HEALTH AND SAFETY FOR \$ KIDS \$

Be a Germ Fighte



Written by Rozanne Lanczak Williams Illustrated by Gloria Y. Jenkins



It's book sharing day at school, and Rocky Raccoon shares a book about germs. Rocky only shares a few facts from the book before it's time to go home. That leaves some school friends, especially Cat, feeling anxious. But learning more about germs and how to stay healthy helps everyone feel better.

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- > Health and safety topics covered in this book:
 - What are germs?
 - How germs make us sick
 - How we can avoid germs
 - The difference between viruses and bacteria
 - Ways we can stay healthy
- Discuss these topics before, during, and after reading the book. Use the questions and activities on page 32 to inspire and extend learning.
- Sing the songs on pages 25 and 27 to the tune of "Row, Row, Row Your Boat."

Dear Readers,

I hope the 5 books in my new series will help you understand ways you can develop healthy habits, handle stressful situations, learn in new ways, feel happy, and be good friends to one another. And . . . I guarantee that these books will be fun to read thanks to my pals Cat and Dog, who help me tell the stories.

These characters, along with Mouse, have been reader favorites in some of the 250 books I've written that help kids all over the world learn to read and write. So let's explore, all together, ways you can stay safe and be healthy!

Happy reading!

Be a Germ Fighter
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