

ARISE LIFE-SKILLS FOR YOUNG FOLKS: GRADES 2-3 VOLUME 1

INSTRUCTOR'S MANUAL

TABLE OF CONTENTS

Tips for Teaching ARISE Life Management Skills.....	2
Making Good Choices	
Introduction.....	4
Guns are Dangerous.....	5
Drugs Can Kill.....	8
Alcohol Use and Abuse.....	11
Personal Safety.....	13
Stay Away From Bullies.....	16
Be Careful Around Strange Animals.....	18
Graffiti.....	20
Protecting Our Environment	
Introduction.....	22
Water Conservation.....	23
Air Pollution.....	26
Energy.....	28
Precycling and Recycling.....	30
Trees.....	32
Styrofoam.....	34
Batteries.....	36
Pre/Post Tests.....	38
Answer Keys.....	41
Learner's Workbook	
Table of Contents.....	3
Introduction.....	4
Section 1: Making Good Choices Worksheets.....	5-32
Quiz.....	33
Section 2: Protecting Our Environment Worksheets.....	34-65
Quiz.....	66

GUNS ARE DANGEROUS

Objective:

Children will learn about the dangers of guns.

Materials:

Activity Sheets, ABC Guns videotape



Family Recap:

Choose one or two Family Activity Sheets completed from the last meeting. Praise those who have remembered them and very briefly discuss how they and their families felt about this particular topic and what they learned.

Activity:

Teach the class this rhyme:

**SEE A GUN,
DIAL 911!**

Have them repeat it with you three times. Encourage them to add rhythm to their chant, then take turns. Boys say, “If you see a gun” and girls respond with “dial 911” and vice versa.

Show the children the ABC Guns video. After they have watched it, ask these questions.

Give them a few minutes to discuss each one and any other part of the video they need to talk about.

1. How did the video make you feel?
2. Do you think there would have been a way to prevent the boy from shooting his sister?
3. Was the gun safely stored?
4. How could the gun have been kept safe?
5. What do you think is the most important thing to learn from the video?

Background Information/Discussion:

Explain guns are a danger to society. Many children are killed and injured through gun accidents (not just from drive-by shootings, but by guns accidentally left around the house by adults). Playing with guns is dangerous! Even toy guns can be dangerous because one day you might not be able to tell the difference between a toy and a real gun.

Ask students the following questions.

1. Where have you seen a gun?
2. Who was carrying the gun?
3. What kinds of things can happen with guns?

Explain to children movies and television are make-believe. Sometimes, they'll see an actor get shot and killed in one show and, on another channel, the same actor is fine. This is because television and movies are not real. Ask students if they watch cartoons. How many times has Elmer Fudd shot Daffy Duck and Daffy just gets up as if nothing has happened? Ask if this can happen in real life. Explain, in real life, people and guns are a dangerous combination. At this point, you might ask if they know anyone in their neighborhood who has been injured by a gun. Ask students to share what they know.

Discuss what can happen when someone is shot. Possible answers include:

1. They can be blinded.
2. They can lose their arm(s).
3. They can lose their leg(s).
4. They can be paralyzed (explain what paralysis means).
5. They can be killed.



Ask children: Who is allowed to use guns? The correct response is police officers, soldiers, and people who have to hunt for their food. Most other people who have guns may use them the wrong way unless they are trained. Ask students when people might MISUSE guns. Responses may include:

1. When they're stealing or robbing.
2. When they're angry.
3. When they want to hurt someone.

Allow more responses from students. Ask children if these are valid reasons to use guns. Explain these are not GOOD things to do, and kids always want to do the right thing.

Ask children if their parents have a gun for protection. (You may find many of them do.) Explain that parents should keep the gun locked in a box, out of children's reach, with a gun lock on the gun.

Act It Out:

Give the class the following gun scenarios. Select the appropriate number of students to act out each problem. They should arrive at the solution in the parentheses, or one close to it. Use the gun flashcard as a prop in each scenario (page 4). Children can color the gun and cut it out as a prop.

1. You and a friend are playing outside and you find a gun in the grass. What do you do? (Tell them to leave the gun and tell a parent, trusted adult, or dial 911.)
2. You are at a friend's house and he wants to show you his parents' gun. What do you do? (Say no and leave fast.)
3. You see an older child in the neighborhood carrying a gun. What should you do? (Turn and run. Tell a trusted adult.)
4. A student in school is angry and tells another student he is going to bring a gun to school and shoot him. (Tell the teacher, principal, or other trusted adult.)

Ask students if they have seen guns used on television. Do they remember anything good happening through the use of guns? Can a gun ever be used to settle an argument? Ask if they've ever had an argument. Discuss ways of settling arguments that don't involve hitting or shooting. Possible responses are: talking it out, walking away from the situation to cool down, or asking someone else to help settle the argument peacefully.

Repeat the following chant to help them know what to do in case they see or find a gun.

IF YOU SEE A GUN, DIAL 911!

Chant this the same way you chanted the opening rhyme (boys, then girls, then the entire class).

Writing Connection:

Give each student a copy of the My Poster Activity Sheet (page 5).

Puzzle Page:

Review important points of the lesson and complete the Beware! Guns! Activity Sheet (page 6).

Comic/Read All About It:

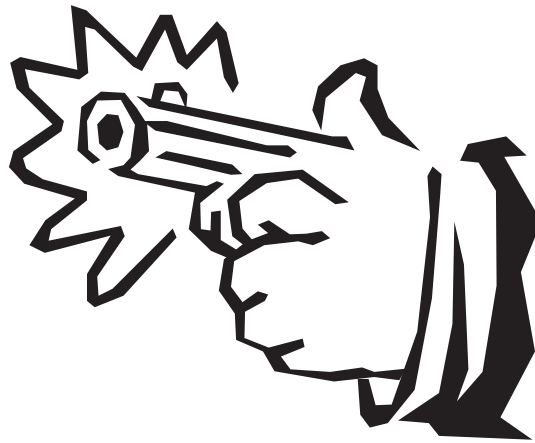
Distribute and explain the Comic Activity Sheet (page 7). Have students role-play the comic, write sentences about it, read it out loud to the class, and color it.

Family Activity:

Turn to the Guns Family Activity Sheet (page 8). Instruct children on how to complete it. Explain they can do it at home with an adult and return it to their next ABC class.

Tips for the Day:

1. See a gun, dial 911.
2. Never play with guns.
3. Guns can kill.



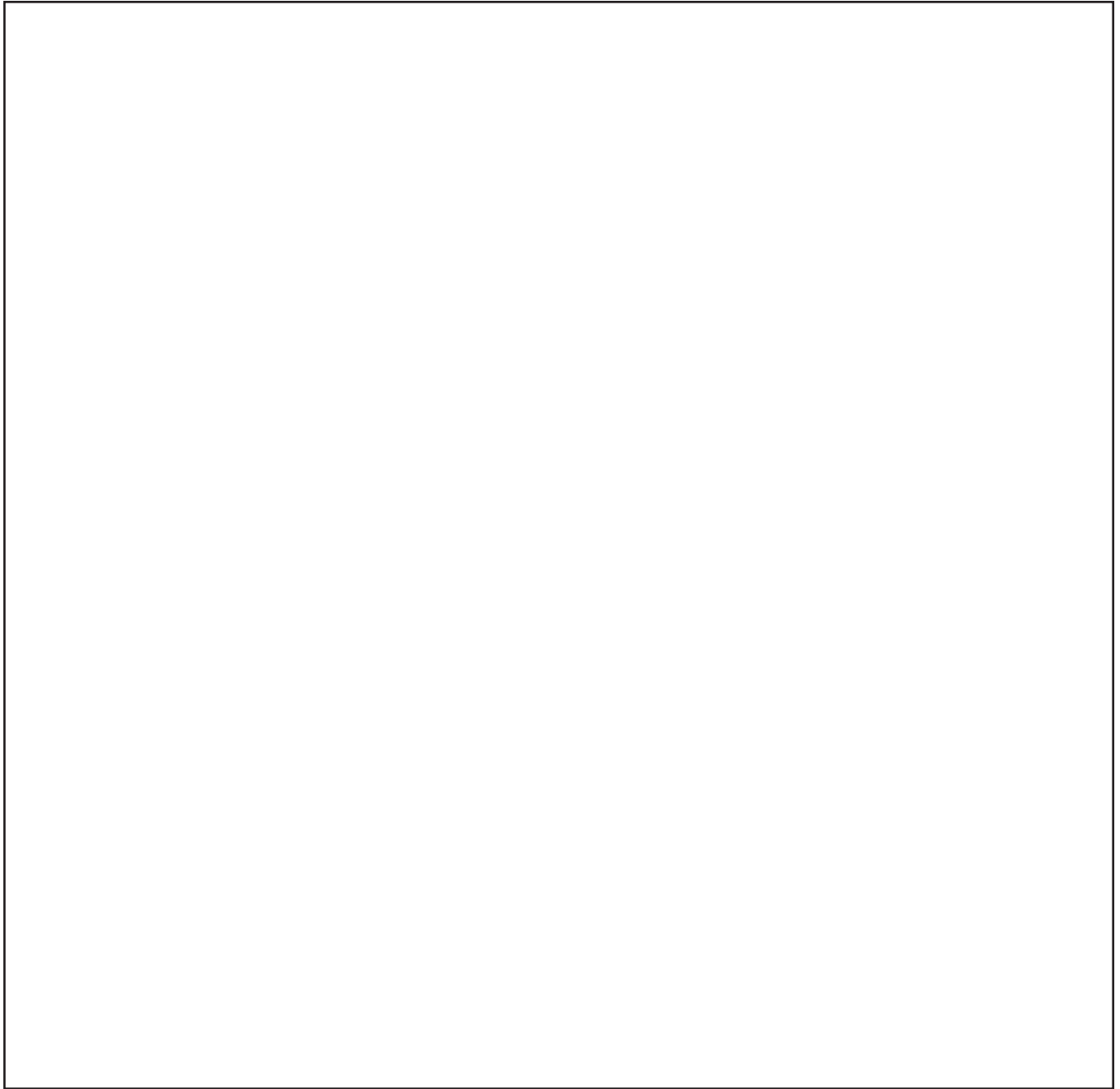
GUN FLASH CARD



MY POSTER!

Use this paper to make a poster about guns. Use the rhymes you learned in class today. Be sure to write a safe gun slogan.

SEE A GUN, DIAL 911 or SEE A GUN AND RUN!



BEWARE! GUNS!

Use the words at the bottom of the page to fill in the blank spaces and complete each statement.

If a child sees a **G** _ _ he should tell

an _ _ **U** _ _ or call 911.

Over a _ _ **N** _ _ _ _ children are

S _ _ _ each day by the

_ **A** _ _ _ _ _ use of guns.

Police _ _ **F** _ _ _ _ _ carry guns for

P _ _ _ **E** _ _ _ _ _ but they are

properly trained how to use **T** _ _ _ _ .

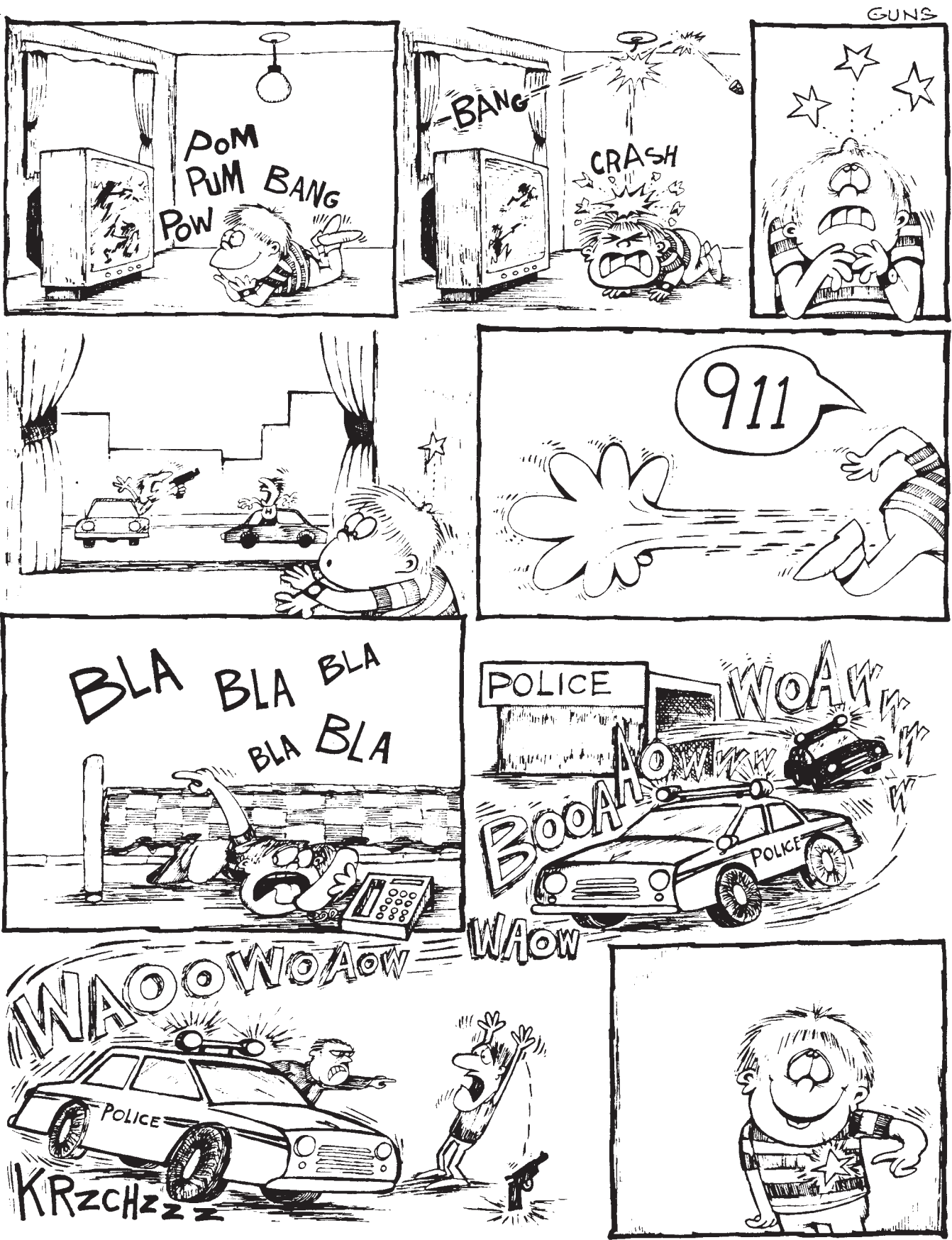
Y _ _ should never, ever touch a gun or rifle.



Use the following words to fill in the blanks.

PROTECTION ADULT THEM GUN CARELESS

HUNDRED SHOT OFFICERS YOU



GUNS

Family Activity

Dear Parents:

Today in class, we learned children should stay away from guns because they are very dangerous. Guns and children don't mix! Our assignment tonight is to watch the news or read the newspaper with an adult once a day for a week and keep a record of all the stories about people who were hurt by guns. Every time we hear or read a story about someone who has been injured or killed by a gun we will write it down.

WE WATCHED THE NEWS ON CHANNEL _____.

WE READ _____ NEWSPAPER

DAY _____ *WHAT HAPPENED?*

MONDAY _____

TUESDAY _____

WEDNESDAY _____

THURSDAY _____

FRIDAY _____

SATURDAY _____

SUNDAY _____

What is the most important lesson we learned this week? _____

Please help your child finish this family activity and return it with your signature.

Parent's Signature

Date