

Product Data Sheet R55SG

If you are researching Fitnex exercise bikes then you have done your homework! While many people have never heard of the brand, it is one of the best-built, best-priced, best value brands on the market today.

R55SG is a recumbent bike, which means it has a different body positioning than normal bikes. This stationary bikes put the body in a "recumbent" or horizontal position, so that the pedals are at about the same height as the rider's hips.

SPECIFICATIONS:

Special Features -

Integrated water bottle holder with accessory storage and tower rack

Display - 5.5" backlight LCD

Display Feedback -

Time, Distance, RPM, Pulse, Level, Watt, Speed and Calories.

Programs - Total programs 22 P1-P12, Recovery(1), User(4), HRC(4), Watt Control(1)

Tension Control - Program control.

Resistance Level - 16

Resistance System - ECB

Power Requirement - Self-generated

Watts - 30-350 watts(30-90 RPM)

Pedal - Self-balancing with easy adjust straps

Fore/Aft Seat Adjustments - Yes

Transport Wheels - Yes

Heart Rate - Contact / Wireless

Dimension - 59" x 27"x 44"

Max User Weight - 300 lbs







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