



# Why Tracing and Cutting?

**T**his book provides practice in tracing and cutting, skills that promote proficiency in handwriting and other fine motor activities your child will encounter in Kindergarten. To complete the cutting pages, your child will need a pair of child-safe scissors.

Upon your child's completion of each activity, use the provided incentive chart and stickers to track progress and celebrate your child's success.

## SKILLS

- Hand-eye coordination
- Fine motor development
- "Staying on the line" (a skill necessary for successful scissors use)
- Control and coordination of both hands simultaneously

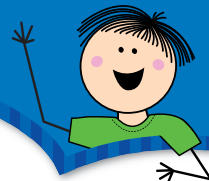
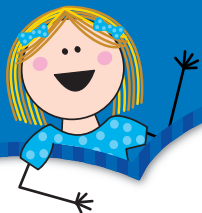
## HOW YOU CAN HELP SUPPORT LEARNING

### When tracing:

- Have your child trace lines by finger first.
- Provide a selection of writing tools, such as colored chalk or pencils, markers, and crayons, to keep the activities engaging.

### When cutting:

- Be sure your child holds the scissors in his or her dominant hand.
- Guide your child in using his or her non-dominant hand to hold the paper and turn the paper when changing direction. It will be easier for your child to change direction of the paper not the direction of the scissors.
- When working on the activities starting on page 17, have your child complete the tracing page before beginning the cutting page that follows it.
- Have your child cut out the cutting activity page before completing the cutting task.



# Warming Up

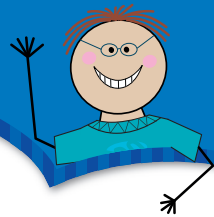
## WARMING UP

Just as an athlete warms up before an event, your young learner will benefit from fine motor skills warm-ups prior to working with pencils or scissors. Try one or more of these quick exercises with your child prior to beginning an activity page.

## FINGER TIP TOUCHES

- 1** Match left and right hand finger tips together and gently press.
- 2** Pull them apart and then touch them together again, counting from 1 to 5.
- 3** Gently shake hands.
- 4** Repeat the steps above two times.





## FINGER TAPS

- 1 Hold open hands at chest level, palms up.
- 2 Touch index fingers to thumbs and tap five times, counting from 1 to 5.
- 3 Touch middle fingers to thumbs and tap five times, counting from 1 to 5.
- 4 Continue in the same way with the ring and little fingers.
- 5 Reverse the order by tapping the little fingers to thumbs in the same way and ending with the index fingers.
- 6 Gently shake hands.





# Left to Right

Trace the lines from left to right. Stop at the red dot.





# Top to Bottom

Trace the lines from top to bottom. Stop at the red dot.





# Smiley Faces

Trace the faces. Start and stop at the orange dots. Trace the smiles and add the eyes.





## Five More Faces

Cut out the faces. Start and stop at the orange dot.  
Glue the faces on a paper, and draw some funny hats.

