

HomeCooked January 2024 Menu

Simplify meals! Whether it's light & healthy or slightly more "comfort-y" food you're seeking, we've got you covered. All items come with simple cooking directions. Prices & selections are subject to change.

		Half: 2-3 servings	Full: 4-6 servings
French Country Chicken & French Green Beans	Tender chicken breast medallions (antibiotic/hormone free chicken) soak up the aromas of the French countryside thanks to Herbes de Provence (an herb blend originating from the south of France with thyme, marjoram, rosemary and other herbs), and then are sauteed in a light sauce of white wine and garlic. Simple ingredients that yield great flavor in true French tradition. A side of haricots verts (thin French green beans) included. Serve with a salad or roasted potatoes. GF. (bag, stove)	\$25.99	\$44.99
Orange Chicken Piccata with Brown Rice	Just like the classic dish created in Italy, but with an orange twist. Our hand trimmed all white meat chicken medallions cook up quickly on the stovetop and are then served with a delicious orange sauce made in the same pan. Capers available on the side. We provide a side of cooked brown rice or broccoli. Available GF +\$1/\$2. (bag, stove)	\$25.99	\$44.99
Chicken Tortilla Stew	Make on the stove, in the slow-cooker or in your Instant-Pot! Chicken breast, black beans, corn, and mexican flavors combine to create a soup/stew that is sure to satisfy. Top with shredded cheese and tortilla strips included! GF. (bag, stovetop or slow cooker)	\$25.99	\$44.99
Wasabi Crusted Chicken Breasts with Edamame	This is a dish worthy in taste and presentation of serving at a dinner party, yet easy enough for a quick weeknight meal. Our antibiotic & hormone-free chicken breasts are coated in a crumb mixture of wasabi powder (no, it's surprisingly not spicy!) and panko, pan seared (or baked) and then drizzled with a teriyaki and sake Asian sauce. Served with a side of edamame (soybeans). Individually wrapped unless you request a pan. (bag or pan, stovetop or oven)	\$26.99	\$45.99
Cashew Chicken	A quick & easy stovetop dish that can satisfy a takeout craving at home. Our hand-trimmed all white meat chicken gets a quick saute and then is mixed with a light garlic and ginger sherry sauce. Cashews and scallions provide a delicious crunch. A side of fully cooked basmati rice (or brown rice) comes on the side. Following a low carb diet, just omit the rice.	\$25.99	\$44.99
Chicken Fajita Bake	Chicken fajitas without any slicing, dicing or dirty pans to wash. We fill a disposable aluminum pan with hand-trimmed strips of antibiotic & hormone-free chicken breast, fresh peppers, fresh onions and tomatoes in our own mild fajita spice blend. Build your own fajitas with the tortillas and shredded cheese provided. Mild spice level. Add your own guacamole or sour cream and a margarita! Ole! Can be GF upon request. (pan, oven)	\$25.99	\$44.99
Buffalo Chicken Quesadillas	Inspired by our beloved Buffalo Chicken Dip. These quesadillas can be an entrée, snack or appetizer. Flour or whole wheat tortillas are stuffed with all white meat shredded chicken, cheddar cheese, cream cheese, ranch and buffalo hot sauce (made mild-moderate unless requested otherwise). Saute or bake in the oven for a tasty treat. 6/full order, 3/half order.	\$23.99	\$41.99
Everything (except the) Bagel Stuffed Chicken with Broccoli	Back on the menu after ten years and with a new twist! The awesome flavor of an "everything" bagel and cream cheese without the carbs! We crust our hand-trimmed no-hormone/no-antibiotic fresh chicken breasts with our house-made "everything bagel" spice blend and stuff the chicken with a layer of cream cheese. Oh so flavorful, creamy and delicious. Leftovers are great on a salad (or alone!). GF. (pan or packets, oven)	\$26.99	\$45.99
Chicken Parmesan Bake with Ciabatta Garlic Bread	A one dish dinner that's simple and delicious. All white meat chicken tenderloins are rolled in our seasoned breadcrumbs, baked up in the oven (and can even be cooked from frozen). We provide our signature marinara and mozzarella cheese to melt on top. A ciabatta loaf (multigrain available) with garlic butter comes on the side. Can be made GF by request. (pan, oven)	\$26.99	\$45.99

Fully Cooked Southern Pulled BBQ Chicken Sandwiches with Cheddar and Le Bus Rolls	Fully cooked for you since our clients are busier than ever! Dinner can be ready in 6 minutes! Our made-in-house southern-style BBQ sauce cooks along-side our antibiotic/hormone-free chicken breasts for hours to soak in the flavor. We then pull/shred it. All you do at home is warm it in the microwave or on the stove. Cheddar or colby cheese slices are included because cheese makes everything better! 4 Le Bus hamburger rolls (2-3, half size) or 8 (4-6, full size) included.	\$24.99	\$42.99
Pretzel-Crusted Chicken Tenders with Fries	All white meat chicken tenders are coated with a Honey Dijon glaze and then dipped in crushed pretzels, sure to be a crowd favorite. Serve as an entree or cut up and serve as an appetizer. They cook from frozen in under 25 minutes. Side of fries (subst veggie by requesting in comments. Available GF. (bag or pan, oven)	\$24.99	\$42.99
Hearty Turkey Chili with Corn Muffins	Our popular hearty chili made with lean ground turkey rather than ground beef (although if you prefer beef, just add in the comment section). Kidney beans, peppers and onions has the perfect combination of flavors to make this just the dish to warm up a chilly evening or weekend afternoon. Our signature "Ba-Bam!" spice makes this a dish the entire family will enjoy (mild spice level). Side of fully cooked delicious corn muffins. GF option minus corn muffins. (bag, stove)	\$25.99	\$44.99
Mini Turkey & Veggie Meatloaves with Sweet Potato Fries	Our super popular mini turkey meatloaves are getting a dose of veggies this month. No sacrifice on taste with the incorporation of finely diced carrots, broccoli and onions into the mix. Whether or not you reveal that to your family is up to you. Topped with a ketchup mix, they cook up in your oven in only 30 minutes. Side of sweet potato fries (or regular) come on the side. Cook as many loaves as you need at once. 3/half order, 6/full. Can be made GF. (pan, oven)	\$25.99	\$44.99
Honey Dijon Pork Tenderloin with Green Beans & Dipping Sauce	Light and tender. Bake or grill. Our lean and tasty pork tenderloin is roasted or grilled with a glaze of honey, Dijon, balsamic, garlic and rosemary. Simply delicious, light, and healthy. Comes with a side of green beans and our country mustard dipping sauce. GF. (bag, oven)	\$23.99 *2 Servings	\$39.99 *4 Servings
French Country Pork Medallions with French Green Beans	Tender, hand-trimmed medallions of pork tenderloin soak up the aromas of the French Countryside thanks to Herbes de Provence (an herb blend originating from the south of France with thyme, marjoram, rosemary and other herbs), and then are sauteed in a light sauce of white wine and garlic. Simple ingredients that yield great flavor in true French tradition. A side of haricots verts (thin French green beans) included. Serve with a salad or roasted potatoes. GF. (bag, stove)	\$23.99 *2 Servings	\$39.99 *4 Servings
Cioppino Style Seafood Stew	A seafood lovers delight and so light. This mediterranean seafood stew combines shrimp, mussels and flounder along with tomatoes, herbs, seafood stock, and white wine for a hearty, yet healthy meal on a chilly evening. Can be GF. Full size serves 4, half serves 2. (bag, stove).	\$28.99 *2 Servings	\$52.99 *4 Servings
Lime Zested Salmon over Quinoa Pilaf	Our delicious salmon filets this month are nestled on top of super healthy yet delicious red quinoa pilaf (GF and GMO free) and topped with some fresh lime zest and an ultra thin layer of butter (can be omitted). The pilaf contains fire roasted veggies seasoned with chipotle and lime. GF. (indiv. packets, oven).	\$32.99	\$59.99
Asian Pomegranate Salmon	Our always popular salmon packets feature salmon filets topped with a tasty pomegranate glaze/reduction, served over brown rice pilaf. Omega 3s from the salmon plus antioxidants from the pomegranate-- who knew something so tasty could be so healthy and so easy to make? GF. (indiv packets, oven)	\$32.99	\$59.99
Shepherd's Pie	Comfort food at its best. Lean ground beef, mixed veggies and a hint of worcestershire sauce is covered by a blanket of creamy mashed potatoes. Cheddar cheese is sprinkled on top at the end for the finishing touch. Pop in the oven and enjoy. GF. (pan, oven).	\$24.99	\$42.99
Swedish Meatballs over Egg Noodles	An easy dinner for a chilly night OR an appetizer sure to please your guests. Cook in your slow-cooker (2-3 hours) or on the stove (25 minutes). Cocktail sized meatballs mix with sliced mushrooms (can be omitted by request) and simmer in a traditional creamy sauce. Egg noodles come on the side and can even be cooked in the slow cooker for the ultimate in ease. Full size orders: approx. 40 meatballs, Half size: approx. 20. (bag, stove or crockpot)	\$25.99	\$44.99

Stuffed Pepper Stew- Low-Carb Option!	All the goodness of stuffed peppers now in a soup/stew form. Hearty, easy and soul-warming! We combine lean ground beef with peppers, onions, tomatoes and spices. You get to choose whether you add brown rice or cauliflower rice (for low-carb, keto, whole 30 friendly). Delicious and the flavor gets even better on day 2 so leftovers are great! Top with cheese (included). Dairy-free if you omit the cheese. (GF) (bag, stovetop, slow-cooker or pressure cooker)	\$24.99	\$42.99
Mini Cheeseburger Sliders with Le Bus Rolls & Fries	These mini Angus beef burgers and yummy Le Bus rolls are always a big hit, they even come with fries (or veggies, request in comments). Cook on the grill or on the stovetop, these adorable 2oz burgers are perfect for indoor or outdoor entertaining (they look great on a platter) or for a kid-size entrée. Burgers, cheese, rolls and fries included. Half size: 6 mini burgers, Full size: 12 mini burgers. (GF minus rolls) (bag, grill, stove, oven)	\$24.99	\$42.99
Mexican Tortilla Lasagna	One of our all-time best sellers. A fun and different way to present Mexican ingredients-- ground beef seasoned with a blend of tomatoes and authentic spices, a creamy blend of cheeses and tortillas are layered for a delicious combo. Oven to table easy, can even cook from frozen. Wheat tortillas by requesting multigrain options on next menu. Mild spice level. For (GF) request corn tortillas. (pan, oven)	\$24.99	\$42.99
Vegetarian Mexican Tortilla Lasagna (v)	One of our most requested vegetarian dishes since we opened! The veggie version uses kidney or black beans and corn rather than meat. A one dish meal that even meat-lovers will enjoy. Can even cook from frozen. (GF, made with corn tortillas) (pan, oven)	\$23.99	\$41.99
Blushing Spinach & Cheese Ravioli (v)	Triangular (vegetarian!) spinach and cheese ravioli is topped with a blush sauce, a creamy take on our made-in-house marinara and topped with a sprinkling of herbs and cheese. Cooks in its own pan from frozen. Ciabatta bread on the side.	\$23.99	\$41.99
Lentil Shepherds Pie (v)	Our vegetarian take on this classic comfort food. Lentils cooked with herbs and garlic in a vegetable stock are combined with caramelized onions and tomatoes. A hearty layer of veggies sits above- peas, corn and carrots- and it's all topped with silky mashed potatoes and a sprinkling of cheddar cheese. Vegetarian and GF. (pan, oven)	\$23.99	\$41.99
Lentil & Black Bean Chili (Slow Cooker, Pressure Cooker) (v)	A hearty, soul-warming vegetarian dish to enjoy on a fall day/night. Delicious and healthy lentils are mixed with black beans, carrots, onions and tomatoes and are simmered with delicious soul-warming spices and veggie stock, making your kitchen smell delicious. Side of yummy (and fully baked) corn muffins and shredded cheese for sprinkling on top. 4-6 size only. This dish is available vegan, gluten, dairy and egg-free.		Full Size Only- \$37.99 with corn muffins & shredded cheese OR \$33.99 Vegan: gluten/dairy/egg- free
Cranberry Chipotle Meatballs with Pineapple	Cocktail sized (.5 oz) meatballs take on a savory and sweet flavor combination from cranberries and chipotle paste. Not to worry about being overly spicy, we keep them on the mild-moderate side and have loyal fans from age 5-75! They are a great appetizer or a main course, just serve over some noodles or rice. The all-beef meatballs come fully cooked, just warm on the stove or in your crockpot, have some toothpicks ready to go and enjoy!	\$25.99	
HomeCooked Mac & Cheese (v)	Creamy and delicious! HomeCooked Mac & Cheese. 2 lbs of creamy mac and cheese (just re-heat in the microwave or on the stove)-- perfect for both kids and adults alike. Grab a quart or two to keep in your freezer!	\$15.99	

Quiche: Ham & Cheddar or Broccoli, Tomato, & Cheddar Ready-to-bake. Gluten-free crust available (\$+3) \$19

Frittata: Broccoli, Caramelized Onion, & Cheddar. Ready-to-bake. \$18

Dips: Spinach & Artichoke or Buffalo Chicken (22oz) \$18.99

Apple & Pear Crisp 9" Serves 4-6 \$20, GF version \$23

Monkey Bread: Small \$14.99 (limited quantity)

Ready-to-bake Cookies (12): Chocolate Chip or Oatmeal Raisin \$11.99

Ready-to-bake Scones: Cranberry-Orange, Blueberry (make up to 32 mini or 16 med.) \$14.99

Roasted Rosemary Potatoes (24 oz) \$9.99, Corn Muffins (6) \$8.99

Chef Cut Mixed Veggie Medley \$8.99, Ciabatta with Garlic Butter (2 loaves) \$8.99

Hours: Open Monday to Friday 10-5, Sat 10-2. Closed Sunday.

Order on www.HomeCooked.net to pick up meals at our Paoli shop or get meals delivered to your home.

Nutrition, allergy info and cooking directions are available on www.HomeCooked.net

	Lower Main Line- Bala Cynwyd to Bryn Mawr/Haverford**: 1/10, 1/24
	Malvern, Paoli*: 1/5, 1/18
	Phoenixville*: 1/5, 1/18
	Wayne, Devon, Berwyn*: 1/11
	Villanova, King of Prussia*: 1/11
January	Collegeville, Oaks, Royersford, Audubon**: 1/18
Delivery Dates	Drexel Hill, Havertown, Media, Swarthmore, Springfield, Wallingford*: 1/25
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	West Chester, Newtown Square, Broomall*: 1/17
	Lancaster: TBD
	Newtown & Yardley**: 1/19
	Ocean City**: ---
	Delivery Fees: *\$8.99, **\$11.99

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