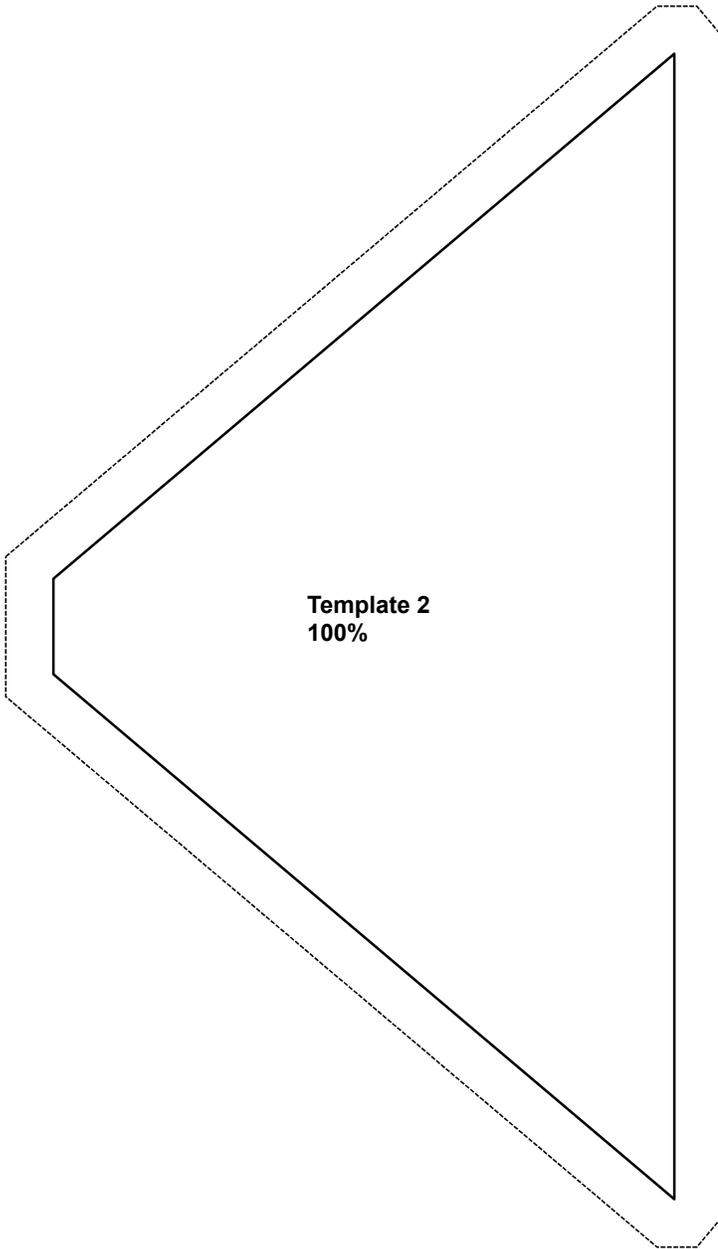
Placemat Assembly:

1. Sew three blocks together into a row. Press seams open or to one side.
2. Sew one $1\frac{3}{4}'' \times 18\frac{1}{2}''$ A rectangle to the top and bottom of the row. Press toward A.
3. Sew one $1'' \times 18\frac{1}{2}''$ F rectangle to the top and bottom of Step 2 row. Press toward A (previous rectangles).

Finishing:

1. Cut four $20'' \times 24''$ rectangles from backing fabric.
2. Layer placemat, batting, and backing. Baste layers together.
3. Quilt as desired.
4. Trim layers even with placemat top.
5. Join seven $2\frac{1}{2}''$ B binding strips with diagonal seams. Press seams open. Attach binding using your favorite method.
6. Make a label and sew to the back of the placemat.

Tip: The blunt corners of the triangles make it easier to line up for sewing.



Scale Check for pdf files.
When you print these templates, this ruler should measure 2 inches long. If it does not, change, "page scaling" to "none" in the print dialog box.

Ambrosia

Fabric Collection by
Natalie Miles for P&B Textiles



AMBR 4536 MU



AMBR 4537 MU



AMBR 4538 MU*†



AMBR 4539 J*



AMBR 4540 MU*



AMBR 4543 MU*



AMBR 4541 B*



AMBR 4541 G



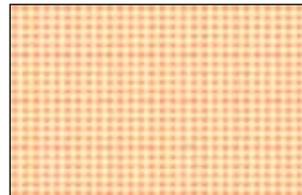
AMBR 4541 Y*



AMBR 4542 B



AMBR 4542 G



AMBR 4542 J



AMBR 4542 R*



SUE7 303 O*



WHIM 4404 E*

