

**MEASURING A HOCKEY SHOT CORRECT SET-UP** 



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# FIELD HOCKEY

## **SET-UP INSTRUCTIONS**

- 1. Carefully aim the radar beam directly toward the ball as it is being hit by the stick.
- **2.** The ball needs to travel down the radar beam for 15-20 feet. Note in the diagram, the tripod is set very low and aimed at the ball.
- **3.** The radar must be a minimum of 15-20 feet from the ball, this allows the spot size of the radar beam to spread out.
- **4.** Hit the ball directly in line with the radar beam. Only count the speeds where it goes directly toward the radar.

### **IMPORTANT TIPS**

- 1. Radar guns focus radio waves down into a narrow beam, like a flashlight beam. Aim carefully down the beam to get good readings.
- 2. Place radar behind a net to be protected from being hit by a ball.
- **3.** Check for interference by holding down the radar main button and scanning the area when there are no balls in flight.
- **4.** Ensure your set-up is safe to prevent property damage or injury.



# MEASURING A HOCKEY SHOT **INCORRECT SET-UP**



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# FIELD HOCKEY

#### CAUSES OF **INACCURATE READINGS**

- **1.** The radar is too high. It could be lowered and the radar could be angled toward the ball. Please see our additional correct diagram using a shorter tripod or our universal mount.
- 2. The ball cannot travel down the radar beam.

#### **IMPORTANT TIPS**

- **1.** A ball in flight slows down very rapidly due to air resistance.
- 2. Check for interference by holding down the radar main button and scanning the area when there are no balls being hit.
- 3. Ensure your set-up is safe to prevent property damage or injury.