

**\*\* Important update for Resistance Cable Adjustment \*\***

# ASSEMBLY INSTRUCTIONS AND PROCEDURES

## Step 4: Attach Resistance Cable

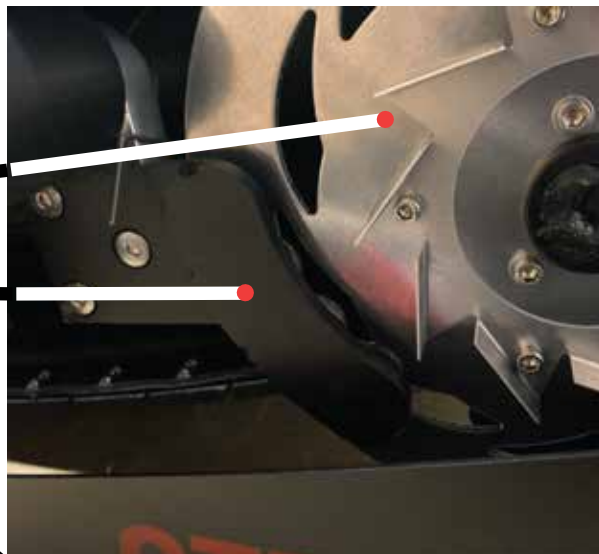
1. Now attach Resistance Cable to the Resistance Adjustment Bolt. (see picture below)  
Carefully follow these steps:
  - a. Connect Resistance to the inside anchor bolt that controls the lever arm, housing the eight magnets.
  - b. You must connect the Resistance Cable to the bolt through the Resistance Cable Hole.
  - c. **Connect the Resistance Cable to the bolt in the CENTER hole as shown in the pictures provided.**
  - d. After you connect Resistance Cable to the center hole, adjust the resistance handle all the way to level 8. Then CAREFULLY move the fly wheel with the fins so it does not hit the steel arms that contains the magnets. **You may need to make adjustments by moving the Resistance Cable Adjustment Bolt one hole to the left or right in order to ensure the flywheel fins are not hitting the steel arm that contains the magnets.**

2. Reinstall the Right Front Cover at this time.

Fly Wheel

Steel Arm

Resistance Cable Adjustment Bolt



Side View



Overhead View