

instructions (even ours) can be boring, but please read them anyway because we are sure you will learn something new:

1. unpack your hiccapop crib wedge, unfold it, and zip it up.
2. place your wedge under your fitted crib sheet, ensuring it is firmly up against the head of the crib.
3. next...simply place your baby down on her back with arms out and preferably dressed in a stylish onesie or sleep sack.

**#hiccahint:** many parents prefer tight swaddling, but that often leads to overheating, which is taboo. so that is why we always suggest onesies or a sleep sack. now...finish your lullaby and tiptoe away quietly.

now, just don't be surprised when your baby looks up the first time and says: "wow...thanks, i'm breathing better already!"

we hope you love your crib wedge as much as we loved designing it. lots of hours (and caffeine) were put into its design, and we are incredibly proud of it. we look forward to bringing you many new and innovative products down the road.

peace, joy, tranquility  
love, hiccapop

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