

Foaming Mineral Muscle & Joint Soak Recipe

Makes one 7 oz. Jar



Some of the best recipes are the simplest, and with that in mind, we know our customers will love our Foaming Mineral Muscle & Joint Soak Recipe! Made with Premium Epsom Salt and Coarse Sea Salt, this recipe also features high foaming Lathanol LAL Surfactant Powder. This recipe will leave your skin feeling soft, smooth, and refreshed, and the presence of the Muscle & Joint Essential Oil is said to help to soothe tired and achy muscles.

Ingredients:

- **Epsom Salt** -- 115 grams (48%)
- **Sea Salt Coarse** -- 115 grams (48%)
- **Lathanol LAL Surfactant Powder** -- 9 grams (3.5%)
- **Muscle & Joint Essential Oil Blend** -- 1 gram or 1/8 tsp. (0.5%) (Or to Personal Preference)

Directions:

- Combine and Mix all the ingredients together in a bowl. Ensure that the Essential Oil is mixed thoroughly in with the other ingredients for the best scent throw.
- It's that easy! Now you can spoon the finished recipe into a variety of different packaging options including Bail Jars, Glass Jars, Cello, Organza or Muslin Bags.

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