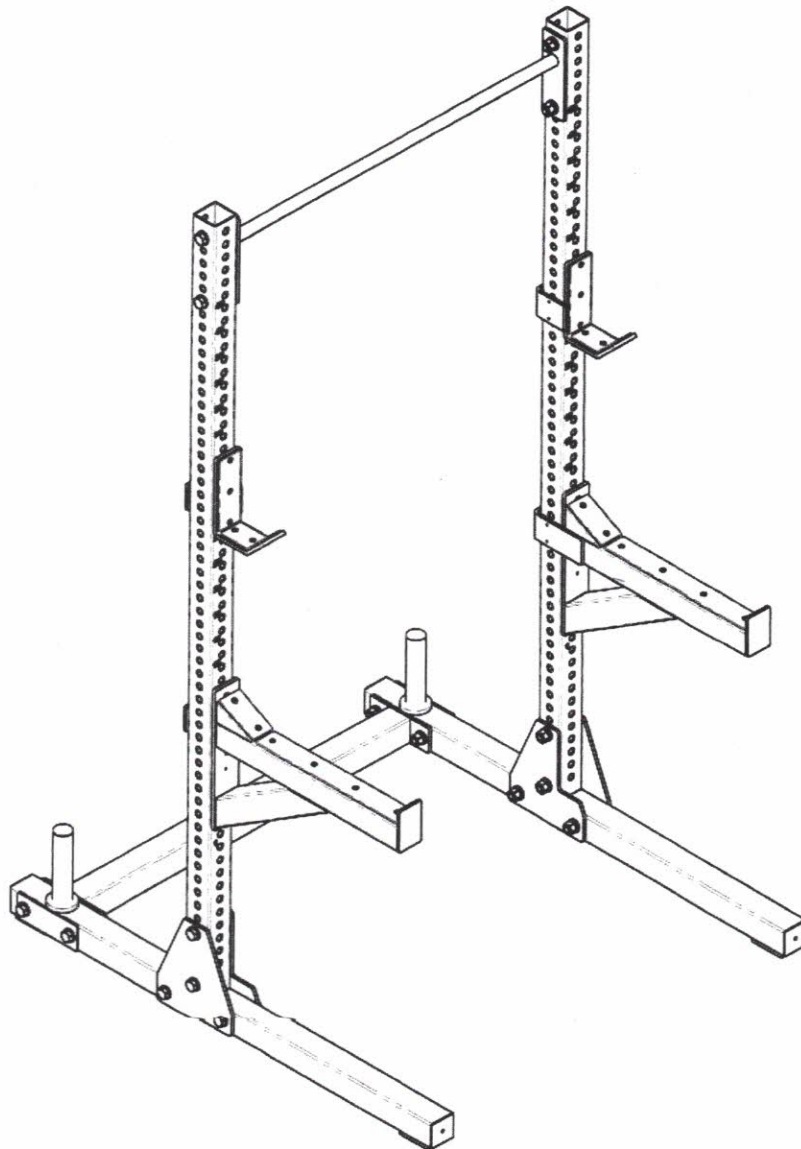


TAG YOU'RE FIT!

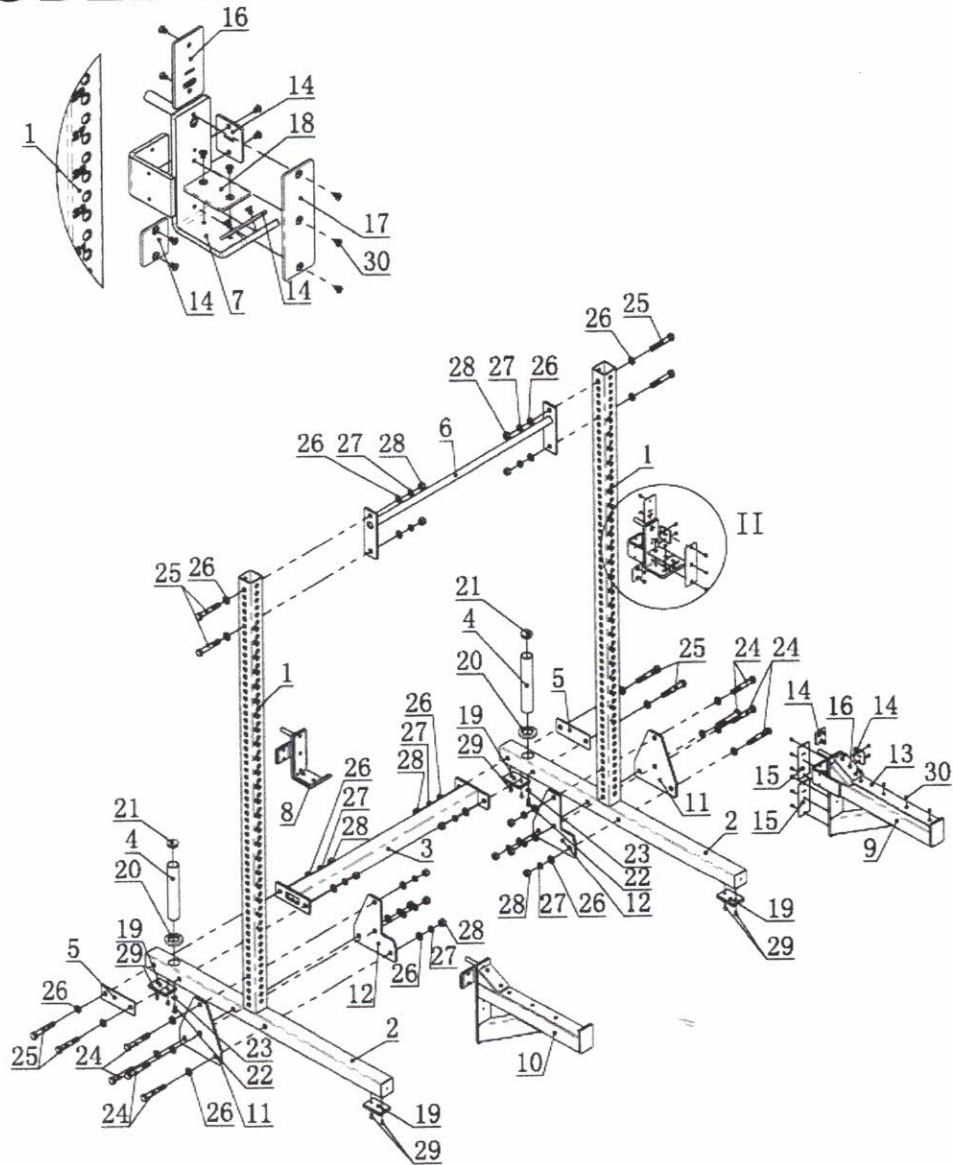
MODEL# RCK-SLIM90
TAG Basic Rack 380SR



www.tagfitness.net

630-375-1500

EXPLODED DRAWING & PARTS LIST

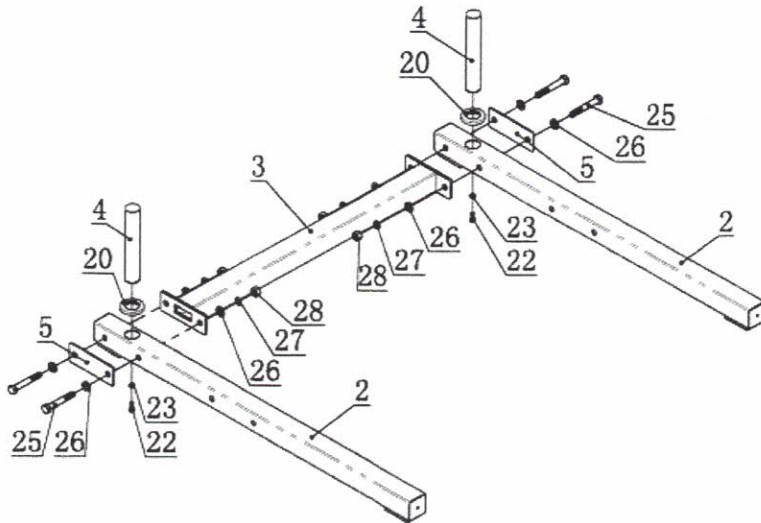


No.	Description	Q'ty	No.	Description	Q'ty
1	Front Upright Frame	2	16	Plastic Cover 130*68*5	4
2	Foot Frame	2	17	Plastic Cover 205*68*5	2
3	Rear Cross Frame	1	18	Plastic Cover 90*68*5	2
4	Frame for Plates	2	19	Foot Cushion 100*65*12	4
5	Rear Fixing Plate 200*75*4	2	20	Bumper $\Phi 77 \times \Phi 47.5 \times 13$	2
6	Upper Cross Frame	1	21	End Cap $\Phi 48 \times 2$	2
7	Left Barbell Stand	1	22	Hex Bolt M10*25	2
8	Right Barbell Stand	1	23	Plat Washer $\Phi 11 \times \Phi 20 \times 2$	2
9	Left Safety Frame	1	24	Hex Bolt M18*120	8
10	Right Safety Frame	1	25	Hex Bolt M18*115	8
11	Plastic Cover 285*250*8	2	26	Flat Washer $\Phi 20 \times \Phi 34 \times 3$	32
12	Plastic Cover 285*250*8	2	27	Spring Washer $\Phi 18$	16
13	Plastic Cover 475*65*5	2	28	Plat Nut M18	16
14	Plastic cover 68*58*5	10	29	Hex Pan Bolt M8*15	8
15	Plastic Cover 170*68*5	4	30	Hex Sunk Screw M6*10	58

ASSEMBLY

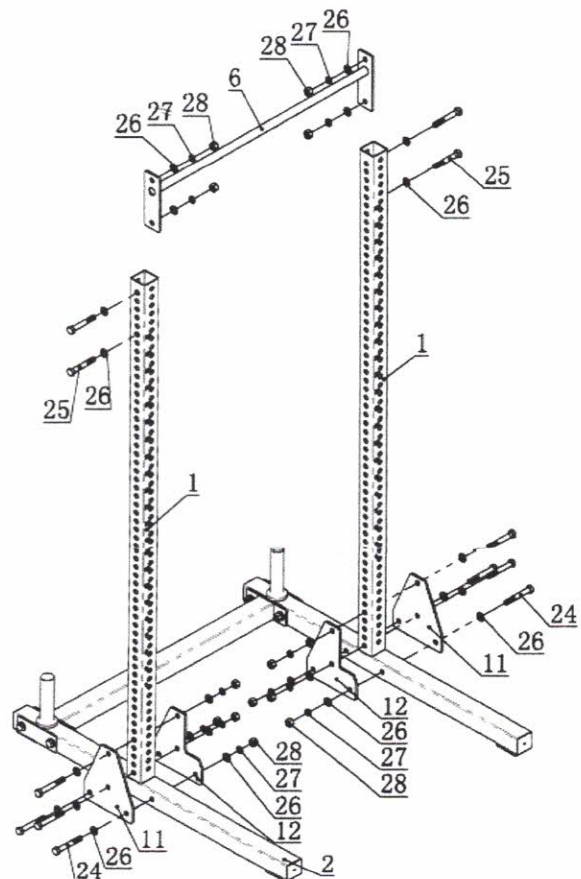
STEP 1

1. Assemble Frame for Plates (4) onto Foot Frame (2), using 2 Hex Bolt M10*25(22) and 2 Flat Washer $\Phi 11*\Phi 20*2$ (23). Then install Bumper $\Phi 77*\Phi 47.5*13$ (20);
2. Fix Foot Frame (2) and Rear Cross Frame (3), using 4 Hex Bolt M18*115 (25), 8 Flat Washer $\Phi 20*\Phi 34*3$ (26), 4 Spring Washer $\Phi 18$ (27), 4 Flat Nut M18(28).

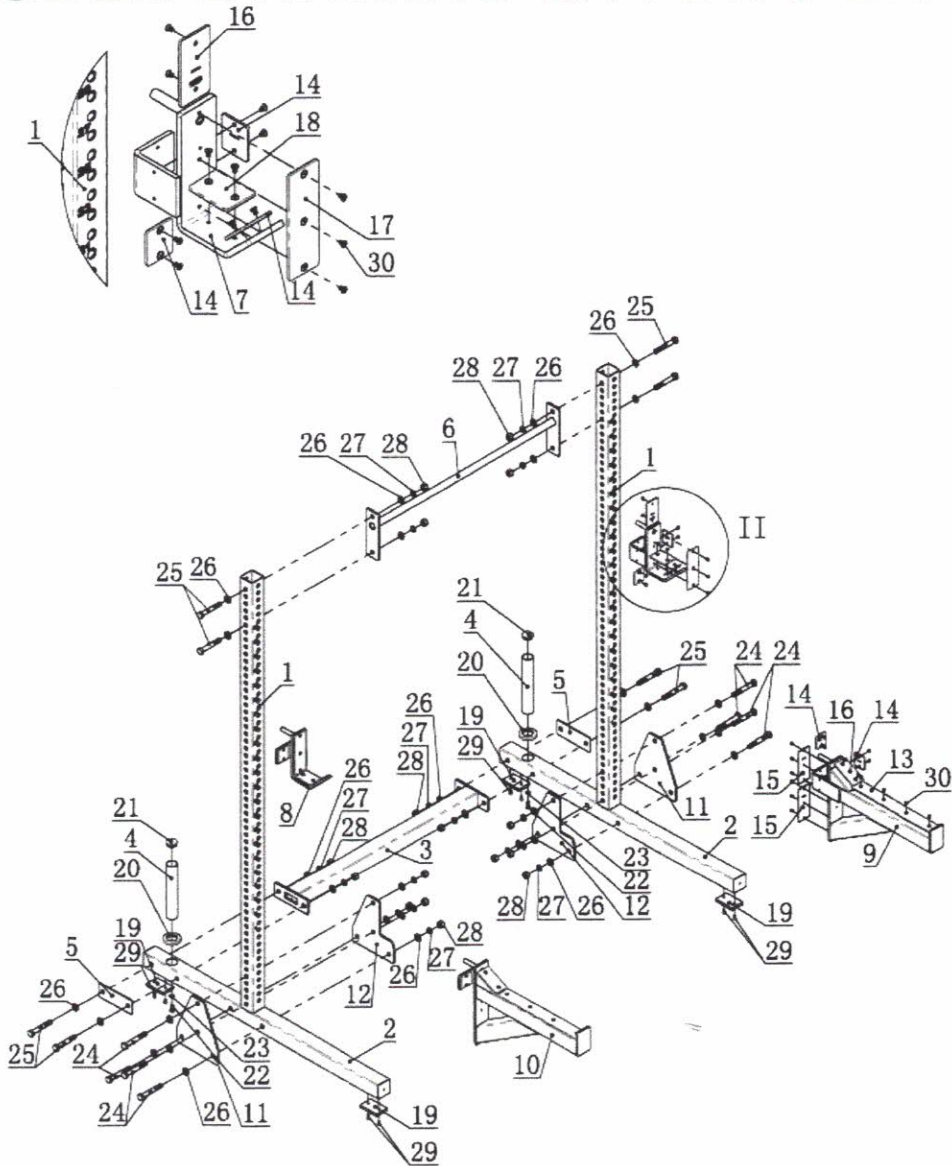


STEP 2

1. Install Front Upright Frame(1), Plastic Cover 285*250*8 (11), Plastic Cover 285*250*8 (12) onto Foot Frame (2), using 8 Hex Bolt M18*120 (24), 16 Plastic Cover 130*68*5 (26), 8 Spring Washer $\Phi 18$ (27) and 8 Flat Nut M18 (28);
2. Install Upper Cross Frame (6) onto Front Upright Frame(1), using 4 Hex Bolt M18*115 (25), 8 Flat Washer $\Phi 20*\Phi 34*3$ (26), 4 Spring Washer $\Phi 18$ (27) and 4 Flat Nut M18(28).



EXPLODED DRAWING & PARTS LIST



No.	Description	Q'ty	No.	Description	Q'ty
1	Front Upright Frame	2	16	Plastic Cover 130*68*5	4
2	Foot Frame	2	17	Plastic Cover 205*68*5	2
3	Rear Cross Frame	1	18	Plastic Cover 90*68*5	2
4	Frame for Plates	2	19	Foot Cushion 100*65*12	4
5	Rear Fixing Plate 200*75*4	2	20	Bumper $\Phi 77 \times \Phi 47.5 \times 13$	2
6	Upper Cross Frame	1	21	End Cap $\Phi 48 \times 2$	2
7	Left Barbell Stand	1	22	Hex Bolt M10*25	2
8	Right Barbell Stand	1	23	Plat Washer $\Phi 11 \times \Phi 20 \times 2$	2
9	Left Safety Frame	1	24	Hex Bolt M18*120	8
10	Right Safety Frame	1	25	Hex Bolt M18*115	8
11	Plastic Cover 285*250*8	2	26	Flat Washer $\Phi 20 \times \Phi 34 \times 3$	32
12	Plastic Cover 285*250*8	2	27	Spring Washer $\Phi 18$	16
13	Plastic Cover 475*65*5	2	28	Plat Nut M18	16
14	Plastic cover 68*58*5	10	29	Hex Pan Bolt M8*15	8
15	Plastic Cover 170*68*5	4	30	Hex Sunk Screw M6*10	58

STEP 3

1. Install Left Barbell Stand (7) and Right Barbell Stand (8) onto Front Upright Frame(1);
2. Install Left Safety Frame (9) and Right Safety Frame (10) onto Front Upright Frame(1).

