

Little By Little Pre-K Me and My World

Table of Contents

Teacher Tips	2
My Learning Report	3
Self-Esteem	
"Me" Puppets.....	4
Picture Frames.....	7
"Unique Me" Cards.....	11
Families	
Family Trees.....	15
Class House Book.....	19
Friendship	
Friendship Quilt.....	22
Friendship Bracelets.....	26
Friendship Handprints.....	29
Phone Numbers	
Phone Bingo.....	32
Learn to Dial a Number.....	37
Addresses	
Driver's License.....	42
Mailboxes.....	46
Community	
Our Community.....	50
My Community Match-Up.....	54

Teacher Tips

Our society is just beginning to see the importance of early childhood. As educators, it is your responsibility to give children and their families the tools necessary to build a strong foundation for future success.

This book was designed to help guide you through the important role you will play in the lives of your students and their families.

Tips for teaching lessons

- Read and experiment with all lessons on your own before using them in your classroom.
- Certain activities may be adjusted to better meet the needs of your individual students. Please keep this in mind when planning and reading lessons.
- Be enthusiastic and always participate in the activities with your class.
- Give positive and consistent feedback to everyone in your class.
- Practice singing the songs or reciting poems before you attempt to teach them to your class.
- Remember to be flexible. Use this book as a guide to teach your children important life lessons.
- Early childhood is a time of great exploration; therefore, it is important to do the concrete, hands-on experience to help them internalize their learning.
- All of these lessons were created with opportunities for every type of learner to understand a concept; therefore, it is important to include all parts of each lesson when teaching.

Tips for Parent Involvement

- The best way to promote parent involvement in children's education is to keep them informed. Consistent and open communication between home and school is essential. Daily communication with parents is the best way to ensure that learning at school is being followed up at home.
- This book is equipped with family pages to help you communicate with parents about individual lessons.
- Reports like the sample found on the following page are simple ways to keep parents informed on a regular basis. Feel free to incorporate this into your curriculum on a daily or weekly basis. It can be made easy by filling in the teacher's name, date, and general learning activity before making a copy for each child. Then, fill in individual information as needed. This individual information is found under "Your Child's Experiences" and should include personalized learning information, such as a child's progress or response to a learning activity. Use the Parent Reminder for information, such as dates to return requested items to class.

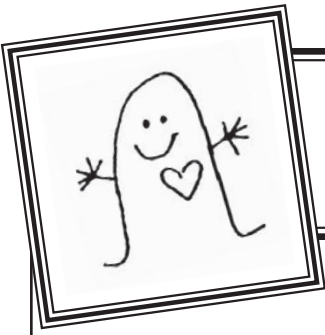
My Learning Report

Name _____ Date _____
Teacher _____

Our Learning Activities

Your Child's Experiences

Parent Reminder:



Self-Esteem

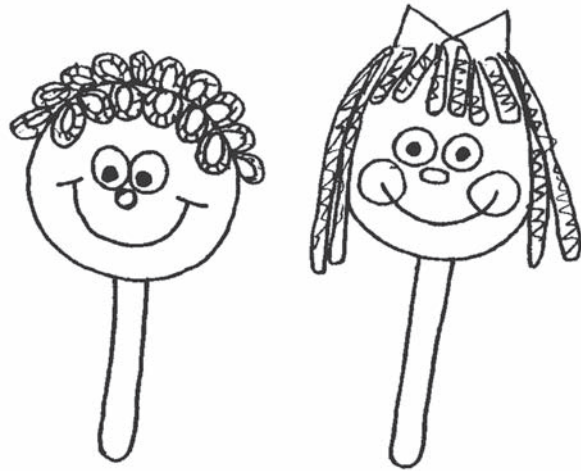
"Me" Puppets

Objective:

This lesson will teach children to feel good about themselves.

Materials:

- Construction paper
- Mirror
- Yarn
- Markers or crayons
- Glue
- Popsicle sticks



Preparation:

- Gather all materials.
- Cut small circles (size of a cup) out of the construction paper for each child.

Introduction:

- Invite all the children to form a big circle.
- Show children the special mirror. Tell them when they look at it, they will see something very special.
- Allow each child to look in the mirror. They will see themselves.
- Sing the "I Am Special" song to the tune of "Mary Had a Little Lamb" and have children fill in the blanks about themselves.
- Substitute the word "eyes" with other body parts; if necessary, change the word "are" to "is."

I Am Special

I am special as can be, as can be, as can be,
I am special as can be, because I am me!
I have eyes that are _____, that are _____, that are _____,
I have eyes that are _____; just take a look and see!

Activity:

- Give children a construction paper circle and have them create a puppet resembling themselves.
- Allow them to use crayons, yarn, and other materials to create facial features and hair.
- Use glue to paste their faces on a Popsicle stick for use as a handle.

Closing Activity:

- Collect children's puppets; then, have the class guess which puppet belongs to each person.

Follow-Up Activity:

- Place a mirror in the classroom so children can use it to create pictures of themselves while looking at the mirror.



**Find a positive
comment for each child:**

Every child should hear at least
one positive thing each day.
Make it your goal to build each
child's self-esteem daily.

Family Page

"Me" Puppets



Dear Parents,

Our class has been exploring our concepts of self. Children have completed several activities to help them learn about themselves. During class, we made "me" puppets that helped children look at their physical features. Together, use the puppet to recite the poem printed below. This poem helps boost self-esteem and awareness. After using the puppet to read the poem, have your child discuss the meaning of it with you.

Self-awareness is an ongoing process children and adults both need to feel comfortable with. By discussing it with your child, you are supporting his search for a positive self-concept. Building this starts at a very early age. Participating in these activities will help ensure the self-concept your child is building is a positive one.

Thank you for your cooperation.

I Am Special

I am special as can be, as can be, as can be,

I am special as can be, because I am me!

I have eyes that are _____, that are _____, that are _____,

I have eyes that are _____; just take a look and see!