TEMAZEPAM ADVERSE REACTIONS MAY INCLUDE: per PDR

**Severe:** neonatal abstinence syndrome, teratogenesis, angioedema, anaphylactoid reactions, neonatal respiratory depression  
**Moderate:** euphoria, confusion, blurred vision, ataxia, palpitations, dyspnea, amnesia, nystagmus, hallucinations, tolerance, psychological dependence, physiological dependence, withdrawal, memory impairment, complex sleep-related behaviors, hypotension, respiratory depression  
**Mild:** drowsiness, fatigue, dizziness, lethargy, anxiety, diarrhea, weakness, vertigo, nausea, tremor, vomiting, ocular irritation, hyperhidrosis, back pain, agitation, restlessness, somnambulism, nightmares, insomnia

TEMAZEPAM SIDE EFFECTS MAY INCLUDE:

- Daytime drowsiness
- Amnesia or forgetfulness
- Muscle weakness, lack of balance or coordination
- Numbness, burning, pain, or tingly feeling
- Headache, blurred vision, depressed mood
- Feeling nervous, excited or irritable
- Nausea, vomiting, stomach discomfort
- Dry mouth, increased thirst
- Confusion
- Feeling restless
- Low energy
- Feeling weak

TEMAZEPAM SERIOUS SIDE EFFECTS MAY INCLUDE: *Contact your doctor right away if you are experiencing any of these.*

- Weak or shallow breathing
- Fast or pounding heartbeats
- Confusion, slurred speech, unusual thoughts or behavior
- Hallucinations, agitation, aggression
- Thoughts of suicide or hurting yourself
- Restless muscle movements in your eyes, tongue, jaw, or neck
- Pale skin, easy bruising or bleeding, unusual weakness
- Fever, chills, body aches, flu symptoms
- Problems with urination
- Low fever
- Dark urine
- Nausea, stomach pain, loss of appetite, clay-colored stools
- Jaundice or yellowing of the skin or eyes

TEMAZEPAM WITHDRAWAL SYMPTOMS MAY INCLUDE:
aggression, anxiety, balance issues, blurred vision, brain zaps, concentration impairment, constipation, crying spells, depersonalization, diarrhea, dizziness, electric shock sensations, fatigue, flatulence, flu-like symptoms, hallucinations, hostility, highly emotional, indigestion, irritability, impaired speech, insomnia, jumpy nerves, lack of coordination, lethargy, migraine headaches / increased headaches, nausea, nervousness, over-reacting to situations, paranoia, repetitive thoughts or songs, sensory & sleep disturbances, severe internal restlessness (akathisia), stomach cramps, tremors, tinnitus (ear ringing or buzzing), tingling sensations, troubling thoughts, visual hallucinations / illusions, vivid dreams, speech or visual changes, worsened depression, insomnia, abdominal and muscle cramps, convulsions, feeling of discomfort, inability to fall asleep or stay asleep, sweating, tremors, vomiting

Disclaimer:
*Because prescription medications can cause severe withdrawal reactions, do not stop taking any medication without first consulting your physician. The decision to taper any medication should be discussed with your doctor and done with their consent and support.
*While great care has been taken in organizing and presenting the material throughout this website, please note that it is provided for informational purposes only and should not be taken as Medical Advice.

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