

SierraSil® is an all-natural mineral supplement marketed primarily to those seeking renewed and improved joint flexibility and mobility, as well as extended joint health and comfort.

An increasingly significant secondary demographic is athletes and those with active lifestyles wishing to increase endurance and workout intensity while lessening exertion recovery time and post exercise stiffness.



What does SierraSil® do?

SierraSil supplies the body with numerous essential minerals required for thousands of daily biological functions, such as energy production, cell formation, nerve transmission, blood formation and regulation of acid-alkaline balance. Minerals are required for the body's overall structure and function. For people with joint conditions SierraSil works as a natural anti-inflammatory to curtail cartilage breakdown and ease muscle stiffness. SierraSil may promote healthy functioning of the gastrointestinal tract for those with digestive conditions such as leaky gut syndrome, IBS, Crohn's Disease, Acid Reflux, diverticulitis, flatulence, diarrhea, constipation and bad breath.

Most consumers will notice tangible benefits well within two weeks on a daily dosage program. SierraSil is suitable as both a stand alone supplement or a program component, used with complimentary ingredients including glucosamine and chondroitin sulfate.

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What's the evidence?

SierraSil claims are supported by exciting anecdotal evidence and—very importantly—quality clinical research. The research includes extensive testing for safety and efficacy, highlighted by bio accessibility testing, acute oral toxicity testing, a method of action study, a human pilot study, an internationally registered, multi-centered, double blinded placebo controlled study, a study of long term SierraSil users and more. All studies are done to established protocols where available and all are conducted by third party researchers.

The results show SierraSil to be safe or safe and effective (not all tests measured effectiveness) consistently. These claims are supported by numerous independent experts, including Dr. Earle Nestmann of Cantox Health Sciences International and the Doctors quoted on the reverse side of this document.

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How is SierraSil® different?

SierraSil stands out for the speed and consistency of efficacy within the joint health category. Additionally, SierraSil is vegan compatible, has numerous bonus effects and contains essential nutritional building blocks.

PROFESSIONAL OPINIONS OF SIERRASIL®

DR. JOHN DIAMOND, MD

"I conducted a review of SierraSil and then assessed results on a first hand basis with patients. The results included substantial relief of arthritic symptoms and general improved mobility in approximately 26 of the 28 patients with no negative responses or poor tolerance in the other 2. Consequently, I have decided to make SierraSil a recommended product. The results continue to reflect what I observed in my first review, namely a high rate of efficacy, typically within two weeks allowing patients to achieve comfort, flexibility and or mobility that in some cases they haven't enjoyed for years."

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DR. MEG JORDAN, PHD, RN

"As more patients decline troublesome COX-2 inhibitors, the value of effective, safe, quick-acting natural compounds grows more pressing. SierraSil, with its growing body of scientific evidence is welcomed as one of the first "cross-over stars," a mighty mineral receiving high marks by mainstream medicine."

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DR. BALJEET PAWA, MD

"Trace minerals are essential to numerous bodily functions at the cellular level. Clinically that translates to reduction or elimination of many symptoms such as joint pain, muscle aches, digestive complaints, and even allergy symptoms to name a few. Today's average North American diet appears to be deficient in many of these trace minerals. SierraSil has been effective in reducing and in some cases eliminating symptoms of joint/muscle aches and pains. Due to its high safety index, we can confidently recommend this product as a stand alone for suitable patients or as an adjunct to other treatments."

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DR. PETER F. SHARKEY, MD

"Over the past year and a half, I've been recommending SierraSil and I've seen some excellent results. My patients have reported less pain and restored mobility. I've found that SierraSil is one of the best options available. Seldom have we found an ingredient as effective as SierraSil in treating stubborn joint conditions."

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DR. CLEM WILLIAMS, MD

"I've recommended SierraSil to a number of my patients and they have found that it works rapidly and effectively, it's amazing. In 2-3 weeks they get responses. I'm very pleased with it."

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DR. JORGE WEIL, MD

"Current events are focusing attention on the quality of chondroitin sulfate, causing practitioners to more seriously consider other, perhaps complimentary products. As such I believe SierraSil is poised to become a joint category leader based on its excellent results, sound supporting clinical information, and excellent safety data. It really is without peer."

SIERRASIL® DOSAGE GUIDELINES

The maintenance dosage of SierraSil is 2 grams (3 capsules / 1 scoop) taken once daily on an empty stomach at least one half hour before a meal or two hours after a meal. It is very important to take at least 3 capsules all at the same time for the maximum concentration of the beneficial minerals to be absorbed into the body. SierraSil is safe to take with other supplements and medications however it is recommended to take SierraSil at a different time of the day for maximum absorption. A loading dose of up to 4 grams (6 capsules / 2 scoops) can be recommended for first time SierraSil users for a period of 2 to 4 weeks, thereafter revert to maintenance dose.

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SIERRASIL® SMOOTHIE RECIPE

Blend SierraSil powder with an acidic juice concentrate (orange, cranberry or lemonade) and ice.

SIERRASIL® SHOOTER RECIPE

Place SierraSil powder in a small jar and agitate with a little water. Quickly swallow the entire contents. Repeat with a second wash of water.

SIERRASIL® TOPICAL SPRAY

The topical spray works quickly to relieve minor aches and pains. Apply topically to the affected area. Avoid use with sunscreen.

SIERRASIL® TOPICAL SPRAY SPA

Spray a couple pumps into the hot water as your bath fills.



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