

# PAB139X Ab Board

**POWERLINE** USA<sup>®</sup>  
*by Body-Solid*



## PAB139X Ab Board

The Powerline PAB139X Ab Board is Incredibly effective at isolating the abdominal region. The Powerline PAB139X Ab Board has a thick back pad and 8" foam rollers. A flatter stomach and a slimmer waistline will be yours as you crunch your way into shape in just a few minutes a day. The thick, comfortable foam rollers keep you locked into position while the 22-inch long back pad accommodates even the tallest user.

## Special Features

- Incredibly effective in isolating the entire abdominal region
- Oversize 8" Foam Rollers
- Electrostatically applied powdercoat finish
- 22-inch long Back Pad
- 18 degree decline

## Warranty

Frame & Welds .....10 Years  
Bushings and Hardware .....1 Year  
Pads, Grips, Cables and Pulleys .....1 Year

Weight: 23 lbs  
Dimensions: 39"L x 17"W x 25"H