Anna's food picks
This month's shopping inspiration from food & reviews writer Anna Lawson

Plant-based garlic mayo (240g) £2.95, nabisco.co.uk
This new vegan, mayonnaise is smooth and creamy with an addictive tingle and natural garlic flavour that isn't overpowering. Perfect in burgers or for dipping fries.

Orange Utan Sumatran ground coffee (227g) £3, Darwen & Partners
Sustainably farmed and fully traceable from bean-to-cup using 'trace my Farmer' app, this 100% arabica coffee is rich and chocolatey. Plus, for every kilo sold, money is donated to the Sumatran Orangutan Conservation Programme.

Pestle-picked garlic (235g) £2.39, Bonmarche.com
Packed to herb-infused wine vinegar, these crunchy garlic cloves are a nice balance of sweet and acidic - great for serving with charcuterie and cheese, or try whizzing into dips.

Highly chilli-roasted sweet potato & feta pie 6x 250g £6.99, Sainsbury’s
Celebrating National Pie Week 1-7 March! Our magazine’s editor Keith recommends this new, sharing-size, sweet potato & feta pie for an easy family dinner.

Gluten-free dairy-free chocolate ice cream (120ml) £1.99, Asda
Described by our food editor Caroline as one of the best vegan ice creams she's tried, this is creamy with a rich chocolatey flavour, and has nuggets of brownie and chocolates studded through it.

Special malted beer in secure (410g) £2.49, supermarket
For those times when you need a quick fix, this malted barley is nicely spiced, creamy and natural-tasting, with a pleasant hint of sweetness.

I'm loving
Single estate, organic Lebanese olive oil
When you think of olive oil, you might think of Italy or Spain, but Lebanon produces some of the world’s finest olives and olive oil thanks to its geographical location, climate and fertile land. It’s also home to some of the world’s oldest olive trees, dating back 2,000 years. Living between London and Lebanon for years, husband and wife duo Kate and Rehan Kassar set up Haramein in order to share some of Lebanon’s best olive oil with UK consumers. Haramein is made by hand picking and cold-extracted olives grown exclusively, and infused with a family of rare 12-year-old Lebanese olives and 5-year-old Tunisian olives. The result is a subtle and refined, fresh-tasting olive oil with a complex, warm, fruity taste that’s great for dressing salads or grilled fish, or used for drizzling fresh bread into £1.95, haramein.com

Harlow’s defence & smoky smoked salmon slices (50g) £2.99, Asda
These moroccan spiced nuts have a proper chilli kick and a good level of salt. They’re great for grabbing on the go, or as an afternoon snack or topping alongside dips. Or try roughly chopping them and sprinkling over stir-fries and curries.