

To take the baby out of the ringsling you support your baby's bum with one hand. With your other hand you lift the upper one of the rings and loosen the sling a little bit.

You reach into the pouch from below and support your child without the sling. With your other hand you pull the pouch from under your baby's bum away and ...



... lift the wrap over your child's head.

Done!

⚠️ WARNING

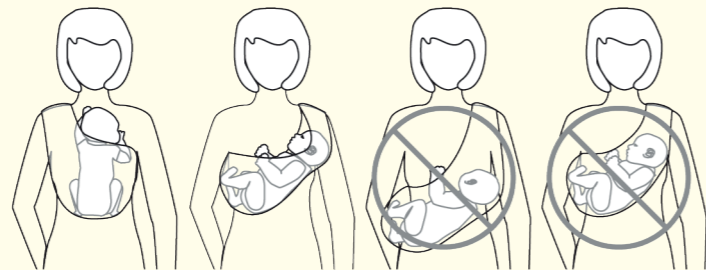
FAILURE TO FOLLOW THE MANUFACTURER'S INSTRUCTIONS CAN RESULT IN DEATH OR SERIOUS INJURY. ONLY USE THIS CARRIER WITH CHILDREN WEIGHING BETWEEN 8 AND 35 POUNDS.

SUFFOCATION HAZARD

- BABIES YOUNGER THAN 4 MONTHS CAN SUFFOCATE IN THIS PRODUCT IF FACE IS PRESSED TIGHTLY AGAINST YOUR BODY. BABIES AT GREATEST RISK OF SUFFOCATION INCLUDE THOSE BORN PREMATURELY AND THOSE WITH RESPIRATORY PROBLEMS.
- CHECK OFTEN TO MAKE SURE THE BABY'S FACE IS UNCOVERED, CLEARLY VISIBLE, AND AWAY FROM THE CAREGIVER'S BODY AT ALL TIMES.
- MAKE SURE THE BABY DOES NOT CURL INTO A POSITION WITH THE CHIN RESTING ON OR NEAR THE BABY'S CHEST. THIS POSITION CAN INTERFERE WITH BREATHING, EVEN WHEN NOTHING IS COVERING NOSE OR MOUTH.
- IF YOU NURSE YOUR BABY IN CARRIER, ALWAYS REPOSITION AFTER FEEDING SO BABY'S FACE IS NOT PRESSED AGAINST YOUR BODY.
- NEVER USE THIS CARRIER WITH BABIES SMALLER THAN 8 POUNDS WITHOUT SEEKING THE ADVICE OF A HEALTH CARE PROFESSIONAL.

FALL HAZARD

- LEANING, BENDING OVER, OR TRIPPING CAN CAUSE BABY TO FALL. KEEP ONE HAND ON BABY WHILE MOVING.



Correct:
Upright (optimal)
Chin up; face visible
Nose and mouth free

Correct:
Reclined
Chin up; face visible
Nose and mouth free

Incorrect:
Baby's face covered
and pressed tight
against wearer

Incorrect:
Baby is hunched with
chin touching chest;
face covered

ADDITIONAL INFORMATION & RECOMMENDATION

The ringsling

- is an ideal carrier for children from newborns, even preemies, to toddlers (up to 3,5 years old). Recommended weight: From 8 to 35 lbs.
- can be used for front or hip carry. Experienced babywearers use the ringsling even for the back carry.
- should not be in the crook of your neck, but spread evenly over your shoulder and reach to your upper arm to spread the weight better. Be sure your baby is at or above your waistline.
- is easy to put on and take off. After taking your baby out of the ringsling, the wrap remains in the rings. You only have to arrange the folds in the rings a little bit. Thus, it is instantly ready for use.
- made from a soft wrap might give way a little after a while, so that you have to re-tighten it now and again. In this case, washing the ringsling might help.
- allows for discreet breast-feeding. Just loosen the ringsling a little and bring your baby in the right position. You can use the tail of the ringsling for a great privacy cover. Afterwards, do not forget to tighten the ringsling again.
- can be used without the tilting on your back. However, the tilted variation gives you a tighter upper rail, improves your baby's position in the ringsling and helps to bring her legs level. On the whole, the tilted variation is more comfortable for baby and caregiver.

CARE   

- Pre-washed.
- Machine wash (30°C/ 86°F up to 60°C/ 140°F) in a washing net or pillow case with mild detergent on gentle cycle. Please do not bleach or tumble dry.
- Please check all seams after washing.

WARNINGS

- Please read these instructions and warnings carefully before use. Keep this manual for future use.
- Always check your ringsling for wear or damage before use.
- Ensure that the baby is safely positioned in the ringsling according to manufacturer's instructions for use.
- Never leave a baby in a ringsling that is not being worn.
- Check on the baby often. Ensure the baby is periodically repositioned.
- If using the ringsling while breast-feeding, always move the baby's face away from the breast after the baby is done feeding.
- Never wear your baby when balance or mobility is impaired because of exercise, drowsiness, or medical conditions.
- Your balance may be adversely affected by your movement and that of your baby.
- Never place more than one baby in the ringsling. Never use/wear more than one ringsling at a time.
- Never use the ringsling while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals.
- Never wear your baby while driving or being a passenger in a motor vehicle or in an airplane.
- This ringsling is not suitable for use during sporting activities.

CONTACT INFORMATION

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Photos: Maria Herzog

Ringsling by GIRASOL

Instruction Manual



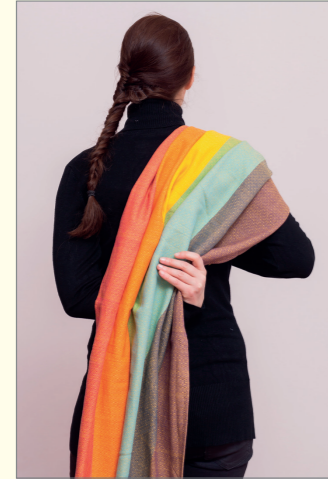
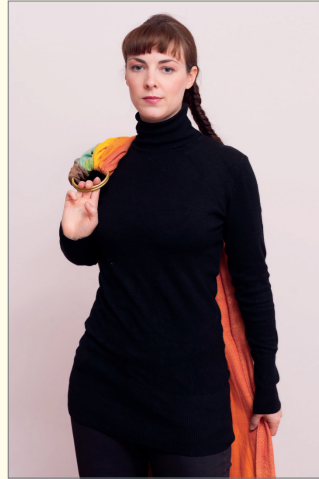
**IMPORTANT! READ
CAREFULLY AND KEEP FOR
FUTURE REFERENCE.**

RINGSLING INSTRUCTION MANUAL

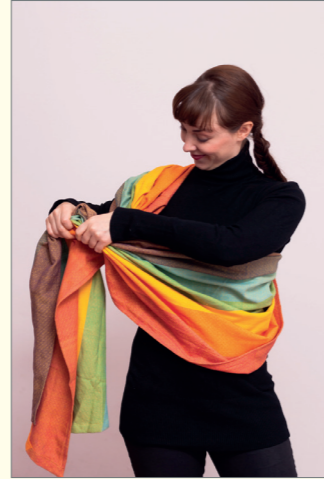
Vertical position

Put the rings on your shoulder. Reach under the sling behind your back, ...

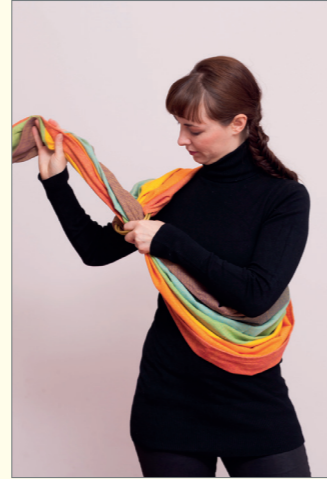
... grab the lower rail from under the sling and pull it to the front. The sling on your back is now tilted: the lower rail is now the upper one.



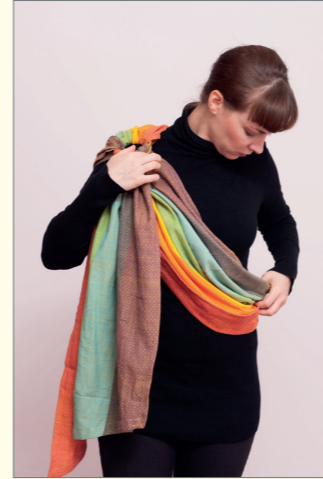
Thread the gathered tail through both rings from down up ...



... and through the lower ring back down. The upper ring is now covered.



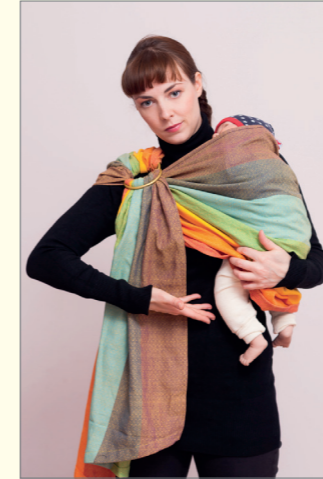
Put the rings on your shoulder. The sling's loop should be roughly waist-high.



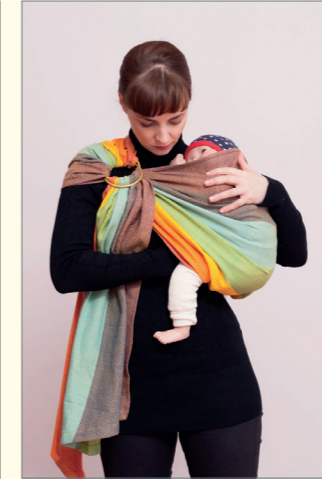
Take your baby up and put her at the uncovered shoulder above the loop. A younger baby may rest his head at your shoulder, an older one can sit a little higher.



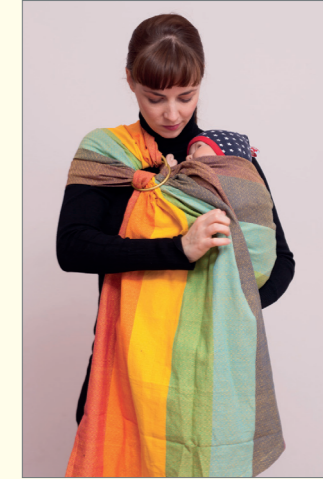
Reach from the bottom between your baby's legs and grab the lower rail.



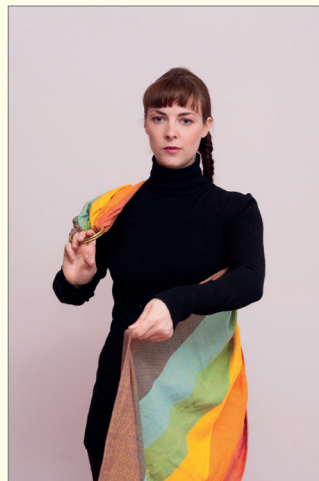
Pull the sling under baby's bum and a little upwards between the baby and your tummy. Now the baby rests in a squatting position in the sling with the knees slightly higher than the bum.



... continue with the middle strands which you tighten diagonally, till you reach the lower rail which you pull straight downwards.



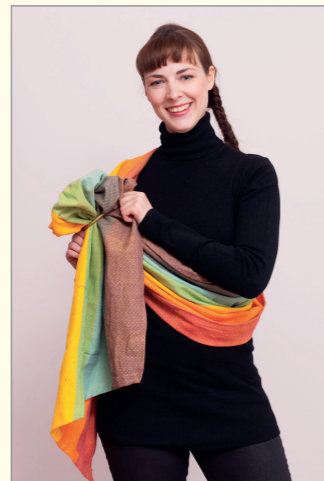
In the end this rail runs almost horizontally between you and your baby. Advice: Lift your baby every time you pull the sling. Thus the rings move less. And it is easier to pull!



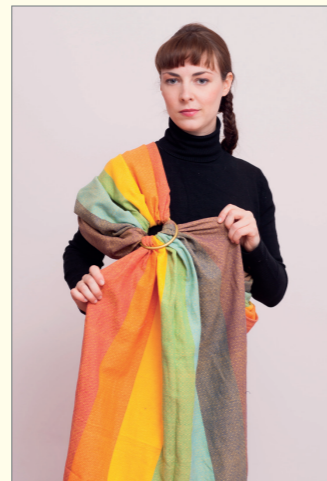
Keep hold of the upper rail ...

... and gather the fabric together.

Spread out the fabric evenly in the lower ring, avoid twisting. Each edge passes through the rings and out clearly, so that they are at the far end in the rings.



Done threading!



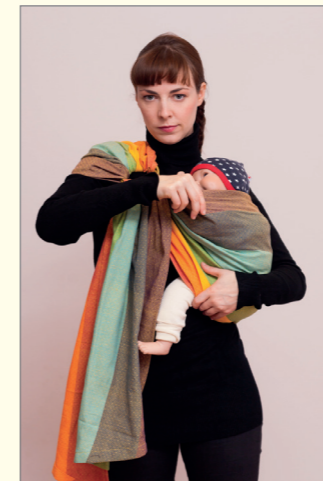
Hold your child with one hand. With your free hand slip inside the sling, grab the baby's legs and lead them into the loop. Let your baby glide into the pouch part of the sling. The baby is "sitting" on the lower part of the loop now.



One hand supports the baby. With the other one, find the upper rail of the sling and pull it upwards. The upper rail reaches over your baby's ears, the wrap is spread over her back without creases. Baby's legs poke out of the sling.



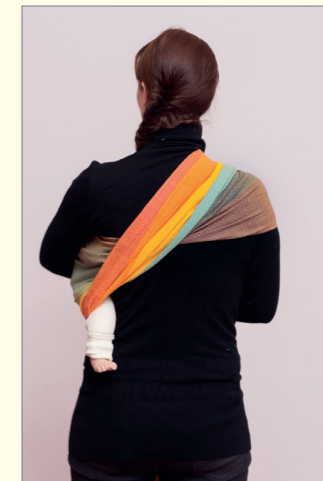
Pull all the slack forward to the rings. Before you start tightening the whole tail, make sure that the wrap is evenly spread over your shoulder. The lower rail should cover your shoulder and reach your upper arm.



Now you tighten the whole tail strand by strand. To prevent the rings from wandering across your chest, follow the way the wrap takes: start with the upper rail and pull it horizontally, ...



Back view of the tilted ringsling.



Note: Your baby's arms stay inside the pouch. Older babies may have the arm closer to the rings outside the pouch, if he is able to hold himself in an upright position. As soon as your baby can sit by herself, both arms can be outside the ringsling.