SPACETALK

Life

User Guide

SOS
Button

GPS
Locator

Fall
Detection

4G
Phone

Water
Resistant

Reminders
& Alarms

Contents

SPACETALK

Legend

Calls	Message	Weather
Send Location	Step Count	Alarms
Settings	Information	Fall Detection

Default Watch Face

SOS Button

Power/Wake Button

Signal Strength & Provider

IOS App Icon

Android App Icon

Disabled

Enabled

SPACETALK

What's in the box?

1

SPACETALK LIFE

2

7

Quickstart Guide

SPACETALK LIFE

3

SPACETALK LIFE

6

4   **5**
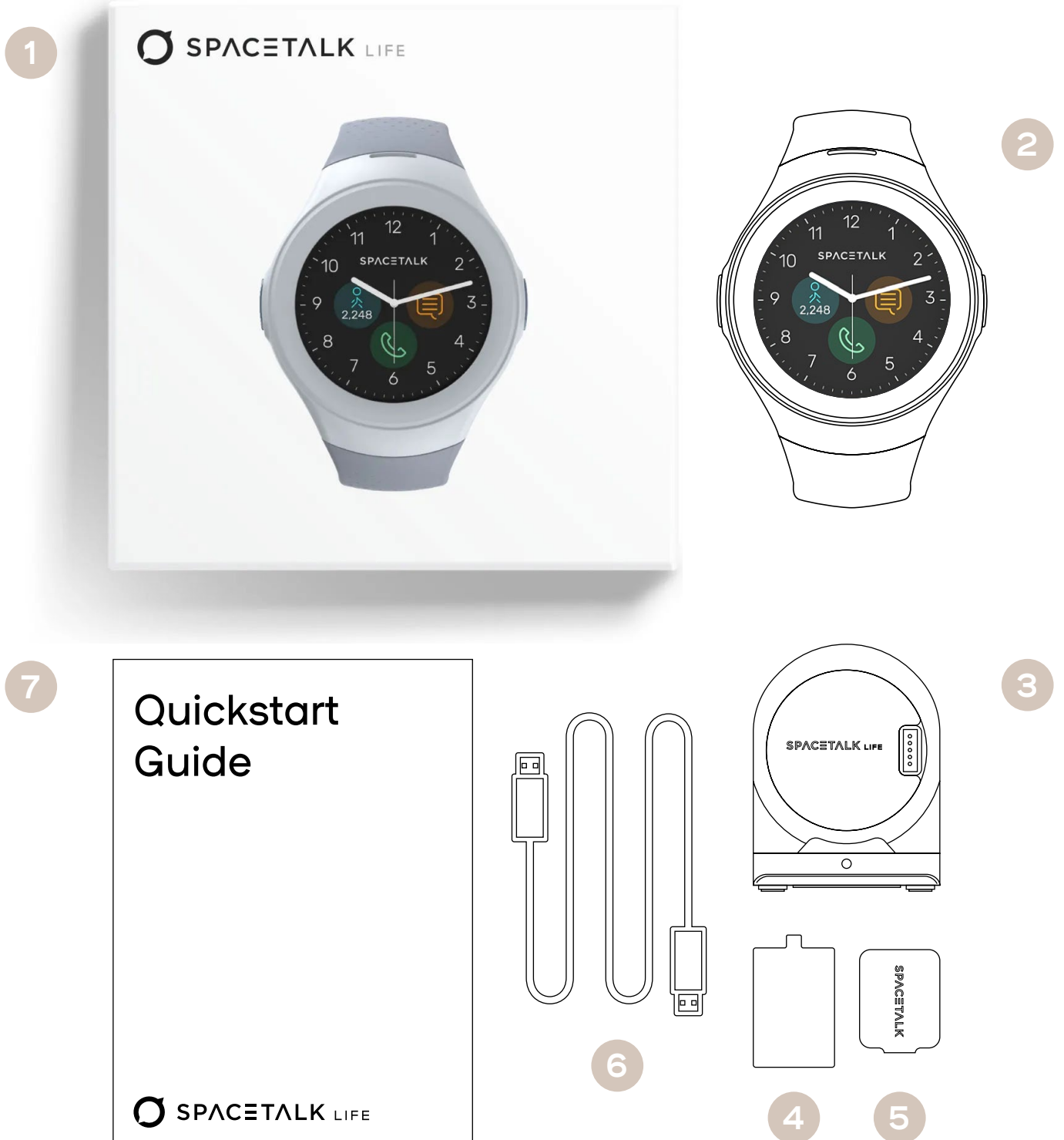
1	Spacetalk Life Gift Box	**4**	SIM Cover Removal Tool
2	Spacetalk Life	**5**	SIM Cover
3	Charging Dock	**6**	Charging Cable
		7	Quickstart Guide

SPACETALK

Getting to know your device

1	SOS/Return Button
2	Power Button
3	Touch Screen
4	Speaker Port
5	Microphone Port

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Getting to know your device
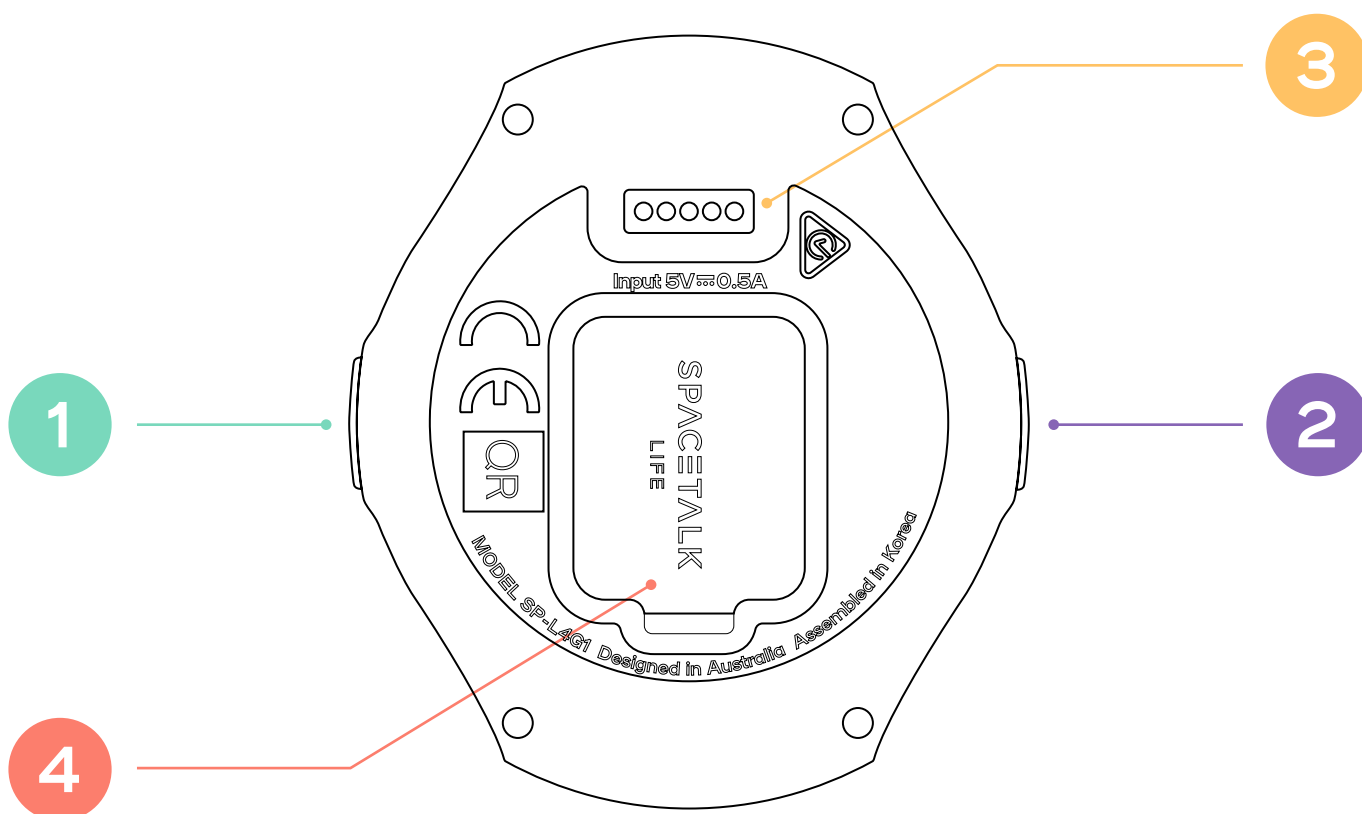
1	Power Button
2	SOS/Return Button
3	Charging Port
4	SIM Cover

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Installing your sim card

1
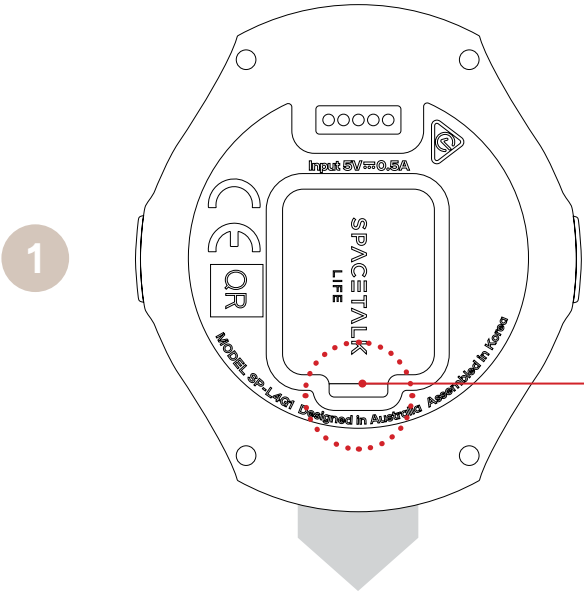
Using the SIM Cover Tool, pry the SIM Cover open

2
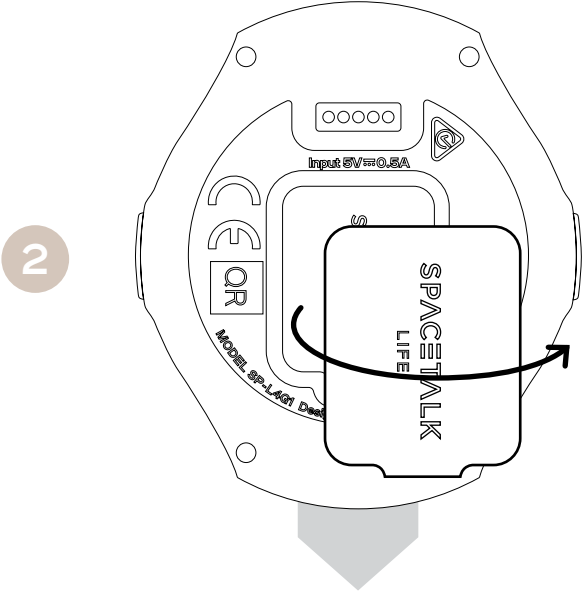
Pull out the SIM Cover and flip it over

3
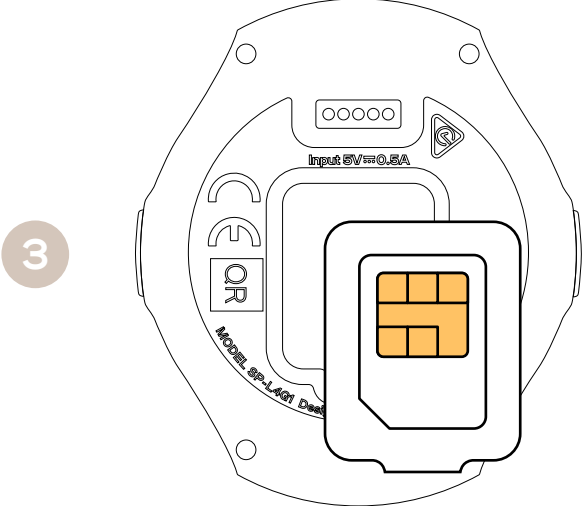
Insert the SIM card with the gold visible.

Insert SIM as seen in step 1

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Charging your watch

1

SPAC⊐TALK LIFE
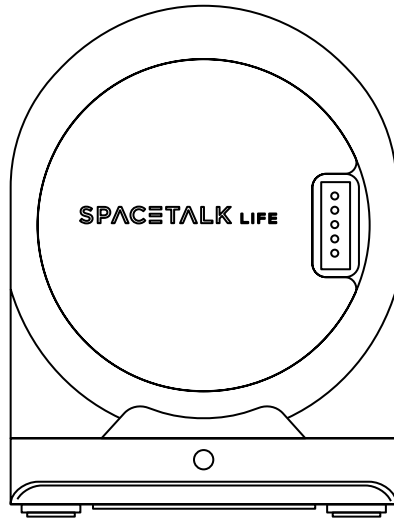
Connect the USB cable to the charging dock and a power adapter (power adapter is not included)

2

SOS
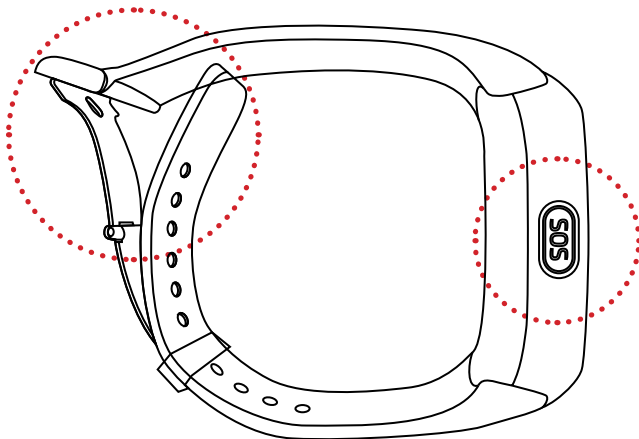
Unlatch the buckle

3

15/04/2020   40%

10:47 am

With the SOS button facing up, place the watch onto the charging dock

While charging, the light will be red and when the watch is fully charged, the light will change to green

SPAC⊐TALK

How to adjust the strap
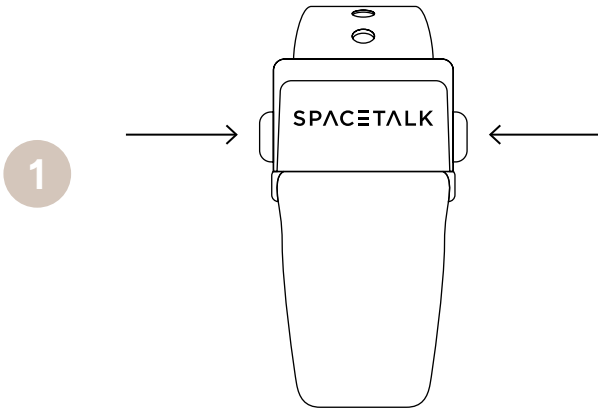
1 Push in the buckle on both sides to un-clip the strap
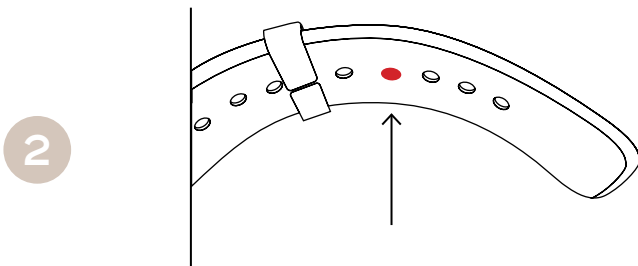
2 Pull the strap so that the metal stud is free from the strap hole
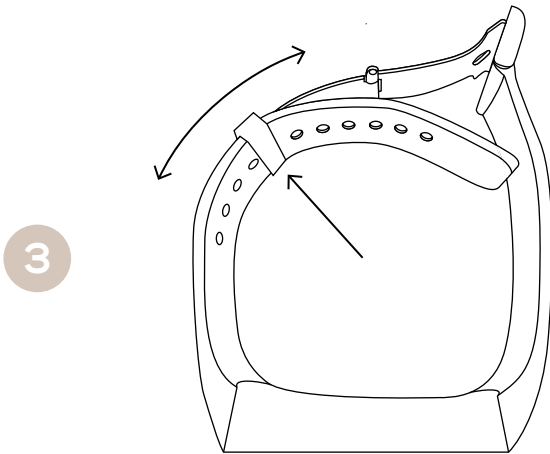
3 Slide the buckle to change the size:

Towards the watch: Smaller

Towards end of strap: Larger
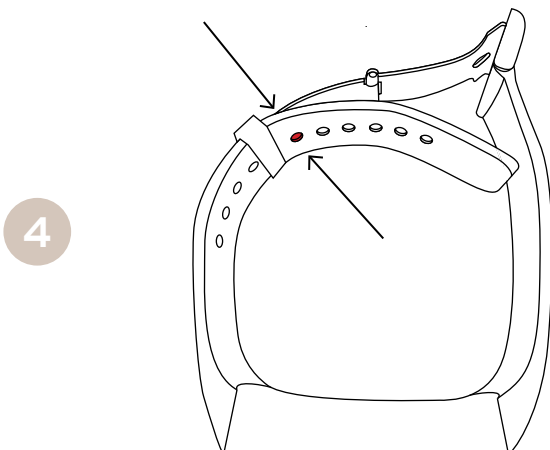
4 When you have the desired size, push the metal stud into the strap hole to lock it in place

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Powering up your watch

To Turn The Watch ON

Hold the power button on the right-hand side until the 'Spacetalk' logo appears. The watch will also vibrate

To Turn The Watch OFF

Hold the power button on the right-hand side until you see the 'shutdown' prompt.

Tap '**YES**' to shut the device down. Press '**No**' to cancel.

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How to access the main menu

Waking the Screen Up:

- This can be done by pressing the power button to the right

- Alternatively, if 'Lift to wake' is enabled simply lift the watch so you are looking at it

Navigate between the screens:

- Tap anywhere on the clock screen

- After this, swipe from right to left to access the next page

How to return to previous screen/ menu:

- Press SOS button to return to the previous screen/menu.

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How to access drop-down menu

Main Watch Face:

- Start by making sure the watch is on and illuminated

Slide Down:

- Sliding down from the top of the screen will show the drop-down menu

Drop-down menu:

- In this menu you will see your SIM signal, battery percentage, flight mode, volume and brightness control

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Drop-down options

Turning on Flight Mode:

- Tapping the '**Flight Mode**' button will turn off all cellular connectivity

- Tapping the plane picture again will disable flight mode, reconnecting the watch

- When orange, flight mode is displayed, no connection is available
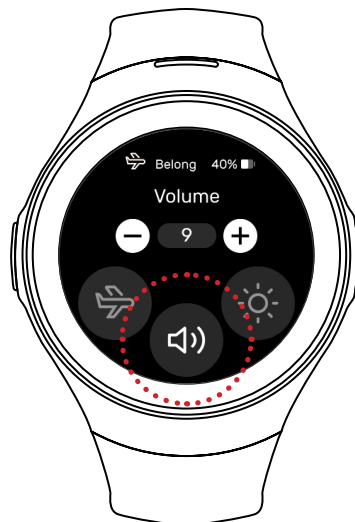
Adjusting sound:

- Tapping the little speaker button will allow you to change volume with the '**+**' and '**-**' buttons

- Tapping again will make the watch vibrate only

- Tapping again will make the watch silent, tapping again will unmute the watch

Adjusting brightness:

- Tapping the little sun button will allow you to change brightness with the '**+**' and '**-**' buttons.

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Tap on the phone icon,

Making calls

---

1. Click numbers:

- Type by tapping on the numbers

- Press the 📞 button to make the call

- Tap the 'black x' to backspace numbers

2. View contacts:

- Swipe left or right to scroll through saved contacts

- Tap on the contact to call their number

- Numbers are saved on the Spacetalk app

3. Call history:

- View in-bound and out-bound calls

- Call History cannot be cleared/deleted.

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Sending messages

Typing messages:

- In this menu you can type the number of the person you want to message

- Press the orange button to start messaging that number

- You can either send a voice message, message, or make a voice call to your chosen number

View messages:

- View message conversations between mobile numbers and the watch

- If you hold onto a message inside the conversation, you will have the option to delete that message or all messages from that number

- When you click on the message icon, the keyboard icon appears, tap on it and start typing the message

View contacts:

- Swipe left or right to scroll through saved contacts

- Tap on the contact to message their number

- Numbers are saved on the Spacetalk app

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Checking the weather

Hourly Forecast:

- Swipe left and right to see the weather change over the course of your day in your location

Daily Forecast:

- Swipe up and down to see a weekly forecast for your current location

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Sending your location

Tap to send:

- When opening the menu, you will be prompted with a '**Send Location**' message. Tap the purple button

Sending:

- You should then see a '**Sending**' message appear

Sent:

- You will see a '**Done**' message appear when your location has been sent

- Location can be viewed from the Spacetalk app

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Using the step tracker

Today & History:

- The Today option will show you the steps for your current day 12:00am - 11:59pm

- History shows you your daily steps from today and the last 5 days

Settings:

- **Active:** Toggling the 'Active' button turns step tracking on or off.

- **Goal:** Change your daily step count goal with a number between 2,000 and 99,999. Tap on the blue number and enter the amount. When you are done, make sure to tap on the tick

- **Reset**: Tapping reset will prompt to confirm if you would like to reset today's step count history/progress

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How to set alarms

Tap ⊕ to add alarm

Tap time

Adjust the time
then tap 'Apply'

Tap 'Title'

Type your alarm description
then tap ⊘

Tap 'Repeat'

SPACETALK

How to
set alarms

Tap ⚪ **to enable day**

🟢 **means enabled**

Adjust day then tap 'Apply'

Tap 'Ringtone'

Select 'Ringtone' or 'Silent'

Tap 'Apply' to confirm

SPACETALK

How to set alarms

Tap 'OK' to add your alarm

Toggling enables or disables the alarm

Tap and hold the alarm to delete it

Note: 'Reminders' can only be viewed from the watch. Editing is done via the Spacetalk app in 'Settings'

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Changing wallpaper

Tap on the
main screen

Tap and hold on
the button

Swipe left and right
to see the selection.
Tap to select

Face watch choices/options.

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Tap on the icon to get into settings menu

System settings

Flight Mode turns off all cellular connectivity

Flight Mode Off   Flight Mode On

Lift to wake turns the screen on when rotating your wrist to look at the watch face

Lift to Wake Off   Lift to Wake On
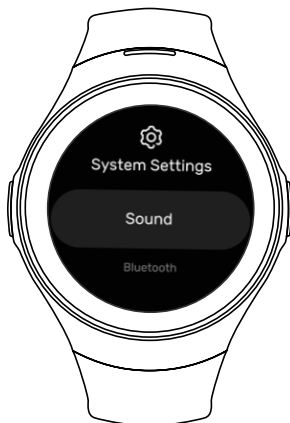
In this menu device you will be able to adjust the volume, sound mode, ringtone (call tone) and notification sound (message tone) for your device

SPACETALK

System settings

Bluetooth Setup Process:
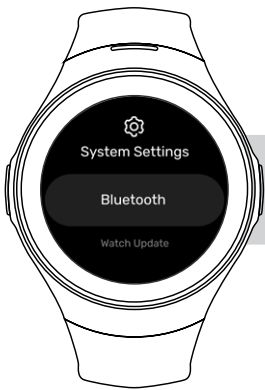
Tap 'Bluetooth'
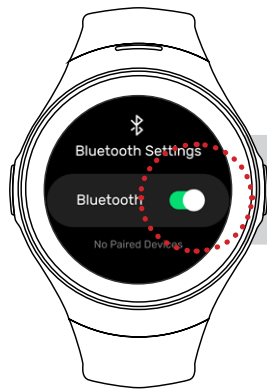
Turn Bluetooth on
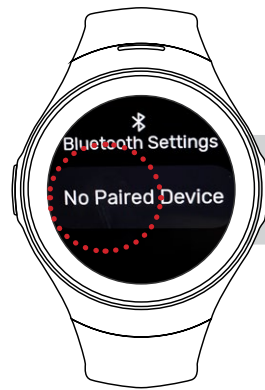
Tap 'No Paired Devices'

Tap 'Scan'

Device will
begin scanning

Tap the device to
connect with
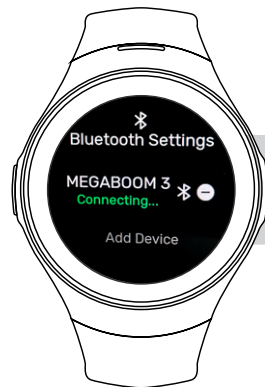
'Connecting'

'Connected'

SPACETALK
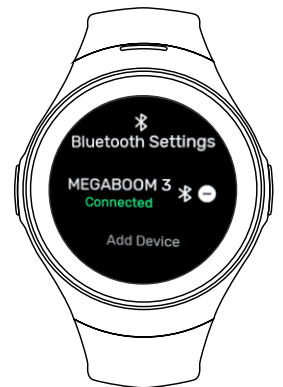
System settings

Watch Update looks for the latest software update to install. Refer to the watch pairing process for more information on updating your watch.

In the 'Date & Time' menu, you will be able to choose to have the date & time set automatically or manually.

Turning this option off allows you to manually adjust the time and date

Turning this option off allows you to manually adjust the time zone

Off = 12-hour format
On = 24-hour format

SPACETALK
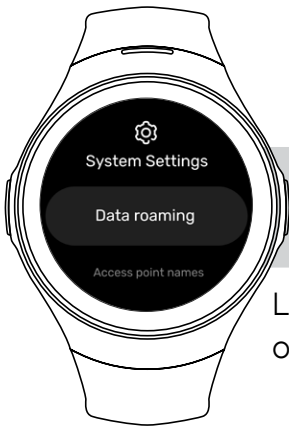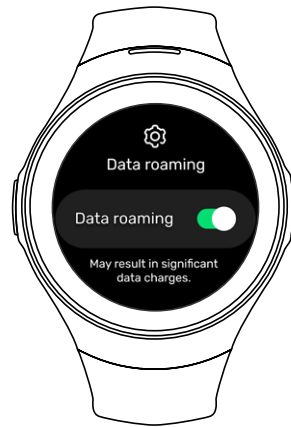
System settings

System Settings
Data roaming

Enter Code
— Last 4 digits of IMEI

Data roaming
Data roaming **(on)**

May result in significant data charges.

— Turn data roaming on/off

System Settings
Access point names

Enter Code
— Last 4 digits of IMEI

Access point names
Telstra Internet
telstra.wap

Teltra Tetheri...
telstra.wap

— Adjust APN settings

System Settings
Factory Reset

Enter Code
— Last 4 digits of IMEI

Are you sure you want to erase all data and restore factory settings?

No | Yes
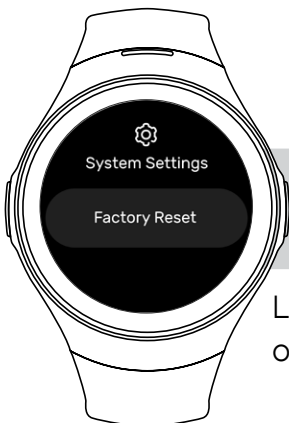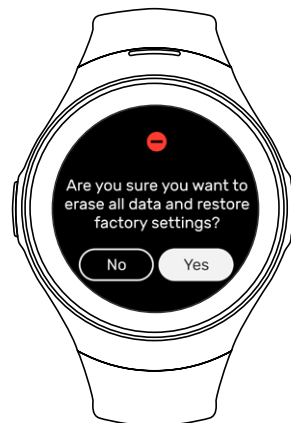
— Restore device to factory default

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Settings

Phone Number (Auto populates)
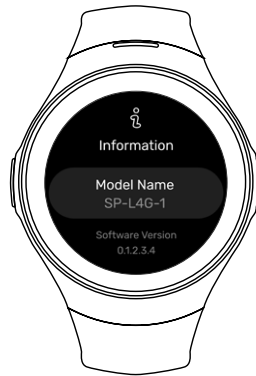
Model Name

Software Version
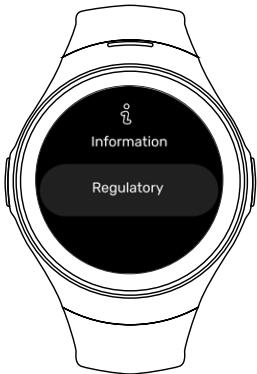
Regulatory
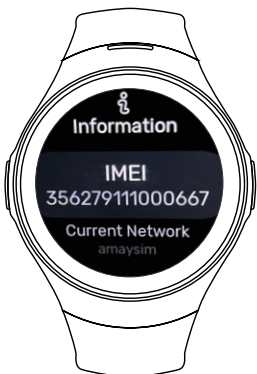
IMEI (Last 4 digits used for some settings menus)
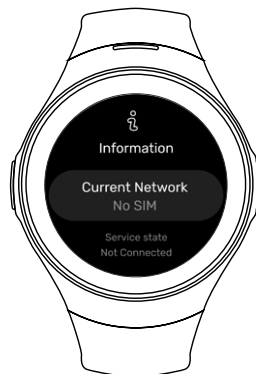
SIM Network
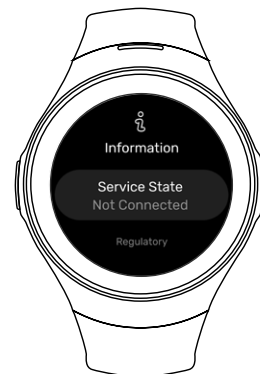
SIM Service State

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Fall detection and Medical ID

Safety Menu
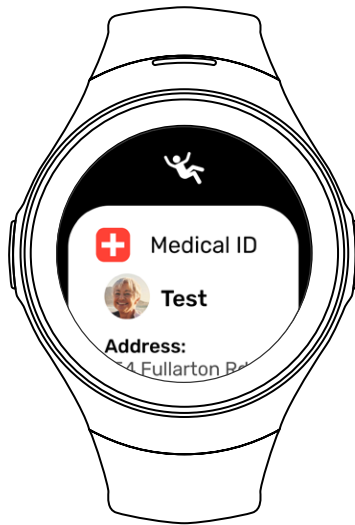
Medical ID information (Setup in the Spacetalk app settings)

Fall detection sensitivity adjustment (Press SOS to confirm selection)

Spacetalk is a consumer general wellness device, not a certified medical device. Spacetalk Life Fall Detection does not detect 100% of falls. If able, users should always push their SOS button when they need assistance. Spacetalk is not intended to replace a caregiver or medical attention for an individual dealing with health issues. The information provided in this Website or the Spacetalk mobile application is not a substitute for obtaining proper medical or other professional care or services. You should seek independent advice from a medical professional.

SPACETALK

SPACETALK LIFE

Using Spacetalk App with your *Life* device

SPACETALK

Using the Spacetalk App

Scroll right to left:

Safe Zones

Map type

Locate me

Fit to screen
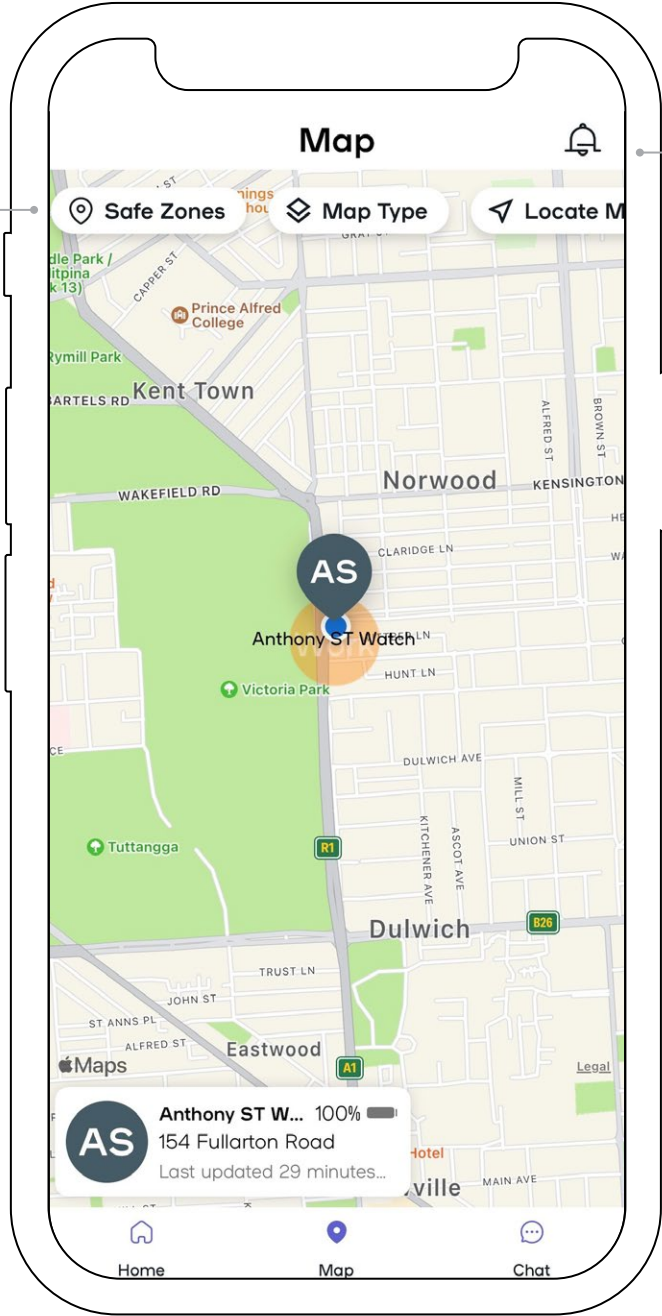
Tap for all Spacetalk Device notifications.

Example:
Firmware update, charging and low battery alerts

SPACETALK

Getting started with the Spacetalk App
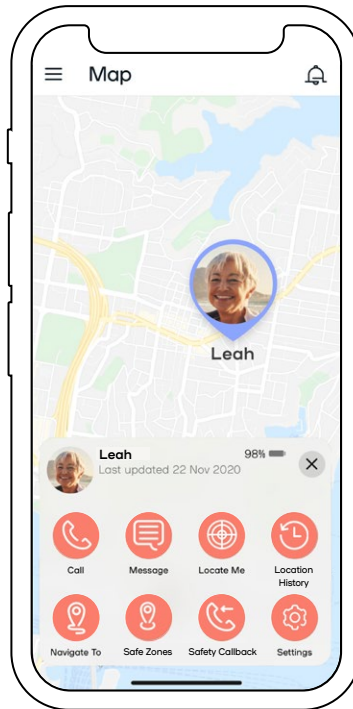
Tap to call that Spacetalk device

Tap to message that Spacetalk device

Tap to locate that Spacetalk device

Tap to show daily location update history

Tap to navigate to the Spacetalk device

Tap to access Safe Zone settings

Tap for Safety Callback

Tap to access the settings menu

SPACETALK

Locating your device
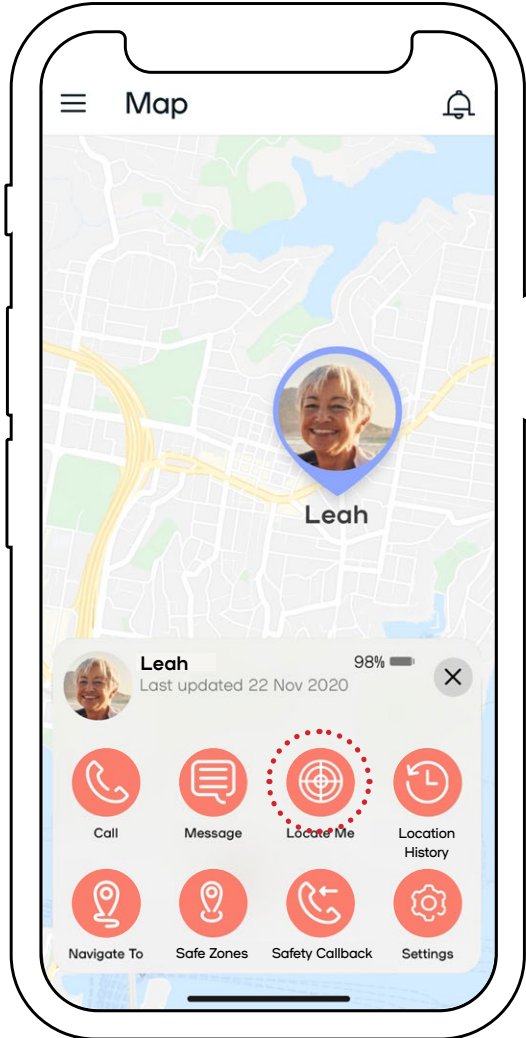
To locate your Spacetalk Life device tap on the button.

This will begin looking for the device as seen below.
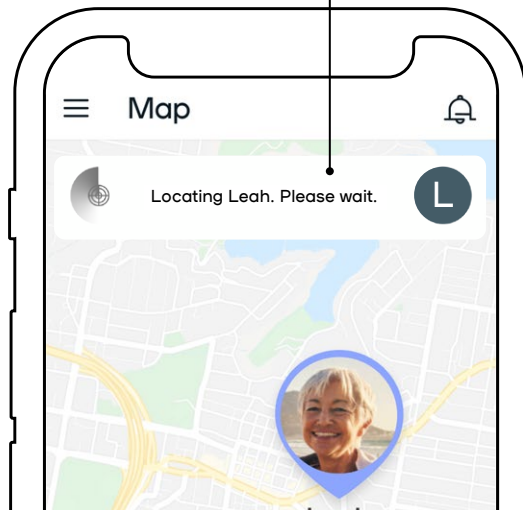
The watch will receive a notification. If the location request is rejected by the wearer, no location on demand will be acquired

SPACETALK

View your location history
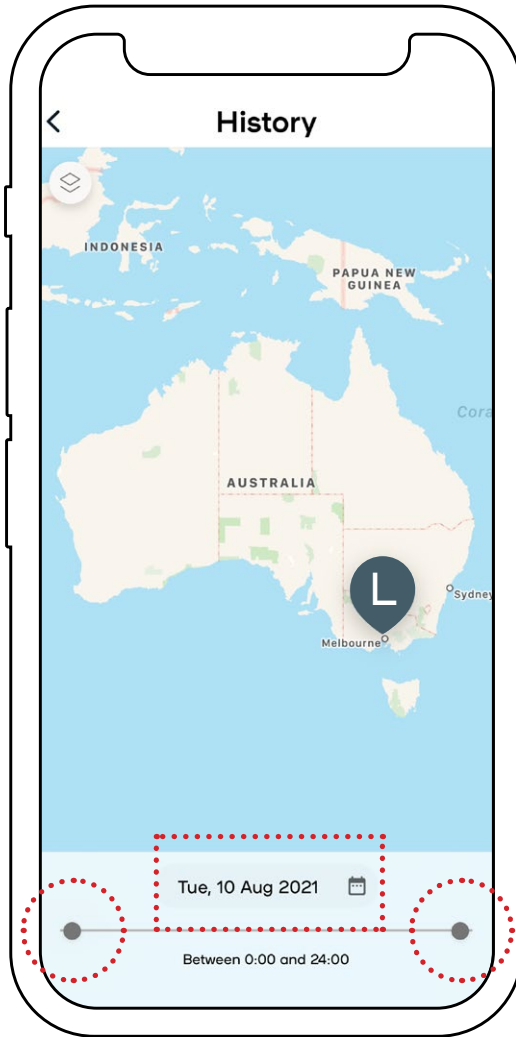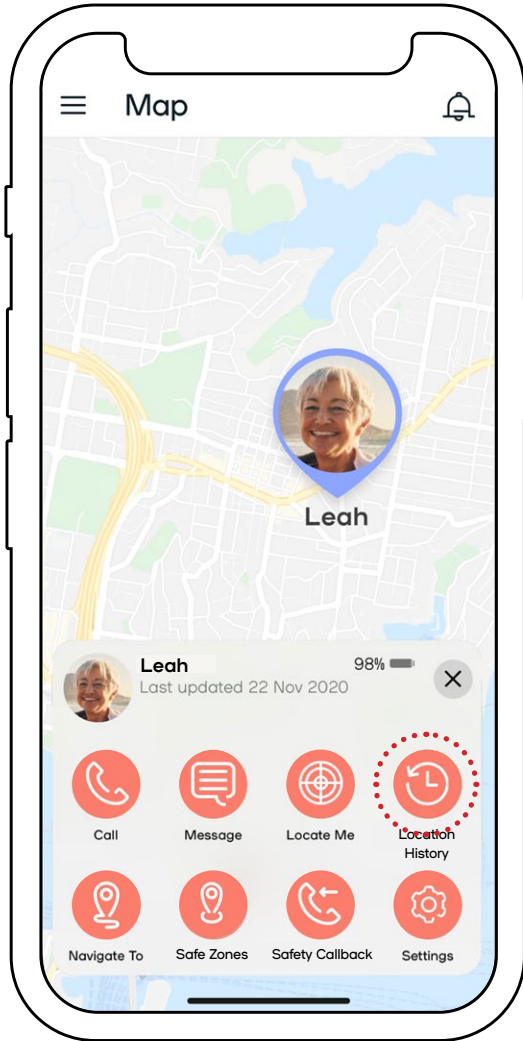
In Location History you can view location updates and change date or interval times to show specific locations

SPACETALK

Navigate to device
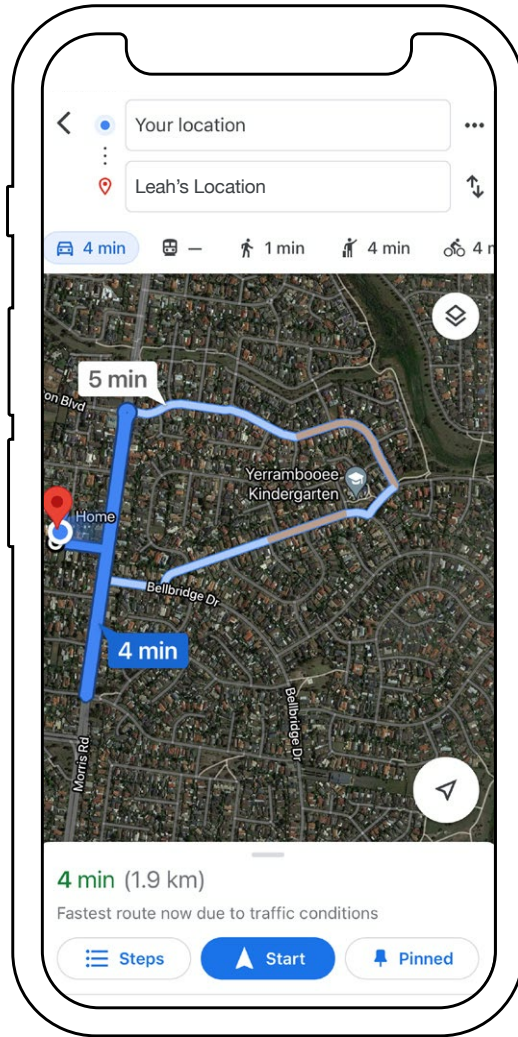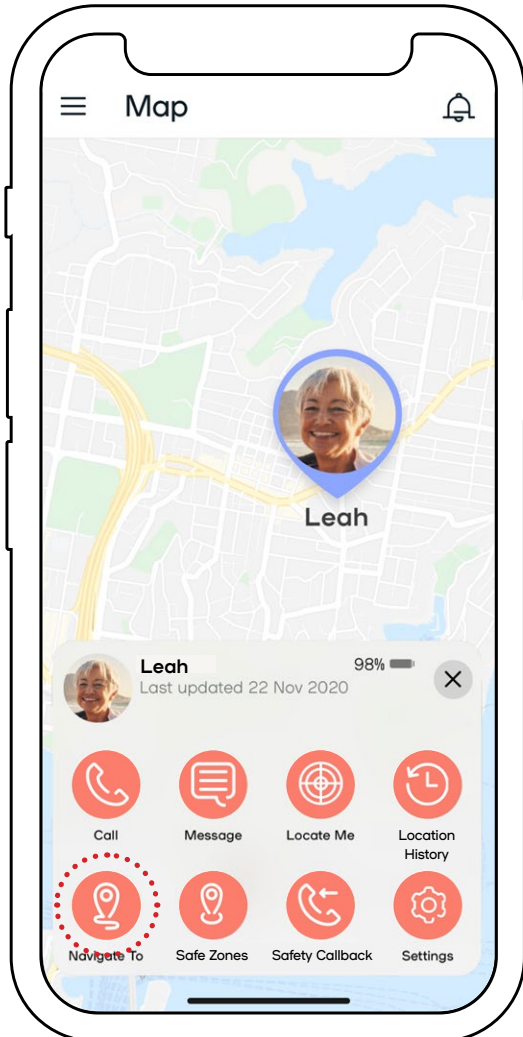
Tapping 'Navigate To' will open your default Maps app on your device and show you directions to the last Spacetalk device location update

SPACETALK

Using safe zones
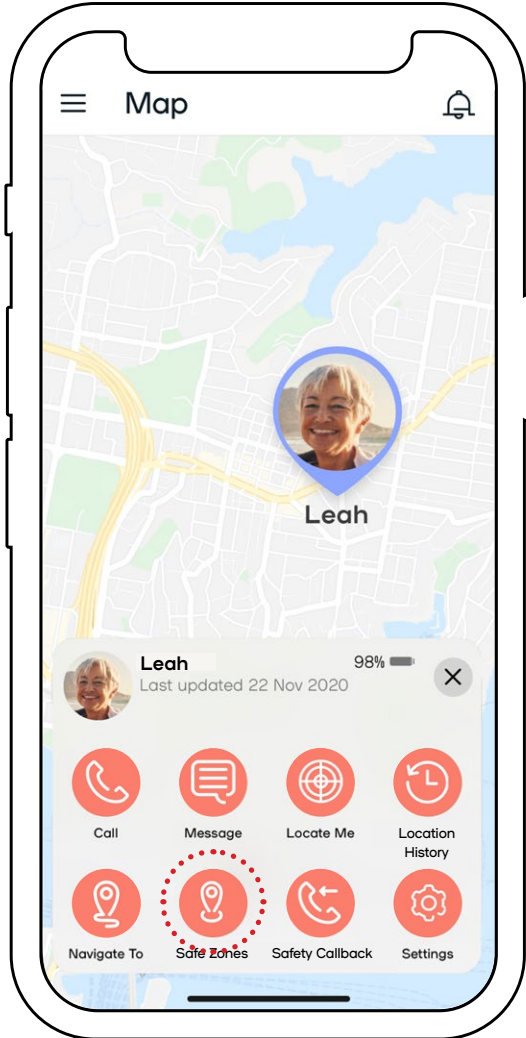
Set Safe Zones to monitor when a device enters or leaves an area.

You can also create intervals to monitor

Please refer to Page 43 for more on Safe Zone alerts

SPACETALK
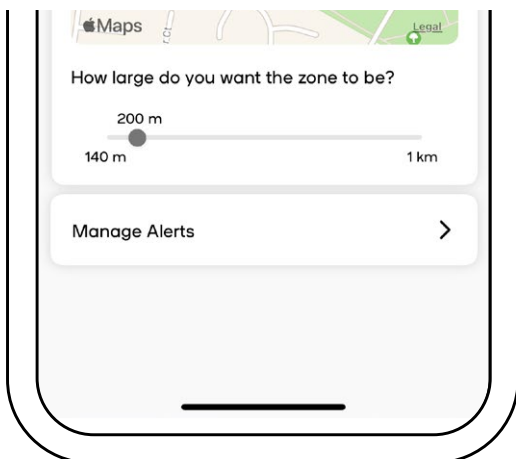
Set up Safety Callback
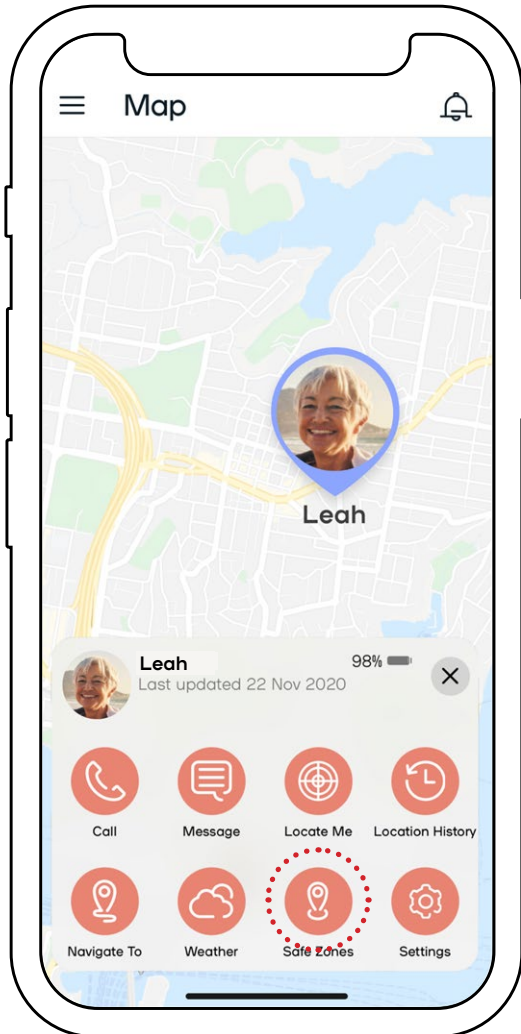
Forces the watch to call your phone so that calling is touch free from the watch.

If the watch wearer doesn't wish for this to go through, this request can be rejected from the watch

SPACETALK

⚙️ Settings

Locate Me

Prince Alfred College

Norwood

Leah
Anthony ST Watch

Location History

Safe Zones   Safety Callback
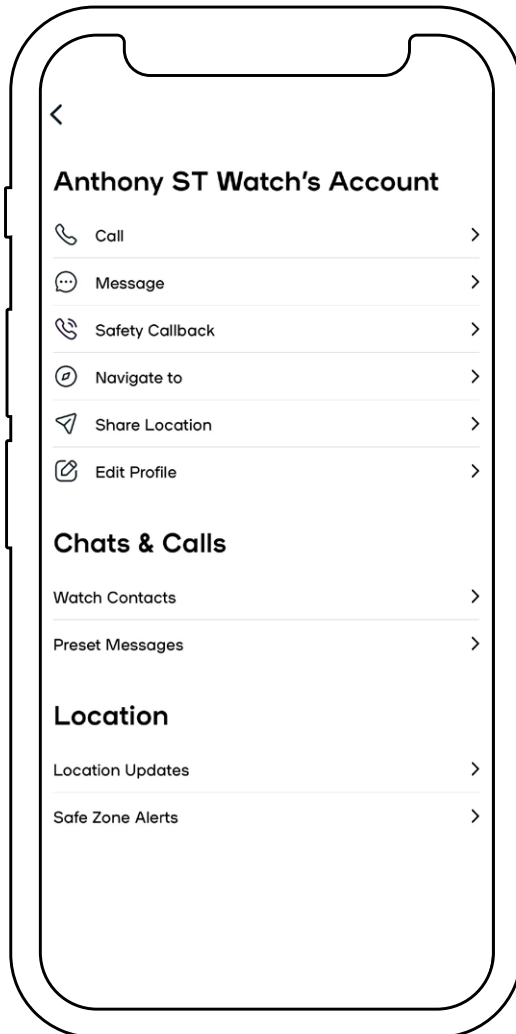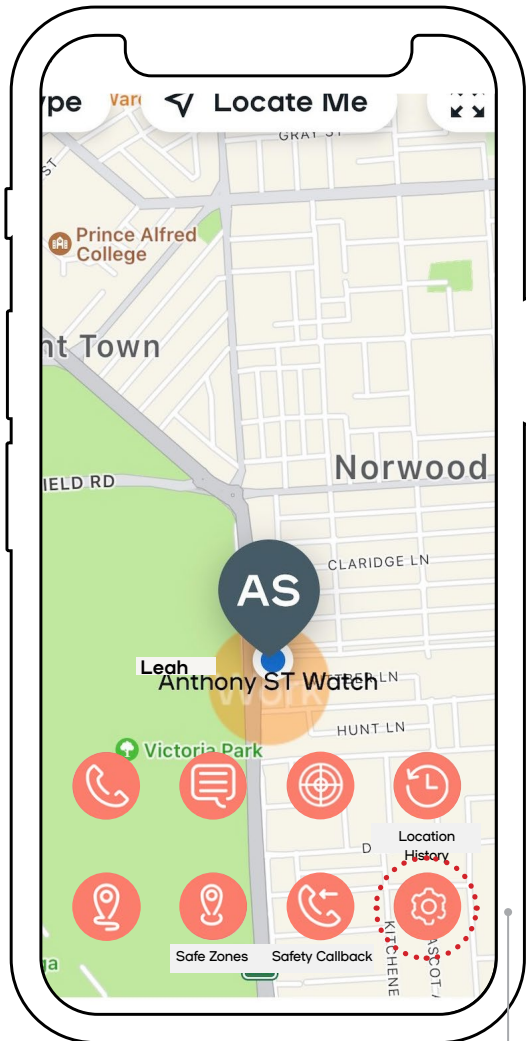
To view settings click on the icon

Anthony ST Watch's Account

📞 Call	>
💬 Message	>
📞 Safety Callback	>
🧭 Navigate to	>
➤ Share Location	>
✏️ Edit Profile	>

Chats & Calls

| Watch Contacts | > |
| Preset Messages | > |

Location

| Location Updates | > |
| Safe Zone Alerts | > |

General

Fitness

SOS Button

Safety

Device Sharing

Alarms

Reminders

Find My Spacetalk

SPACETALK

Manage your account
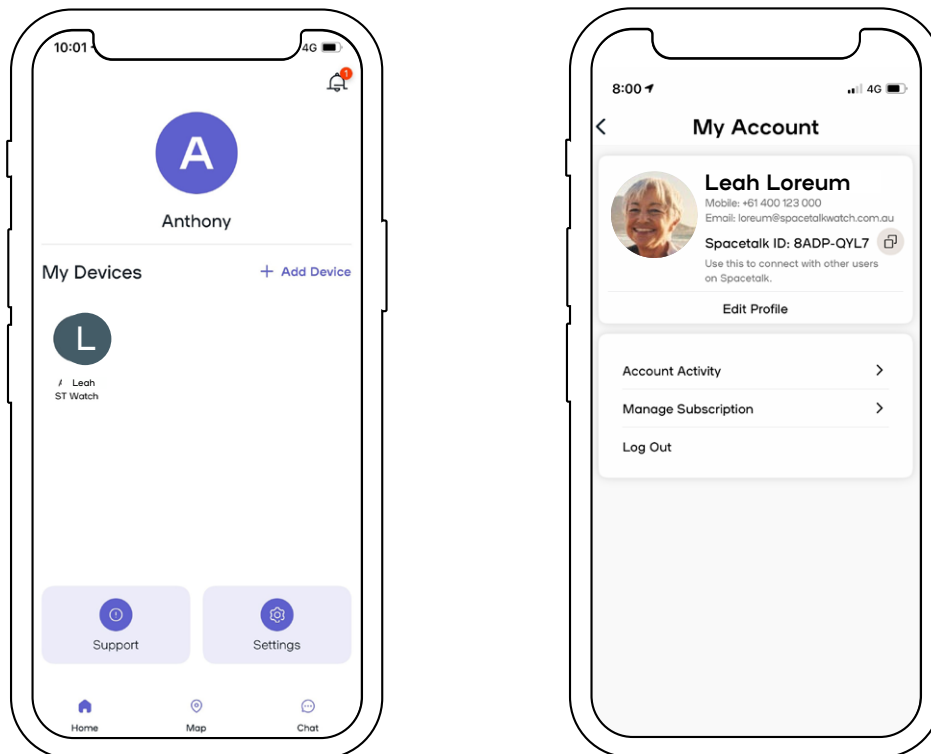
Edit Profile: Edit the details of the specific account you are logged into.

Account Activity: View all the sessions/decices that have logged into this account. You will see device name, when it was last active, IP address and a very brief location based on the IP address (this could vary with VPN's being used)

Manage Subscription:

Log Out:

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Using the fitness tracker

Check your daily, monthly and yearly step count average

You can also change your step count goal from the settings menu (the cog in the top right corner of the screen)

SPACETALK

Managing contacts

Watch Contacts

Block calls and SMS from unknown numbers

indicates an emergency contact.

Leah   0404 204 678
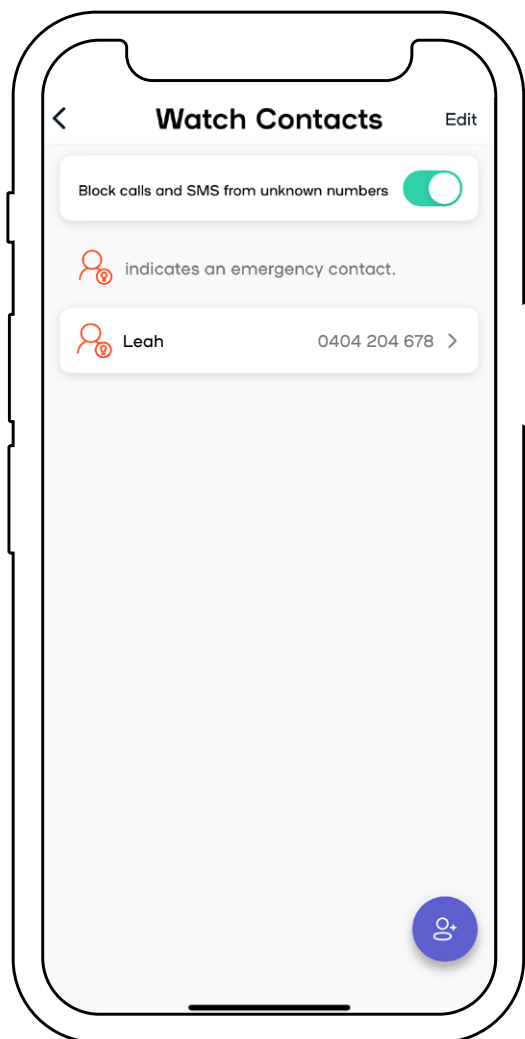
Toggle calls & SMS from unknown numbers and also toggle the free dial pad

Add contacts manually or from your phone's address book. This is where you select if the contact is and emergency contact

Edit contacts and re-arrange order for call sequence when fall detection or SOS is activated

SPACETALK

Preset messages

Preset Messages

Edit

Yes.	>
No.	>
Thank you.	>
Love you.	>
Please call me.	>
I'm ready to be picked up.	>
On my way.	>
Sorry. Can't talk right now.	>
I'll call you right back.	>
I'll call you later.	>
I miss you.	>
Come round for dinner?	>
I'm okay.	>
I need help.	>
I need the police.	>
I need an ambulance.	

Re-arrange and add preset messages.

This is pre-programmed text used to send quick generic responses instead of typing out regularly used messages

Location updates

Reporting Update Interval

Short update intervals reduce battery life. We recommend an update interval of 15 minutes or higher.

OFF
Test's watch will no longer automatically report locations and Alerts will not function. Use the Location on Demand function to manually retrieve locations.

○ Every 5 minutes

○ Every 6 minutes

○ Every 8 minutes

○ Every 10 minutes

○ Every 15 minutes

○ Every 20 minutes

○ Every 30 minutes

○ Every 45 minutes

○ Every 1 hour

Reporting of location intervals: This sets the time in between each automatic GPS location.

The more frequent the intervals, the more battery life your device will consume

The longer the duration between intervals, the more battery life you will get from your device.

Turning this feature off will provide optimal battery life however safe zones will stop working. You will continue to be able to use 'locate me' though

SPACETALK

Safe Zone alerts
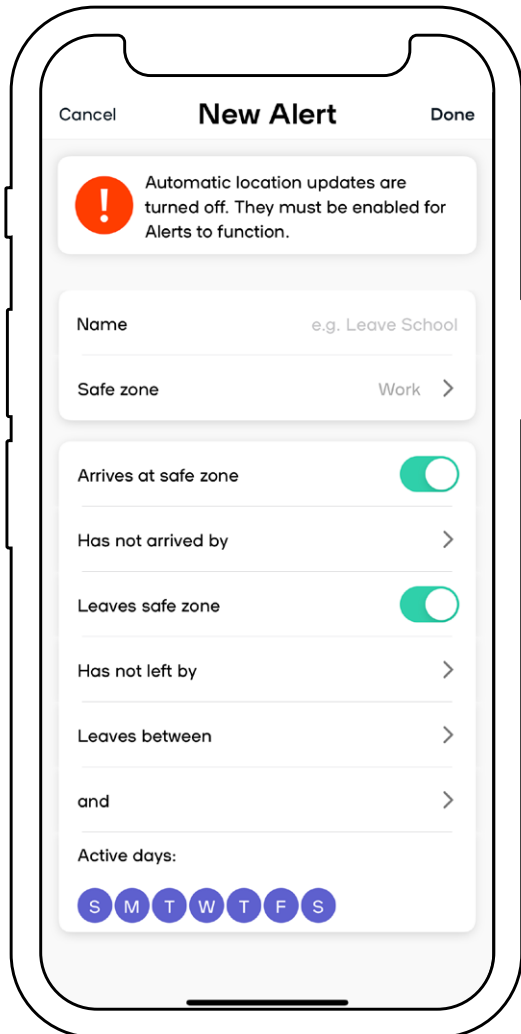
Set a Safe Zone to keep you notified when your watch enters a particular area.

You can set as many Safe Zones as you like, however this location will be infulenced by location update intervals.

Set a radius and name for each specific Safe Zone location.

Please note: Turning location updates off will prevent Safe Zones from working

1 Safety settings

Setting up Fall Detection and Medical ID

Test's Account

Chats & Calls

Watch Contacts >

Preset Messages >

Location

Location Updates >

Safe Zone Alerts >

General

Fitness

SOS Button

Safety

Device Sharing

Alarms

Reminders

Find My Spacetalk
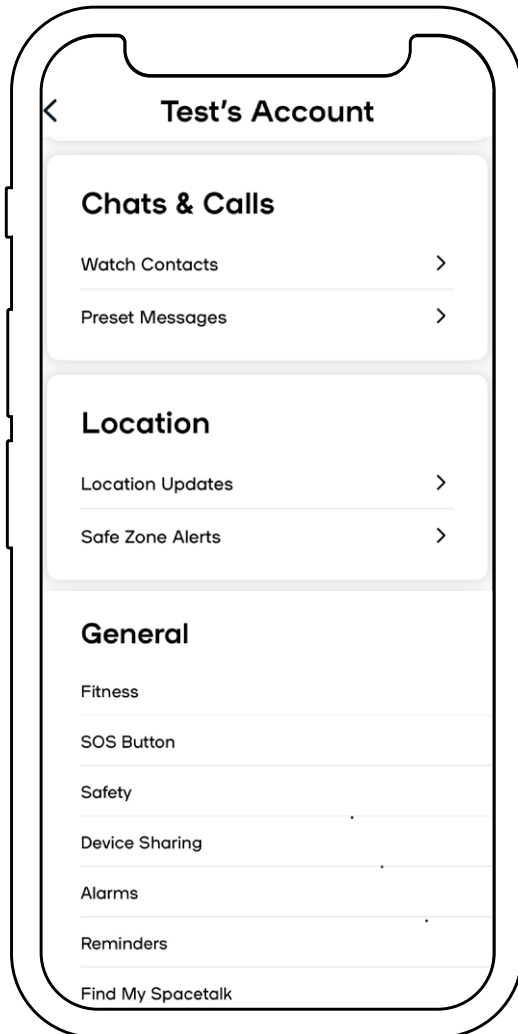
- The 'Safety' settings menu is used to initially setup Fall Detection and Medical ID

- Once the setup process is completed in the Spacetalk app, the watch will be able to use the 'Fall Detection app' to access Medical ID and adjust Fall Detection sensitivity

Note: Answering questions as accurately as possible, ensures the recommended fall detection sensitivity is selected. Answers that are skipped may alter the sensitivity

SPACETALK

Safety settings

Fall Detection Setup

When a fall is detected

Spacetalk sounds an alarm, vibrates and asks if you're okay.

If you're unable to respond

Spacetalk will automatically call and message emergency contacts with your location.

Begin Setup

Set up later

How would you describe your movement?

Rigorous movement
You enjoy physically challenging yourself.

Comfortable movement
You enjoy light exercise, such as walking or social outings.

Gentle movement
Your movement is restricted in some way due to an impairment.

Next

Why are we asking for this?

Have you had any falls recently?

○ None in last 12 months

○ One or more, more than 3 months ago

○ One or more in last three months

Next

Skip

Are you taking any of the following medications?

Select one or more if applicable

○ Sedatives

○ Anti-Depressants

○ Anti-Parkinsons

○ Diuretics

○ Anti-hypertensives

○ Hypnotics

Do you suffer from any of the following psychological disorders?

Select one or more if applicable

○ Anxiety

○ Depression

Next

Skip

Do you suffer from Dizziness spells?

○ Yes

○ No

Next

Skip

SPACETALK

Safety settings

What's your date of birth?

|

Next

Skip

29	October	1967
30	November	1968
31	December	1969
1	January	1970
2	February	1971
3	March	1972

What is your height?

178 cm

Next

Skip

| 175 |
| 176 |
| 177 |
| 178 cm |
| 179 |
| 180 |
| 181 |

What is your weight?

70 kg

Next

Skip

| 67 |
| 68 |
| 69 |
| 70 kg |
| 71 |
| 72 |

What is your gender?

○ Male

○ Female

Next

Skip

Sensitivity setting

Based on the information you've provided, we recommend sensitivity level **1.**

Low   Medium   High

1   2   3   4   5

You can adjust this setting now, if you wish, or later via the Settings page.

Next

Medical ID

Displays your important medical information and special needs like pre-existing conditions, medication and allergies to emergency responders.

Set up Medical ID

Set up later

SPACETALK

Safety settings:

Medical ID ✚

Personal Information

First name

Surname

Address

Medical Information

Conditions

Allergies

Medication

Conditions

Allergies

Medication

Blood Type

GP Contact Information

Full Name

Phone number

Address

Done

✓

You're all set to go.

When a fall is detected your watch will look like this.

Fall Detected
29
I'm OK ✓

A 30 second countdown will begin

Finish setup

Safety

Fall Detection

Fall Detection Settings
Current sensitivity level is 1 ›

Fall Reporting
Access records for fall events ›

Medical ID

✚ **Edit your Information**
In the case of a fall, Medical ID displays your medical information. ›

Emergency Contacts

In case of a fall or SOS button activation, Spacetalk will call the emergency contacts in order until someone answers.

Activate SOS Button Siren ⬤

T Test

All Fall Detection and Medical ID settings can be found in the 'Safety' menu of your device in the Spacetalk app

SPACETALK

Set up device sharing
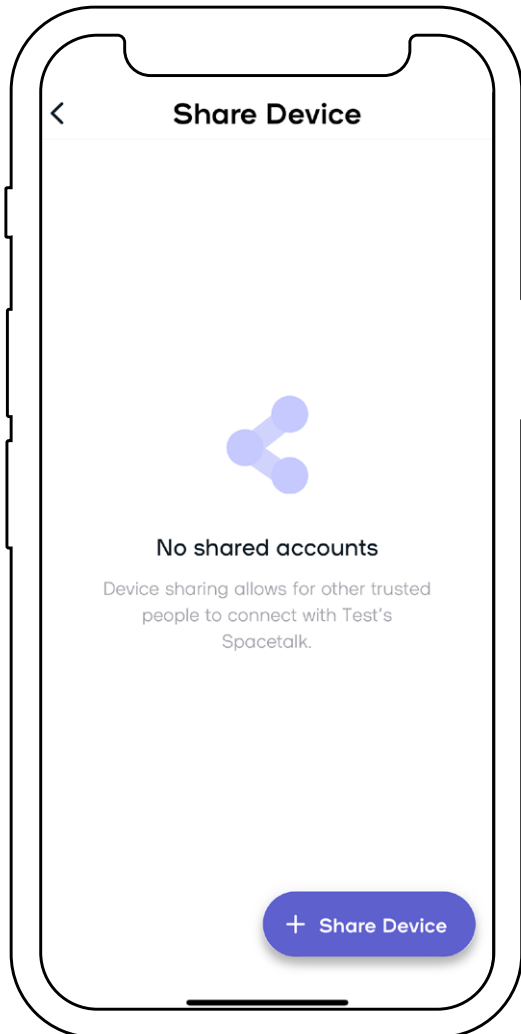
Sharing a device allows gives another account access to control the Spacetalk app.

making sure to type the account email address when sending a request is crucial in this process as typing this incorrectly will mean no invitation will be sent.

Sharing the device with another account doesn't require an extra subscription to be purchased as long as the primary account is holding an active subscription.

SPACETALK

Set up reminders
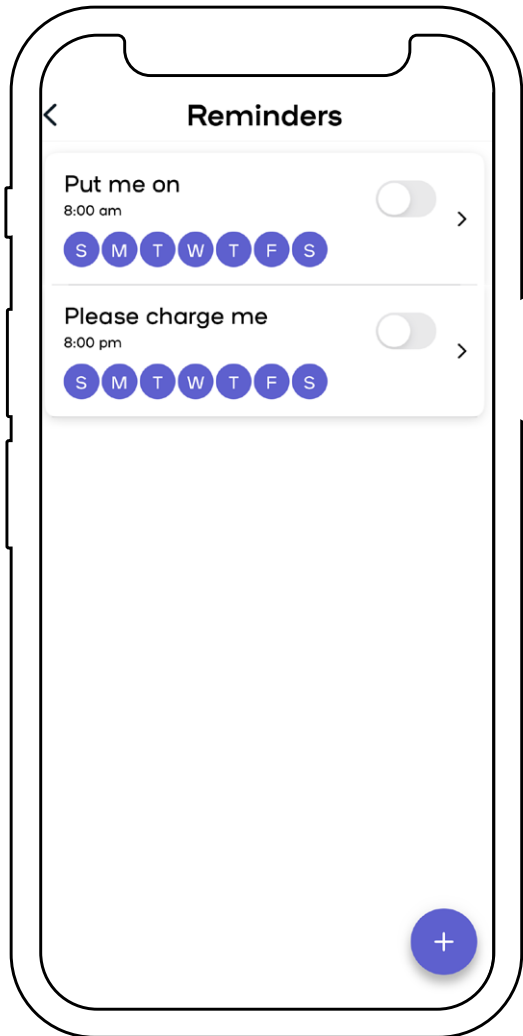
Reminders are set from the Spacetalk app and cannot be altered from the Spacetalk device like alarms can be.

As default 'Put me on' and 'Please charge me' are added upon pairing your device.

You can add as many reminders as you like and even remove the default ones that come programmed on the device.

SPACETALK
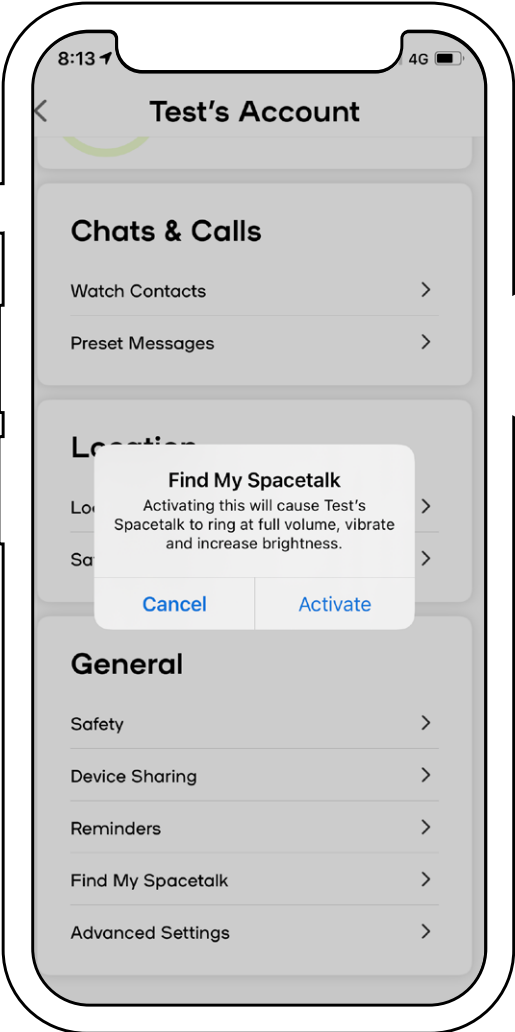
Find my Spacetalk

Activating Find My Spacetalk sends a tone to the watch will continue to get louder until the device is found and 'cancel' is pressed.

This feature only works if the watch is on and has sufficient credit on the SIM card

SPACETALK

Advanced settings
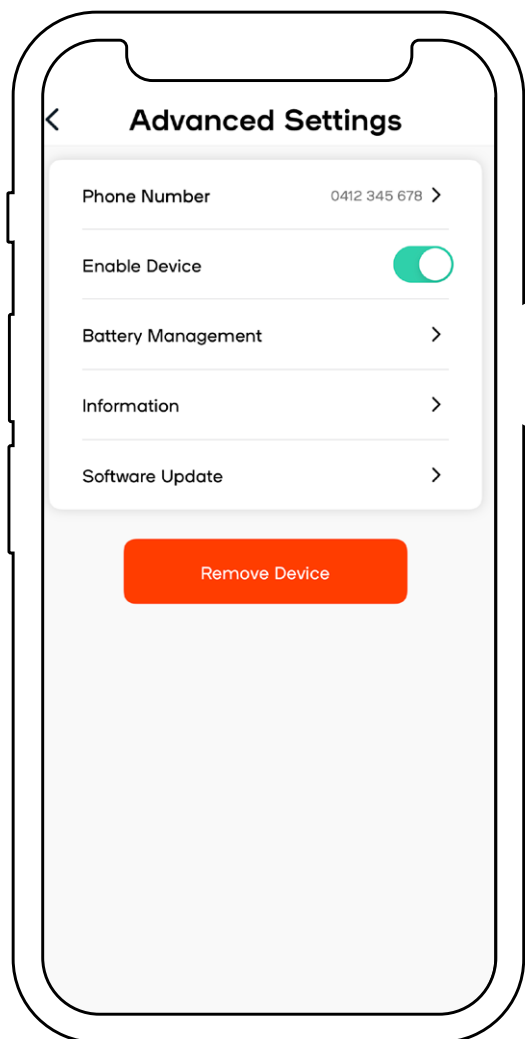
Phone Number: Change the devices phone number if you have changed the Spacetalk's SIM card

Enable Device: Enabling a device should happen automatically when a subscription is active

Battery Management: Choose a time to be noticefied if the Spacetalk watch isn't on charge

Information: Information data for your device including IMEI and build number

Software Update: Perform a manual update check from the Spacetalk app

SPACETALK

SPACETALK LIFE

Quick guide for carers and loved ones

Pairing the device

(For Family Members or Carers)

1 **Select a SIM provider**

2 **Activate your SIM Card**

Your Nano SIM card should have calls, texts and at least 500mb of data per month

3 **Charge your device**

4 **Install the SIM Card**

It is important to only install the SIM card after activation is complete

5 **Turn on your device**

Hold the power button until the 'Spacetalk' Logo appears on the watch face

Spacetalk Life model SP-L4G-1 is tuned to work on 4G LTE B28A+B & B3 also 3G WCDMA B5.

Use of a SIM Card provider not listed above is not recommended.

(1) Compatible with the Telstra™ 4GX network. Use of a Telstra branded SIM may also provide access to 4G VoLTE calling.

(2) Spacetalk does not warrant nor guarantee the listed network provider's suitability, provision of service or inclusions.

Please note, some providers may not alert when a pre-paid sim card is low on credit. Sufficient call and data credit is required to access device functionality, including the SOS button. Please ensure sufficient credit is always available on pre-paid

SPACETALK

Check for available update

- Press power button

- Tap on watch screen so that the app menu appears- Swipe from right to left

- Tap on the blue 'settings' menu

System Settings

Watch Update

Date & Time

Searching new version. Please wait.

- Swipe from bottom to top on the screen until you see 'Watch Update'

Watch Is Up-to-date	**Watch Requires Update**

No Update Available

Your Watch is currently on the latest software.

Ok

System Settings

Watch Update

Date & Time

SPACETALK

7 Download the 'Spacetalk' app

Download on the App Store

GET IT ON Google Play

8 Open 'Spacetalk' app and create an account

SPACETALK
version 4.2.0.0

let's get started.

The Spacetalk app is a great way for families to stay together, when they are apart.

Create an account

Already have an account? Login

SPACETALK
create account - step 1/4

create an account.

country code
Enter phone number
region
Your data will be stored in the selected region.
first name
last name
email
password

Next

SPACETALK
create account - step 2/4

privacy and terms of use

To be able to use the Spacetalk app, we need you to read through and accept our terms and conditions.

Next

SPACETALK
create account - step 2/4

Online webform: www.datarep.com/data-request

Postal Address: Mail your inquiry to DataRep at the most convenient of the addresses listed in our Privacy Policy.

Last Modified: 22/04/2021
Effective Date: 22/04/2021

I have read and agree to the full Privacy Policy
I have read and agree to the Terms of Use

Next

SPACETALK
create account - step 3/4

verify your email

A verification email has been sent to age.rob.abela+19@gmail.com. Click on the link in the email to continue creating and account.

Next

Resend Email

SPACETALK
create account - step 4/4

verify your mobile number

We'll send a 6-digit code to +61 430 373 780.

Next

SPACETALK
create account - step 4/4

enter the code sent to +61 430 649 370

Change Phone Number

Resend Code

SPACETALK

your account is ready!

Next

SPACETALK

Pair/Add the device to your account

add a device?

Do you want to connect a Spacetalk watch or Spacetalk Life device now?

Yes

Skip

which device are you adding?

Watches for kids

Spacetalk Adventurer

Spacetalk

Watches for seniors

Spacetalk Life

make sure you're ready to go.

SIM card activated, credit added for calls and data.
What kind of SIM do I need?

SIM card has been installed in Spacetalk (write down the phone number)
Quick Start Guide

Spacetalk rebooted (power off, then on again)

Spacetalk connected to network, data ready.
How can I tell?

Check for the latest software.
How can I check?

Next

create a family member profile

Edit

watch user's name

profile colour

Next

watch's mobile number

Add from Address Book

or

Australia (+61)

Enter phone number

Next

Aim phone camera at Spacetalk device

On Spacetalk, select "Tap to Pair".

Then, scan the QR Code with your phone's camera.

Enter code instead

Camera not working?

Scan with the AllMyTribe App

Not working?

Please enter the following code into the Spacetalk App.

69NTXYU8

IMEI
356279111000667

Show QR

Select "No camera" on your Spacetalk and enter the code that is displayed.

Device imei

The IMEI is found in the Information Menu on your Spacetalk.

pairing code

Next

Cancel Clear Done
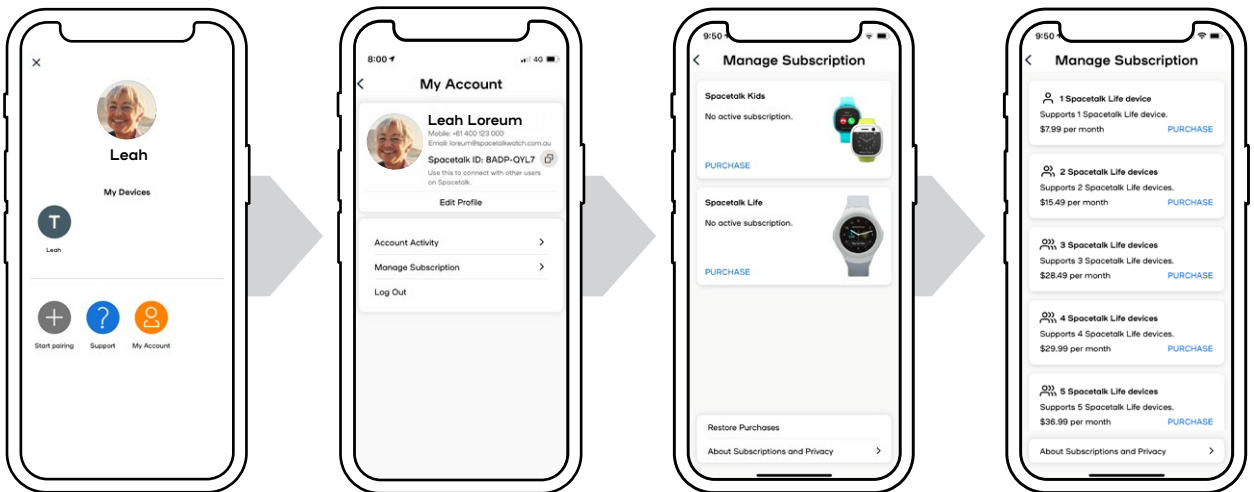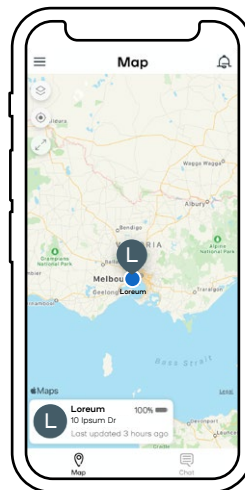
SPACETALK

10 Purchase Subscription

Ready To Go!

SPACETALK

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Android Google Play and the Google Play logo are trademarks of Google ilnc.

IOS is a trademark or registered trademark of Cisco in the US and other countries.

Conditions of use:

Spacetalk smartwatches and the Spacetalk App must never be solely relied upon to ensure the safety, wheareabouts or location of the wearer of the device. Spacetalk makes no guarantees, representations or warranties regarding the accuracy or reliability of location data and notifications. The accuracy of location varies from location to location and must never be solely relied upon to identify the location of the wearer of the device.

Spacetalk smartwatches and the Spacetalk App can be useful for identifying where the wearer of the device may be located or where they were located, however a condition of use of Spacetalk smart watches and the Spacetalk App is that you accept that the map locations and notifications presented may be significantly inaccurate.

You must never solely rely on the information given by Spacetalk to form an opinion about the wearers safety.

SOS Function: Please note, some providers may not alert when a pre-paid sim card is low on credit. Sufficient call and data credit is required to access device functionality, including the SOS button. Please ensure sufficient credit is always available on pre-paid sim cards or utilise a post-paid sim card.

Support
1300 087 423

SPACETALK