

Stock up for busy back-to-school days!

| | | Half: 2-3 servings | Full: 4-6 servings |
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| Margarita Chicken with Cilantro Rice Pilaf | Back by popular demand! The summery flavors of a margarita provide a burst of lime and citrus to these ultra light grilled (or baked) antibiotic/hormone free chicken breasts. No sugary margarita mix here- just fresh squeezed lime juice, lime zest, orange zest, some honey, a hint of tequila, jalapeno and cilantro in the marinade. Side of (fully cooked!) cilantro lime rice pilaf (basmati or plain brown rice). Perfect served with some guacamole and refried or black beans. 6 breasts/full, 3/half. | \$23.99 | \$37.99 |
| Praline Crusted Chicken with Roasted Potato Medley | After the popularity of the praline crusted pork recipe, we're incorporating the goodness with our hand-trimmed no-hormone/no-antibiotic fresh chicken breasts. The chicken is coated in a sweet mustard marinade and then is crusted with crushed nuts, a hint of brown sugar and some panko breadcrumbs. It comes in a pan. Our roasted potato medley (or substitute green beans, request in comments) & our country mustard dipping sauce come on the side. Leftovers are great on a salad. 6 breasts/full, 3/half order. | \$23.99 | \$37.99 |
| Chicken Fajita Bake | Chicken fajitas without any slicing, dicing or dirty pans to wash. We fill a disposable aluminum pan with hand-trimmed strips of antibiotic & hormone-free chicken breast, fresh peppers, fresh onions and tomatoes in our own mild fajita spice blend. Build your own fajitas with the tortillas and shredded cheese provided. Mild spice level. Add your own guacamole or sour cream and a margarita! Ole! | \$23.99 | \$37.99 |
| Chicken Tortilla Stew with Tortilla Strips, Cheddar & Avocado | New recipe! Make on the stove, in the slow-cooker (4-6 size only) or in your Instant-Pot! Chicken breast meat (antibiotic/hormone free), black beans, corn, and mexican flavors combine to create a soup/stew that is sure to satisfy. Top with shredded cheese, tortilla strips and avocado (included!) | \$23.99 | \$37.99 |
| Chicken Marsala with Angel Hair Pasta | Make our lighter version of the classic with ease. Thin medallions of antibiotic/hormone free chicken breast saute quickly on the stovetop. Sliced mushrooms & our homemade Marsala sauce (a light brown sauce with wine, chicken stock & herbs) simmer for an impressive presentation over angel hair (select multigrain options on sides menu for wheat pasta). Add a salad & bread to soak up the sauce and dinner's done! Not a mushroom fan? It's great without them, request in comments. Can be gluten-free. | \$23.99 | \$37.99 |
| Everything Bagel Stuffed Chicken | Back on the menu after ten years and with a new twist! The awesome flavor of an "everything" bagel and cream cheese without the carbs! We crust our hand-trimmed no-hormone/no-antibiotic fresh chicken breasts with our house-made "everything" spice blend and stuff the chicken with a layer of cream cheese. Oh so flavorful, creamy and delicious. Leftovers are great on a salad (or alone!). Gluten-free. Packaged in a pan unless you prefer individual packets. 6 breasts/full, 3/half order. | \$23.99 | \$37.99 |
| Buffalo Chicken Sandwiches with Le Bus Rolls: Fully Cooked! | New-- now fully cooked and ready to eat in <5 minutes for fall 2019! Ideal when you need lunch, dinner or a hearty snack easily and quickly. Included with each order: shredded antibiotic/hormone-free buffalo chicken that has been simmered in our buffalo sauce mix and shredded, full-size Le Bus rolls (4 or 8) and our creamy house-made bleu cheese spread. Warm the flavorful chicken and place on a Le Bus roll (toast lightly for a nice touch). Smear on the creamy bleu cheese spread and enjoy. Moderate-hot spice level. | \$23.99 | \$37.99 |
| Chicken Parmesan Bake with Ciabatta Garlic Bread | A one dish dinner that's simple and delicious. Now with our all white meat antibiotic-free/hormone-free chicken breasts that are rolled in our seasoned breadcrumbs, baked up in the oven (and can even be cooked from frozen). We provide our signature marinara and mozzarella cheese to melt on top. A ciabatta loaf (multigrain available) with garlic butter comes on the side. Can be made gluten-free. 3 breasts or 6. (pan, oven). | \$23.99 | \$37.99 |
| Chicken Cheesesteak Wraps with Sauteed Onions | Great "on the go" meal! A unique take on the chicken cheesesteak. Cooked antibiotic/hormone free white meat chicken is wrapped up with american cheese, sauteed onions (can be omitted) and marinara (on the side) if you want to make a pizza steak. Individually wrapped for convenience and baked in the oven in fewer than 14 minutes. Whole wheat tortillas available. 3 per half order, 6 per full order. | \$22.99 | \$36.99 |

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| Pretzel-Crusted Chicken Tenders with Fries | All white meat chicken tenders (antibiotic/hormone free) are coated with a honey Dijon glaze and then dipped in crushed pretzels, sure to be a crowd favorite. Serve as an entree or cut up and serve as an appetizer. They cook from frozen in under 25 minutes. Side of fries (subst veggie by requesting in comments. Available GF on request. (bag or pan, oven) | \$23.99 | \$37.99 |
| Southern Pulled BBQ Chicken Sandwiches with Cheddar and Le Bus Rolls | Fully cooked for you this month since our clients are busier than ever! Dinner can be ready in 6 minutes! Our made-in-house southern-style BBQ sauce cooks along-side our antibiotic/hormone-free chicken breasts for hours to soak in the flavor. We then pull/shred it. All you do at home is warm it in the microwave or on the stove. Cheddar cheese slices are included because cheese makes everything better! 3 Le Bus hamburger rolls (2-3, half size) or 6 (4-6, full size) included. | \$23.99 | \$37.99 |
| Mini Cheeseburger Sliders with Le Bus Rolls & Fries | These mini Angus beef burgers and yummy Le Bus rolls are always a big hit, they even come with fries (or veggies, request in comments). Cook on the grill or on the stovetop, these adorable 2oz burgers are perfect for indoor or outdoor entertaining (they look great on a platter) or for a kid-size entrée. Burgers, cheese, rolls and fries included. Half size: 6 mini burgers, Full size: 12 mini burgers. (GF minus rolls) (bag, grill, stove, oven) | \$21.99 | \$35.99 |
| Thai Peanut Flank Steak with Organic Non-GMO Edamame | This recipe is a customer favorite. A hint of peanut, garlic and ginger adds a rich flavor to this lean cut of beef. Serve it thinly sliced and serve with edamame that comes on the side. Can be made peanut free and is still delicious. (GF). (bag, grill or oven) | \$24.99 | \$38.99 |
| Margarita Flank Steak with Cilantro Lime Rice Pilaf | Perfect for outdoor entertaining or a quick meal from the grill. A Mexican version of our always popular flank steak. A dash of tequila, lime juice, orange zest make this carne asada one the whole family will enjoy. Throw it on the grill (or bake/broil) and break out the margaritas! Great alone warm, room temp or cold on a salad. Gluten free. Rice pilaf contains coconut milk. | \$24.99 | \$38.99 |
| Mexican Tortilla Lasagna | One of our all-time best sellers. A fun and different way to present Mexican ingredients- ground beef seasoned with a blend of tomatoes and authentic spices, a creamy blend of cheeses and tortillas are layered for a delicious combo. Oven to table easy, can even cook from frozen. Wheat tortillas by requesting multigrain options on next menu. Mild spice level. For GF request corn tortillas. (pan, oven) | \$21.99 | \$35.99 |
| Mini Honey Mustard Turkey Meatloaves with Sweet Potato Puffs | Hand-formed mini turkey meatloaves make a great and easy dinner. Each is topped with a sweet honey mustard and ketchup glaze. Bake as many or as few as you need at once. 3 mini meatloaves per half order and 6 per full order. A side of sweet potato puffs is included. Prefer a veggie? just request in comments. | \$22.99 | \$36.99 |
| Hearty Turkey Chili with Corn Muffins | Our popular hearty chili made with lean ground turkey rather than ground beef (although if you prefer beef, just add in the comment section). Kidney beans, peppers and onions has the perfect combination of flavors to make this just the dish to warm up a chilly evening or weekend afternoon. Our signature "Ba-Bam!" spice makes this a dish the entire family will enjoy (mild spice level). Side of fully cooked delicious corn muffins. Gluten-free if subst. for cornbread. (bag, stove) | \$22.99 | \$36.99 |
| Pizza Quesadillas: Pepperoni | We like to combine 2 things everyone loves -- this month it's pizza and quesadillas! These quesadillas (indiv wrapped) are packed with our homemade marinara sauce, ooey goey mozzarella cheese and pepperoni for a simple yet delicious new incarnation of pizza. An awesome lunch, snack, app or dinner-- our team loved them in our taste tests! 6 quesadillas/full or 3/half. Regular or wheat tortillas. | \$21.99 | \$34.99 |
| Caribbean Pork Tenderloin with Tropical Salsa and Sweet Potato Fries | An island inspired dish to enjoy as we contemplate summer's warmth and sunshine! Take in the taste of the Caribbean with this juicy pork tenderloin with an jerk inspired herb rub. A tropical pineapple & mango salsa adds some sweetness to this dish that will have everyone thinking about summer. Break out the grill or roast in the oven. Sweet potato fries come on the side. Gluten-free. | \$22.99 | \$36.99 |
| Praline Pork Tenderloin with Roasted Potato Medley | The crunch of the praline crust and the tenderness of our hand-trimmed pork tenderloin create a treat for the senses. The country mustard dipping sauce (served on the side) adds some zest and our goes great with our roasted potato medley. Add a veggie or salad and dinner's done in 30 minutes or less. (bag, oven) | \$22.99 | \$36.99 |

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| Chile-Lime Flounder Over Brown Rice | Light and easy. Tender, light and mild flounder is served in individual packets over a bed of wholegrain brown rice with a pat of our flavorful lime and jalapeno (mild) compound butter to infuse flavor during the baking process. Cook as many packets as you would like at once, and clean up is ultra minimal! Gluten-free. | \$23.99 | \$37.99 |
| Zesty Orange Glazed Salmon Packets | Among our most popular seafood entrees. A delicious herb and orange zest rub tops each of these heart-healthy wild salmon filets. Each filet rests on a bed of brown rice. Just bake in the oven, add a salad and your healthy and refreshing dinner's done. Individually wrapped for convenience. 3 filets for half orders & 6 filets for full orders. Gluten-free.(bag, oven) | \$24.99 | \$38.99 |
| Vegetarian Mexican Tortilla Lasagna (v) | One of our most requested vegetarian dishes since we opened! The veggie version uses kidney or black beans and corn rather than meat. A one dish meal that even meat-lovers will enjoy. Can even cook from frozen. (GF, made with corn tortillas). (pan, oven) | \$20.99 | \$34.99 |
| Pizza Quesadillas: Veggie Lovers | New Recipe with more veggies! These quesadillas (individually wrapped) are packed with our homemade marinara sauce, ooey gooey mozzarella cheese, sautéed peppers, sauteed onions, mushrooms and black olives for a delicious new incarnation of pizza packed with veggies. An awesome lunch, snack, app or dinner, our team loved them in our taste tests! Want us to hold the onions? Just request in the comments. 6 quesadillas/full or 3/half. Cook in the oven, stove or grill. | \$20.99 | \$33.99 |

Loaded Baked Beans \$12.99

Mac & Cheese (1qt) \$10.99 (multigrain pasta \$+1)

Quiche: Ham & Cheddar, Spinach, Mushroom, Cheddar, or Sausage, Mushroom, Cheddar. Gluten-free crust available (\$+3) \$18

Frittata: (crustless quiche) Ham, Broccoli, & Cheddar or Caramelized Onion, Broccoli, & Cheddar \$18

Diamond Ciabatta Loaves with Garlic Butter (2) \$5.99

Dips: Spinach & Artichoke (22oz) \$15.99; Buffalo Chicken (22oz) \$16.99

Apple & Pear Crisp 9" Serves 4-6 \$16

Ready-to-bake Cookies (12): Chocolate Chip, Chocolate Chip with M&M®, S'mores, or Oatmeal Raisin \$10.99

Ready-to-bake Scones: Cranberry-Orange, Blueberry, Chocolate Chunk, or Cinnamon (make up to 32 mini or 16 med.) \$11.99

Roasted Rosemary Potatoes (24 oz) or Roasted Potato Medley (24 oz) \$9.99

Chef Cut Mixed Veggie Medley \$6.99

Corn Muffins (6) \$5.99

Order on www.HomeCooked.net to pick up meals at our Paoli shop or get meals delivered to your home.

Nutrition, allergy info and cooking directions are available on www.HomeCooked.net

Delivery: (1x/month): Lower Main Line Bala Cynwyd to Bryn Mawr, Villanova, Wayne, Devon, Newtown Square, Broomall, Malvern, Paoli, Chester Springs, Downingtown*, Exton, Spring City, Oaks, Audubon, Phoenixville, Collegeville*, Royersford*, Lancaster, West Chester (East of Pottstown Pike, Hershey's Mill and within 5 mins for Rustin High School). Check our delivery calendar by going to www.HomeCooked.net, click order now, select your location and "Delivery & Non-Paoli Pick Ups" and the calendar will be visible. Delivery fee \$8.99 unless * \$11.99. \$125 order minimum for delivery.

Grab & Go Meals at our Paoli Shop: No advance order required!

Stop in and check our grab & go meals (refrigerated and frozen), cookie dough, scone dough, desserts, soups and sides.

Hours: Open Tues-Thur 10-6pm, Monday & Friday 10-5:30, Sat 10-2. Closed Sundays. In July through Labor Day we are closed on Mondays.

Upcoming Delivery Dates:

Lower Main Line Bala Cynwyd to Bryn Mawr/Haverford: 9/11, 9/25

Malvern, Paoli, Downingtown, Chester Springs: 9/5

Phoenixville 9/5, 9/26

Wayne, Devon, Berwyn, Villanova, King of Prussia: 9/13

Collegeville, Oaks, Royersford, Audubon, SEI: 9/19

Drexel Hill, Havertown, Media, Swarthmore, Springfield: 9/20

Newtown/Yardley, Bucks County: 9/14

West Chester, Exton, Newtown Square, Broomall: 9/19

Lancaster: 9/26

Delivery fees: \$8.99 delivery fee most towns.

\$11.99 (Downingtown, Chester Springs, Collegeville, Royersford, Lower Main Line, Bucks

County). \$129 order minimum for delivery.

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