

⚠️ WARNING: FALL AND SUFFOCATION HAZARD

FALL HAZARD

Infants can fall through a wide leg opening or out of carrier.

- Adjust leg openings to fit baby's legs snugly.
- Before each use, make sure all straps and knots are secure.
- Take special care when leaning or walking.
- Never bend at waist; bend at knees.
- Only use this carrier for children between 8 lb and 35 lb.

SUFFOCATION HAZARD

Infants under 4 months can suffocate in this product if face is pressed tight against your body.

- Do not strap infant too tight against your body.
- Allow room for head movement.
- Keep infant's face free from obstructions at all times.
- Child must face towards you until he or she can hold head upright.

SAFETY ADVICE

- Read all instructions before assembling and using the soft carrier.
- Check to assure all straps and adjustments are secure before each use.
- Check for ripped seams, torn straps or fabric before each use.
- Stop using the carrier if parts are missing or damaged.
- Ensure proper placement of child in product including leg placement.
- Child must face towards you until he or she can hold head upright.
- Premature infants, infants with respiratory problems and infants under four months are at greatest risk of suffocation.
- Never use a soft carrier when balance or mobility is impaired because of exercise, drowsiness or medical conditions.
- Never use a soft carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals.
- Never wear a soft carrier while driving or being a passenger in a motor vehicle.
- Your balance might be adversely affected by your movements and that of your child.
- For pre-term, low birthweight babies and children with medical conditions, please seek advice from a health professional before using the carrier.

PRODUCT DETAILS

Fairtrade, made in Guatemala from babysling fabric that is guaranteed free from harmful substances and in the tried-and-tested GIRASOL quality: fabric 100% untreated cotton, hand woven.

Combines the advantages of a Meh Dai with long shoulder straps and the comfort of a buckle belt.

Recommended for children from 8 lb to 35 lb, from newborn to toddlers (app. 24 months).

Head rest – front carry: Attach the head rest ...



... using the loops on the shoulder straps.



Head rest for back carry.



Complete view of the MySol® Half Buckle.



The chest strap takes weight from your shoulders and prevents the shoulder straps from slipping off. Simply thread it under the shoulder straps and fasten with the velcro.



Adjust the neck width with drawstring and cord-lock.

Adjust the width of the back panel with the velcro inside the hip strap. Enlarge the back panel by threading the hip strap into the lower tunnel. Use upper tunnel for sizes 50 – 80 (newborn to 9 months). Use lower tunnel for sizes 80 – 98 (9 to 24 months).



To adjust the width of the back panel loosen the velcro and push the fabric on both sides evenly together. Fasten velcro.



Check the width with your child. The adjustment is correct when the back panel reaches from knee to knee.



The elastic band secures the buckle. Roll up the ends of the belt strap and secure them with the elastic.



Thread the waist belt through the tunnel at the top of the hip bag.

Important: Make sure that the soft part of the touch fastener completely covers the hard part, to prevent the material from fraying.

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BASIC ADAPTATION

The back panel of your MySol® Half Buckle grows in height and width according to your baby's growth. Adjust the width of the back panel. It is supposed to reach from knee to knee of your baby. The adjustment is right when baby's thighs form a right angle, that is approx. 90° degrees. You can easily adjust it by pushing the fabric together. The velcro sewn on the waist belt and inside the tunnels of the back panel holds it in place. You can influence the height of the back panel by varying the position of the waist belt: When your child grows, you position the waist belt a little lower until it sits on your hip ultimately. About children's size 80 (9 to 12 months) you take the waist belt out of the upper tunnel of the back panel and thread it back in into the lower tunnel.

CARE

- Pre-washed.
- Machine wash (30°C/ 86°F up to 60°C/ 140°F) in a washing net or pillow case with mild detergent on gentle cycle. No softener, no bleach. Do not tumble dry.
- Make sure velcro and buckle are secured.
- Do not iron the shoulder straps and waist belt.
- Please check all seams and straps after washing.
- It is strongly recommended to wash the baby carrier only if absolutely necessary. Any washing is destructive to seams and fastenings. Only stain-wash if possible.

ADDITIONAL HINTS AND INFORMATION

How tightly must my MySol® Half Buckle be tied?

In order to ensure perfect support for the baby and reduce the strain on the caregiver's shoulders, tie MySol® Half Buckle as firmly as possible. But don't worry – the soft babysling fabric will stretch and hug the infant's body like a second skin. For your baby it is just like being in the womb.

What's the correct height adjustment?

Using a shorter back section, i.e. where the waist belt runs through the upper tunnel, is suitable for newborns to children's sizes of about 80 (9 to 12 months) and perhaps even beyond – depending on whether the infant is being carried with her/his arms inside or outside the carrier. To carry bigger children you pull the waist belt out of the upper tunnel and thread it back into the lower tunnel to lengthen the back section.

How wide should the back panel be?

Particularly, for children up to walking age the width of the back panel is supposed to reach from one knee to the other. The child's legs should be spread apart by about 90° – this will promote perfect hip development. To determine the width of the back panel, place your hands underneath the baby's thighs, so that your fingertips meet at baby's bottom. Your fingertips should now touch at a right angle. If it is a bigger angle, you adjust the base by pushing the fabric together and secure it with the velcro fastener attached on the waist belt and inside the tunnels on the back panel. When your child is growing, you progressively widen the base.

How high should I tie MySol® Half Buckle?

With smaller babies, we recommend to tie the waist belt a littler higher up, i.e. at your waist. A lower position may be more comfortable with bigger and heavier babies, because with the waist belt on your hip the child's weight is distributed more evenly. Regarding back carry, some children like to look over their parents' shoulders and thus want to be carried a little higher, while others are happy in a lower position. Try different positions to find out, what suits you and your child best.

Arms in or out?

As soon as the child has a good control of the rump muscles, he/she may take the arms out of the carrier. However, if the baby is sleeping or will fall asleep soon, it is important to provide back support up to the neck and bring the arms inside the carrier.

Is there anything I need to know when taking my baby out?

Please always undo the shoulder straps first before lifting your baby out of your MySol® Half Buckle – only then open the buckle belt. Otherwise the baby might slip out of the carrier.

Can I carry my baby facing out while using the front carry with MySol® Half Buckle?

In order to support the child's hip and spine development it is important to ensure the correct spread-squat-position. Also, a child facing out the carrier is unable to block out stimuli, if she is feeling overstimulated. These needs can not be met, when the baby is carried facing out. Curious babies, who want to see more usually enjoy being carried on their parents' backs.

Find video tutorials here:
<https://www.girasol.de/en/instructions/>
Please feel free to contact us, if you have questions:
info@girasol.de

MySol® Half Buckle by GIRASOL

Instruction Manual



The MySol® Half Buckle is a soft structured baby carrier based on the traditional Asian Meh Dai. It was developed by GIRASOL in collaboration with babywearing consultants. With the MySol® Half Buckle you can carry your baby simply, comfortably, safely and ergonomically – from newborn to toddler.

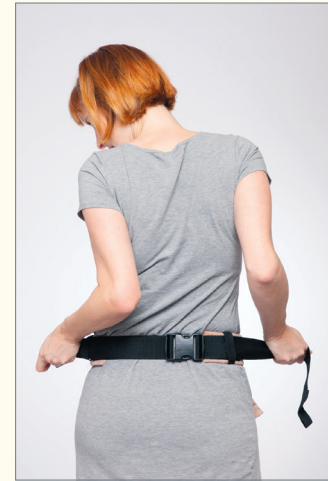
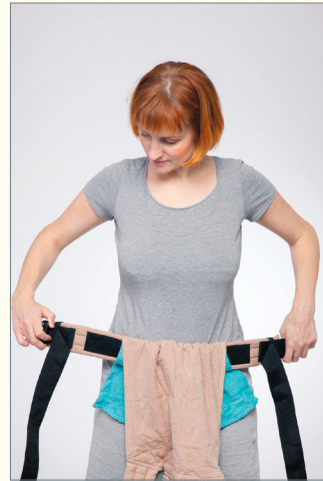
IMPORTANT! READ CAREFULLY AND KEEP FOR FUTURE REFERENCE.

INSTRUCTIONS FOR FRONT CARRY

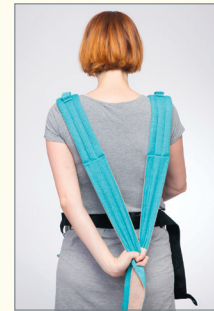
From birth/ approx. 50 cm/ 3,5 kg (8 lb)

Put on the MySol® Half Buckle with the back panel hanging down. Make sure the back panel is attached to the upper rim of the waist belt.

Close the buckle and tighten the strap.



Firmly secure the shoulder straps behind your back ...



... and cross them while keeping them tight. Bring them back to the front ...



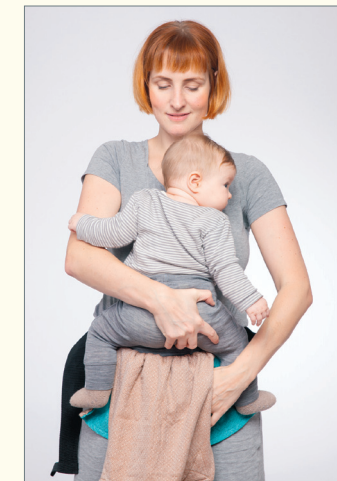
... pull tight again. Thread the straps under the baby's legs and secure them in a double knot under your baby's bottom.



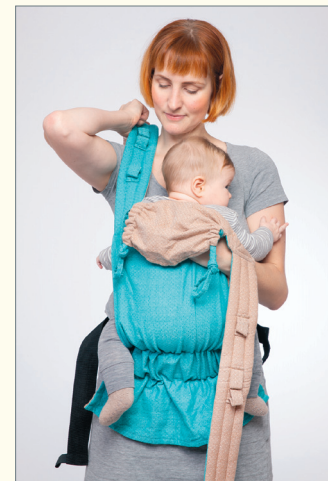
Gently grip your baby's calves and 'slide' his bottom into the little pouch thus created. Take out folds from the base. Secure the ends of the straps, if necessary. They should not dangle lower than your knees.



The ideal posture: The spread-squat position – baby's knees are a bit higher than the bottom, legs spread apart a little (about a right angle).



Place the baby in the centre of the back panel. The base reaches from one knee to the other.



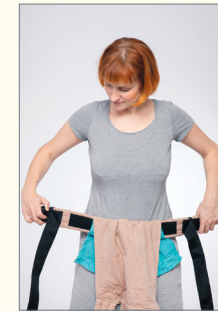
One hand holds the baby while the other one places the shoulder strap over your shoulder. Pull up the back panel up to baby's neck and put the other shoulder strap on the other shoulder.

INSTRUCTIONS FOR BACK CARRY

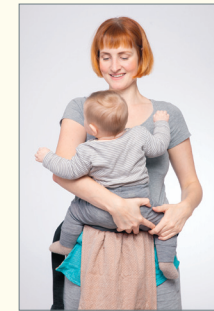
When the baby is able to support her/ his own head

From three to four months/ 4,5 kg (10 lb)

Put MySol® Half Buckle on. Close the buckle, tighten only so much that you can move it easily.



Place your baby in the carrier. Let baby's bottom rest on the waist belt.



Pull up the back panel between baby's legs.



Take the shoulder straps together in front of your baby's face and hold them firmly in one hand.



Hold the shoulder straps with the hand closer to the baby. With your free hand ...

... you rotate the waist belt.



Separate the straps. Bring the inner strap over your head, keeping it tight, and put it on the other shoulder.



Pull the straps firmly downwards and pull them tight. Advice: Stand straight up – your baby will wriggle less and you get the carrier closer to your body.



Hold the tension of the shoulder straps, bring them to the back and thread them under the baby's legs.

Position the carrier in the middle of your back, holding both straps over one shoulder.



Cross the shoulder straps under the baby's bottom and bring them back to the front.



Tighten the hip belt so that it fits tightly and can take weight off your shoulders. Ideally, the waist belt sits on your iliac crest.

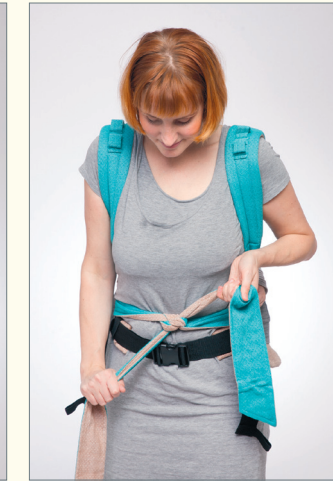


Thread the chest belt through the shoulder straps ...



... close it with the touch fastener. Check the ends of the straps; they should not dangle beneath your knees. Done!

Tie the shoulder straps in a double knot.



Note: Please make sure that the child's bottom does not slip between waistbelt and back.

HOW TO GET YOUR CHILD OUT OF THE BACK CARRY

Undo the knot of the shoulder straps and loosen them carefully while holding the tension. Lead the straps back, under baby's bottom, remove the cross and bring them to the front.



Hold the straps in one hand and pull with the other hand the waist belt, until your baby is on your hip.

Take one of the straps, pull it tightly over your head and put it on the other shoulder.



Pass the straps from one hand to the other. Pull your free arm back between the baby and your body and ...

Hold both straps firmly in one hand and keep them close to your child's head.



... take hold of your child.



Let the back panel down and take your baby out of the carrier. Then you unbuckle the waist belt.