

Vibroacoustic Therapy System

Proven to help you sleep, relax, renew

12 doctor developed sounds for 60 minutes of professional therapy.

3 Relax Sound Tracks



3 Energize Sound Tracks



3 Stress Relief Sound Tracks



3 Sleep Preparation Sound Tracks

Use on your bed or on your favorite chair at home or office.



Clinically Proven, Doctor Developed Sounds – help you relax, renew your body and prepare you for sleep – naturally!

60 Minutes of Therapeutic Sound – 12 Relax/Sleep/Energize/Stress relief sounds.

Professional, digitally recorded sounds and music.

Backlit Remote Control – controls sounds, volume and vibration intensity.

Outlet Powered – power unit with included AC adapter.

It is without doubt a major step as an alternative for the relief of stress and treatment of anxiety on a musculo-neuro-musical level.

Jerald H. Ratner, M.D.

I am writing to express my appreciation for your bringing to market an affordable, portable, high quality Vibroacoustic therapy system. It has been very cost prohibitive to utilize this technology until now and I am very impressed with the quality of your device. I have offered sessions to some of my clients and they have raved about how relaxing and profoundly effective it is. Thanks for a great product!

Ezra Kreamer, LCSW
Sojourn Float Center, Belfast, ME

The Vibroacoustic Massage System exceeds my expectations. My friend bought the \$1,200 recliner with 2 speakers - this one is much better in my opinion and for a fraction of the cost!

Ron Westberg, Temecula, CA

The Sound Oasis Vibroacoustic System is the most advanced, simple and affordable system to date. It is amazing!

Regina Murphy, Las Vegas, NV

My friend raved so much about your Vibroacoustic product that I have also purchased one and I am quite amazed. I have been working with vibroacoustics since 1985, have owned just about everyone's device and find your pad has so much power without being bulky. This could finally be an answer for people with less money.

Susanne Jonas, Ed.D., Walland, TN

AViVA

Natural Health Solutions

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www.avivahealth.com

sound  oasis®
sleep better. feel better. live better.®

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Proven to help you sleep, relax, renew



Natural,
Clinically
Proven
Therapy

HEAR
and FEEL
the therapy
in every cell
of your
body!

VTS-1000
Brochure



Developed in conjunction with
Dr. Lee Bartel
 World Renowned Sleep
 & Vibroacoustic Expert

What is the VTS-1000? The Sound Oasis VTS-1000 is a revolutionary healthcare appliance that combines low frequency vibrations with sound therapy to stimulate body cells into therapeutic states of relaxation and healing.

How does it work?

The VTS-1000 is a portable back support system that includes a Low Frequency Generator (for producing specially tuned low frequency vibrations), Stereo Audio Speakers (for producing soothing music with brainwave entrainment) and a Remote Control that contains 12 doctor developed sounds for 60 minutes of professional therapy.

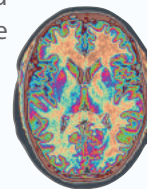


a. Music: The VTS-1000 includes 60 minutes of doctor developed music broken down into four different therapy themes - Energize, Relax, Sleep and Stress Relief - with three sound track selections for each theme.

b. Brainwave Entrainment: Each therapy track is embedded with specific frequencies that coax the brain into different therapeutic states. These include careful temporal event control (the number of sounds striking the ear per second) and binaural pitch detunement (slightly different pitch in each ear) resulting in a brainwave response to support sleep (with delta frequency), stress relief (with theta frequency), relaxation (with alpha frequency) and energizing (with low beta frequency).

c. Vibroacoustic Stimulation: Low frequency sounds specifically included in each sound track provide vibrotactile stimulation to the body at the cellular level encouraging increased circulation, decreased pain and increased joint mobility. Because vibration increases blood flow and circulation while it relaxes, it may also decrease blood pressure.

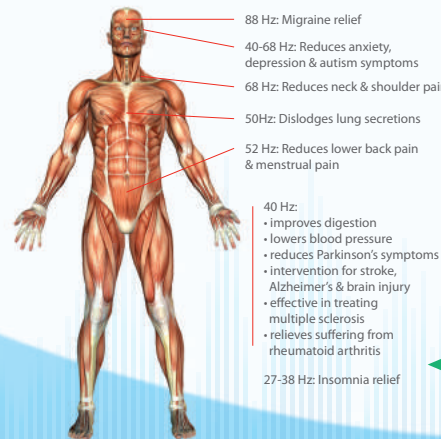
d. Brain Stimulant: The VTS-1000 can be an effective tool to stimulate healthy neural activity in the brain thereby reducing risk or impact of various neural diseases. Dr. Bartel has developed groundbreaking, experimental sound tracks that target serious ailments such as Alzheimer's, Fibromyalgia and Parkinson's. These additional therapy tracks are available for download from Sound Oasis (www.soundoasis.com).



Clinically Proven Benefits

Vibroacoustic therapy is a well researched and tested therapy. The following benefits have been clinically proven by separate medical studies around the world.

- Increased circulation
- Decreased pain
- Increased mobility



How the VTS-1000 Helps Maintain a Healthy Brain

- A healthy brain has two main characteristics:**
1. Constant and rhythmic brainwaves that result from neurons firing together at the same rate.
 2. Healthy connections between the neurons and specific regions of the brain.

Impairment and control suffer when problems exist with either of these characteristics. For example, with Parkinson's, a person's brain slowly stops producing a neurotransmitter called dopamine.

Because the VTS1000 is very good at turning low frequency sound into a vibration that can be felt all over the back as well as heard with the ears, specific frequencies that correspond to healthy brain activity can be played and used to stimulate the brain. This brain stimulation results from the cells in the ears and in the body "feeling" the pulses of vibration and responding with each pulse by sending a neural signal to the brain. So if the sound pulse is 40Hz – or 40 pulses per second – the brain cells will be stimulated to fire 40 times a second – at what is called gamma frequency. This stimulation increases the number of brain cells "firing" at the target rate resulting in a natural support to the desired healthy brain state.

