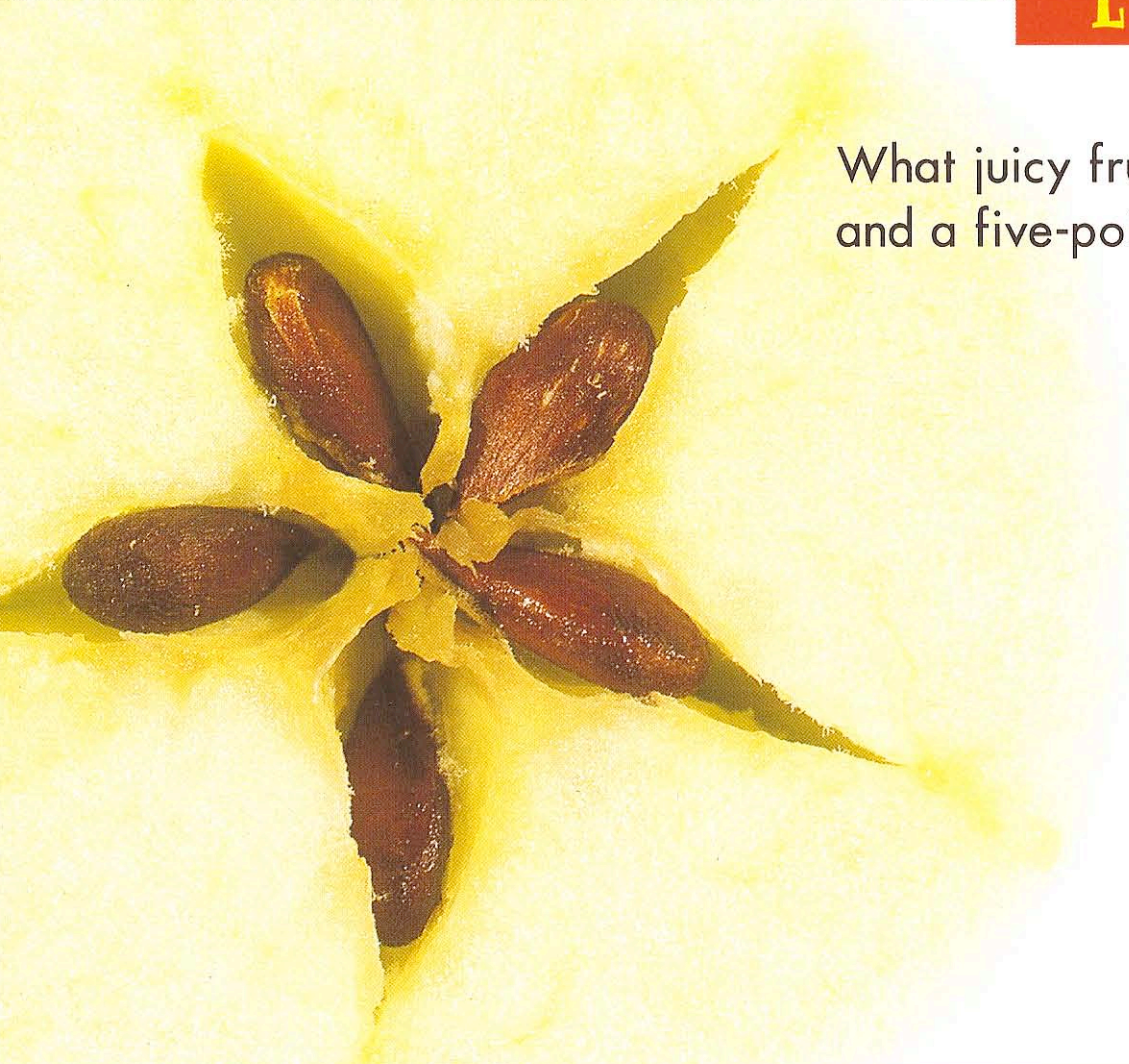


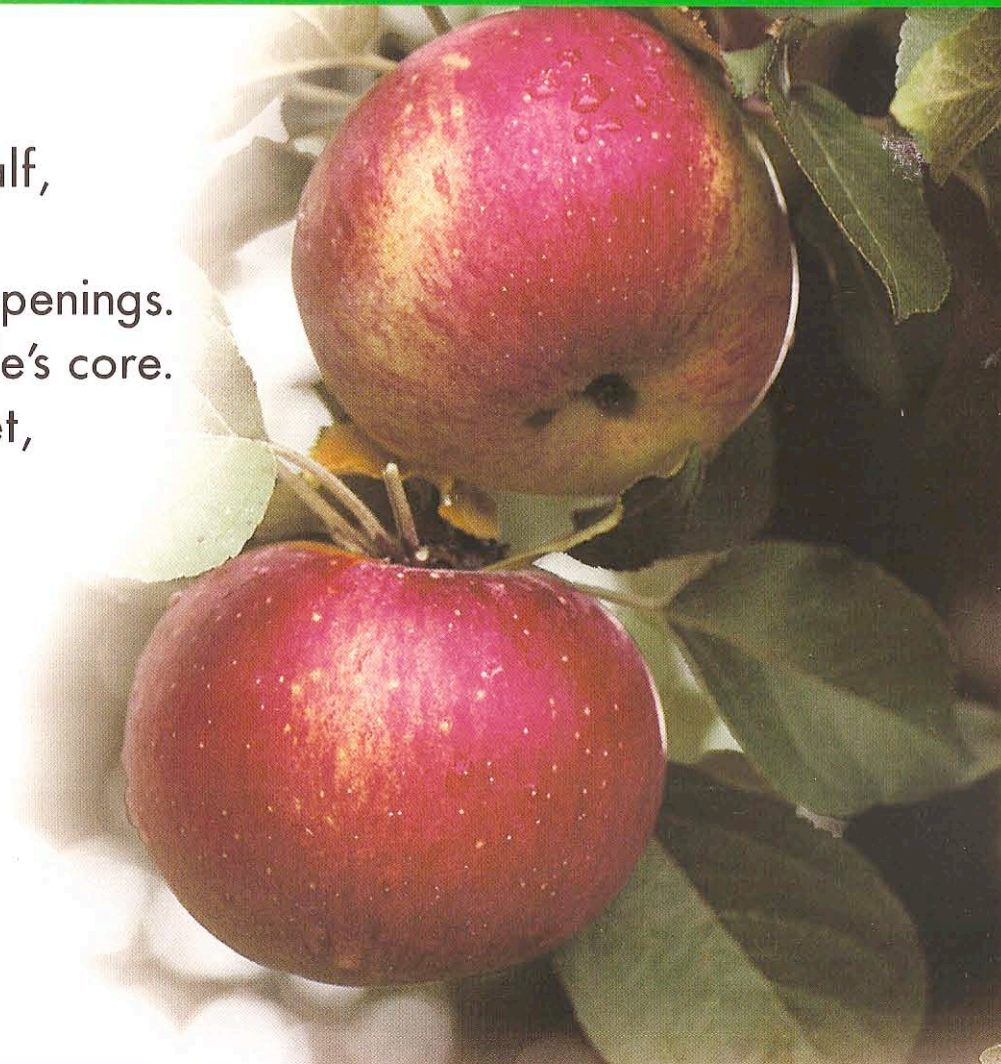
## LOOK ONCE

What juicy fruit has firm white flesh  
and a five-pointed star?



## LOOK AGAIN

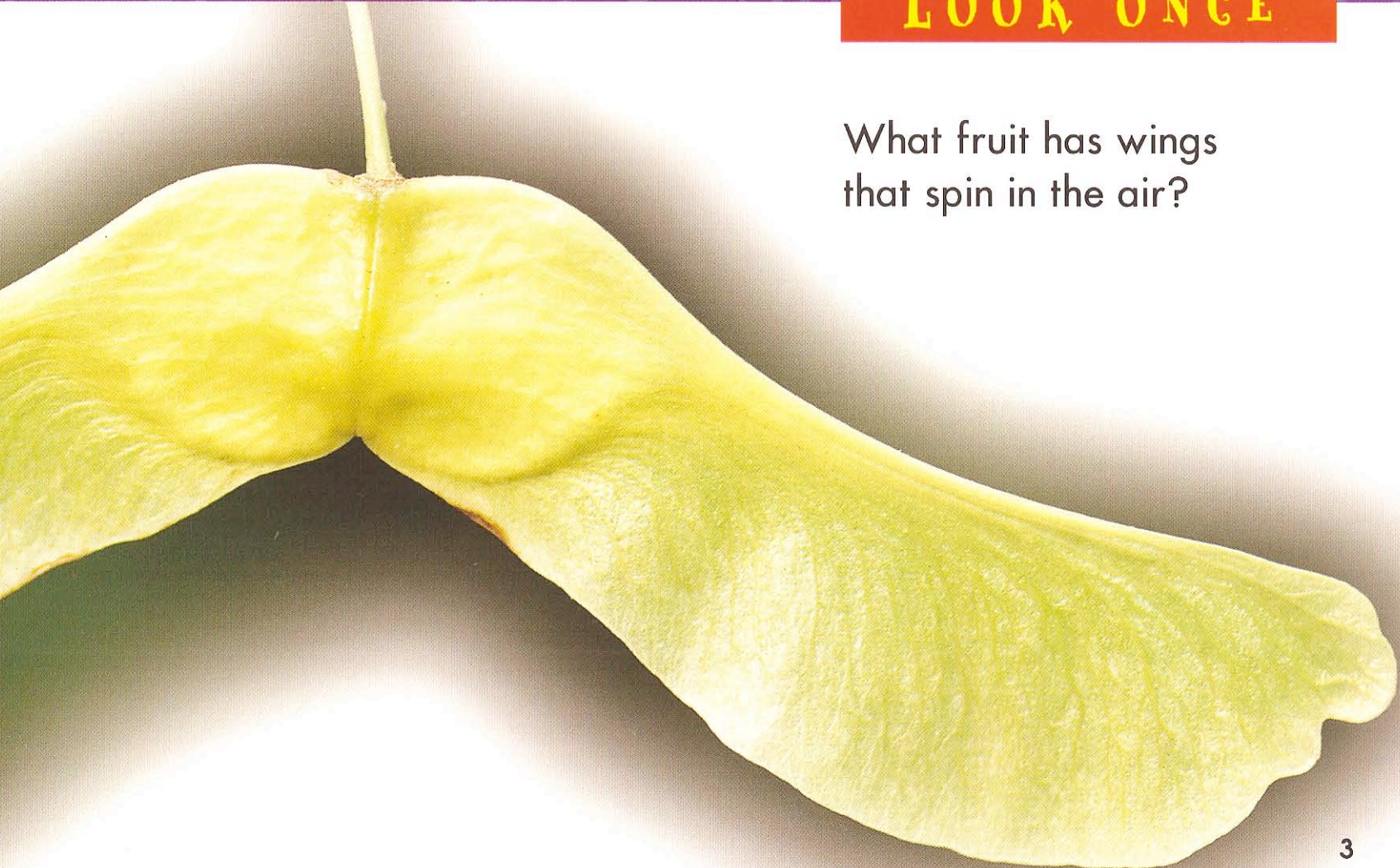
When you cut an apple in half,  
you can see its star.  
An apple's seeds sit in five openings.  
They make a star in the apple's core.  
Outside the core is the sweet,  
juicy part of the apple.  
This is the part people  
and animals like to eat.





## LOOK ONCE

What fruit has wings  
that spin in the air?

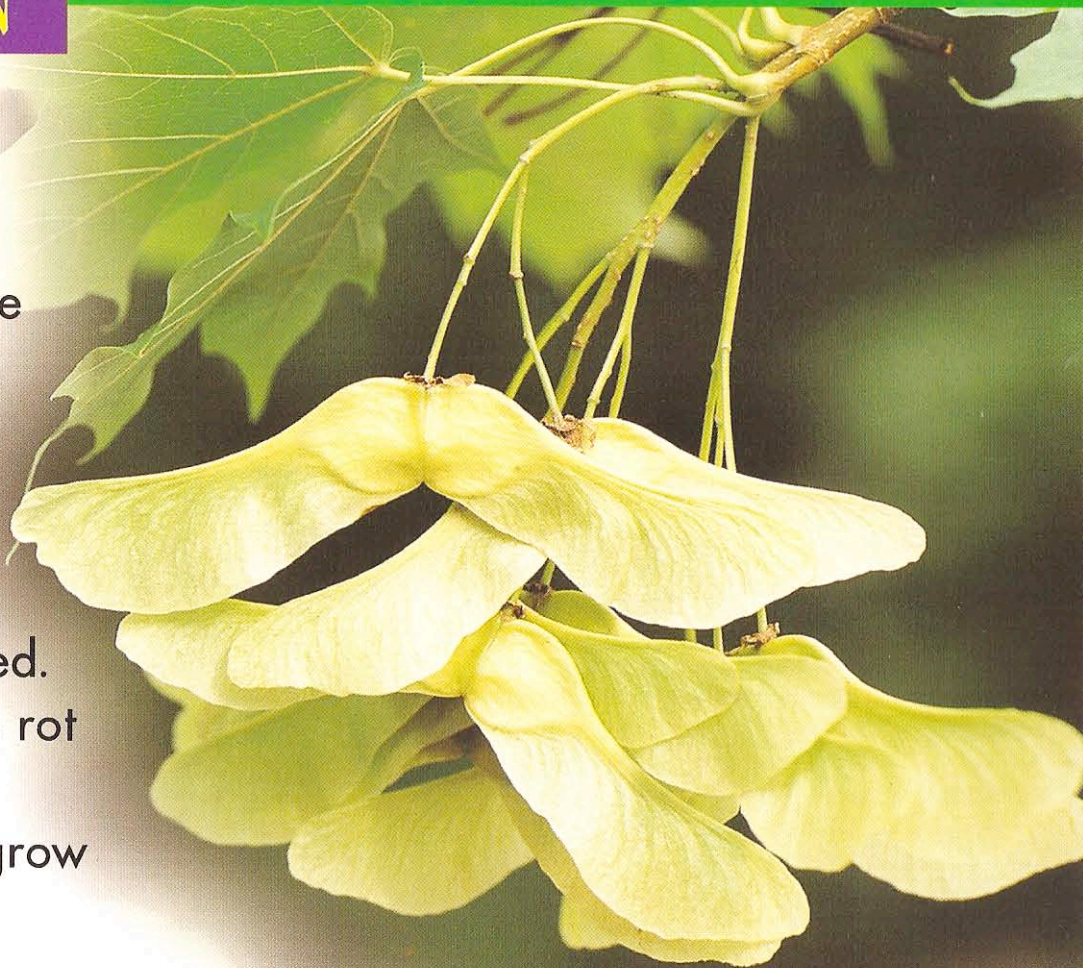




## LOOK AGAIN

The flat, curved fruit of a maple tree has two wings. The wings are joined in the middle. When the fruit is ripe, it falls from the tree and spins to the ground.

Inside each wing is a seed. In moist earth, the wings rot and the seeds sprout. A new maple tree may grow from each seed.





## LOOK ONCE

A mighty tree could  
grow from this tiny fruit.





## LOOK AGAIN

Acorns are the fruits of oak trees. One oak tree may have 50,000 acorns. If an acorn falls on soft earth, the seed inside may grow into a new oak tree.





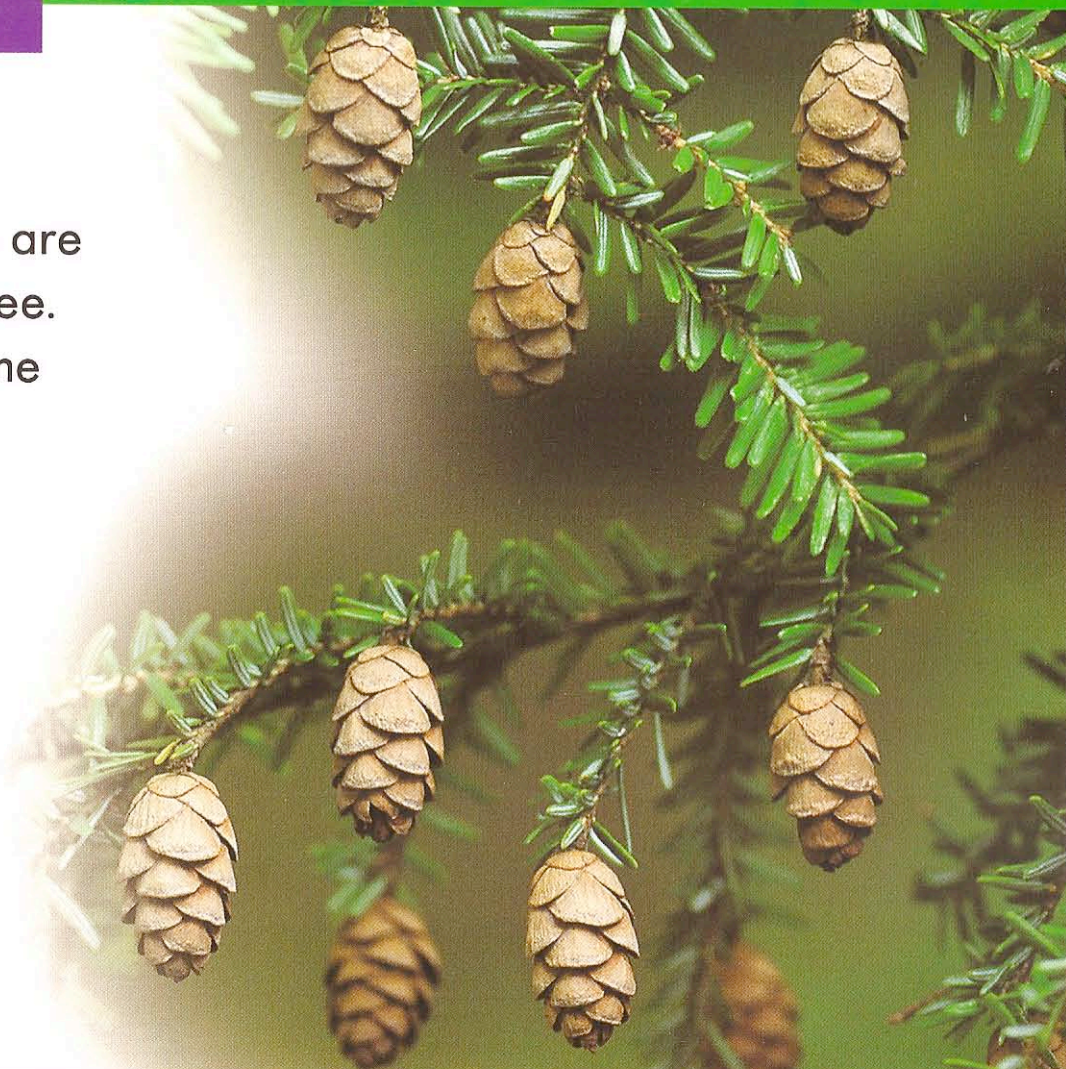
## LOOK ONCE

This is not a fruit you  
would want to eat.



## LOOK AGAIN

Cones are the fruits of evergreen trees. These are the cones of a hemlock tree. The cones have seeds some birds like to eat.







## LOOK ONCE

This seed looks like  
a fluffy parachute.  
It comes from a plant  
with milky sap.



## LOOK AGAIN

A milkweed fruit is called a "pod."

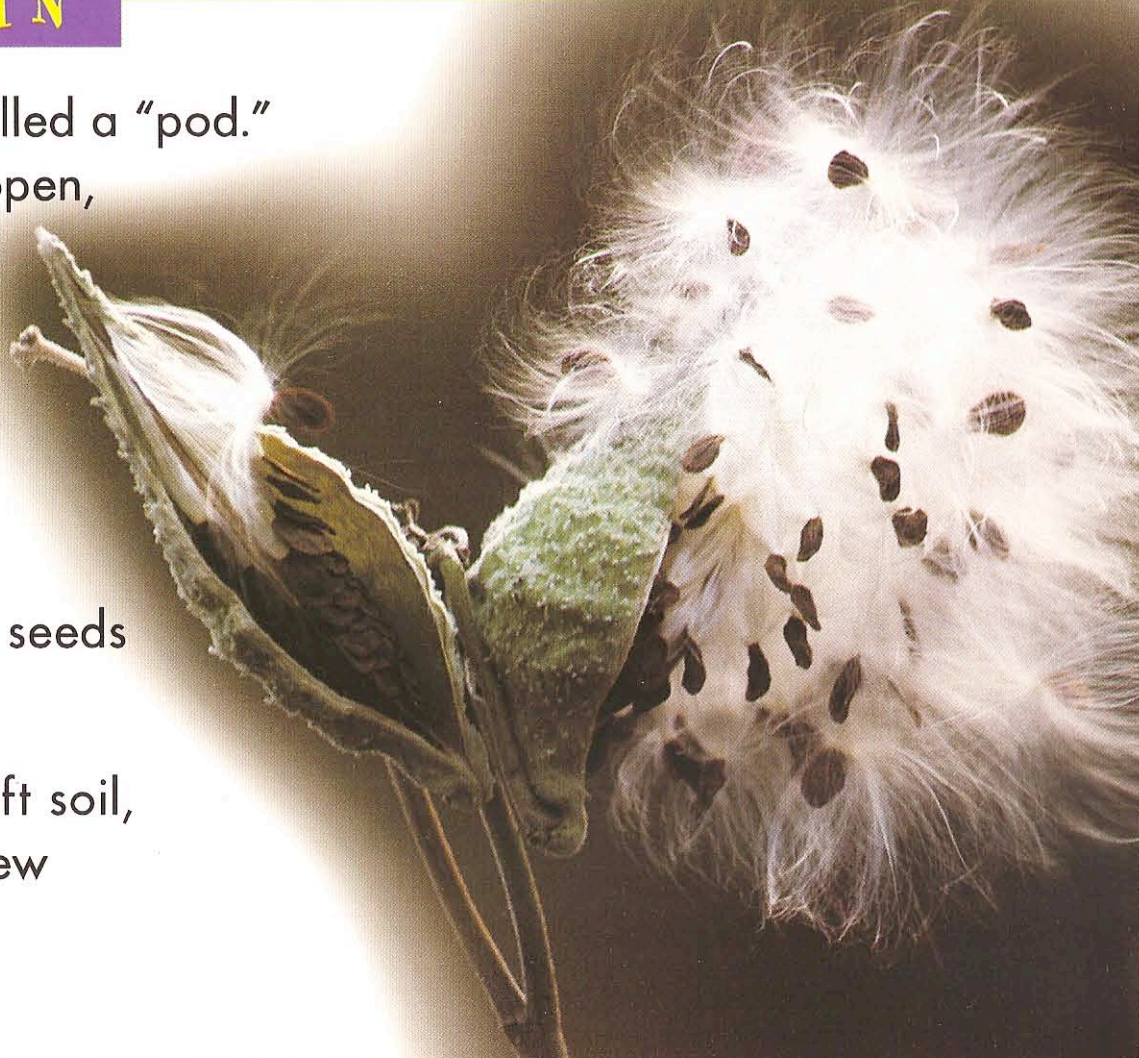
When the pod splits open,  
silky fluff bursts out.

Seeds are attached  
to the fluff.

The fluff carries the  
seeds like parachutes  
when the wind blows.

That is how milkweed seeds  
travel to new places.

If the seeds land in soft soil,  
they may grow into new  
milkweed plants.





## LOOK ONCE

This plant has ears,  
but it cannot hear.





## LOOK AGAIN

This kind of ear is the fruit of a corn plant. The ear is wrapped in a grassy husk. Peel away the husk to find rows of soft, sweet kernels. The kernels are the seeds of the fruit.





## LOOK ONCE

What fruit is named  
for a bird that  
cannot fly?





## LOOK AGAIN

Kiwis are birds that cannot fly. They are round and a little fuzzy. Kiwi fruit is also round and fuzzy. Kiwi fruits have small black seeds and pale green flesh.

Be careful not to get kiwi fruit and kiwi birds mixed up in your refrigerator!

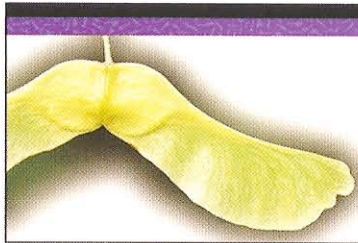




# LOOK ONCE



**A.**



**B.**



**C.**



**D.**



**E.**



**F.**

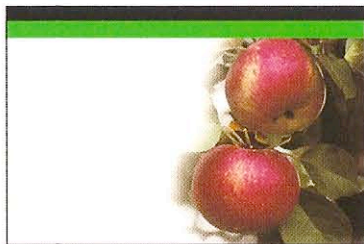


**G.**

Look closely. Do you know which fruits and seeds these are?



# LOOK AGAIN



**A.** Apple



**B.** Maple



**C.** Oak (acorns)



**D.** Hemlock (cones)



**E.** Milkweed



**F.** Corn



**G.** Kiwi



LOOK ONCE LOOK AGAIN

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