



Step1: On printed page, make sure the length of the line below is 1 inch.



Step2: Read from top to bottom, 14 inches away without glasses.

My power	The last row I can read is my power!
+3.00	I can clearly read this line.
+2.75	I can clearly read this line.
+2.50	I can clearly read this line.
+2.25	I can clearly read this line.
+2.00	I can clearly read this line.
+1.75	I can clearly read this line.
+1.50	I can clearly read this line.
+1.25	I can clearly read this line.
+1.00	I can clearly read this line.