

A great range of products for special needs
Mid Year Catalogue 2019

I ndis

Registered NDIS
Provider

**Parents** 

**Educators** 

**Physicians** 

**Care Givers** 

**Paediatricians** 

**Physical Therapists** 

**Child Care Workers** 

**Speech Pathologists** 

**Occupational Therapists** 

& more...



Download our

Sensory Tools® FREE App.







## Introduction

Sensory Tools® offers leading edge treatment courses and products that specifically address issues associated with sensory processing, autism, aspergers, ADD/ADHD, learning difficulties, behavioural and other developmental challenges.

Sensory Tools® make this commitment to children, families and professionals:

- Seeing the gifts in the children we care for
- High quality courses and workshops (both national and international)
- Online seminars
- Cutting edge information and resources
- Products that lead the field in supporting children 'from the inside out'

## **How to Order**

The easiest way to place an order is through our secure website www.sensorytools.net which will accept Visa/MasterCard and PayPal payments. Government and non-government schools and organisations who require payment by invoice can email the order through using their official order form, where applicable. For queries regarding quantities and shipping cost etc, please call our office. The items ordered will be sent with a 14 day invoice payment.

Payments may be made by:

- Credit card (Visa or Mastercard)
- PayPal
- Cheque made out to Sensory Tools®
- Direct deposit, as per details on the invoice.

Should you require a quote or have questions regarding a product, please contact us by email or phone.

E. sales@sensorytools.com.au

P. **(02) 4578 6123** 

F. (02) 4578 6115

Visit our Shop 5 East Market Street, Richmond NSW 2753 Australia

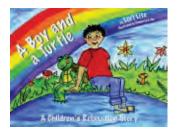


Product Use

Please note that items sold by Sensory Tools® are for therapeutic use and should be used under adult supervision.

## Resources

Lori Lite is a parenting stress expert and author. Lori has created an award winning line of books, CDs, and lesson plans designed to help children, teens, and parents decrease stress, lower anxiety, and control anger. Her sought-after practical tips provide parents with real-time solutions. Her personal parenting challenges with getting her children to sleep were the catalyst for her stories. She has the unique ability of communicating how to integrate stress management techniques and self-esteem building activities into your family's life. The techniques that are woven into the stories are diaphragmatic breathing, visualizing, progressive muscle relaxation, and affirmations or positive statements. Lori was the first to weave adult level, research-based techniques into a storytelling format. This method allows children to follow a story along in a relaxed organic way while experiencing actual stress and anger management techniques. Lori's stories also expose children to the power of self-esteem building affirmations and positive statements.





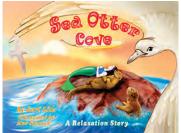


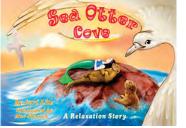


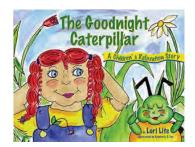
Self-Esteem Relaxation

Anger Management

Lowering Stress & Anxeity

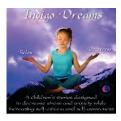






Decrease anxiety - Promote sleep

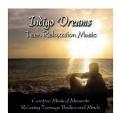
Passive Muscular - Relaxation















The book, How Does Your Engine Run?® A Leader's Guide to the Alert Program® for Self-Regulation (Williams & Shellenberger, 1996), describes an innovative program that supports children, teachers, parents, and therapists to choose appropriate strategies to change or maintain states of alertness. Students learn what they can do before a spelling test or homework time to attain an optimal state of alertness for their tasks. Teachers learn what they can do after lunch, when their adult nervous systems are in a low alert state and their students are in a high alert state. Parents learn what they can do to help their child's nervous system change from a high alert state to a more appropriate low state at bedtime. Also available in a 5 pack (excluding game)













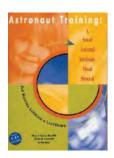
## Resources

Information and helpful advice related to the understanding and needs of special people. Selected guides for therapists, teachers, parents and everyone tasked with and concerned for the wellbeing, treatment and care of our people with special needs. There are literally thousands of books on the subject of special needs and we at Sensory Tools® have selected the ones we feel are resourceful and have the most value.

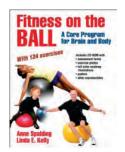
## **Activities**



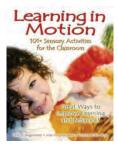


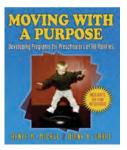




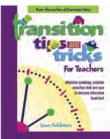


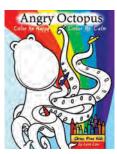




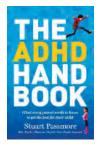


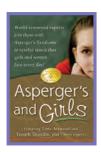






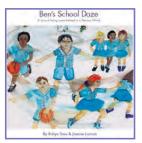
## Tools for Parents & Professionals



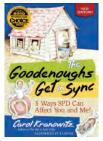














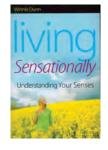




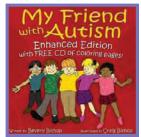


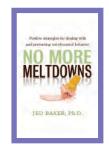








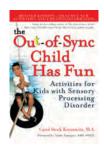


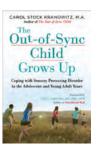


## Resources

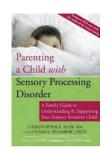
## **Tools for Parents & Professionals**

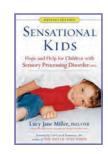






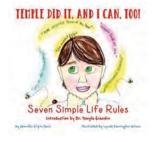






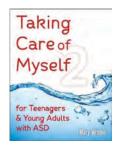


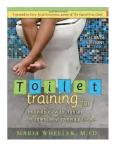




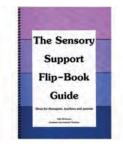


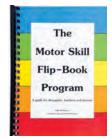


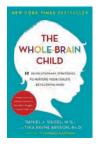






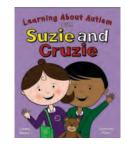




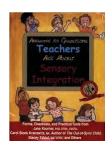








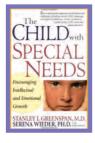






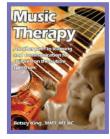




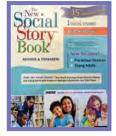
















# Genevieve Jereb CDS

Genevieve Jereb OT is an Australian-born paediatric occupational therapist who has lectured on sensory processing disorders, both nationally and internationally. Most recognized as a children's singer and songwriter, Genevieve uses the principles of sensory processing theory to create music, songs and rhythmic activities for children with attention, motor and regulation difficulties.

Designed for preschoolers through early elementary, It's Circle Time! makes learning fun. Kids will learn their numbers, vowels, alphabet, weather, days of the week and more through catchy tunes and sing along. The lyrics to these songs were written by special education teacher, Vicki Kitchner, to be used in the classroom or the home setting.



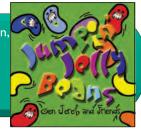
Favorite kids' rhythms for calming, cool downs and bedtime routines cool bananas was created to provide children with a selection of strong, regulated rhythms to support a state of calm, organization and regulation in their nervous systems. Enchanting favourite children's songs sung at 50 to 70 beats per minute support the dis-regulated child as background music during therapy, classroom and home activities (e.g., table top time, play time, bath time, car rides).



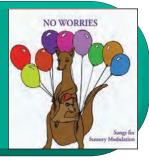
The songs and rhythms are designed to be playful and engaging, reaching for the "gleam" in the child's eye. Australian sing-a-longs and story telling add a unique flair to the overall flavour of the music. The CD is completely interactive from beginning to end, using call and response sing-a-longs, "Kid Power" chants, full body movement and dancing. Songs to calm and organize are also provided to support regulation for the nervous system biased toward defensiveness. It's a great gift for the child with sensory integration dysfunction, autism, pervasive developmental disorder, asperger's syndrome, attention deficit disorder/attention deficit with hyperactivity,



Jumpin' Jellybeans is inspired by and dedicated to Gen's "Cabin 12 Kids" at Camp Avanti in Wisconsin, This collection keeps kids involved in directed activities to enhance attention and alertness, provide rhythmic entrainment, improve body awareness, and strengthen overall patterns of respiration. And kids will have loads of fun along the way! The 24-page full colour booklet includes lyrics to all the songs, with many activities detailed in the text alongside.



The songs are also meant to provide therapists, teachers and parents with ideas for how to structure a child's day and implement easy but powerful opportunities for sustaining focused attention, organised movement and effective interaction. The CD is organised into different "therapeutic" categories, including songs for arousal, routines, transitions, postural organisation and oral/respiratory needs. The CD booklet contains the words to the songs and describes the intended actions to the words. The CD booklet also gives general principles of sensory modulation and entrainment and explains the therapeutic rationale behind what seem to be free-spirited children's songs.



Sensory Tools® is proud to be an Australian distributor of Therapeutic Listening ® headphones. Listening plays a vital role in the sensory integration process. In fact, some believe that the auditory system is the 'missing link' in sensory integration modalities. Both research and clinical experience have shown that using sound-based interventions for clients with sensory processing difficulties can increase treatment effectiveness. Listening is a function of the entire brain; when we listen, we listen with the whole body.

and other regulatory disorders.

## Therapeutic Listening System









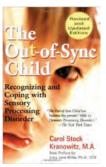
Therapeutic Listening Headphones

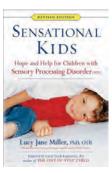
# The Traffic Jam in My Brain Library Kit is a great way to start a library with books and CDs which includes products for:

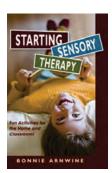


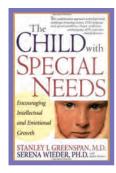


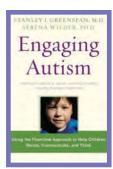
As chosen directly by Genevieve Jereb OT







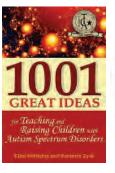




## Increasing Awareness

## Relationship









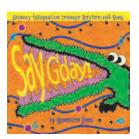


Sensory Diet & Self Regulation

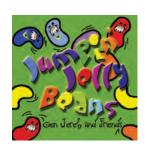
Rhythm

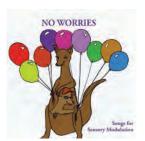
Respiration











Gen Jereb's Music

# Respiratory

Tools designed to go in the mouth, whistles, noisemakers, bubbles and other blowing tools to encourage lip closure, breath control and tone. Whistles are a good example of therapeutic tools with multidimensional therapeutic value. They involve multiple sensory motor experiences, whistles offer many opportunities for integrating oral, ocular motor, eye-hand, auditory and respiratory function that in turn supports posture, modulation and general sensory motor and psychosocial development.

## **Tools for Blowing**



Tools for Power Breath
Invites more push behind the breath that often causes an involuntary release of a fixed diaphragm.



Blow Dart Train Whistle Duck Whistles

## Tools for Resistive Blowing Strengthens weak diaphragm



Balloon Animals Mini Puffimals One WayValve Balloon Helicopter Whistle

# **Value Plus**







Fidget Tool Kit #1

Fidget Tool Kit #2

Fidget Tool Kit with Silcone Case





Fidget Tool Kit Large

Fidget Tool Kit Soft n Spikey







OT Choice Kit

Travel Kit

Ball Fitness Kit

\*Kit contents may vary from illustrations

The above kits come with a free carry pouch!

# Respiratory

## **Tools for Graded Breath**













Animal Eye Popper

Bubble Mix

Bird Water Whistle

**BlowPens** 

Bottle String Pipe

Touchable Bubbles













Harmonica

Hum-A-Zoo

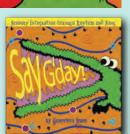
SlideWhistle

Water Flutes

## CD's for relaxation and respiration









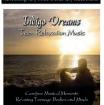












CD - Chakra Chants

...and the Indigo Dream series

**Eating** 





Construction Set











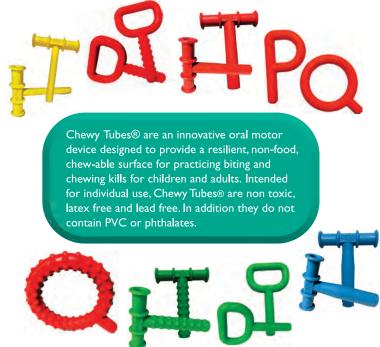


Ark Sip Cup One Way Straw Valve Ark Ultra Bear Bottle Kit

## **Oral Motor**

Tools to provide sensory input to the lips, gums, tongue, palette, and jaw. Oral motor therapy works on the oral skills necessary for proper speech and feeding development. Straws, whistles, bubbles, and chew tools are excellent ways to exercise the mouth muscles. Use them to develop strength, coordination, movement, and endurance in the lips, cheeks, tongue, and jaw.







Latex Free Tubing
Sold in 1 & 25 metre lengths.
Can be used for stretching
Chewing and blowing bubbles.
Not sure what strength?
...Try our sample pack

# **Fidget Tools**

Spiky Glove

Squeeze Chicken

Fidget tools explore a variety of sensory and educational experiences for children to enjoy under adult supervision. The aim of these tools is to delight, excite, explore, engage and learn about how to calm up or calm down and try new sensory experiences whilst engaging with subject matter of interest. We hope parents and educators will use these with imagination and encourage engagement with the child both emotionally and environmentally.



Squeeze Dinosaur

Squeeze Elephant

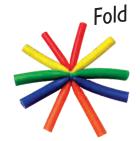
# **Fidget Tools**



#### Sensory Tools® Star Fidget Exclusives

Designed and manufactured in Australia - exclusive to Sensory Tools Australia. Designed specifically with therapists and their clients, with sensory issues, made from grades of resistant latex free tubing ideal for stretching and developing fine motor skills.





#### What are Wikki Stix?

They look like pipe cleaners but they 're not! They are waxy and stick to themselves to create 3D objects. They adhere to almost all smooth surfaces with just fingertip pressure and they are unique hands-on teaching tools.







Animal Activity Pack

Primary 48 Stix

Travel Pack 20 Stix

Neon 48 Stix







Alphabet Cards 36 Stix & 26 Cards

Multi Sensory Tool kit

Wikki Stix Activity Set

## **Fine Motor**



#### **Theraputty**

Our Theraputty is ideal for developing hand-muscle strength and increasing endurance. To gently increase range of motion or reduce stiffness. As strength increases, gradually increase the resistance of putty. Varying resistances are indicated by colour.









Medium Soft

Medium

## Handwriting Without Tears®

The Hands-On curriculum for Handwriting Success

The Handwriting Without Tears® curriculum draws from years of innovation and research to provide developmentally appropriate, multisensory tools and strategies for your classroom. The program follows research that demonstrates children learn more effectively by actively doing, with materials that address all styles of learning. It teaches effectively with joy. Handwriting Without Tears® have figured out easier, happier ways for children to master handwriting. Handwriting Without Tears is dedicated to developing excellent materials for children and training for teachers. As a result, millions of students have successfully used the program. The result truly is handwriting without tears!







































ABC Touch & Flip Cards

Double Line Chalkboard













Little Chalk Bits

Colour Print & Number Wall Cards

Crayon Classroom Set

Crayon Gift Set

Grey Block Paper Pencils for Little Hands

# Handwriting Without Tears®

The Hands-On curriculum for Handwriting Success













Little Sponge Cubes

Magic Bunny

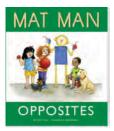
Magnetic Pieces

Stamp & See Screen

Card For Wood Pieces













Mat For Wood Pieces Mat Man Opposites

Mat Man Shapes

Roll-A-Dough Letters Slate Chalkboard

## Handwriting Aids

## **Pencil Grip Packs**











Pencil Grip Silicone

Pencil Grip Original

Pencil Grip Grotto

Pencil Grip Fish

Pencil Grip Crossover





Writing Claw Med

## Toobaloo Set **Auditory Reading Phone Set**

**Auditory & Speech** 



#### **FORBRAIN**

FORBRAIN headphones leverage high frequency vibration to help the user create and process sound. The Patented electronic dynamic filter blocks out environment noise-isolating and amplifying the users voice, giving the nervous system a solid sensory workout.



# **Cards & Magnetic Charts**









My Busy Day Chart

My Busy School Week Chart

My Toilet Chart

My Weekend Pack

#### Move-About Activity Cards

This colourful 64-card deck features fun-filled activities that help children develop their sensory motor skills while refocusing, calming down and regaining energy. For use at home, at school or in the clinic, these cards are a handy tool for parents, teachers and therapists!



## Therapressure / Wilbarger Technique

The Therapressure brush is the sensory brush designed by Patricia Wilbarger.

This oval shaped brush is easier to use than regular sensory brushes in that it comes with an attached handle and has a more ergonomic design that makes it fit comfortably in your hand. According to Patricia Wilbarger, "the high density of the bristles makes it an ideal brush for the body." For specific instructions on brushing therapy it is best to speak with an occupational therapist trained in the Wilbarger Protocol.

The Therapressure brush is the preferred brush for the Wilbarger protocol and is available in white only. The Wilbarger Protocol is a therapy program designed to reduce sensory or tactile defensiveness. Children who exhibit symptoms of tactile defensiveness are extremely sensitive to touch. They often fear or resist being touched, have difficulty transitioning between activities, and may be lethargic.

This therapy was developed by Patricia Wilbarger, MEd, OTR, FAOTA.



For anyone who wants to measure and manage time more effectively, Time Timer® is an innovative visual timer designed to "show" the passage of time through the use of a patented red disk that disappears as time elapses. Unlike traditional timers that fail to make the abstract concept of time concrete, the award winning Time Timer's visual depiction of "time remaining" provides stress-free time management at work, school and home to make every moment count.







Time Timer 30cm

Time Timer 20cm

Time Timer Mod







Time Timer Dry Erase Board

Time Timer Visual Schedule Kit

Time Timer Plus









Time Timer Watch Plus - Youth



Time Timer Each Minute Every Moment Book

Time Timer Twist

Time Timer Watch - Adult

# **Sensory Diet**

Weighted Sensory Creatures

Weighted creatures are a great addition to any sensory therapeutic routine. Holding the weighted creature provides deep calming pressure to the body and relaxes the central nervous system and stimulates the brain.



Platypus - 2.1kg

Percy available in Furry & Plush

Turtle - 1.2kg

Aligator - 2.2kg

Snake - 17kg



EZI Lace Up's Pack

Ear Defenders

PenLight W/Topper

Multi-Matrix The Brain Game

Lollipop Drum

For the under sensitive, the vibration can provide necessary input to help calm and regulate the system. For the oversensitive, it can help increase the tolerance to tactile input. Its uses within the scope of a sensory processing disorder are invaluable.



Wally the Wombat Vibrating Pillow

Bluey the Puppy Vibrating Pillow

Animal Massager



Deep pressure input can be very therapeutic to children with autism, sensory processing disorder, ADHD and other neurological disorders.

Increased pressure provides the child with unconscious information from their muscles and joints which may help the child to better integrate sensory information, achieve a calm state, become more organized and improve their ability to concentrate.

Available in various sizes

# Calm Fit Clothing



## **Superior Quality and Design**

Compression clothing designed to calm children & regulate behaviour Suitable for children with ASD, ADHD, ADD, Sensory Processing Disorders, Anxiety & Behavioural Disorders

Calm Fit Clothing help children regulate their body and filter sensory information, which enables them to stay calm, help with body awareness, listen and learn. Designed to wear all day, every day to keep the sensory system calm. Reassuring gentle pressure gives proprioceptive feedback (information received from muscles and tendons, concerning body movement and position).

Allows your children to wear their favourite clothing, or school uniform, while enjoying the calming benefits and minimising meltdowns.

Its is a very **high quality** milk polyester fabric.

It has excellent compression and recovery because of the very high spandex count. It is very important that the fabric is breathable and you can **wear it to bed.** 

The stitching is done with an over-locker and the <u>seams on the outside</u> offer less irritation to the skin.



The fabric has a very soft silky feel but at the same time it is a very strong fabric.



## **Sensory Tools**®

## All Seasons Weighted Blanket

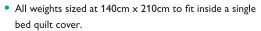
Also available in Heavy Duty

Weighted blankets are like warm hugs; they provide opportunity for deep pressure calming input. The weight of the blanket serves as a deep touch therapy, stimulating deep touch receptors all over your body that promote a more grounded and safe feeling to the individual.

Weighted blankets have traditionally been used by occupational therapists as a means to help children with sensory disorders, anxiety, stress, or issues related to autism, and research continues to support this practice.

When used correctly a weighted blanket can be a powerful addition to anyone's sensory tool box.

Double Stitched - 100% Cotton Cover - Breathable material Super Quiet Design - Hygenic Micro Glass Bead (No rice, sand or poly pellets)



• All seasons Weighted blankets do not come with covers.

During the seasons of the year you can easily adapt the weighted blanket to suit the needs of the user.

SUMMER

Use blanket without a cover AUTUMN•SPRING

Place inside a doona/quilt cover WINTER

Place inside a doona/quilt cover with doona/quilt.
Suggestions only!



# Weighted Lap Blanket

Lap blankets have been shown to be beneficial in many areas and may help if the following is happening: Restless moving, tapping of feet, kicking during sitting times. Enjoys pressure on legs with objects such as blankets, toys or books. Difficulties calming in situations such as in the classroom or at dinner time.

Lap blankets provide opportunity for deep pressure calming input. The weight on your lap serves as a deep touch therapy, stimulating deep touch receptors that promote a more grounded and safe feeling for the individual.

This weighted product has traditionally been used by occupational therapists as a means to help with sensory disorders, anxiety, stress, or issues related to autism, and research continues to support this practice.

Lap blankets are versatile, not only for the lap, it can be rolled up and used as a shoulder comforter, placed over the chest when lying down or using it like a shawl to use weight across the back of the body.









# The Engine Room

The Engine Room is like a specialised gym. It uses certain activities and equipment to give the body vestibular (movement) and proprioceptive (pressure) input.

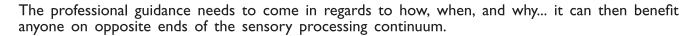
Said to be an organised way of providing intensity.

The room must be tailored to one's specific sensory needs just the same as, for example,

you purchase a mattress and/or pillow.

Some people will prefer a firm mattress and firm pillow, some prefer a soft mattress and soft pillow, and some prefer a combination, soft mattress with a hard pillow and vice versa.

The reason for this is because it will become therapeutic depending on how, when, and why the equipment or activities are used.



Based on the Alert Program® which is detailed in the book called "How Does Your Engine Run?"



## **Principals**

- · Close to the ground
- Uneven Surfaces
- Movable Surfaces
- Up slide InclinesPushing and Pulling
- Swings to push and pull incorporates heavy work.
- Body Socks, whilst crawling etc form a heavy work out without the user realising

Always use rhythm to match the intensity of your movement session and always allow time to cool down at the end with breathing activities.

Therapy also improves a child's modulation, or ability to regulate neural messages in such a way they can respond to stimuli appropriately.

The benefits of therapy are often physical, but also psychological.







## The physical benefits of therapy include:

- Balance responsivity over responsivity and under responsivity
- Gravitational security
- Hand-eye coordination Improved motor-planning
- Improved sleep cycles
- Language development
- Posture

# The psychological benefits of therapy include improvements in:

- Attention Confidence Emotional outbursts and frustration
- Moodiness
- Procrastination
- Restlessness
- Socialisation



Thank you Towradgi Public School for images

Items
to consider...
Crash Mats
Body Socks
Swings
Genevieve CD's
Kazoos
Incline Mats
Landing Mats
Ball Pits

# **Core Equipment**

## LycraTunnels

This lycra resistance tunnel can provide proprioceptive feedback and help the child develop and/or practice their bilateral co-ordination, motor planning, body awareness, tactile discrimination, gross motor skills and core body strength. Medium resistance can be achieved by a child crawling through by themselves, while a heavy resistance load can be experienced when a child pushes a 55cm ball through the tunnel. Deep Pressure Touch Stimulation (DPTS) can stimulate the release of serotonin in the brain, in turn helping children and adults to be calm, relaxed, concentrate on a task and moderate their sensory input. The pressure provided by the lycra around the child's body, can give this deep pressure stimulation.



LycraTunnel 3M Green/4M Blue

## Move & Sit

The Move & Sit is an air-filled seat that is similar to sitting on a Gym Ball (or balloon). Used when sitting in a chair, the unevenness of the cushion adds an element of instability, keeping your body in motion and enhancing stomach and back muscles. It is designed to promote active sitting. The active sitting motion uses more stress on your stomach muscles rather than your lower back. Overtime, the stomach will be much stronger and be able to absorb the pressure on the back that sitting for long periods of time can cause.



Move & Sit Cushion Small (25cm) or Large (35cm) Wedge

Move & Sit Cushion Round

## Vestibular Movement & Swinging

The vestibular system is stimulated when the head changes position such as when a child turns in circles, hangs upside down, runs or swings. Rotary movement is one of the most powerful forms of vestibular stimulation because it causes rapid changes in head position. It is so powerful it can cause nausea or dizziness. However, when used under the supervision of an occupational therapist, spinning on a piece of suspended apparatus such as a swing is a treatment activity that can promote sensory integration. The motion of swinging restores balance to the vestibular system, provides proprioceptive input (deep pressure) and generally helps autistic spectrum children feel more "in balance". The soothing motion of swinging soothes, relaxes and increases concentration.

Children who have trouble focusing on tasks such as reading or math, might find it easier to concentrate sitting in a hammock chair, their bodies engaged in a soothing motion.







Scooter Board

High Quality Carabiner

Vestibular Board





Pricing and Ordering www.sensorytools.com.auchild Pod Hammock

# **Core Equipment**

Gross motor skills are important to enable children to perform every day functions, such as walking, running, skipping, as well as playground skills (e.g. climbing) and sporting skills (e.g. catching, throwing and hitting a ball with a bat). These are crucial for everyday self care skills like dressing (where you need to be able to stand on one leg to put your leg into a pant leg without falling over). Gross motor abilities also have an influence on other everyday functions. For example, a child's ability to maintain table top posture (upper body support) will affect their ability to participate in fine motor skills (e.g. writing, drawing and cutting) and sitting upright to attend to class instruction, which then impacts on their academic learning. Gross motor skills impact on your endurance to cope with a full day of school (sitting upright at a desk, moving between classrooms, carrying your heavy school bag).



Rocker Board S/L

Crash Mat S/L

Crash Mat Foam

# **Core Equipment**





# PlayAway Equipment

Playaway Toy Company, Inc. has brought the fun indoors with the Rainy Day™ Indoor Playground.

Used successfully by parents and therapists, the Rainy Day<sup>tm</sup> Indoor Playground offers a unique suspension system. At the centre of the system is the Support Bar, easily suspended in any doorway.

Choose one of our attachments, hang it up and you have instant recreation!

Why? To enhance early childhood development such as balance, early speech, and coordination. Striving to make learning fun! You'll be amazed as you discover for yourself the wonderful difference the swing makes in your life. Unique in construction, this product is fun and brightly coloured changing frowns into smiles; durable craftsmanship to be enjoyed for many years. The Rainy Day Indoor Playground line balances and coordinates a child as he or she swings and uses the attachments.









Support Bar

Trapeze Bar

Ladder

'T' Stool







One Seat Glider

Trap Swing

Net Swing

3 Piece Combo

## JARI ACTIVSTOOL

Jari means movement.

With a Jari Activstool, there is no lying back, no slouching and definitely no sitting still. With a rotating convex base and a soft padded seat, Jari forms one leg of a stable tri pod, your own legs provide the other two parts. That means you are constantly flexing, adjusting and moving; the ideal way to stay focused and concentrate.

The stool helps build core strength and assists in creating correct posture. But the coolest thing about Jari Activestool<sup>tm</sup> is that it is gas height adjustable (40cm - 50cm).

That means it fits a huge range of students and just about any application:



#### Classrooms • Library Study groups • Open spaces • Collaborative learning • Behind a desk or on its own

No longer do you need various sizes of stools to suit the range of your student population, Jari Activstool adjusts to suit almost everyone in a senior school environment, right up to adult size.

# **Soft Play**

Designed for youngsters and crawlers, the Soft Play range is a soft yet sturdy assortment of foam shapes and activities which promote imaginative climbing and play within a controlled and safe environment. This is as great for youngsters who are just 'finding their feet' as it is for the quieter children who just simply want to sit and interact with others, or mum & dad. The Soft Play range is suitable for use in supervised, controlled environments such as play centres, pre schools, engine rooms or tots play areas in monitored settings.



# The Traffic Jam S. S. M. My Crain



#### Course Description

This presentation is designed for therapists, teachers, parents, caregivers and other professionals who are interested in understanding the fundamentals of sensory processing and its impact on attention, behaviour, social engagement, creative thinking, purpose driven play and learning.

Genevieve Jereb OT offers **practical and powerful tools** to help support children to "learn and thrive from the inside out." Participants will be able to add beneficial experiences to the sensory diets of the children for whom they care.

**Respiration and its effects on behaviour, learning and attention** will be presented along with practical tools to support the breath at home, in the classroom or in the social environment. Participants will be exposed to a multitude of activities involving rhythm and movement to implement immediately when leaving the workshop.

A relationship based approach to interacting with your children to support problem solving, motor planning, creative thinking, building bridges between ideas and social connectedness will also be presented.

Ms. Jereb will address how sensory processing difficulties affect many children, both with and without the diagnosis of autism spectrum disorders, asperger's syndrome, ADHD, ADD, learning challenges and other developmental and neurological challenges.

Sensory processing differences in children, both recognized and undetected, can significantly impact social and emotional relationships, behaviour, attention and learning in the classroom, home and clinic.



#### Who Should Attend?

- Parents
- \* Educators
- \* Care Givers
- \* Pre-School Teachers
- \* Child Care Workers
- \* Occupational Therapists
- \* Speech Pathologists
- \* Physical Therapists
- \* Physicians
- \* Paediatricians
- Other Professionals who work with children

#### **About Jenevieve Jereb**

**Genevieve Jereb, OT** is an Australian-born paediatric occupational therapist who presents on sensory processing disorders worldwide and online. She has worked with leading USA clinicians and lecturers, collaborating with the well-known international lecturers, Carol Stock Kranowitz, Patricia and Julia Wilbarger, Sheila Frick and Colleen Hacker.

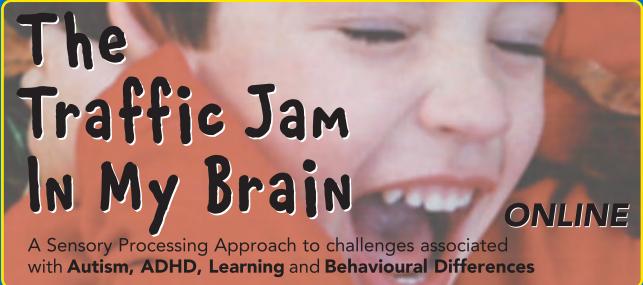
During her ten years in the USA, Genevieve was co-owner of the cutting edge treatment facility Therapeutic Associates. With over 25,000 CDs sold, her released recordings, including **No Worries, Say G'day!, Cool Bananas, and Jumpin' Jellybeans** provide parents, professionals, caregivers and educators with fun and engaging, ready-to-use rhythmic songs and activities to support self-regulation for children whose brains are "traffic-jammed."

#### **Objectives**

- To describe sensory integration, sensory modulation and sensory discrimination and the role they play in the learning process.
- To identify the essential ingredients of an effective "sensory diet."
- To gain awareness of associated problems relating to sensory processing challenges (i.e., difficulties impacting attention, behaviour, learning and social engagement).
- To participate in, and learn to generate, activities and inputs designed to support children who are "traffic-jammed."
- To gather ideas to take back to the classroom, home or clinic to use with all children whether they present with sensory processing challenges or are developing typically.
- To increase strategies for effective engagement and connection to support overall emotional regulation, social relationships, focuses, attention, problem solving and motor planning abilities.



## **Sensory Tools** presents



Presented by International Speaker and Songwriter

## Genevieve Jereb, O.T.

Learn how to apply practical and powerful tools that help support children to "learn and thrive from the inside out." This leading-edge online seminar is equivalent to SEVEN contact hours of instruction – at your own pace, you will experience Gen Jereb's acclaimed teaching style, and her spirited, engaging presentation.

## **Dynamic, Practical Tools for**

- Regulation Respiration Rhythm
- · Relationship · Play and Movement



Watch and learn from
October 1<sup>st</sup>
to
November 15<sup>th</sup>
2019

# What They're Saying About The Traffic Jam In My Brain

- "Where do I start? This was excellent. I loved the parts about entrainment, the neurochemical basis behind emotion, relationships, respiration and learning, as well as the reasons why proprioceptive input works wonders for these kids." (Occupational Therapist and Executive/Clinical Director of a therapeutic organization)
- "How dynamic & engaging Gen is as a speaker. I liked that you could go back to a previous section if you needed a refresher too." (Occupational Therapist)
- "Thank you for your dedication to these special children; for your diligence; for sharing your experiences, knowledge, music, and self with us in such an entertaining but understandable manner. It reinforces my method and what comes naturally for me with use of rhymes and rhythms and music to instruct." (COTA from Wisconsin USA)





- "...very good at captivating attention. She had excellent ideas and shared them in an interesting way. I found her very easy to listen to." (O.T. from Illinois USA)
- "You're so great! You have so much knowledge and were super awesome at getting it across to us! I was able to pay attention the whole time... that is a feat for me!! Great course – really happy that I took it!" (O.T.)
- "Thank goodness there are such devoted, caring and motivated people like you out there, making the world such a brighter place for our children." (Professional & Parent)
- "What my OT has been saying and doing all makes sense now. I get it!!! (Parent)