

• BREAKFAST (ALL DAY) -----

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|---|------|
| 1. Choice of Toast 🌾✓ | 5.5 |
| (Sourdough, bagel, croissant, fruit) with jam and butter, marmelade, honey, vegemite or peanut butter | |
| 2. Fresh Fruit Salad 🌾✓ | 12.0 |
| With toasted cereals, yogurt and honey | |
| 3. Pancakes | 12.0 |
| With fried banana, fresh strawberries, caramel nibs and warm caramel sauce | |
| 4. French Toast | 12.0 |
| With caramelized banana, fresh strawberries, maple syrup and vanilla ice cream | |
| 5. Your Choice of 2 Eggs (scrambled, fried or poached) 🌾 | 10.0 |
| Served with 2 slices of sourdough toast/bagel 🌾 | |

EXTRAS

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|--|-----|
| • Egg | 3.5 |
| • Roast tomatoes | 3.5 |
| • Sauté mushrooms | 4.5 |
| • Avocado | 4.5 |
| • Green salad | 3.5 |
| • Cheese (cream / mozzarella / fetta / parmesan) | 4.0 |
| • Tuna | 4.5 |
| • Smoked salmon | 4.5 |
| • Panfried tofu slices | 4.5 |
| • Baked beans | 3.5 |
| • Sauté spinach | 3.5 |

6. Chef's Omelette Selection 🌾

Served with your choice of 2 slices of our organic sourdough toast (white, rye, soy & linseed, spelt) or toasted bagel (plain or seeded)
Bread 🌾

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|---|------|---------------------------|
| 6.1. Regular Omelette | 12.0 | Toppings (inside): |
| First topping included | | Capsicum 1.0 |
| | | Spinach 1.0 |
| 6.2. Green Omelette | 12.0 | Capers 1.0 |
| First topping included | | Spanish Onions 1.0 |
| | | Cherry Tomatoes 2.0 |
| 6.3. Eggwhite Omelette | 12.0 | Cheese 2.0 |
| First topping included | | Olive 2.0 |
| | | Avocado 3.0 |
| 6.4. Thai Omelette | 15.0 | Mushrooms 3.0 |
| with cherry tomatoes, shallots, sprouts, Thai basil, sriracha sauce, coriander, chilli. | | |

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|---|------|
| 7. Vegan Breakfast (NEW) | 15.0 |
| Sauté mushrooms and spinach, fresh tomatoes, sliced avocado, baked beans on tomato sauce with our beautiful smooth homemade hummus. | |
| Served with 2 slices of sourdough toast or bagel 🌾 | |



COULD BE MADE:

🌾 = Gluten Free

✓ = Vegan

Please ask the waiter

8. Classic Smashed Avocado ✓

On toasted multigrain stick, fetta cheese, smashed avocado, fried red onion, cherry tomatoes, toasted sesame seeds, fresh lemon, olive oil and chives.

OPTION: sliced tofu or mushrooms instead of fetta cheese ✓

15.0



9. MYO – Create Your Favorite Sandwich

12.0

- a) Choose your bread (sourdough, bagel or roll)
- b) smoked salmon, tuna or egg mayo, scrambled eggs or fried eggs
- c) Choose toppings (up to 5)
- d) Choose sauce (mayo, aioli, chilli, tomato sauce, mustard, BBQ)
- e) Add French fries or salad to your sandwich

extra 3.0

10. Shakshuka

16.0

Served with 2 baked eggs on top, roasted tomato sauce, shallots, parsley, fetta cheese, dukkah, with your choice of toasts.

11. Mushroom Bruschetta ☹️✓

18.0

Roasted mushrooms, spring onion, cherry tomatoes, fetta cheese, parsley, toasted pine nuts, on your choice of sourdough toast.

12. Eggs Benedict ☹️

16.0

With 2 poached eggs, spinach, hollandaise sauce, chives with one of our yummy toasted bagels.



• LUNCH Menu (FROM 10AM)

13. Soup of The Day

10.0

Comes with a slice of sourdough bread.



• SALADS

14. Caesar Salad (NEW)

18.0

With Cos lettuce, smoked salmon, crutons, parmesan cheese, red onion, capers, parsley, avocado and shallots.



15. Eggplant Parmigiana (NEW) ✓

18.0

Served with two soy and flaxseeds schnitzels, tomato sauce, mozzarella and parmesan cheese.



16. Agadashi Tofu (NEW) ☹️✓

16.0

With eggplant, broccolini, red onion, cherry tomatoes, ginger, chilli, sesame seeds, soy and maple syrup.



17. Roasted Salad ☹️✓

19.0

With mushrooms, cauliflower, beetroot, pumpkin, spinach, spring onion, feta cheese, iceberg and mixed lettuce, French dressing.



18. Classic Greek Salad ☹️✓

18.0

With olives and fetta cheese, cherry tomatoes, cucumber, red onion, capsicum, lime and chilli dressing.

• PIZZA AND PASTA -----

19. Penne Pasta 🍷✓

18.0

- a) "Napolitano Sauce" with cherry tomatoes, a little red onion, baby spinach, shallots, parsley
- b) "Creamy Pesto" with cherry tomatoes, roquette, red onion, chilli in a creamy pesto sauce
- c) "Spicy Kale" with onion, garlic, chilli, parsley, peas, olive oil, smoked almond, fresh lemon **(NEW)**

20. Vegetarian Lasagne (NEW)

18.0

Made with zucchini and pumpkin, basil, pasta sheets and mozzarella.
Comes with a side of green salad or French fries

21. Jesse's Rustic Pizza Bread

12.0

Margherita with Tomato & Cheese

ADD: mushroom, baby spinach, feta, cherry tomato, spanish onions,
capsicum, parmesan, pumpkin, avocado, olives, capers

ADD: smoked salmon or tuna

each 1.0

each 5.0

22. Quinoa Burger

18.0

Homemade quinoa patty with red cabbage slaw, lettuce, tomato, red onion, avocado and your choice of sauce on a toasted burger bun comes with French fries or salad.

ADD cheese

1.0

ADD fried egg

2.5

23. Battered Hoki Fish & Chips

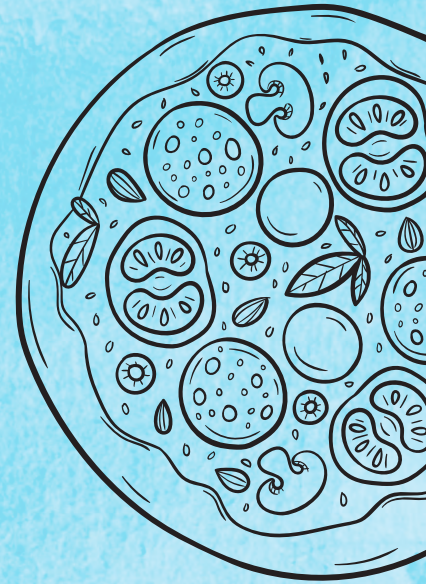
18.0

Comes with mixed salad, tartare sauce and fresh lemon

24. Grilled Barramundi (NEW)

22.0

With leek fondu, roast potato, braised shallots, tomato vinaigrette



• SIDES -----

25. Rice 3.0

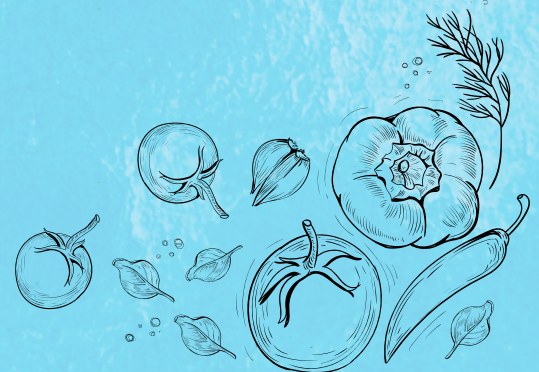
26. French fries 6.0

27. Sweet potato fries 6.0

28. Onion rings 6.0

29. Mixed garden salad 6.0

30. Roast vegetables 8.0



• KIDS MENU (FOR KIDS UNDER 13) -----

31. Pancakes with vanilla ice cream and warm chocolate sauce 10.0

32. Two mini bagels with scrambled eggs and avocado 10.0

33. Toasted bagel with grilled cheese and tomato 10.0

34. Penne Napolitana 🍷✓ 10.0

35. Penne and cheese 🍷 10.0

36. Margarita pizza 10.0

37. Fish and chips with lemon (only available at lunch time) 10.0

38. Kids salad with tomatoes, cucumber and iceberg leaves 10.0

39. Kids fruit salad 10.0



• DRINKS MENU -----

• Coffee & Hot Drinks

Flat White	3.5
Capuccino	3.5
Latte	3.5
Mocha	3.5
Traditional Macchiato	3.5
Short Macchiato	3.0
Long Black	3.5
Espresso	2.5
Extra shot	+ .5
Decaf	+ .5
Chai Latte	4.0
Iced Coffee	5.5
Hot Chocolate	3.5
Babychino	1.5
Soy / Almond / Coconut / Rice	+ .5
Large size	+ 1.0
Tea Pot	4.0
English Breakfast	
English Breakfast Decaf	
Earl Grey	
Peppermint	
Camomile	
Lemon & Ginger	
Green Tea	
Spiced Chai	4.5
Side of milk	+ .5

• Others

Soft drink (can)	2.5
Apple or orange juice	2.5
Soft drink (bottle)	3.5

• Smoothies (500 ml)

8.0

1. Raw cacao, banana, mango, coconut water
2. Banana, honey, ice cream and milk
3. Mixed berries, ice cream, honey and milk
4. Banana, mixed berries and coconut water
5. Mango, banana and coconut water
6. Green apples, mixed berries and coconut water
7. **Açai Power (NEW)** **10.0**
Banana, mixed berries, açai, hemp seeds, almond milk

• Milkshakes (500 ml)

8.0

1. Strawberry
2. Chai
3. Chocolate
4. Vanilla
5. Mocha
6. Coffee

• Fresh Juices (500 ml)

8.0

1. **Elvis:** apple, beetroot, carrot, celery
2. **Marilyn:** orange, watermelon, lemon & ginger
3. **Sophia:** pear, orange & mint
4. **Dean:** apple, orange & mint
5. **Audrey:** orange & lemon
6. Or make your own!

