

**TEST PATIENT**

Sample Test Name
 Sex : F
 Date Collected : 00-00-0000
 111 TEST ROAD TEST SUBURB
LAB ID: 00000000 UR#:00000000

TEST PHYSICIAN

DR JOHN DOE
 111 CLINIC STREET
 CLINIC SUBURB VIC 3000

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ENDOCRINOLOGY URINE

URINE, SPOT	Result	Range	Units	
Creatinine, Urine Spot	141.0	35.0 - 225.0	mg/dl	
Total (OH)Corticosteroids, Spot Urine	38.5	22.0 - 56.0	ug/gCR	
17-Ketosteroids, Spot Urine	32.4	15.0 - 55.5	ug/gCR	
17K-Steroids/Tot OHCorticoids, Spot Urine	0.84		RATIO	

Urine Adrenals Comment

17-keto/11-OHCorticoid Ratio <1

Excess levels of glucocorticoids are referred to as Adrenal Catabolic Syndrome, which is indicative of too much "wear and tear" and not enough "rest and repair". Use of adrenal androgen therapy or reducing cortisol therapy should be considered. Other contributing factors to a sub-optimal ratio are excess levels of stress and/or exercise and a lack of rest and recovery.

INTEGRATIVE MEDICINE

BLOOD SPOT	Result	Range	Units	
AA/EPA Ratio Blood Spot	21.2	1.4 - 52.6	RATIO	
CRP Ultra-sensitive B/S	2.7	0.0 - 5.0	mg/L	