# MONICA RICH KOSANN <br> Poesy Bangle Sizing Guide 

PRINTING INSTRUCTIONS:
To ensure your bangle sizer is scaled properly, be sure to print with "no scaling" so that the page prints at actual size. The page should be $8.5 \times 11$. To be sure you've printed at the proper size, use a ruler to match up with the dimensions to the right. These should measure to exactly 1 cm , matched perfectly along the ruler.

## HOW TO USE THE BANGLE SIZER:

1. Cut out the bangle sizer on the dotted lines
2. Make a slit across the dotted line marked "cut here"
3. Tuck your thumb into your hand as if to slide on a bangle
4. Wrap the sizer around the widest part of your hand with the numbers facing outward
5. Insert the end of the sizer through the slit on the opposite end

6 . Pull the sizer through until you have a comfortable fit
7. The number on the sizer that matches up with the slit is your bangle measurement
8. Match this size with our suggested bangle size for your perfect fit!

For general bangle sizing we reccommend:
Medium: $19 \mathrm{~cm}-20.5 \mathrm{~cm} \quad$ Large: $20.5 \mathrm{~cm}-21.5 \mathrm{~cm}$


