



The ultimate training program. Players are able to balance their day succeeding both on and off the court. The training schedule allows players to get the personal attention they need as well maintain competitiveness in the group training & matchplay. Players have enough time in their day and are able to dedicate to the required time for tennis and fitness training needed for them to develop to pro athlete level.

### PROGRAM FEATURES

- 20 Hours of Tennis Training a week
- 6 Hours of Fitness Training a week
- Mental Training Sessions
- Personalized Training Plan
- Monitored Match Play
- Strategy Sessions



### CUSTOMIZE YOUR PROGRAM

- Private Fitness Training
- Private Tennis Lessons
- Hitting Lessons
- College Placement Program
- Tournament Planning/Competition

### CALENDAR

- FALL 2022: SEPTEMBER 4<sup>TH</sup>-JANUARY 29<sup>TH</sup>
- WINTER BREAK: DECEMBER 22<sup>ND</sup>-JANUARY 6<sup>TH</sup>
- SPRING 2023: FEBRUARY 1<sup>ST</sup>-JUNE 11<sup>TH</sup>

### SCHOOLING OPTIONS

We only offer academic options that allow students to balance both tennis and Athletics without sacrificing one for the other.

- **Pearson Online Academy - Onsite**  
*American Curriculum & College Prep Program*

This program is a blended learning structure. Students attend tutoring sessions daily for 3 hours to work with teachers on their respective subjects. Students are also in continuous communication with online school teachers as they submit their work directly with Pearson Online Academy. The flexibility of the program allows students to balance their academics with their training and competition schedules in order to succeed both on and off the court. ATA graduates have been accepted in top universities in the U.S and Internationally.

*\*Local private school options available (contact us for more details)*

