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Go to www.ariselife-skills.org for fresh, vital lessons which connect youth emotionally and socially.

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## 1. Shady Trees

### **Materials**

Cotton balls

Clothespins

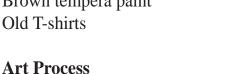
8 ½ " x 11" Manila paper

Newspaper

Paper towels

Green tempera paint

Brown tempera paint





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- 1. Cover the working area with newspaper.
- 2. Give each student a clothespin and a cotton ball.
- 3. Show students how to grab the cotton ball with the clothespin.
- 4. Choose a color of paint.
- 5. \*Adults should pour a small amount of paint on a paper plate.
- 6. Paint a picture of a tree on the paper, using the green and brown tempera.
- 7. Wait for the first color to dry before using another color.
- 8. Place artwork in a separate area to dry.

Allow 24 hours for drying.

Painting can be messy; make sure to wear old T-shirts for protection.



Trees give us shade and keep our house cool. Let's save the trees!

## 2. Address and Phone Number

#### **Materials**

Washable mini-stamps

Crayons

8 ½ " x 11" Manila paper

Newspaper

Paper towels

Markers

Construction paper (different colors)

Glue

**Scissors** 

Ink pad



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#### **Art Process**

- 1. Cover area with newspaper.
- 2. Distribute one  $8\frac{1}{2}$ " x 11" sheet to each child.
- 3. Write name, address, and phone number on the paper.
- 4. Decorate the border with crayons and markers.
- 5. Decorate the construction paper with the mini-stamps.
- 6. Glue art work on 9" x 12" construction paper (choose any color).

Allow at least one hour to dry.

Remind the students that learning their address and phone numbers are important!



It is very important to learn your address and phone number in case you get lost.

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## Self-Esteem

Girl: "I never run as fast as my brother. I'm no good."

Narrator: Dad walks in to the room.

Dad: "What's wrong?"

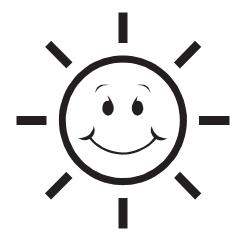
Girl: "Billy always runs faster than me. I'm not good at anything."

Dad: "That's not true. You are a great dancer. Try not to measure your weak points against someone else's strong points. Everyone is special because they are all different in their own way."

Girl: "You mean I'm special and Billy is, too?"

Dad: "That's right. You should feel good about yourself and have high self-esteem."

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# **Fire Safety**

**Narrator:** Dad fell asleep while smoking a cigarette.

Girl: "Cough, cough." (Sees smoke coming from the room.)

Girl: "Dad, wake up! The bed is on fire."

Dad: (Wakes up.)

Girl: "Let's call 911."

Dad: "No, we need to leave first and then call 911 from a neighbor's house."

**Narrator:** Both of them left and waited outside for the fire department. They were safe outside.

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