

## Monolina

#### Easy to transport monochord for soundmassage and performace



www.feeltoneusa.com

#### The Monolina is available in four different base tunings D - F - A - C

This instrument is versatile and can be used in many different settings from soundmassage, mediation to overtone singing. The Monolina has a full and vibrant sound character, created by the 24 overtone strings and the 5 fith and 5 bass strings. You can use the included bamboo sticks and play the monochord strings rhythmically, too. You do not need any musical knowledge or experience to play the instrument intuitively.

Over the last years more and more kindergartens, schools, clinics, institutions, yoga and wellness centers are beginning to incorporate the Monochord in their work with their cliental. Our Monolina Monochord is a perfect companion as everyone can play it.

The Monolina was designed to be easily placed on the body (front, back) of a person when you use the instrument for a sound massage.

Wether you are a beginner or professional, if you want to incorporate natural sounds and vibration into your work and are looking for an easy to transport versatile monochord, this is the right choice for you.

We recommend: Try playing the different tuned instruments together for a variety rich sound experience.

**The Monolina** has 34 strings and is made out of ash and cherry, size 28,4 x 13 x 4,3 pounds. **Including** tuning key, tuner, replacement strings, 5 bridges, template for minor and major pentatonic and bamboo sticks

The Monolina is available in four different base tunings D - F - A - C.

Each version has its own costom made string set to create the different tunings. You see the standard tuning in light blue in the model listing below and the replacement string order number in brackets.

It is important to only use our feeltone strings for the instrument.

#### Monolina D (d, D, A):

24 thin wound strings in d	(SA-34 D)
5 strong wound bass strings in D	(SA-34 D-B)
5 thin wound fith string in A	(SA-34 D-Q)

#### Monolina F (f, F, c):

24 thin wound strings in f	(SA-34 F)
5 strong wound bass strings in F	(SA-34 F-B)
5 thin wound fith string in c	(SA-34 F-Q)

#### Monolina A (a, A, e):

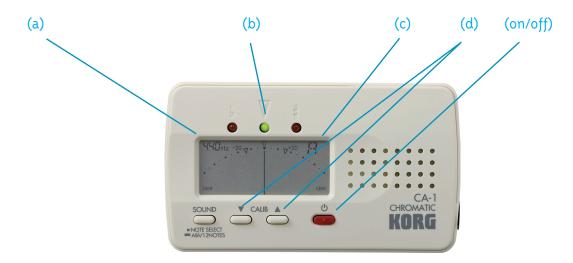
24 blanc strings in a	(SA-34 A)
5 strong wound bass strings in A	(SA-34 A-B)
5 thin wound fith string in e	(SA-34 A-Q)

#### Monolina C (c`, c, g):

24 blanc strings in c	(SA-34 C)
5 strong wound bass strings in c	(SA-34 C-B)
5 thin wound fith string in g	(SA-34 C-Q)

# for example: MO-34 A

#### The tuner



This compact and easy to use tuner encompasses the whole range of tones from C1 (32,70Hz) to C8 (4186,01Hz).

Our recommendation for the tuning is to set the tuner to 432 or 440 Hz (a).

If the tuner is set an another frequency you can change the frequence by pressing the button (d).

If the tuner is set an another frequency you can change the frequence by pressing the button (d). This tuner works best when used in a low noise environment.

This tuner displays the notes like this: C,D,E,F,G,A,B, no matter which octave .

For example c' and c will be displayed as "C".

The included tuner is designed to be used in a silent environment. If you have to tune in a noisy environment we recomment a clipon tuner (CA-AW3G) or a contact microphone (CA-CM200). This allows you to tune independent of the noise level around you. Both are not included and can be purchased through feeltone.

We ship the instrument pretuned. But because strings and wood are reacting with temperature you will need to tune the instrument upon arrival and after a couple of retunings it will keep its tuning for long period of time.

Let the instrument rest and acclimate to the new surrounding. After the instrument was unpacked and had rested for a day use the tuning key and the tuner coming with the instrument to tune it.

## The tuning process

Please notice that you only need to move the tuning key slightly one degree at a time to change the note. For example a quarter turn of the tuning key will move the tone up several notes and that could even cause the string to break.

The setting for the tuner can be between 440 -432 Hertz (Hz). Use 432 Hz for a natural harmonic tone. If you are playing this instrument together with other kind of traditional instruments use 440 Hz to be compatible. You find more information about this topic in the internet.



#### First tuning:

This example assumes you are tuning the instrument to C. Put the tuning key onto the first peg, plug the string and look at the tuner (Which you have turned on and set to 432 or 440Hz).

- -> displayed tone is C and the needle is left from the center or displayed tone is even a deeper note (A# / B)
- = the tone is to low, you need to tighten the string
- -> displayed tone is C and the needle right from the center or displayed tone is even a higher note (C# / D)
- = the tone is to high, you need to loosen the string.
- --> to lower the pitch you have to turn the tuner counterclockwise  $\circlearrowleft$

Just relax and listen to the sound and you will get into it quickly.

The string is tuned correctly when the needle of the tuner is in the middle and the green LED (b) is on.

Continue to tune the other strings. Because the pegs are on the right and on the left side, it might be easier to tune the pegs on one side, then turn the instrument around and tune the other side.

#### Second tuning:

We recommend a proper tuning every day for at least two weeks. Don't worry if you don't have time every day, even if you tune every other day it just takes a little bit longer for the instrument to stabilize.

After this period the tone will be stable for a long time and even under changed conditions. Perhaps you think that tuning is a lot of work. But this procedure helps you to connect to the instrument, to hear the right tone, the overtones and other sound phenomena.

If you use sound in pedagogic or therapeutic settings, you can use the event of tuning as a kind of awareness test.

For a clear, overtone rich sound, a proper tuning is very important!

## **Playing instructions**

**Tip** If you intend a relaxing effect we recommend to play smooth and steady on the monochord strings to create an even sound wave. Imagine a small, long wave that rolls back and forth on the beach.

- a.) Put one finger (middle or ring finger) of the right (or left) hand in the middle of the top string and run it smoothly across all strings towards your body. Before the finger reaches the last string, the finger of the other hand starts at the top string. After a short period bright overtone will apear and resonate with the movement of your fingers.
- b.) After you have established the basic tone you can start varying the tone: Try out what happens when you play with the tip or the center part of the finger. While keeping the flowing movement of the fingers you can move one finger to an other position of the string and play there and other overtones will appear. Also the strength and speed of your motion changes the sound quality.
- c.) If you intend to play music, the strings also can be picked with your fingers or use the bamboo sticks that are part of the Monolina to play the strings. This includes percussion, melody and hammered dulcimeter effects all created by your Monolina.
- d.) To avoid getting blisters on your fingers you can either press more lightly or use a leather plectrum.

## Use the the bridges for major and minor pentatonic!

We have developed a unique template to be used with all four different basic tunings. The template is color coded each tuning is associated with one color and the placement of the 5 bridges on the template to create either major or minor tuning are marked in that color. One side of the template is for the major tuning and the back side for the minor tuning. This makes tuning super easy and you don't have to be a musician to do this.

- 1.) Find the color of your your monolina base tuning.
- 2.) Chose if you want to tune the monolina in major or minor pentatonic and flip the template so the marking for the preferred tuning is on top.
- 3.) Follow the arrow on the template to insert it so the arrows are flush with the edges of the instrument.
- 4.) Losen the strings a little bit so you can insert the bridges.
- 5.) use the provided tuner & tuning key to tune the string to the tone. Play the longer side of the string.

After the instrument is tuned you can play by sliding the bridges back and **Monolini C:** forth to modify the tune.

The template is just a suggestion to get you started. You can use different tunings and variations. Just be careful to not push the bridges to far to the right or tune the strings to high otherwise the string could snap. Our strings are created for the suggested tuning and you can go up one tone or down two. Replacement strings or additional bridges are available through feeltone.

## overview over pentatonic scale major pentatonic

Monolini D: d, e, f", a, b

Monolini F: f, g, a, c`, d`

Monolini A: a, b, c"`, e`, f"`

Monolini C: c`, d`, e`, g`, a`



minor pentatonic

Monolini D: d, f, g, a, c`

Monolini F: f, a<sup>b</sup> (g"), b<sup>b</sup> c`, d`

Monolini A: a, c`, d`, e`, g`

Monolini C: c`, e<sup>b</sup>, f`, g`, b<sup>b</sup>`



### How to replace a broken string

I If a string is broken, first remove the string completely. Look at the other strings of the same typ: how often are they twisted around the pegs? Please turn the peg of the broken string counterclockwise just as often!

If you don't do this the peg will be pushed deeper and deeper in the wood during the tuning process and either the peg will break or the wood will split.

Now aline the peg, so the hole in the peg should point toward the string side.



1.) Take the new string, pull it through the hole in the wood on the bottom and then pull the string through the peghole.

2.) Take 1/2 inch of the end of the string and bend it down at a 90 degree angle, using your fingers or a small pliers. Than pull the string back so the bent down piece of the string points downwards at the peg. You want the first two winding of the string to go over the bent down piece of string. If this sounds confusing just look at the other pegs which already have strings on them so you see the end result.

4.)Start to turn the tuning key to slightly tighten the string. Guide the string so that the first two windings of the strings will be over the bent down end of the string the next ones below that.

Now you can start the tuning process (see "the tuning process").

Important: only use the original Monolini Strings as they are custom-made to fit the instrument!



## Check out our videos on YouTube at the feeltone products channel!

Here you will find more information about our instrument, exampels how to play them, tuning tips and more.

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https://www.youtube.com/channel/UCVsN6xeKSfgwZODzRAMt38g

## Care and warranty instructions

Wood is a natural material that is alive and reacts with the temperature and humidity. Treat the instrument like you would treat a violin, harp or other fine wood string instruments.

All string instruments appreciate an even room temperature to stay in tune. If the air is too hot and dry, the wood can dry out and it can form cracks!

We recommend to keep the humidity between 50%-60%!!!

Care Instruction and Tips to create the best environment for your Instrument:

Don't expose the instrument to extreme temperatures, chose a moderate room temperature.

You can use an air humidifier during the heating period in the winter month or if you live in a dry climate. Plants in the room with the instrument will help to regulate air moisture.

Important: especially if you have floor heating, never set a wood instrument on the floor as this will destroy your instrument by drying out the wood which will result into the wood cracking.

Please note that our warranty is voided, if the instrument was exposed to high temperatures or dry air.



**Enjoy your new instrument!** 

#### **Feedback**

We love to hear back from you about your experiences, suggestions or comments while working with our instruments.

You can email us at: info@feeltone.com

Customers from the United States please contact: gabriele@feeltoneusa.com

