

Typical Amino Acid Profile

Amount per serving

Alanine	.7 g
Arginine	1.3 g
Aspartic Acid	1.8 g
Cystine	.2 g
Glutamic Acid	2.6 g
Glycine	.6 g
Histidine	.4 g
Isoleucine	.7 g
Leucine	1.3 g
Lysine	1.1 g
Methionine	.2 g
Phenylalanine	.8 g
Proline	.7 g
Serine	.8 g
Threonine	.6 g
Tryptophan	.2 g
Tyrosine	.6 g
Valine	.8 g