

# SETTING UP YOUR OHMA ALL-IN-ONE BABY MONITOR

## step 1 Download the app



- Supported devices: iOS 9.3.6 and later, Android 9 and later.
- The Yogasleep app is not available on Pixel or Windows phones at this time.
- Ohma and the Yogasleep app are currently only supported for users in the United States.

1. Search “Yogasleep” or scan the QR code with your phone or tablet’s camera to download mobile app from the app marketplace.

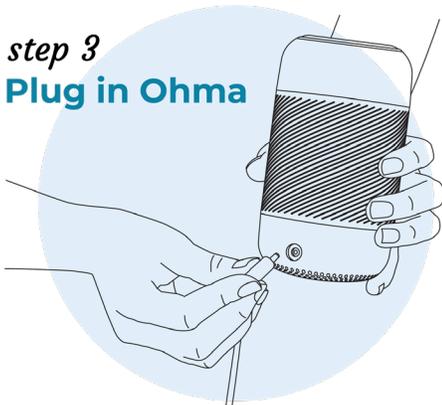
## step 2 Register for new account



1. Open the Yogasleep app and register for a new account. Passwords must be at least 8 characters and include one capital letter and one number or symbol.
2. A verification code will be emailed to you. When prompted, enter the code in the app and press “Register.”
3. You can now login to the app by entering the email and password that was used to set up the account.

- If you did not receive a verification code, first check your spam folder.
- You can request a new verification code by restarting the Registration process.

## step 3 Plug in Ohma



1. For setup, place Ohma near your router to ensure Ohma is able to connect to your network.
2. Plug Ohma into the wall using the included power adapter.
3. An audio prompt will direct you to complete setup in the app.

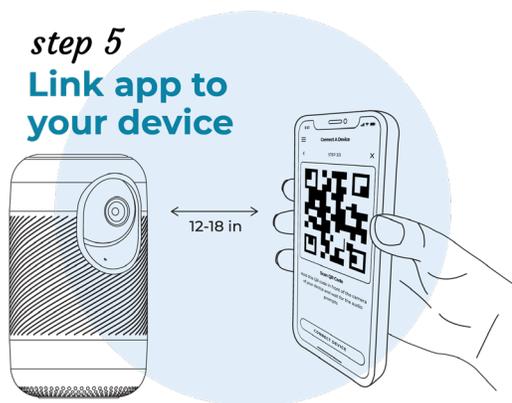
- Only use the power cord that is provided with your Ohma.

**step 4**  
**Connect to Wi-Fi**



1. Make sure your phone or tablet is connected to your 2.4Ghz Wi-Fi network.
  2. Grant app security permissions if prompted by device.
  3. In the app, press "Add a Device"
  4. Name your Ohma
  5. If your phone or tablet is connected to Wi-Fi, the network name will auto-populate. If it does not auto-populate, enter your Wi-Fi name. Enter your password. Both Wi-Fi name and password are case sensitive.
- Ohma can only connect to a 2.4Ghz network.
  - Your router needs to be a minimum of 802.11g. For maximum performance, 802.11n router with WPA2 is preferred.
  - Ohma cannot connect to Wi-Fi networks with additional authentication such as a hotel or business network.

**step 5**  
**Link app to your device**



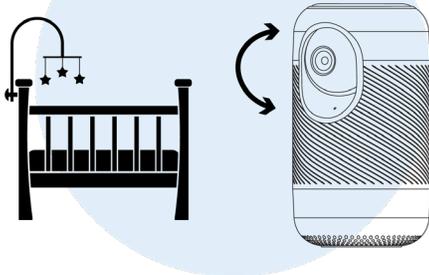
1. A QR code will appear on your phone or tablet.
  2. Place the Ohma on a hard surface and don't move it.
  3. Hold the QR code in front of the Ohma camera at a distance of 12 to 18 inches. The code may take up to 20 seconds to scan.
  4. If the light is pulsing on Ohma, it is scanning the QR code. You will hear an audio prompt from the device and the light will flash green once Ohma has been connected to your app.
- Make sure you are in a well-lit space and your screen is at maximum brightness and does not auto-dim.
  - Hold the QR code steady in front of the Ohma camera while it is being scanned.
  - Avoid having a glare on the screen of your device.
  - If the light is not pulsing, unplug Ohma and plug it in again, wait for the light to pulse, and scan the code again. Or, hold the Power button down for 20 seconds to perform a factory reset and restart the connection process.
  - If your Wi-Fi name and password have not been changed and are the same as what's on the back of your router, change your Wi-Fi network name and password to something that is easy to type to avoid entering your information incorrectly.

*step 6*  
**Update device software**



1. Ohma software updates:  
After set up, we recommend updating the software to ensure you have the most recent updates. To perform the update, click into the camera view > Settings > Update Device.
  2. Yogasleep App updates: If you do not have automatic updates enabled, you will need to manually update the app from within the Apple App Store or Google Play Store. We recommend restarting the Yogasleep app after the update has been installed.
- The update process can take up to 5 minutes. During this time, please don't use the app. After 5 minutes, restart the app.

*step 7*  
**Position your Ohma**



1. Place the monitor facing the center of the area you want to be able to see. For cribs or beds the ideal placement is on a shelf or dresser that is higher than the crib or bed (so the camera angle has as unobstructed a view of the child as possible).
  2. To adjust Ohma's angle of view, manually rotate the black camera up or down within its housing.
  3. To zoom in when looking at the live view, use your fingers to pinch the screen on your device while in the app.
- Keep the unit and the power cord out of reach of toddlers and small children.
  - For sound-masking purposes, the unit is most effective when placed between baby and the source of noise.
  - In general, we recommend placing the unit at least three feet (one meter) away from you or your child. This lets the sound fill the space in order to provide the greatest sound-masking benefit and creates a soothing sound environment conducive to sleep, concentration, or privacy.

# TROUBLESHOOTING

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## Perform Factory Reset

- Hold the power button for 20 seconds until you hear an audio prompt that the device is being reset.
- Ohma will erase all data and Wi-Fi connections.
- The camera will need to be removed from the app by clicking settings from the camera view > Remove Device.
- Follow setup instructions to reconnect with Ohma.

## Wi-Fi has connectivity on reception issues

- For optimal performance, Ohma requires a strong Wi-Fi connection. Once Ohma is set up, you can check the status of your Wi-Fi connection by navigating to the camera view. A Wi-Fi signal strength bar will appear near the top of the screen.
- If the signal strength is poor, performance will be impacted.
- If the live view is buffering and/or taking a long time to connect, it could be due to poor Wi-Fi connection.

## Unable to Connect to Wi-Fi During Setup

- A common reason Ohma does not connect is because of an incorrect Wi-Fi name or password. Wi-Fi names are case sensitive and must be entered correctly for Ohma to connect to the network.
- Select the “Back” arrow in the app and re-enter your Wi-Fi name and password. A new QR code will be generated for Ohma to scan.

## Need to Connect to Different Wi-Fi Network

- Perform a Factory Reset with the steps above. Ohma will wipe all previous Wi-Fi connections.
- Connect your phone or tablet to the new Wi-Fi and follow the instructions above for setting up Ohma.

## Connecting to Wi-Fi that requires additional authentication (e.g. at a hotel)

- Ohma cannot connect to Wi-Fi networks with additional authentication.

## Can't Sign In to the Yogasleep App

- Open the Yogasleep app. Select “Forgot Password”. A code will be emailed to you.
- Enter the code into the app and then enter your new password.
- Try logging into the app with your new password.

## Didn't Receive a Verification Code During Registration

- Check your spam folder.
- Request a new verification code by restarting the Registration process.

## Ohma Software Updates

- We are constantly working to make improvements to Ohma's software. To make sure you have the latest updates, Ohma can be updated automatically or manually.
- **Manual Updates**
  - Go into the camera view
  - Press “Settings”
  - Press “Update Device.” A popup will ask you to confirm the update.
  - You may see a banner on the camera screen letting you know that a new update is available. You can click on the banner and confirm the update.

- **Automatic Updates**

- Once a week, Ohma will check for updates and download any that are available.
- The update can take up to 5 minutes. While the device is updating, certain functions may not work. This is temporary and will resolve once the device has finished updating.

## App Updates

- If your phone or tablet is set to receive automatic updates for your apps, the Yogasleep app will download the newest version when there is an update. To manually update the app, go to the app store, search for the Yogasleep app, and press "Update."

## FREQUENTLY ASKED QUESTIONS

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### Does Ohma come with a mounting bracket?

- No, Ohma does not come with a mounting bracket because it does not need to be mounted. Simply place Ohma on any raised surface facing the center of the area you want to see. For cribs or beds, the ideal placement is on a shelf or dresser that is higher than the crib or bed (so the camera has as unobstructed a view of the child as possible).

### How do I adjust Ohma's view?

- To adjust Ohma's angle of view, manually rotate the black camera up or down within its housing.
- To zoom in when looking at the live view, use your fingers to pinch the screen on your device while in the app.

### How do I adjust the camera angle?

- Use your fingers to manually adjust the camera up or down within its housing. To zoom in when looking at the live view, use your fingers to pinch the screen on your device.

### How do I change the color of Ohma's light?

- Open your app and select the camera view. Select the "Lighting" button at the bottom of the screen or choose the "Lights" option in the Menu. Both options will bring you to the Color Picker screen, where you can choose the color of Ohma's night light.

### How do I reset Ohma?

- Hold the power button for 20 seconds until you hear an audio prompt that the device is being reset.
- Ohma will erase all data and Wi-Fi connections.
- The camera will need to be removed from the app by clicking settings from the camera view > Remove Device.
- To reconnect Ohma, begin the setup process again.

### Can I play my own music through Ohma?

- At this time, Ohma is unable to stream personal music. However, Ohma does come with a variety of soothing sleep sounds to choose from!

### Why does the live stream sometimes take longer to connect?

- In order for the livestream to connect quickly, you must have a strong Wi-Fi connection. The weaker the connection, the slower the stream will connect. For best streaming performance, make sure your phone and Ohma are connected to the same Wi-Fi network, and check that your Ohma has a strong Wi-Fi connection.

### How do I know if I have a strong Wi-Fi signal?

- You can check the status of your Wi-Fi connection by going into the camera view. A Wi-Fi signal strength icon will appear near the top of your screen.