

Simplify meal-time. Whether it's light and healthy or slightly more "comfort-y" food you're seeking, we've got you covered. Call ahead or order online and we'll have your order ready for you. All items come with simple cooking directions.

		Half: 2-3 servings	Full: 4-6 servings
<b>Margarita Chicken with Cilantro Lime Rice Pilaf</b>	Back by popular demand! The summery flavors of a margarita provide a burst of lime and citrus to these ultra light grilled (or baked) chicken breasts. No sugary margarita mix here- just fresh squeezed lime juice, lime zest, orange zest, some honey, a hint of tequila, jalapeno and cilantro in the marinade. Side of (fully cooked!) cilantro lime rice pilaf (basmati or brown). Perfect served with some guacamole and refried or black beans. 6 breasts/full, 3/half.	\$23.99	\$37.99
<b>Chicken Satay with Peanut Dipping Sauce and Edamame</b>	Generous strips of our antibiotic/hormone-free chicken are accompanied by our asian inspired saucy marinade and a peanut dipping sauce (can be made peanut free by request). Once infused with flavor they grill or bake up quickly. Great main course or appetizer. Skewers come on the side. A side of edamame is included. The peanut dipping sauce comes packaged separately and doesn't touch any other ingredients until you open/use it at home. 12 tenders/full order, 6/half order. (bag, grill or oven).	\$23.99	\$37.99
<b>Chicken Almondine with French Green Beans</b>	Light and delicious. Our hand-trimmed chicken breast cutlets are sautéed until brown, then topped with a buttery sauce and slivered almonds. A side of French green beans comes along to accompany this delicious meal. Quick and easy. Gluten-free. (Bag, stovetop)	\$23.99	\$37.99
<b>Lemon &amp; Herb Chicken Paillard with Broccoli</b>	Delicious, light and easy. Thinly pounded chicken breasts are marinated with fresh lemon zest, lemon juice and fresh herbs and then sauteed, baked or grilled. Served with a side of broccoli. Add some roasted potatoes from the a la carte menu and dinner's done!	\$23.99	\$37.99
<b>Chicken Parmesan Bake with Ciabatta Garlic Bread</b>	A one dish dinner that's simple and delicious. All white meat chicken breasts are rolled in our seasoned breadcrumbs, baked up in the oven (and can even be cooked from frozen). We provide our signature marinara and mozzarella cheese to melt on top. A ciabatta loaf (multi-grain available) with garlic butter comes on the side. Can be made (GF) by request. (pan, oven)	\$23.99	\$37.99
<b>Everything Bagel Stuffed Chicken</b>	Back on the menu after ten years and with a new twist! The awesome flavor of an "everything" bagel and cream cheese without the carbs! We crust our hand-trimmed no-hormone/no-antibiotic fresh chicken breasts with our house-made "everything" spice blend and stuff the chicken with a layer of cream cheese. Oh so flavorful, creamy and delicious. Leftovers are great on a salad (or alone!). Gluten-free. Packaged in a pan unless you prefer individual packets. 6 breasts/full, 3/half order.	\$23.99	\$37.99
<b>Pretzel-Crusted Chicken Tenders with Fries</b>	All white meat chicken tenders are coated with a Honey Dijon glaze and then dipped in crushed pretzels, sure to be a crowd favorite. Serve as an entree or cut up and serve as an appetizer. They cook from frozen in under 25 minutes. Side of fries (subst veggie by requesting in comments. Available (GF) on request. (bag, oven)	\$23.99	\$37.99
<b>Chicken &amp; Veggie Enchiladas</b>	Enchiladas don't need to be heavy and greasy like you may have had at a restaurant. Try our lightened up chicken and veggie version and customize them to your liking. White meat chicken, sauteed peppers, onions, corn and black beans are rolled in flour (wheat or GF) tortillas, lined up in a pan and then topped with our house-made enchilada sauce (mild spice) and topped with a sprinkling of cheese and salsa. Prefer just to omit onions or beans? Request in special instructions at the end of the order process. Bake in the pan (even from frozen). (Oven).	\$22.99	\$36.99
<b>Southern Pulled BBQ Chicken Sandwiches with Cheddar and Le Bus Rolls</b>	Fully cooked for you this month since our clients are busier than ever! Dinner can be ready in 6 minutes! Our made-in-house southern-style BBQ sauce cooks along-side our antibiotic/hormone-free chicken breasts for hours to soak in the flavor. We then pull/shred it. All you do at home is warm it in the microwave or on the stove. Cheddar cheese slices are included because cheese makes everything better! 3 Le Bus hamburger rolls (2-3, half size) or 6 (4-6, full size) included.	\$23.99	\$37.99

<b>Chicken Piccata with Angel Hair Pasta</b>	Always a favorite and oh so light. This is a restaurant quality meal for you to enjoy at home. Just like the classic dish created in Italy the flavors of lemon, herbs, olive oil, and garlic combine with all white meat chicken and cook up quickly on the stovetop and are then served with a sauce made in the same pan. Capers come on the side. Angel hair pasta (regular, whole wheat or gluten-free) comes on the side. Can be gluten-free (substitute GF flour and GF pasta). Packaged in a gallon bag. Cooks on the stovetop.	\$23.99	\$37.99
<b>Chicken Parmesan Wraps</b>	Chicken parmesan to go! A favorite of both kids and adults. These wrap ups contain breaded all white meat chicken tenders, our signature marinara sauce, mozzarella and parmesan cheese. Individually wrapped for convenience. Can be done on wheat tortillas. (bag, oven)	\$22.99	\$36.99
<b>Chicken Cheesesteak Wraps</b>	Great "on the go" meal! A unique take on the chicken cheesesteak. Cooked white meat chicken is wrapped up with american cheese, sauteed onions (can be omitted) and marinara (on the side) if you want to make a pizza steak. Individually wrapped for convenience and baked in the oven in under 12 minutes. Whole wheat tortillas available by requesting multi-grain option. 3 per half order, 6 per full order.	\$22.99	\$36.99
<b>Grilled Pork Tenderloin with Goat Cheese, Shallots, and Walnuts</b>	A new twist on grilling pork tenderloins. We have stuffed the pork with a yummy combination of shallots, goat cheese, crushed walnuts (can be omitted) and fresh thyme. To serve cut into slices for a nice presentation. Serving suggestion: a side of roasted rosemary potatoes which can also be grilled or done in the oven. Bag, grill, oven. Contains Walnuts. Can be made without nuts.	\$22.99	\$36.99
<b>Pork Tenderloin Filets with Orange Vinaigrette and French Green Beans</b>	Light and summery. We slice our hand-trimmed pork tenderloin into 4-5 filets (1-2/person) and give them a light seasoning. After a quick turn on the grill, stovetop or oven you can let rest for a few minutes and then serve with our own orange vinaigrette sauce. Serve with green beans on the side. Delicious, clean eating and gluten-free too. (bag, oven, grill or stove).	\$22.99	\$36.99
<b>Honey Dijon Pork Tenderloin with Green Beans &amp; Dipping Sauce</b>	Light and tender. Bake or grill. Our lean and tasty pork tenderloin is roasted or grilled with a glaze of honey, Dijon, balsamic, garlic and rosemary. Simply delicious, light, and healthy. Comes with a side of french green beans and our country mustard dipping sauce. (bag, oven)	\$22.99	\$36.99
<b>Italian Rosemary Flank with Ciabatta Bread</b>	Simply delicious and simple to prepare. This flavorful flank steak (hand-trimmed by our butcher) can be baked in the oven or grilled. The italian herbs add fresh rosemary add a little zest without overpowering the natural (and lean) beef goodness! A side of ciabatta bread and garlic butter comes on the side. (bag, oven, grill). Gluten and dairy-free if you opt for a veggie rather than the ciabatta bread with garlic butter. Flank steak ingredients are gluten and dairy-free.	\$24.99	\$38.99
<b>Margarita Flank Steak with Cilantro Lime Rice Pilaf</b>	Perfect for outdoor entertaining or a quick meal from the grill. A Mexican version of our always popular flank steak. A dash of tequila, lime juice, orange zest make this carne asada one the whole family will enjoy. Throw it on the grill (or bake/broil) and break out the margaritas! Great alone warm, room temp or cold on a salad. Gluten free. Rice pilaf contains coconut milk.	\$24.99	\$38.99
<b>Mini Cheeseburger Sliders with Le Bus Rolls &amp; Fries</b>	These mini Angus beef burgers and yummy Le Bus rolls are always a big hit, they even come with fries (or veggies, request in comments). Cook on the grill or on the stovetop, these adorable 2oz burgers are perfect for indoor or outdoor entertaining (they look great on a platter) or for a kid-size entrée. Burgers, cheese, rolls and fries included. Half size: 6 mini burgers, Full size: 12 mini burgers. (GF minus rolls) (bag, grill, stove, oven)	\$21.99	\$35.99
<b>Mexican Tortilla Lasagna</b>	One of our all-time best sellers. A fun and different way to present Mexican ingredients-- ground beef seasoned with a blend of tomatoes and authentic spices, a creamy blend of cheeses and tortillas are layered for a delicious combo. Oven to table easy, can even cook from frozen. Wheat tortillas by requesting multigrain options on next menu. Mild spice level. (GF by request) (pan, oven)	\$21.99	\$35.99
<b>Classic Lasagna Roll Ups with Ciabatta Bread</b>	Enjoy the flavors of lasagna all rolled up! Cooked lean ground beef combines with combine with part-skim ricotta, part-skim mozzarella and egg, and are rolled up in a lasagna noodle and topped with our signature marinara. Delicious and super easy, just bake in the oven from frozen or thawed. 8 rolls/full order. (pan, oven)	\$22.99	\$36.99
<b>Greek Shrimp Bake</b>	Freezer to oven easy! A bed of brown rice is blended with tomatoes, feta, garlic, lemon zest, and herbs then topped with shrimp and basil. A delightfully light and fresh tasting meal with a Mediterranean flair. Leftovers are great served chilled the next day. Cooks from frozen. GF (pan, oven)	\$24.99	\$38.99

<b>Jambalaya Bake</b>	Great for the grill or the oven. We're taking our very popular jambalaya and giving it an easy twist-- making it in a pan that you can bake in the oven. Shrimp, chicken breast, sausage, peppers, tomatoes and onions all combine and get flavored up with some cajun (moderate spice) flair. Served over cooked brown rice, this is truly a one dish dinner. Enjoy! GF (pan, grill, oven)	\$24.99	\$38.99
<b>Cioppino Style Seafood Stew</b>	A seafood lovers delight and so light. This mediterranean seafood stew combines shrimp, mussels and flounder along with tomatoes, herbs, seafood stock, and white wine for a hearty, yet healthy meal. Can be gluten-free. Full size serves 4, half serves 2. (bag, stove).	\$23.99	\$37.99
<b>Orange Basil Flounder over Brown Rice</b>	Light and easy. Tender, light and mild flounder is served in individual packets over a bed of wholegrain brown rice with a pat of our flavorful orange basil compound butter and fresh orange zest to infuse flavor during the baking process. Cook as many packets as you would like at once, and clean up is minimal! Gluten Free	\$23.99	\$37.99
<b>Orange Basil Salmon over Brown Rice</b>	Light and easy. Our tender wild salmon filets are served in individual packets over a bed of wholegrain brown rice with a pat of our flavorful orange basil compound butter and fresh orange zest to infuse flavor during the baking process. Cook as many packets as you would like at once, and clean up is minimal! Gluten Free	\$24.99	\$38.99
<b>Summer Veggie Lasagna Rolls</b>	Enjoy lasagna all rolled up! Fresh zucchini, yellow squash and chopped spinach combine with part-skim ricotta, part-skim mozzarella and egg, and are rolled up in a lasagna noodle and topped with our signature marinara. Delicious, colorful and super easy, just bake in the oven from frozen or thawed. 8 rolls/full order, 4/half order. (pan, oven)	\$21.99	\$35.99
<b>Veggie Enchiladas</b>	A feast for the senses. Black beans, sauteed onions, peppers and corn are enveloped in soft flour tortillas (whole wheat or gf available) and covered with our homemade enchilada sauce, salsa, and cheese. A delicious and easy dish for meat eaters and vegetarians alike! (pan, oven)	\$20.99	\$33.99
<b>Vegetarian Mexican Tortilla Lasagna (v)</b>	Since we opened, one of our most requested vegetarian dishes! The veggie version uses kidney or black beans and corn rather than meat. A one dish meal that even meat-lovers will enjoy. Can even cook from frozen. GF by request. (pan, oven)	\$20.99	\$34.99
<b>Summer Veggie Chili with Corn Muffins (v)</b>	Enjoy the bounty of the summer in this hearty chili. Zucchini, yellow squash, onion, tomatoes, corn, black beans and kidney beans comprise this delicious and fast cooking dinner. Enjoy with our delicious corn muffins on the side. Chili is gluten-free, corn muffins contain gluten. (bag, stovetop)	\$20.99	\$34.99
<b>Blueberry Oatmeal Biscuit Bake</b>	A great brunch or "breakfast on vacation" dish. Just pop it in the oven and 30 minutes later it's done. A bit like a fancy "monkey bread," blueberries combine with cubes of biscuit dough, oatmeal, butter and brown sugar. The crispy buttery/oatmeal topping will have you coming back for more. Full size serves 12-14 and the half size serves 6-8.	\$19.99	\$29.99

Mac & Cheese (1qt) \$10.99 (multigrain pasta \$+1)

Quiche: Ham & Cheddar Ready-to-bake. Gluten-free crust available (\$+3) \$18

Frittata: (crustless quiche) Ham, Broccoli, & Cheddar or Caramelized Onion, Broccoli, and Cheddar \$18

Diamond Ciabatta Loaves with Garlic Butter (2) \$5.99

Dips: Spinach & Artichoke (22oz) \$15.99; Buffalo Chicken (22oz) \$16.99

Apple & Pear Crisp 9" Serves 4-6 \$16

Ready-to-bake Cookies (12): Chocolate Chip, Chocolate Chip with M&M®, S'mores, or Oatmeal Raisin \$10.99

Ready-to-bake Scones: Cranberry-Orange, Blueberry, Chocolate Chunk, or Cinnamon (make up to 32 mini or 16 med.) \$11.99

Roasted Rosemary Potatoes (24 oz) \$9.99

Chef Cut Mixed Veggie Medley \$6.99

Corn Muffins (6) \$5.99

**Order on [www.HomeCooked.net](http://www.HomeCooked.net) to pick up meals at our Paoli shop or get meals delivered to your home.**

**Nutrition, allergy info and cooking directions are available on [www.HomeCooked.net](http://www.HomeCooked.net)**

**Grab & Go Meals at our Paoli Shop: No advance order required!**

Stop in and check our grab & go meals (refrigerated and frozen), cookie dough, scone dough, desserts, soups and sides.

**Hours: Open Tues-Thur 10-6pm, Monday & Friday 10-5:30, Sat 10-2. Closed Sundays. In July through Labor Day we are closed on Mondays.**

Upcoming Delivery Dates:

Lower Main Line Bala Cynwyd to Bryn Mawr/Haverford: 7/17

Malvern, Paoli, Downingtown, Chester Springs: 7/11

Phoenixville 7/11, 7/24

Wayne, Devon, Berwyn, Villanova, King of Prussia 7/18

Collegeville, Oaks, Royersford, Audubon, SEI: 7/18

Drexel Hill, Havertown, Media, Swarthmore, Springfield: 7/25

Newtown/Yardley, Bucks County: ---

West Chester, Exton, Newtown Square, Broomall: 7/24

Ocean City NJ, 7/20, 7/27 Lancaster: 7/14

Delivery fees: \$8.99 delivery fee most towns.

\$11.99 (Downingtown, Chester Springs, Collegeville, Royersford, Lower Main Line, Bucks County). \$125 order minimum for delivery.

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