Portable Dance Pole
User Manual
**Safety Instructions**

1. Never use oil and/or lotion on your hands or body before using the dance pole. The oil and/or lotion transferred onto the pole will make it slippery and hard to hold, which might cause serious bodily injury.
2. The dance pole should not be installed under false or suspended ceilings that are not sturdy enough.
3. Never place a carpet under the dance pole as it could affect the stability of the product.
4. Before the installation, all shrink-wrap covering the parts must be removed.
5. The horizontal weight capacity of this product is 280 kg/617 lbs. The vertical weight capacity of this product is 500 kg/1102 lbs. Never apply any weight over the weight capacity on this dance pole.
6. Ensure that the 3.5 meter peripheral area of the dance pole is free of any objects.
7. We recommend the assembly of this product should be carried out by two people.

**Package Contents**

- Upper Dome x 1
- Base x 1
- Iron Cover x 1
- Extension Pole C x 1
- Extension Pole D x 1
- Pole B x 1
- Pole A x 1
- Spanner x 1
- Allen Key x 1
- Iron Rod x 2
Specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Details</th>
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<tbody>
<tr>
<td>Adjustable Height</td>
<td>87 13/16” x 108 1/4” (from 223 to 275 cm)</td>
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<tr>
<td>Overall Dimensions (L x W x H)</td>
<td>14 15/16” x 14 15/16” x 108 1/4” (38 x 38 x 275 cm)</td>
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<tr>
<td>Horizontal Weight Capacity</td>
<td>280 kg/617 lbs</td>
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<tr>
<td>Vertical Weight Capacity</td>
<td>500 kg/1102 lbs</td>
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Assembly Instructions

Measure the distance between your ground and ceiling and refer to the diagram below to decide if you need to install either the extension pole D or extension pole C or both of them, or none of them on the base. In the following steps, we will take scenario of installing Extension Pole C only on the base as an example.
Loosen the two screws on both sides of iron cover and take out the adapter. Keep the screws and adapter for the later assembly. Slide down the iron cover through the pole and leave it on the base first.
3 Pole B

Install the pole B on the pole C as shown above.

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An iron nut is preinstalled on the top of Pole A. Rotate it anti-clock wise to take it out from the pole A.
Rotate Pole A’s black center pole anti-clockwise to extend it out until you can see the small hole shows up.

Reinstall the iron nut back to the pole A as shown above.
Install the adapter (the one that we took out from the iron cover in step 2) on pole A as shown above.

Connect the pole A with the pole B as shown above.
Install the upper dome on the top of the pole A as shown above.
With one person holding the dance pole, another person inserts the two iron rods into the hole of pole A’s black-center pole and the hole of iron nut respectively. Use them as levers and rotate the black-center pole anti-clockwise and the iron nut clockwise. Rotate them at the same time until the upper dome can no go further against the ceiling.
Besides, use the iron rod to further tighten each sectional pole to make sure they are well connected.
Slide the iron cover from the base to the upper dome. Fasten it on the adapter with the two screws. (The screws were taken out from the iron cover in step 2).

Note:
Please make sure that the pole is vertical between the ground and the ceiling and that the upper dome is flat against the ceiling as shown in the pictures above.
Switching between Static & Spinning Mode

To set the dance pole into the spinning mode, loosen the two screws near the base. Remember not to loosen them completely.

To set the dance pole into the static mode, tighten the two screws near the base. Before tightening the screws, please ensure that one of the screws is aligned with the letter “Y” on the base.