



MX
MX SELECT

VARIABLE WEIGHT SYSTEMS

*REVOLUTIONISING
STRENGTH
TRAINING*



REPETITION NEVER FELT SO GOOD

If you love weight training, the MX55 selectorised dumbbells are the ultimate 'must have' for the home gym. Not only do they look good, they deliver all the pro-style features you would expect from gym quality fixed dumbbells, including safety, durability and rapid weight selection.

The MX55's solid steel core handset features MX SELECT's patented rack and pinion system, to replicate and equal the performance of a fixed commercial-grade 10-piece dumbbell set. Move from 10-55 lbs [4.5 - 24.9 kg] at the click of a dial to get a full body workout with seamless weight transition between reps.

Catering for all body types, the MX55 system offers limitless workout options to ensure you hit every major muscle group in a compact amount of space. Experience it for yourself – build a better, stronger, leaner body with an MX55 progressive lifting program.



WEIGHTS AND DIMENSIONS

Weight range: 10-55 lbs in 5 lb increments [4.5-24.9 kg in 2.25 kg increments]

Total weight with stand: 142 lbs [64.4 kg]

Handle length: 15.94" L [40.5 cm] – end to end at 55 lbs [24.9 kg] 9.58" L [24.3 cm] – end to end at 10 lbs [4.5 kg]

Handle inside dimensions: 5.21" [13.2 cm] handle [inside dimensions] by 1.14" [2.9 cm] diameter

System footprint in stand: 18.74" L X 22" W X 30.68" H [47.6 cm L X 55.9 cm W X 77.9 cm H]

Distance from outside of handle to outside of weight: approx. 4" [10.2 cm]



A FIXED BAR PACKAGE TO PUSH YOUR LIMITS

From deadlifts, presses, cleans and jerks the MX80 variable weight system combines a range of fixed bar options in one compact, heavy duty weight lifting package. Replacing 26 fixed weight bars or 1140 lbs [517 kg], this industry-first adjustable barbell and EZ curl rack is designed for compact spaces and quality home gyms.

At the turn of a selector dial, you can rapidly increase or decrease your weight to match your strength training goals. Perfectly balanced to ensure that as the resistance is altered the shape of the barbell never changes, its patented rack and pinion design prevents jamming and ensures weight selection is smooth and precise.

Both the barbell and EZ curl bar can be removed and replaced at 180 degrees, allowing you to handle it just like you would a free-weight at the gym. This exceptionally sculpted and robust performer, will help you gain lean body mass, lose fat and improve your general fitness level.



WEIGHTS AND DIMENSIONS

Weight range: 20-80 lbs in 5 lb increments [9.8-36.4 kg in 2.25 kg increments]

Total weight with stand: 135.3 lbs [61.5 kg]

Bar length: 47.8" long [121.5 cm] – end to end loaded

Bar inside dimensions: 43.5" [110.5 cm] bar [inside dimensions] by 1.12" [2.8 cm] diameter

System footprint in stand: 56.3" L X 18.5" W X 30.9" H [143 cm L X 47 cm W X 78.5 cm H]

Revolutionising in-home strength training

The MX SELECT series challenges the boundaries of traditional weight training. Our patented rack and pinion design [U.S. Patent No. 9643042], is unlike any other selectorised dumbbell or barbell systems, offering stylish yet compact designs that look and perform exactly like commercial quality free weights used in gyms.

Innovated by a team of lifters, health professionals and industrial designers, the MX80 and MX55 variable weight systems will outperform your expectations in every respect – safety, design and performance.

Designed to fit perfectly into your lifestyle



Steel Craftsmanship



Perfect Balance



One Compact System



Easy to Handle



Quiet Smooth Operation



No Protruding Knobs/Ends



Open Handle Design



Exceptional Value



Unique Rack & Pinion Design

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