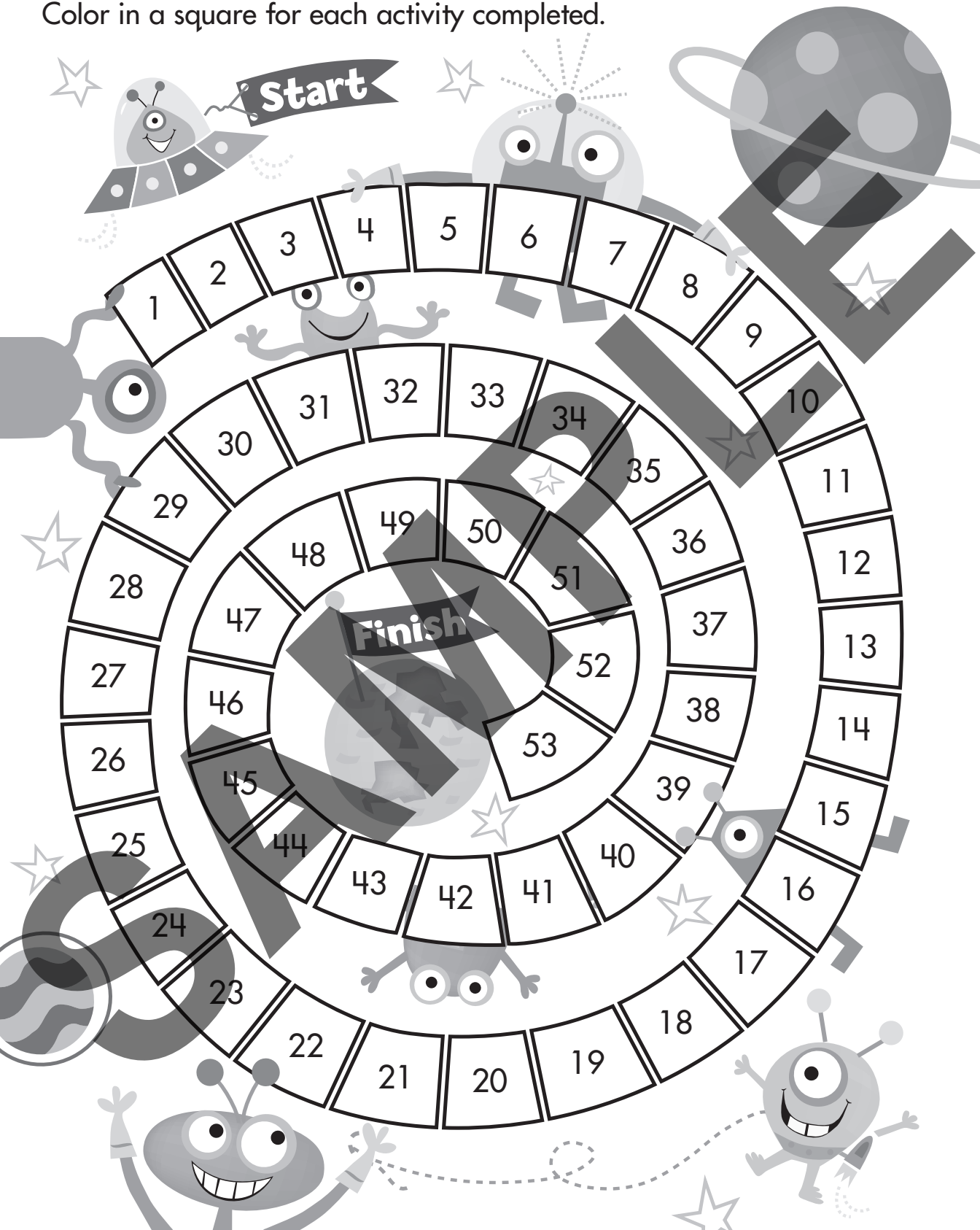


Color in a square for each activity completed.



Why Cursive Practice?

Research has shown that writing by hand can improve composition and expression as well as fine motor skills and hand-eye coordination. Using both visual and kinesthetic (or tactile) learning modalities helps strengthen retention of what is being learned. In addition, well-developed fine motor skills and hand-eye coordination can enhance abilities in other disciplines, such as the arts, sports, and music.

Letters are formed using a combination of curved and straight lines and strokes moving in different directions. Assimilating similarities and differences helps the brain to organize and retain information. To maximize learning, the letters in this book have been organized into three groups according to how they are formed rather than alphabetically.

DOWNSTROKE LETTERS (PAGES 4–27)

Letters formed with all straight lines or that begin with a straight up-and-down motion.

- Uppercase: F, H, K, M, N, T, U, V, W, X, Y, Z
- Lowercase: i, j, m, n, r, s, t, u, v, w, x, y

CLOCKWISE LETTERS (PAGES 28–35)

Letters containing a closed circle or half-circle or starting with a curved line that moves in a clockwise direction.

- Uppercase: B, I, J, P, Q, R
- Lowercase: p, z

COUNTER-CLOCKWISE LETTERS (PAGES 36–55)

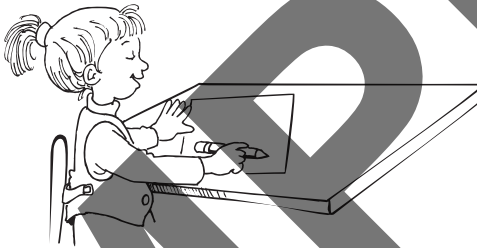
Letters containing a closed circle or half-circle or starting with a curved line that moves in a counter-clockwise direction.

- Uppercase: A, C, D, E, G, L, O, S
- Lowercase: a, b, c, d, e, f, g, h, k, l, o, q

Ways to Support Learning

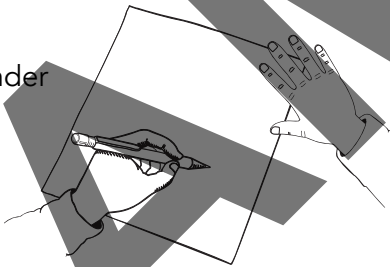
Help your child develop good writing habits with correct posture, page placement, and pencil grip as illustrated below. Support your child in using correct large motor skills — when writing, the movement should come from the shoulder and not the rotation of the wrist. Be sure your child follows the directional arrows when forming letters.

CORRECT POSTURE

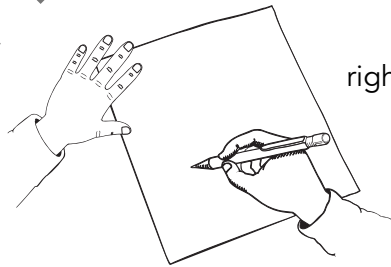


CORRECT PAGE PLACEMENT

left-hander



right-hander



CORRECT PENCIL GRIP

left-hander



right-hander



The Alphabet

Aa Bb Cc Dd

Ee Ff Gg Hh

Ii Jj Kk Ll

Mm Nn Oo Pp

Qq Rr Ss Tt

Uu Vv Ww Xx

Yy Zz