



Product Data Sheet

PLDP Decline Press

The SteelFlex PlateLoad Decline Press machine compliments the circuit of SteelFlex PlateLoad equipment focusing on the Quadriceps Femoris, Hamstring and Gluteus Maximus muscle.



Muscles Worked



SPECIFICATIONS

Features.

Frame: 12 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs.

Floor Space: 111.5"L x 56"W x 59"H
Product Weight: 373 lbs
Capacity Weight: 880 lbs