# The Girl Guide Store Sizing Guide

### **SIZING** and FIT:

GGC's sizes range from item to item. The charts below show finished GARMENT measurements.

To assist in obtaining a good fit, the type of fit has been indicated on the following charts for each garment.

- "Fitted" is more shapely and fits closer to the body.
- "Relaxed" is a straighter cut fit.

### **MEASURING:**

- Find your most comfortable fitting garment style for each item to measure.
   Choose your own T-Shirt/Hoodie/Long Sleeve/Pants you like to wear, in terms of fit.
- 2. Lay the garment flat on the table face up and take the measurements using a measuring tape. If you do not have a measuring tape, use string to then measure against a ruler. Please see below for visuals of how to measure.

#### For T-Shirt/Hoodie/Blouse

Chest: measure the width across the chest of the shirt (1 inch below the armhole).

Body length: measure from the center back top of neck to the bottom hem.

Bottom: measure the width at the bottom of the shirt.

Sleeve length: measure from center back of neck to bottom of sleeve cuff (for long sleeve only).

#### **For Pants**

Waist: measure the width on waist line of the pants.

Hips: measure the widest part between the waist and the crotch of the pants.

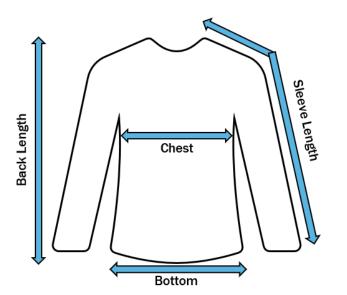
Inseam: measure from the crotch to the bottom of the pant leg.

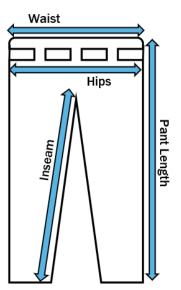
#### For Accessories

Badge Sash: Measure from right shoulder to left hip.

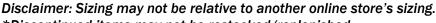
Camp Hat: Measure circumference of head.

GGC has recently adjusted garment measuring for a better fit! Please see pictures below to learn where to measure your favourite garments. Compare these measurements to the ones below in the sizing charts to choose the best fit for you!









\*Discontinued items may not be restocked/replenished.



# **SIZING CHARTS**

### **GARMENT (NOT BODY) MEASUREMENT IN INCHES**

### **NEW YOUTH UNIFORMS** The chart shows finished GARMENT measurements.

Item	Fit	Size				XS	S	M	L	XL
			4	5/6	7	7/8	8/10	10/12	14/16	18
YOUTH T-SHIRT	Fitted	Chest	14	15	16	16.5	17.5	18.5	19.5	20.5
		Body Length	17	19	21	23	24	25	26	27
YOUTH TUNIC	Relaxed	Chest	14	15	16	16	17	18	19	20
		Body Length	20	22	24	28	29	30	31	32
		Sleeve Length	21	22.5	24	25	27	29	31	33

### **NEW ADULT UNIFORMS** The chart shows finished GARMENT measurements.

Item	Item Fit Size	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
		Ol t	0/2	4/6	8/10	12/14	16/18	18/20	20/22	22/24	24/26
ADULT T-SHIRT	T-SHIRT	Chest	17.5	18.5	19.5	20.5	21.5	23	24.5	26	27
		Body Length	24	25	25.5	26.5	27	28	28.5	29.5	30
ADULT TUNIC	Relaxed	Chest	17	18	19	20	21	23	24	25	26
TONIC	Body Length	32.5	33	33.5	34.5	35.5	36	36.5	37	37.5	
		Sleeve Length	29.5	30.5	31	32	32.5	33.5	34	35	35.5

<u>Made to Measure Uniforms:</u> Uniform Shirts/Tunics may be custom made for Members whose requirements fall outside the regular sizes available - size required is smaller than the smallest size available or larger than the largest size available. Orders for made to measure uniform shirts cannot be cancelled once placed. Please call 1-877-605-9339 to place a custom order.

### **ACCESSORIES** The chart shows finished GARMENT measurements.

Item	Size (Inches)	S	М	L	XL
Badge Sash	Width	dth 3.5		4	4
	Length	23 inches and below	24 to 26 inches	27 to 31 inches	32 to 35 inches
Item	Size (Centimeters)	S/M	M/L	L/XL	XL/2XL
Camp Hat	Head Size	54cm	56cm	58.5cm	61cm

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# YOUTH APPAREL The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS/12	S/14	M	L	XL
Spark 30th Anniversary	Relaxed	Chest	14	16	17	18	19
T-Shirt		Body Length	18	20	22	24	26
EST. 1910 T-Shirt Is There a Badge for That? T-Shirt Unity in Diversity T-Shirt	Relaxed	Chest	16	17	17.5		
Everything she wants to be. T-Shirt Camp Hair Don't Care T-Shirt GG Logo T-shirt		Body Length	20.5	22	23.5		
Heritage Logo T-Shirt	Relaxed	Chest		17	18		
		Body Length		22	23.5		
		Sleeve Length		24.5	26.5		
Hooded Sweatshirt	Relaxed	Chest		16	17	18	19
REGULAR FIT		Body Length		20.5	21	22	24.5
		Sleeve Length		26	27.5	30	32
Hooded Sweatshirt	Relaxed	Chest		18.5			
*Discontinued when sold out  nternational Polo Shirt		Body Length		20.5			
		Sleeve Length		25			
International Polo Shirt	Relaxed	Chest	17	18.5			
		Body Length	25	26			
Retro Ringer T-Shirt	Relaxed	Chest	15	16	17	18	19
		Body Length	18	20	22	24	26
Retro Raglan Baseball Shirt	Relaxed	Chest	15	16	17	18	19
		Body Length	19	21	23	25	27
Definition T-Shirts	Relaxed	Chest	14	16	17	18	19
		Body Length	18	20	22	24	26
Heart Wordle T-Shirts	Relaxed	Chest	14	16	17	18	19
		Body Length	19	21	23	25	27
GG Logo Crew Sweatshirt	Relaxed	Chest		17	18	19	20
		Body Length		21.5	22.5	24	25.5
		Sleeve Length		26.5	28	30.5	33



## **ADULT APPAREL** The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS	S	M	L	XL	2XL	3XL	4XL	5XL
			6	8	10	12	14	16	18	20	
Technolite jacket	Relaxed	Chest	18.5	20	21	23.5	24.5	26	27	32.5	34
		Back Length	25	25.5	26	26	27	28	28	28	30
		Bottom	19	20.5	22	24	25	26.5	28	33.5	34
GGC Fleece Jacket	Fitted	Chest		19	19.5	21.5	22.5	24	26.5	28	
		Body Length		26	26.5	27	28	29	29	29	
		Bottom		19.5	20.5	22.5	24	25	29.5	29.5	
TREFOIL GUILD Fleece	Fitted	Chest	19	21	21.5	23	24.5	26.5			
Jacket		Body Length	24	25	26	27	28	29			
		Bottom	20	21.5	22.5	23	25	27			
LINK T-Shirt	Relaxed	Chest		18	19	20.5	22	23.5	28	30	32
		Body Length		25	26	27	28	29	33	34	35
LINK Hooded Sweatshirt	Relaxed	Chest		20	22	24	26	28	30	32	
		Body Length		27.5	28.5	29.5	30.5	31.5	32.5	33.5	
GGC Fleece Full	Fitted	Chest									27
Zipped Jacket *Discontinued when sold		Body Length									26.5
out		Bottom									27
Roll-Up Cargo Pants *Discontinued when sold	*Adjustable	Waist		15.5			19	21	23		
out		Hips		19.5			22.5	25	26		
		Inseam		31			32	32	32		
International Jacket	Relaxed	Chest	19	20	21.5	23	24	26	31	33	34
		Body Length	24.5	25	26	26	26.5	27	29	30	30
International Polo	Fitted	Chest	19	20.5	21	22	23	25	26	27	
Shirt		Body Length	25	25.5	26.5	27	28.5	29.5	29.5	30	
International Polo Shirt *Discontinued when sold	Relaxed	Chest							27	27.5	28.5
out		Body Length							31	32	33
Hooded Sweatshirt	Relaxed	Chest		17	21	22.5	24.5	27			
REGULAR FIT		Body Length		26	27	28	29	29			
		Sleeve Length		33	34	35	36	37			

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# **ADULT APPAREL Continued** The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS	S	М	L	XL	2XL	3XL	4XL	5XL
Spark 30 <sup>th</sup> Anniversary T-Shirt	Relaxed	Chest	17.5	18	20	22	24	26	28	30	32
BE PROUD. T-Shirt		Back Length	26	28	29	30	31	32	33	34	35
EST. 1910 T-Shirt Is There a Badge for That? T-Shirt Unity in Diversity T-Shirt	Relaxed	Chest		18	20	22	24	26	28	30	32
Everything she wants to be. T-Shirt Camp Hair Don't Care T-Shirt GG Logo T-shirt Trefoil Guild T-shirt		Body Length		25	26	27	28	29	33	34	35
Heritage Logo T-Shirt	Relaxed	Chest		18	20	22	24	26	28	30	32
		Body Length		28	29	30	31	32	33	34	35
		Sleeve Length		33.5	35	36.5	38	39.5	39.5	40	40.5
Vest *Discontinued when sold out	Fitted	Chest		19.5	20						
Discontinued when sold out		Body Length		23.5	24.5						
		Bottom		19.5	20						
GGC Crew Sweatshirt	Relaxed	Chest		20	22	24	26	28	30	32	
		Body Length		27	28	29	30	31	32	33	
		Sleeve Length		33.5	34.5	35.5	36.5	37.5	38.5	39.5	
Hooded Sweatshirt	Relaxed	Chest							24	25.5	27.5
LADIES FIT *Discontinued when sold out		Body Length							28.5	29	31
		Sleeve Length							37.5	39	40
Retro Ringer T-Shirt	Relaxed	Chest		18.5	20	21.5	23	24.5	26	27.5	29
		Body Length		27	28	28.5	29.5	30	31	31.5	32.5
Retro Raglan Baseball	Relaxed	Chest		18.5	20	21.5	23	24.5	26	27.5	29
Shirt		Body Length		28	29	29.5	30.5	31	32	32.5	33.5
Definition T-Shirt	Relaxed	Chest		18	20	22	24	26	28	30	32
		Body Length		28	29	30	31	32	33	34	35
Heart Wordle T-Shirt	Relaxed	Chest	18.5	19.5	20.5	22	23.5	25	27	29	
		Body Length	26	26.5	27	28	29	30	30.5	31	
Cookie Pyjama Pants	Relaxed	Waist		30	32	34.5	38	41.5	45	48.5	52
		Pant Length		38	38.5	40	41.5	41.5	41.5	41.5	41.5
		Inseam		28.5	29	29.5	30.5	30	30	29.5	29.5



<sup>\*</sup>Discontinued items may not be restocked/replenished.



### **PRIOR UNIFORMS** The chart shows finished GARMENT measurements.

#### \*Items to be discontinued when sold out

Item	Type of Fit	Size (inches)	XS	S	M	L	XL	2XL	1	2	3
SPARK *Discontinued when sold out	Fitted	Chest	12.5	13.5	14.5	15	15.5	16.5	17	18	18.5
		Body Length	18.5	19.5	20.5	21.5	22.5	23.5	24.5	25.5	26.5
BROWNIE *Discontinued when sold out	Fitted	Chest		14.5	15.5	16	17	17.5		19	20
		Body Length		20.5	21.5	22.5	23.5	24.5		26.5	27.5
GUIDE *Discontinued when sold out	Fitted	Chest		15	16	17	18.5	20	21.5	23	24.5
		Body Length		21.5	22.5	23.5	25	26.5	28	29	29
PATHFINDER *Discontinued when sold out	Fitted	Chest		15.5	16.5	18	19.5	21	22.5	23.5	24.5
		Body Length		22.5	25	26.5	28	28.5	29	29	29
RANGER *Discontinued when sold out	Fitted	Chest		18	19	20	21	22	23	24	25
Dissortinada When sola dat	=	Body Length		26.5	27	27.5	28	28.5	29	29	29
Adult Polo Shirt *Discontinued when sold	Relaxed	Chest	17.5	18.5	19.5	21	22	23.5	25	26.5	28
out		Body Length	24.5	25.5	26.5	27	28	28.5	29	29.5	30
		Bottom	18	19	20	21.5	22.5	24.5	26	27.5	29

Item	Fit	Size (inches)	4	8	10	14	16	18	20	40
Long Sleeve Blouse *Discontinued when sold out	Fitted	Chest					23.5			
		Body Length					25.5			
		Bottom					24.5			
Short Sleeve Blouse *Discontinued when sold out	Fitted	Chest							25	
Discontinued when sold out		Body Length							26	
		Bottom							25.5	

