

Typical Amino Acid Profile

Amount per serving

Alanine	.8 g
Arginine	.4 g
Aspartic Acid	1.6 g
Cystine	.3 g
Glutamic Acid	2.6 g
Glycine	.3 g
Histidine	.3 g
Isoleucine	.9 g
Leucine	1.6 g
Lysine	1.4 g
Methionine	.3 g
Phenylalanine	.5 g
Proline	.9 g
Serine	.8 g
Threonine	1.1 g
Tryptophan	.3 g
Tyrosine	.5 g
Valine	.9 g