

# ARISE BRAIN FOOD MORE SECRETS OF SUCCESS

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**“Job security is gone. The driving force of a  
career must come from the individual.”**

*—Homa Bahrami*

# **50 TIPS FOR TELLING IF YOU'RE SUCCESSFUL**

# 50 TIPS FOR TELLING IF YOU'RE SUCCESSFUL

## YOU'RE SUCCESSFUL WHEN...

1. Your records are academic, not criminal.
2. The only things you assault are your books.
3. People smile when they see you.
4. You inhale and it's the sweet smell of success giving you a rush, not an open bottle of glue.
5. You're thinking of buying a car, not stealing one.
6. You have more in the bank than in your pockets.
7. Stupid words don't cause you to lose your cool.
8. Your friends are at the head of the class, not in a police lineup.
9. Trips you take are in airplanes, not as a result of doing drugs.
10. The face in the mirror smiles back at you.
11. You like your own company more than a gang's.
12. Your goals outnumber your complaints.
13. The clubs you belong to take trips to Washington, not local jails.
14. People use words like honest, trustworthy, fair, and loyal to describe you.

## YOU'RE SUCCESSFUL WHEN...

15. You not only dress for success, you dress for sex—you use condoms.
16. You can read and write better than swear and fight.
17. School is more important to you than TV, movies and video games.
18. Your friends carry books, not guns.
19. You enter a store and people welcome you with outstretched arms, not hands in the air.
20. The drugs you buy are by prescription only.
21. The artwork you create is framed, not sprayed on walls.
22. Your weapon of choice is a 2 GHz PC, not a 357 MAG.
23. You realize a temper that's out of control is like racing in a car without brakes: sooner or later, you're going to wind up pulverized (or behind bars).
24. You stop doing what you have been doing because it isn't working.
25. You realize a pleasing attitude is attractive, so you smile more and make an effort to be friendly. People are drawn to you.
26. You understand that the only place where “rest” comes before “work” is the dictionary.
27. You realize defeat comes after the battle, not before.
28. You can buy more than your friends can steal.
29. Showing up is more important to you than showing off.



# REACHING YOUR GOALS

Read the 50 tips on what it means to be successful. List 10 tips that matter the most to you.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_



# BE COOL, STAY IN SCHOOL

One way to be sure that you are successful is to stay in school. List five reasons why this is true.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

