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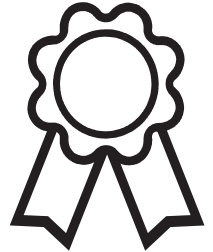
SECTION 1: HANDLING ABUSE

Objective:

Students will learn the different ways one can be abused and how to deal with this abuse.

Materials:

Activity Sheets



Background Information:

Write the word *abuse* on the board or large piece of paper where all can see. Have students brainstorm about what this word means. Write their meanings all around the word abuse on the board. You are developing a concept map. Some answers might be: *cruelty, neglect, verbal abuse, sexual abuse, name calling, violence, hurt, harm, batter, insult, swearing, calling names, taking advantage.*

Discussion:

Give the following scenarios and ask if this is abuse:

- * Two boys throwing rocks at a dog.
- * A mother using her purse to hit her kid on the head.
- * Mom and dad yelling profanity (bad words to each other).
- * A man touching a young girl on her private parts (under her bathing suit).
- * A guy hitting his girlfriend.
- * A mom leaves her one-year-old baby home alone while she goes to the store.

Have students turn to the Types of Abuse Activity Sheet Learner's Workbook page 2, page 6 of this manual. Working as a class, match the type of abuse with the meaning. (Answers are on page 130 of this manual.)

Read All About It:

As a group, read the Tips for Dealing With Abuse Activity Sheet Learner's Workbook page 3, page 7 of this manual.

Inform learners that if they or someone they know is being abused, there is nothing to be embarrassed about. According to the National Committee for the Prevention of Child Abuse, about one million children are abused every year. If the victim doesn't tell anyone, then they can't be helped and the problem only gets worse. Abuse victims should always seek help immediately.

Dramatic Play:

Discuss the importance of telling if someone has been abusing you. As a class, pick learners to complete the role-plays Learner's Workbook page 4, page 8 of this manual. After the role-play has been performed, ask the following questions:

- * Why is it important for the person to tell?
- * Is it the child's fault?
- * Who are people you can talk to? (*Parents, guardians, a trusted adult, a teacher, a police officer, a guidance counselor, or a preacher.*)

Writing Connection:

Give the students the Hands Off Poster Learner's Workbook page 5, page 9 of this manual. Have them color it and on a separate piece of paper, have them write what this poster means to them. Have them use many of the facts they learned throughout this lesson.

Secret Code:

Have learners complete the Secret Code Learner's Workbook page 6, page 10 of this manual. Discuss the importance of the code. (Answers are on page 130 of this manual.)

Family Activity Page:

Turn to the Handling Abuse Family Activity Sheet Learner's Workbook page 7, page 11 of this manual. Instruct children on how to complete it. Explain they can do it at home with an adult and return it to their next class.

Tips for the Day:

1. Never let anyone touch you in a private place.
2. If someone makes you feel uncomfortable, get away from the person.
3. If you are a victim of abuse, tell someone immediately.
4. Remember: It is NOT your fault!

Handling Abuse Quiz:

Administer the Handling Abuse Quiz found on Learner's Workbook page 8, page 12 of this manual. (Answers are on page 130 of this manual.)

TYPES OF ABUSE

Write the type of abuse each situation is:

Verbal Abuse

Physical Abuse

Sexual Abuse

Neglect

1. Kicking a cat for no reason. _____
2. A man is touching a boy on his private parts (the parts covered by your bathing suit). _____
3. A mother punches her son. _____
4. A boyfriend yells bad words at his girlfriend. _____
5. A stranger gets a child in the car and starts hugging him.

6. A mom leaves a three-month-old baby sleeping in the car while she goes to the grocery store. _____
7. A person does not feed his dog for three days. _____
8. A girl is sitting on her dad's lap. The dad touches her on her private parts. _____

TIPS FOR DEALING WITH ABUSE

Read the following tips and discuss as a group.

1. Tell if someone touches you, talks dirty language to you, or exposes themselves.
2. If you see your parents hurting each other in a fight, tell a trusted adult.
3. Talk to someone — don't keep it inside — if you're troubled. Physical, sexual, and emotional abuse are so common — at least one of your friends is probably a victim, whether you know it or not. Most protect their abuser out of fear, shame, and helplessness.
4. Stay in control. Say: *NO! Don't do that!* and leave.
5. Don't be confused or blame yourself. You are the victim.
6. Trust your instincts; if you feel a situation is out of control, get help.

PARENT-CHILD COMMUNICATION

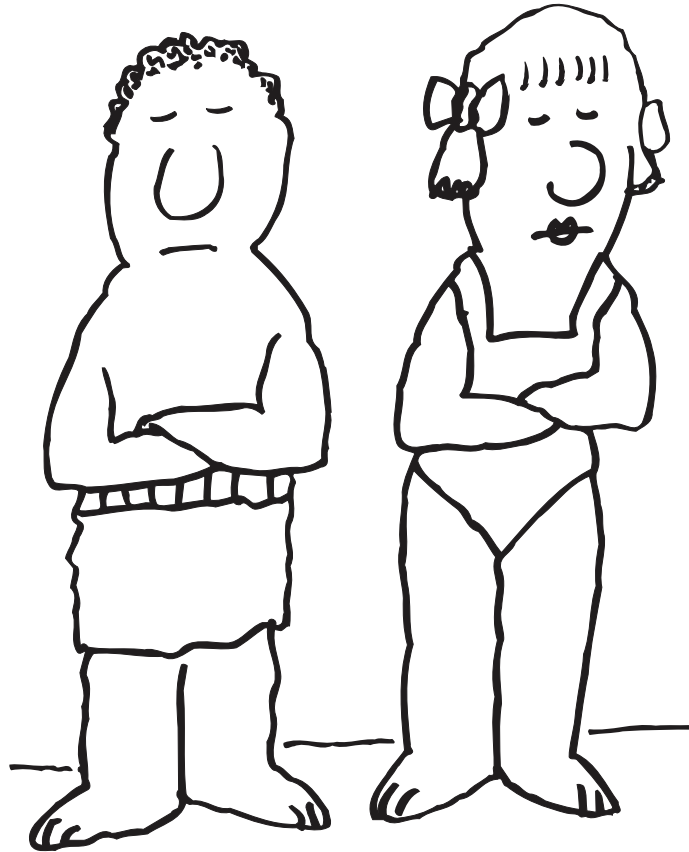
ROLE-PLAY

Act out the following situations:

1. A child telling his mother that her boyfriend has been touching him in uncomfortable ways.
2. A kid saying to his father that his grandfather has been calling him really bad names and cursing at him all the time.
3. A youngster telling his aunt that a neighbor hit him really hard and left a bruise on his leg.
4. A child explaining to his parents that his babysitter left him alone while she went to the movies for three hours.



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SECRET CODE

Use the clues below to crack the secret code. For instance, 🤞 stands for A, 🤞 stands for B. 🤞🤞🌟 represents the word “day.”

CLUES

A	B	C	D	E	F	G	H	I	J	K	L
M	N	O	P	Q	R	S	T	U	V	W	
X	Y	Z									

SOLVE THE SECRET CODE USING THESE CLUES

_____ ! _____ , _____

_____ .

HANDLING ABUSE

Family Activity

Dear Parents:

Today in class, we learned that there are many victims of abuse. There are also different types of abuse: verbal, physical and sexual. We know that if someone touches us in a private place, we **MUST** tell someone immediately. We have to know that it's not our fault and this person has to be stopped and punished. Please read the following information on child abuse out loud with your child:

1. Tell if someone touches you, talks dirty language to you, or exposes themselves.
2. If you see your parents hurting each other in a fight, tell a trusted adult.
3. Talk to someone — don't keep it inside — if you're troubled. Physical, sexual, and emotional abuse are so common — at least one of your friends is probably a victim, whether you know it or not. Most protect their abuser out of fear, shame, and helplessness.
4. Stay in control. Say: *NO! Don't do that!* and leave.
5. Don't be confused or blame yourself. You are the victim.
6. Trust your instincts; if you feel a situation is out of control, get help.

Talk with your children about what they should do if they are ever the victim of abuse. Explain that they can come to you and tell you if they are ever made to feel uncomfortable by someone else.

Parent's Signature

Date

HANDLING ABUSE QUIZ

Name: _____

Date: _____

1. Which of the following is a situation of abuse?
 - a. A parent telling a child to clean his room.
 - b. A mother leaving a baby home alone.
 - c. A dad telling his daughter to do her homework.
 - d. None of the above

2. Abuse victims should:
 - a. get help right away
 - b. take the abuse
 - c. pretend it's not happening
 - d. All of the above

3. Abuse can be:
 - a. Verbal
 - b. Physical
 - c. Sexual
 - d. All of the above

4. If a mother leaves her 4-year-old home alone while she goes to the store, what type of abuse is it?
 - a. Sexual
 - b. Neglect
 - c. Verbal
 - d. None of the above

5. Child molesters can be:
 - a. Women
 - b. Men
 - c. Rich
 - d. All of the above