1 Paoli Plaza Paoli, PA Across N Valley Rd from Paoli Station	HomeCooked May 2010 Menu	7.1002 Cooked	.net
	Simplify meal-time. Whether it's light and healthy or slightly more "comfort-y" food you're seeking, we've got you covered. Call ahead or order online and we'll have your order ready for you. All items come with simple cooking directions.	Half: 2-3 servings	Full: 4-6 servings
Cashew Chicken with Basmati Rice	A quick & easy stovetop dish that can satisfy a takeout craving at home. Our hand- trimmed all white meat chicken gets a quick saute and then is mixed with a light garlic and ginger sherry sauce. Cashews and scallions provide a delicious crunch. A side of fully cooked basmati rice (or brown, request multigrain options on a la carte menu) comes on the side. Following a low carb diet, just omit the rice.	\$23.99	\$37.99
Lemon & Herb Chicken Paillard with Broccoli	Delicious, light and easy. Thinly pounded chicken breasts are marinated with fresh lemon zest, lemon juice and fresh herbs and then sauteed, baked or grilled. Served with a side of broccoli. Add some roasted potatoes from the a la carte menu and dinner's done!	\$23.99	\$37.99
Chicken Almondine with French Green Beans	Light and delicious. Our hand-trimmed chicken breast cutlets are sautéed until brown, then topped with a buttery sauce and slivered almonds. A side of French green beans comes along to accompany this delicious meal. Quick and easy. Gluten-free. (Bag, stovetop)	\$23.99	\$37.99
Bleu Cheese Stuffed Chicken with Buffalo Drizzle & Brown Rice	An upscale take on the flavors of bleu cheese and chicken wings. Our hand-trimmed antibiotic/hormone-ree chicken breasts are stuffed with a creamy bleu cheese filling and rolled in toasted panko breadcrumbs (GF crumbs are available). Just bake to golden perfection (25-30 mins). Drizzle with our creamy buffalo style sauce (GF) provided and enjoy. Individual packets unless you request a pan in the comments section at the end of your order. Side of cooked brown rice, just warm it as the chicken is baking and enjoy with a green veggie.	\$23.99	\$37.99
Chicken Parmesan Bake with Ciabatta Garlic Bread	A one dish dinner that's simple and delicious. All white meat chicken breasts are rolled in our seasoned breadcrumbs, baked up in the oven (and can even be cooked from frozen). We provide our signature marinara and mozzarella cheese to melt on top. A ciabatta loaf (multi-grain available) with garlic butter comes on the side. Can be made (GF) by request. (pan, oven)	\$23.99	\$37.99
Eastern Shore Chicken Breasts over Brown Rice	Our hand-trimmed chicken breasts are topped with our homemade creamy blend of Old Bay(TM) seasoning, parmesan cheese, a medley of herbs and a touch of butter. All served atop a bed of brown rice. Mild spice level. So convenient, cook as many or as few servings as you would like. One of our most requested meals. Gluten-free for everyone. Packed in individual foil packets, if you prefer a pan let us know in the comments section at the end of your order.	\$23.99	\$37.99
Greek Chicken Pita Wraps with Tzatziki (Yogurt) Sauce	All white meat chicken medallions are seasoned with our Greek spice blend, sauteed & wrapped up in a delicious Mediterranean flatbread pita and topped with our homemade Tzatziki sauce (greek yogurt based sauce with a hint of cucumber and lemon flavor). Just like chicken souvlaki from Athens. Pitas are included (can substitute multigrain on a la carte menu) OR omit them and get a veggie instead for GF or lower carbs. (bag, stove)	\$23.99	\$37.99
Pretzel-Crusted Chicken Tenders with Fries	All white meat chicken tenders are coated with a Honey Dijon glaze and then dipped in crushed pretzels, sure to be a crowd favorite. Serve as an entree or cut up and serve as an appetizer. They cook from frozen in under 25 minutes. Side of fries (subst veggie by requesting in comments. Available (GF) on request. (bag, oven)	\$23.99	\$37.99
Southern Pulled BBQ Chicken Sandwiches with Cheddar and Le Bus Rolls	Fully cooked for you this month since our clients are busier than ever! Dinner can be ready in 6 minutes! Our made-in-house southern-style BBQ sauce cooks along-side our antibiotic/hormone-free chicken breasts for hours to soak in the flavor. We then pull/shred it. All you do at home is warm it in the microwave or on the stove. Cheddar cheese slices are included because cheese makes everything better! 3 Le Bus hamburger rolls (2-3, half size) or 6 (4-6, full size) included.	\$21.99	\$35.99
Chicken Tortilla Stew	New recipe! Make on the stove, in the slow-cooker or in your Instant-Pot! Chicken breast, black beans, corn, and mexican flavors combine to create a soup/stew that is sure to satisfy. Top with shredded cheese and tortilla strips (included!)	\$23.99	\$37.99

BBQ Chicken Cheddar Quesadillas	Perfect for a quick and easy weeknight meal, lunch or appetizer. We stuff six large tortillas (flour, wheat or gluten-free) with our cooked antibiotic and hormone-free chicken breast, bacon (if requested in comments), a smoky BBQ sauce and creamy cheddar cheese. Restaurant quality taste. Individually wrapped. Cook in your oven or on your stove.	\$22.99	\$36.99
Buffalo Chicken Wraps	One of our top-selling easy on-the-go meals and snacks. We wrap a mix of lightly breaded cooked antibiotic/hormone-free chicken with buffalo sauce and ranch dressing (medium spice level), and throw in some shredded cheddar for good measure. Select from flour or wheat tortillas. Everything toasts and melts up in the oven or toaster oven (in only about 12 mins) or you can even use the microwave if you're in a rush. Fast, easy and delicious. Individually wrapped for ease. 3 wraps per half order, 6 per full order.	\$22.99	\$36.99
Mini Turkey & Veggie Meatloaves with Sweet Potato Fries	Our super popular mini turkey meatloaves getting a dose of veggies this month. We increase the nutrition without a sacrifice on taste with the incorporation of finely diced carrots, broccoli and onions into the mix. Whether or not you reveal that to your family is up to you. Topped with a ketchup mix, they cook up in your oven in only 30-35 minutes. Side of sweet potato fries (or regular, request in comments) come on the side. Cook as many loaves as you need at once. Add a veggie and dinner's done! This is a dairy-free meatloaf recipe and it can be made gluten-free. 3/half order, 6/full. (pan, oven)	\$22.99	\$36.99
Caribbean Pork Tenderloin with Tropical Salsa and Sweet Potato Fries	An island inspired dish to enjoy as we contemplate summer's warmth and sunshine! Take in the taste of the Caribbean with this juicy pork tenderloin with an jerk inspired herb rub. A tropical pineapple & mango salsa adds some sweetness to this dish that will have everyone thinking about summer. Break out the grill or roast in the oven. Sweet potato fries come on the side. Gluten-free.	\$22.99	\$35.99
Eastern Shore Flounder Packets with Brown Rice	Our flounder filets are topped with our homemade creamy blend of Old Bay(TM) seasoning, parmesan cheese, a medley of herbs and a touch of butter. All served atop a bed of brown rice. Mild spice level. So convenient, cook as many or as few servings as you would like.One of our most requested meals. (GF). (Individual packets, bag, oven)	\$23.99	\$37.99
Lime Zested Salmon	Our delicious salmon filets this month are nestled on top of super healthy yet delicious red quinoa pilaf (GF and GMO free) and topped with some fresh lime zest and an ultra thin layer of butter (can be omitted). The pilaf contains fire roasted veggies seasoned with chipotle and lime. Individual foil packets. 3 filets per half order, 6 per full order. (oven).	\$24.99	\$38.99
Paella	HomeCooked's version of the traditional Spanish dish includes Spanish sausage (chorizo), chicken, shrimp, peas and bell peppers mixed with seasoned yellow (brown) rice. The rice is even cooked for you this is a one dish dinner ready in fewer than 20 minutes. Want us to hold the sausage? No problem. (bag, stovetop)	\$24.99	\$38.99
Mini Cheeseburger Sliders with Le Bus Rolls & Fries	These mini Angus beef burgers and yummy Le Bus rolls are always a big hit, they even come with fries (or veggies, request in comments). Cook on the grill or on the stovetop, these adorable 2oz burgers are perfect for indoor or outdoor entertaining (they look great on a platter) or for a kid-size entrée. Burgers, cheese, rolls and fries included. Half size: 6 mini burgers, Full size: 12 mini burgers. (GF minus rolls) (bag, grill, stove, oven)	\$21.99	\$35.99
Mexican Tortilla Lasagna	One of our all-time best sellers. A fun and different way to present Mexican ingredients ground beef seasoned with a blend of tomatoes and authentic spices, a creamy blend of cheeses and tortillas are layered for a delicious combo. Oven to table easy, can even cook from frozen. Wheat tortillas by requesting multigrain options on next menu. Mild spice level. (GF by request) (pan, oven)	\$21.99	\$35.99
Thai Peanut Flank Steak with Edamame	This recipe is a customer favorite. A hint of peanut, garlic and ginger adds a rich flavor to this lean cut of beef. Serve it thinly sliced and serve with edamame that comes on the side. Can be made peanut free and is still delicious.	\$24.99	\$39.99
Flank Steak with Coffee Rub & Ciabata Bread	Our always popular flank steak gets treated to a coffee rub inspired by the tv chefs combining coffee with steak to create a tender yet smoky and delicious effect. Great on the grill and also can be baked in the oven. Comes with a side of ciabatta bread.	\$24.99	\$39.99

	The classic dish combines the classic tube-shaped pasta with mini italian meatballs, our homemade marinara, part-skim mozzarella, parmesan and part-skim ricotta cheese. Great for feeding a crowd, dropping off dinner for a neighbor or an easy dinner at home. Just bake and serve in the disposable pan, clean up is a cinch. Ciabatta bread (or multigrain rolls) included.	\$22.99	\$36.99			
Baked Ziti (meatless) & Ciabatta Bread	The classic dish combines the classic tubular pasta with our homemade marinara, part-skim mozzarella, parmesan and part-skim ricotta cheese. Great for feeding a crowd (please your vegetarian friends without sacrificing any flavor), dropping off dinner for a neighbor or an easy dinner at home. Just bake and serve in the disposable pan, clean up is a cinch! Ciabatta bread included.	\$20.99	\$33.99			
Primavera Lasagna Roll Ups with Asparagus, Carrots, and Spinach	Enjoy the flavor of lasagna with a vegetarian springtime twist! Fresh asparagus, carrots and chopped spinach combine with part-skim ricotta, part-skim mozzarella and egg, and are rolled up in a lasagna noodle and topped with our signature marinara. They cook faster and are easier to serve than a traditional style layered lasagna. Delicious, colorful and super easy, just bake in the oven from frozen or thawed. Ciabatta bread comes on the side. 8 rolls/full order, 4/half order. (pan, oven)	\$21.99	\$34.99			
Vegetarian Mexican Tortilla Lasagna (v)	Since we opened, one of our most requested vegetarian dishes! The veggie version uses kidney or black beans and corn rather than meat. A one dish meal that even meat-lovers will enjoy. Can even cook from frozen. GF by request. (pan, oven)	\$20.99	\$33.99			
Banana Stuffed French Toast	Great for a yummy weekend or holiday brunch. We slice and lightly saute succulent bananas with maple syrup, butter and brown sugar (similar to bananas foster!) and then layer them between two pieces of thick french toast. Just bake and then flip the pan onto your serving platter so the maple syrup, butter and brown sugar mix is visible for a nice presentation. The whole family can enjoy this hearty and delicious breakfast. Half size serves 4-5. Full size serves 8-10. Half serves 4-5. (pan, oven)	\$19.99	\$29.99			
Puff Pastry Braid: Bacon, Egg, and Cheese	Perfect for an Easter or Mother's Day brunch or a morning when you want something special. Scrambled egg, bacon, and cheddar cheese are wrapped in flaky puff pastry held together with a "braid." Just bake in the oven 20-25 minutes and enjoy with some fruit and a cup of coffee. Full serves 4-6 (2 braids), half size serves 2-3 (1 braid). (pan, oven)	\$21.99	\$34.99			
Puff Pastry Braid: Caramelized Onion, Egg, Peppers, and Cheese	Perfect for an Easter or Mother's Day Brunch or a morning when you want something special. Scrambled egg, caramelized onion, sautéed peppers and cheese are wrapped in flaky puff pastry held together with a "braid." Just bake in the oven 20-25 minutes and enjoy with some fruit and a cup of coffee. Full serves 4-6 (2 braids), half size serves 2-3 (1 braid). (pan, oven)	\$20.99	\$33.99			
	Mac & Cheese (1qt) \$10.99 (multigrain pasta \$+1)					
	Quiche: Ham & Cheddar Ready-to-bake. Gluten-free crust available (\$+3) \$18					
C	uiche: Sausage, Mushroom, & Cheddar Ready-to-bake. Gluten-free crust available (\$+3) \$18					
Quich	e: Caramelized Onion, Mushroom, & Cheddar Ready-to-bake. Gluten-free crust available (\$+3) \$18					
	Diamond Ciabatta Loaves with Garlic Butter (2) \$5.99					
	Dips: Spinach & Artichoke (22oz) \$15.99; Buffalo Chicken (22oz) \$16.99					
	Apple & Pear Crisp 9" Serves 4-6 \$16					
Ready	-to-bake Cookies (12): Chocolate Chip, Chocolate Chip with M&M® or Oatmeal Raisin Cookies \$10.99)				
Ready-to-bake S	cones: Cranberry-Orange, Blueberry, Chocolate Chunk, or Cinnamon (make up to 32 mini or 16 med	I.) \$11.9	99			
	Roasted Rosemary Potatoes (24 oz) \$9.99					
	Chef Cut Mixed Veggie Medley \$6.99					
Corn Muffins (6) \$5.99						
Order on www.HomeCooked.net to pick up meals at our Paoli shop or get meals delivered to your home.						
Nutrition, allergy info and cooking directions are available on www.HomeCooked.net						

Grab & Go Meals at our Paoli Shop: No advance order required!

Stop in and check our grab & go meals (refrigerated and frozen), cookie dough, scone dough, desserts, soups and sides.

Hours: Open Tues-Thur 10-6pm, Monday & Friday 10-5:30, Sat 10-2. Closed Sunday.

Upcoming Delivery Dates: Lower Main Line Bala Cynwyd to Bryn Mawr/Haverford: 5/8, 5/22 Malvern, Paoli, Downingtown, Chester Springs: 5/9 Phoenixville 5/9, 5/30 Wayne, Devon, Berwyn, Villanova, King of Prussia 5/17 Collegeville, Oaks, Royersford, Audubon, SEI: 5/16 Drexel Hill, Havertown, Media, Swarthmore, Springfield: 5/31 Newtown/Yardley, Bucks County: 5/4 West Chester, Exton, Newtown Square, Broomall: 5/16 Lancaster: 5/16, 5/30 Delivery fees: \$8.99 delivery fee most towns. \$11.99 (Downingtown, Chester Springs, Collegeville, Royersford, Lower Main Line, Bucks County). \$125 order minimum for delivery.

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