

# ACCUSPLIT® EAGLE™

## AE120XL Pedometer INSTRUCTIONS

Congratulations on taking the first step to wellness with your purchase of an ACCUSPLIT pedometer. Just put the pedometer on as shown below, and start walking!

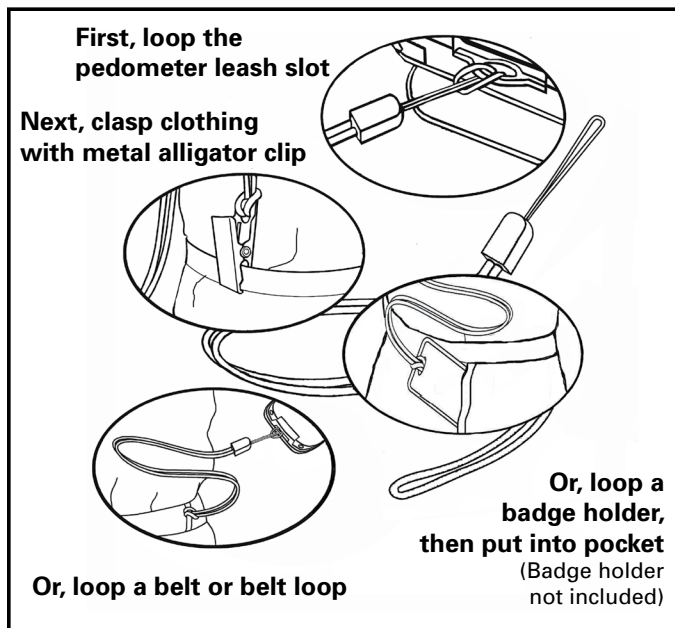
### WEARING YOUR PEDOMETER

While gently holding the belt clip open, slide the pedometer onto your belt or the top edge of your pants or skirt. It should fit snugly and level, above one knee.

*Note:* The pedometer should be as vertical as possible. Walkers with larger stomachs may find it helpful to wear the pedometer farther back on the body, toward one hip.

**The cover must be closed for the pedometer to work.** To avoid losing or dropping your pedometer, use the included leash and clip to fasten the pedometer securely to your clothing.

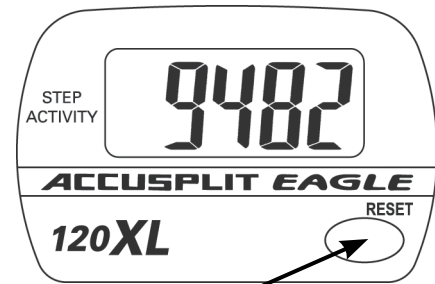
**Attaching the Leash:** Attach the pedometer to the leash by looping the leash through the pedometer leash slot. Then, clasp the waistband of your clothing with the metal alligator clip attached to the other end of the leash. You can also use a safety pin to fasten the leash to your clothing, loop the leash through your belt or belt loop, or use a badge holder.



*Eat Right! Walk More! Live Well!*  
*The ACCUSPLIT Lifestyle*

### DISPLAY MODES

- step: STEP mode shows your step count since last reset, up to 100,000 steps.



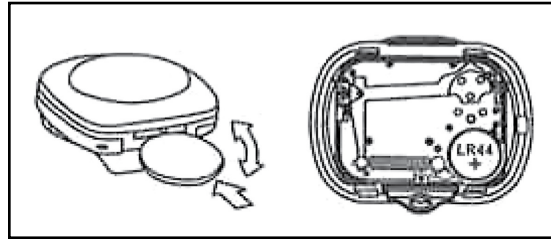
Yellow: RESET

### VIEWING YOUR RESULTS

Once you put on your pedometer with the cover closed, it will automatically begin to record your steps.

### RESETTING YOUR PEDOMETER

Most people prefer to reset step counts daily. To reset: Press the yellow RESET button.



### REPLACING THE BATTERY

When the display starts to dim or goes blank, it is time to replace the battery. Your pedometer uses one Type LR44 1.5 volt silver oxide battery. To replace:

1. Insert a coin into the slot on the bottom of the case, and twist counterclockwise to loosen the case front. Lift case front away.
2. Using a pen or other thin object, push battery upwards out of its holder. Replace it with a new battery. The battery's positive (+) terminal should be FACE UP while you put it into the pedometer.
3. Align case front over the pedometer and press gently to snap cover back into place, starting with top.
4. Perform a power reset by pressing and holding RESET button, display will go blank, release button, all 8s will appear momentarily, then show 0.

### NO-PROOF-OF-PURCHASE LIMITED WARRANTY

See label inside unit cover for details, or check

<http://support.ACCUSPLIT.com>