

bkt

Best Ketone Test

Goopy Keto Blondie Brownies



Stats: Makes 12 brownies. 3g net carb, (5g total carbs), 18g Fat, 5g Protein 190 Cal, 2g Fiber

INGREDIENTS

- **2 Cups Almond Flour**
- **1 tsp Baking Powder**
- **1 Cup Golden Monk Fruit Sweetener**
- **2 Eggs**
- **1 teaspoons vanilla extract**
- **1/2 cup softened butter**
- **1/2 cup Lily's Chocolate Chips**

- 1. Add almond flour and baking powder in a bowl and mix. Set aside.**
- 2. Mix eggs (room temperature), butter, monk fruit sweetener, and vanilla extract and mix.**
- 3. Combine wet ingredients to almond flour and mix.**
- 3. Stir in chocolate chips.**
- 4. Place batter in greased 8 x 8 baking dish. Bake for 20-25 minutes at 350 degrees.**